



## Spring cleaning checklist

### General chores

- Air out your house by opening all the windows
- Put everything back into the correct rooms
- Declutter – recycle, donate or throw out anything you no longer use

### Living room

- Dust the furniture, blinds, curtain rail and lighting
- Wash cushion covers
- Steam clean the sofa
- Clean window sills
- Sanitise the remote controls
- Sweep and mop or vacuum the floor
- Shampoo the carpet or rug
- Clean the skirting board
- Clean or vacuum the curtains
- Wash the windows

### Dining room

- Wash the table cloth
- Dust the display unit
- Wipe down wall scuffs
- Dust the light fixtures
- Clean window sills
- Wash the windows
- Shampoo the carpet or rug

### Kitchen

- Clean the oven
- Clean the microwave
- Clean the fridge and freezer
- Defrost the freezer
- Clean out the cupboards, throwing away out of date food
- Clean the kitchen counters
- Clean the cupboard and drawer fronts
- Clean the sink
- Wipe down wall scuffs
- Sweep and mop the floors
- Clean the washing machine
- Clean out the tumble dryer filter
- Organise cleaning products

## **Bathroom**

- Throw away old cosmetics, toiletries and medication
- Clean the mirror
- Clean the shower, bath, toilet and sink
- Wash the shower curtain and bath mat
- Clean out the medicine cabinet
- Scrub tile grout
- Sweep and mop the floor
- Wipe down wall scuffs
- Clean skirting boards

## **Bedrooms**

- Wash all the bedding
- Donate any clothes you no longer wear
- Vacuum and steam clean your mattress
- Dust all the furniture
- Vacuum the floor
- Wipe down wall scuffs
- Clean skirting boards

## **Hallway**

- Sweep the floor
- Mop the floor
- Wipe down wall scuffs
- Clean the skirting board
- Clean the front door
- Shake out the doormat
- Organise the shoes
- Organise the coat hooks