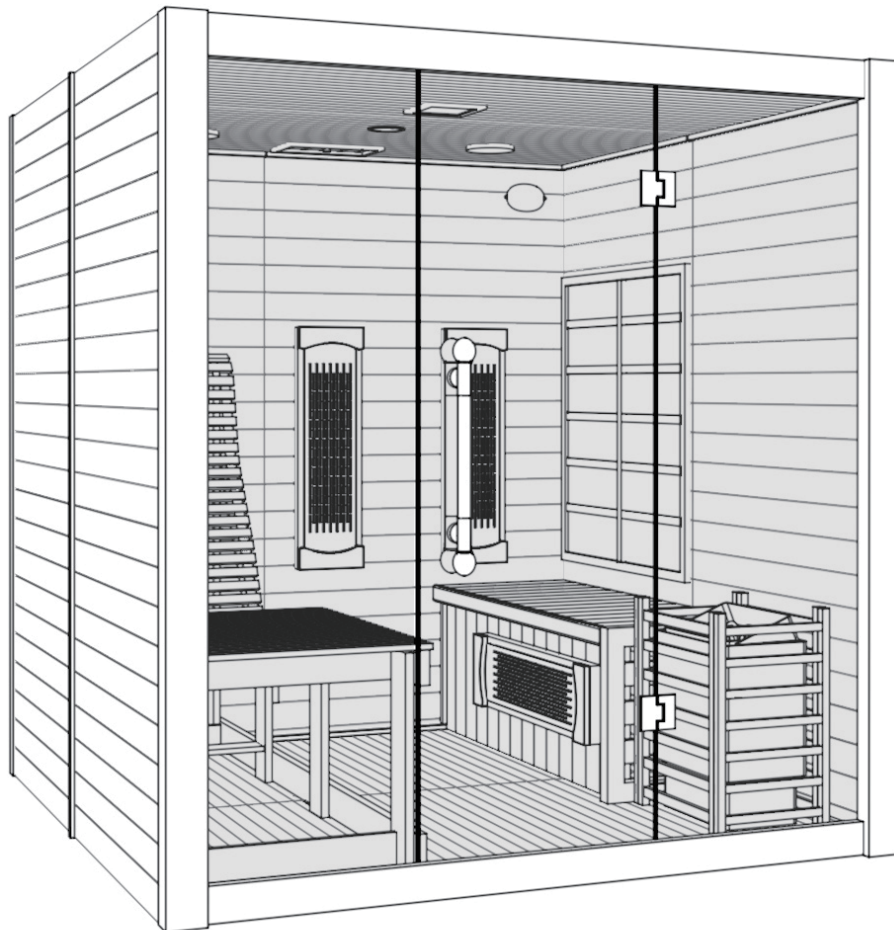




'Relax' Hybrid Sauna Manual



Technical Support: 01524 489939

Warranty Claims Or Delivery Damage: www.Vidalux.co.uk



Thank you for purchasing this product. To guarantee the product delivers a long service life, please ensure it is fitted and used in accordance with the instructions contained in this booklet.

No installation should take place until all items have been deemed cosmetically acceptable. Once installation commences all products enter into their governing warranty periods, no returns can be accepted, by commencing with the installation you are accepting the goods cosmetic state with all 'workings' being covered by warranty. (contact us for more information before installing if required)

IMPORTANT NOTICE

Before you proceed with fitting your Vidalux sauna please read the following:

By commencing testing and installation of the unit you are agreeing to the Terms and Conditions set out by Vidalux: copies of these are available online or by contacting us by email or phone (details on the cover of this manual).

You are required to ensure the purchased product dimensions allows for ease of passage to the intended installation area.

Weight tolerances of installation area - it is advised to refer to a builder and/or Building regulations to ensure the product placement area has sufficient joist/floor support.

1. It is important that you ensure that your purchase has been delivered undamaged. You are required to check the contents and report any damage that you feel needs repairing or replacing within 48hrs of receipt of goods. Items reported damaged after this time WILL be chargeable as it is harder to prove the item arrived in this condition after this period
2. The product you have purchased is designed for home DIY fitting. The product requires connection to electricity and this by law requires a Part P qualified electrician. In the event of electrical failure, failing to provide evidence of this may void the relating product warranty
3. We are a supply only company. If you report any damage we will send replacements or solutions to remedy the problem described. We endeavor to fully understand the problem first by troubleshooting questions and then

propose the solution. We may even ask for digital images to be sent via email to assist the process. The warranty is parts only and does NOT include installation/inconvenience or other related costs.

4. Do not book any installation service until you have inspected the unit. We cannot be held responsible for delays and costs incurred by having to return to fit parts that need supplying.
5. We cannot be held liable for inconvenience caused due to lack of facilities caused by any delay in receiving your product or whilst awaiting parts.
6. Regarding our sales and technical support: We know our products and their requirements, but we are not qualified plumbers or electricians and accept no liability for claims suggesting the same. You are advised to check the suitability of the product with a professional body. It is the customer responsibility to ensure the product is fit for purpose.
7. A 'Completion Certificate' is included at the end of the manual where you should record the details of your installers - you will need this to record your warranty on our website. You MUST register the product warranty within 90 days following delivery

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Electrical Requirements

It is advised that each sauna has a dedicated circuit from the fuse board/consumer unit. No other appliance should share the outlet/circuit with the sauna. Failure to comply with this requirement may cause electrical interruption and diminished performance. It is essential that a qualified Part P registered electrician installs any new power point in accordance to UK law.

Please make sure the sauna is properly grounded.

Keep the sauna away from any potential hazards including any water source or liquids.

Select a dry suitable location for the sauna installation.

Do not expose the heater elements to any water source or liquids as it may cause electrical shock.

Installation Instructions

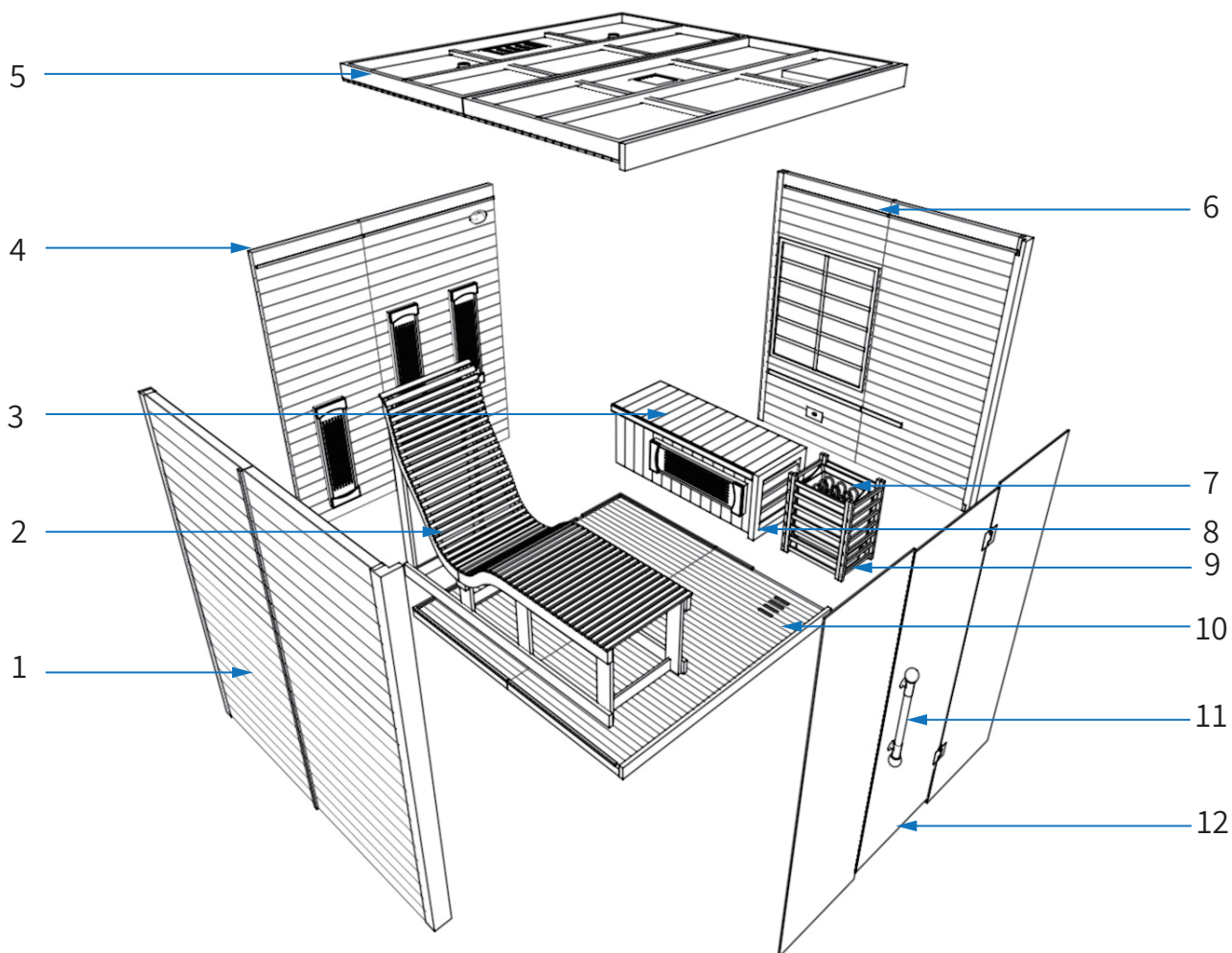
Please read the following directions carefully. The sauna installation requires a minimum of 2 people. You should not try to install the sauna on your own as damage will easily occur.

Caution

- 1- No plumbing or plumbing fixtures should be placed in the sauna.
- 2- Keep all liquids away from the heating panels
- 3- Install the sauna on a completely level surface.
- 4- Install the sauna in an area that is dry and protected from the weather.
- 5- Flammable objects and corrosive chemical substances should be kept far away from the sauna.

Tools you need to prepare

Screwdriver x 1	Adjustable Wrench x 2	Ladder or step X1
		

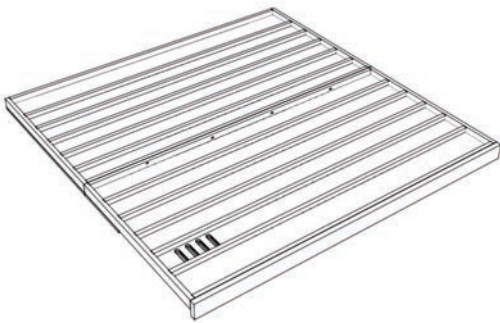
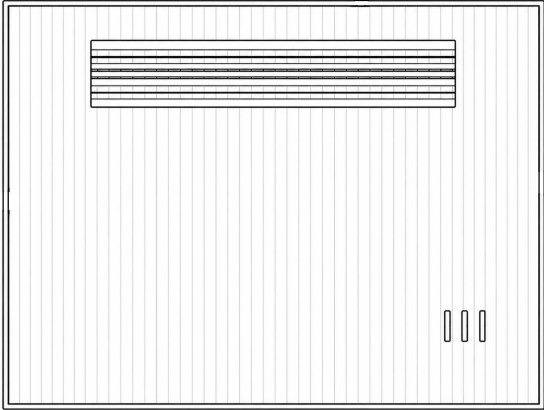
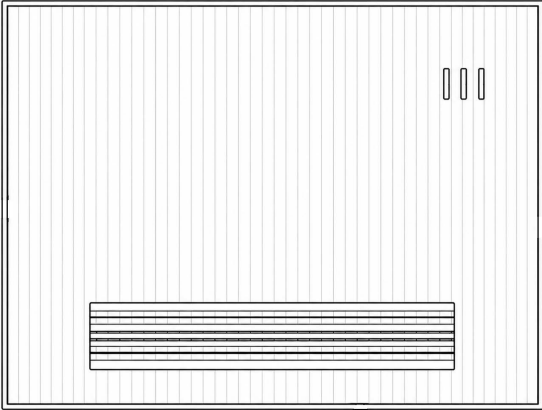


NO.	Part Name	Quantity
1	Left side pane	2
2	Recliner	1
3	Bench	1
4	Back panel	1
5	Roof panel	1
6	Right side panel	2

NO.	Part Name	Quantity
7	Sauna stove	1
8	Bench support	1
9	Stove frame	1
10	Bottom panel	1
11	Crystal door handle	1
12	Front glass	3

Installation Instructions

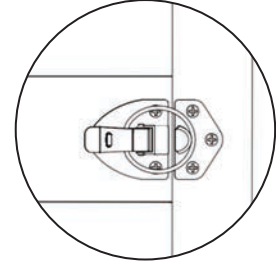
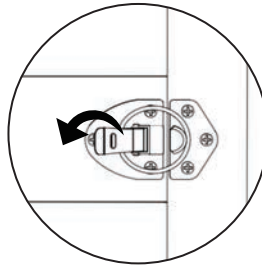
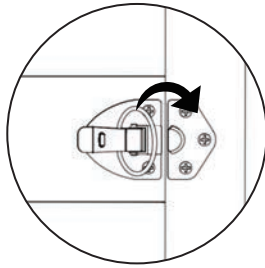
1. Base assembly step:

① Remove the base from packaging 	② Lay the base on a level surface 
③ Observe the correct orientation Rear of the sauna  Front of the sauna	

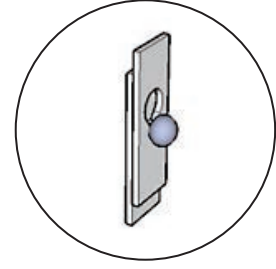
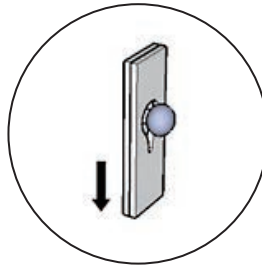
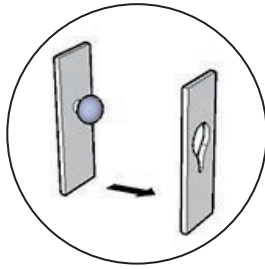
2. Back wall assembly step:

Steps to use the buckle.

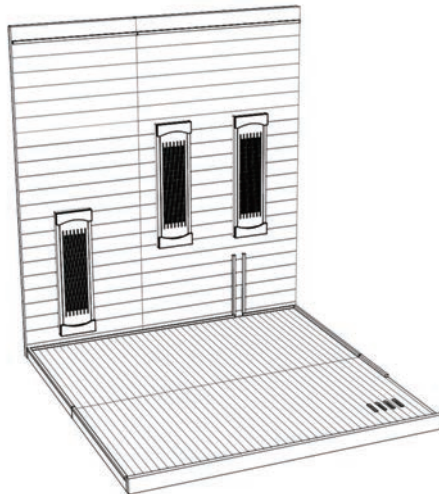
Locking Sytem:



Inner Locking Sytem:

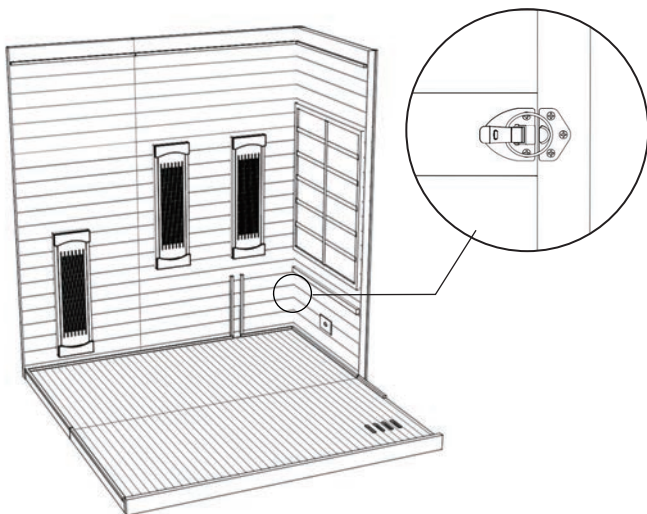


① Place the back wall onto base:

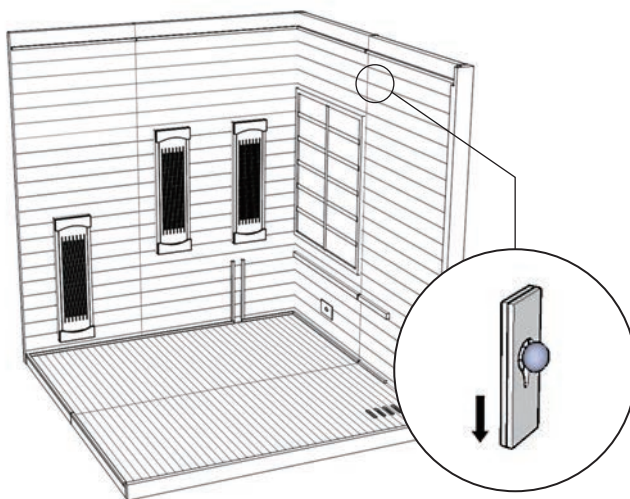


3. Side wall assembly step:

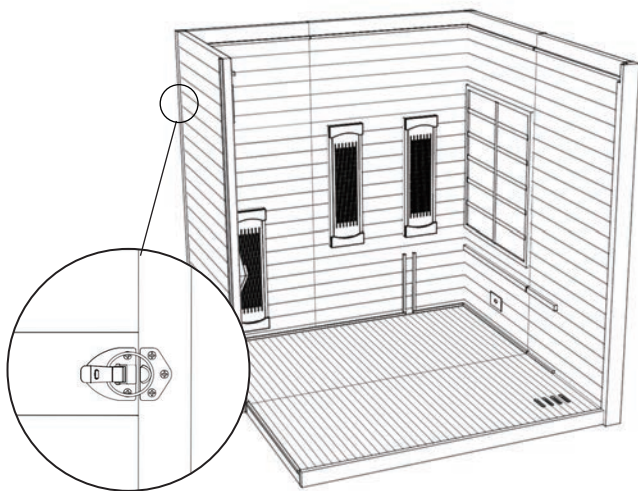
① Connect the side wall to the back wall.



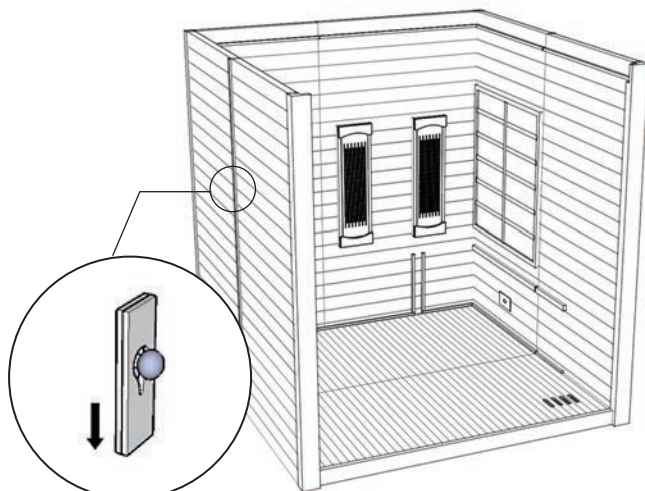
② Link the other side.



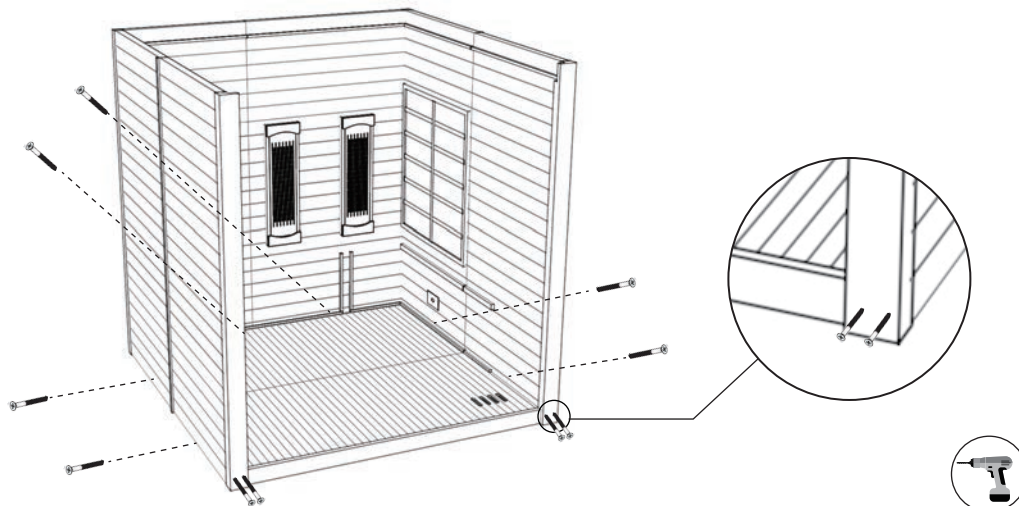
③ Install the other side panel using the above steps.



④ Link the other side.

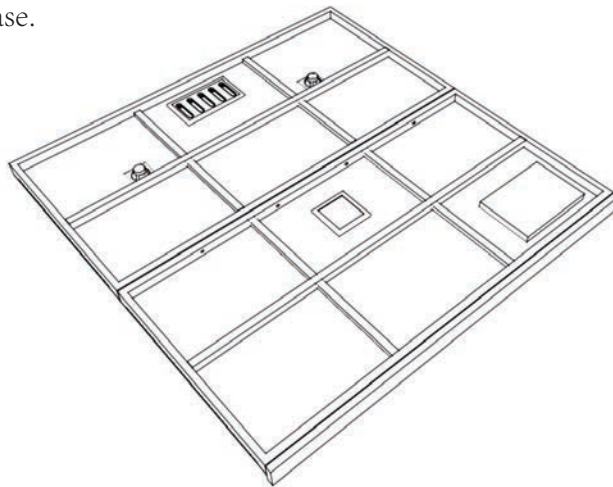


⑤ Use screws to fix the bottom (there are reserved screw holes).

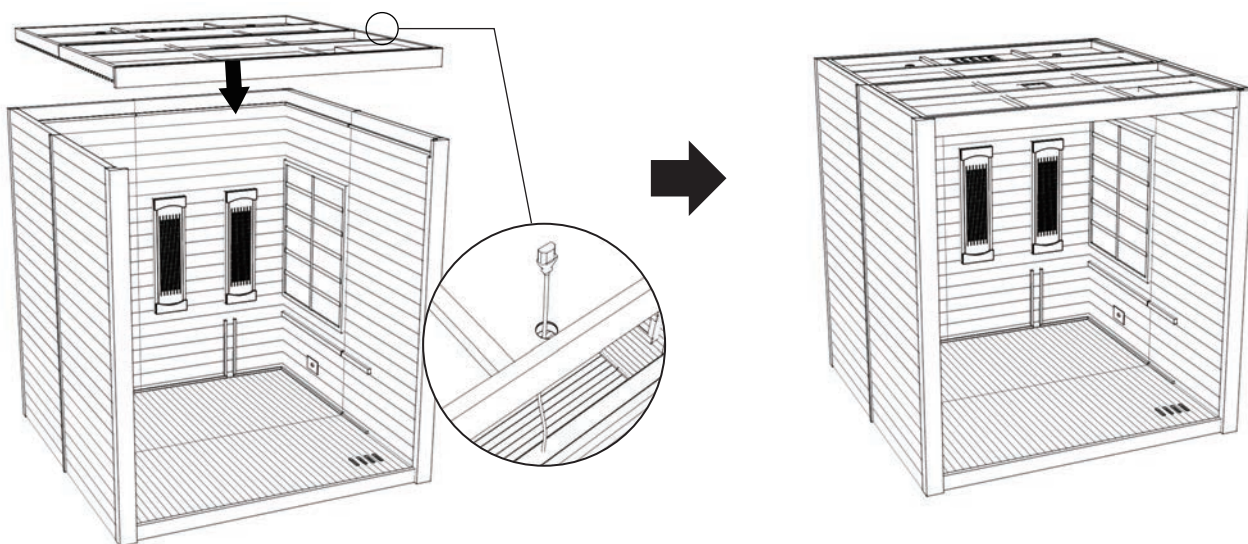


4. Roof assembly step:

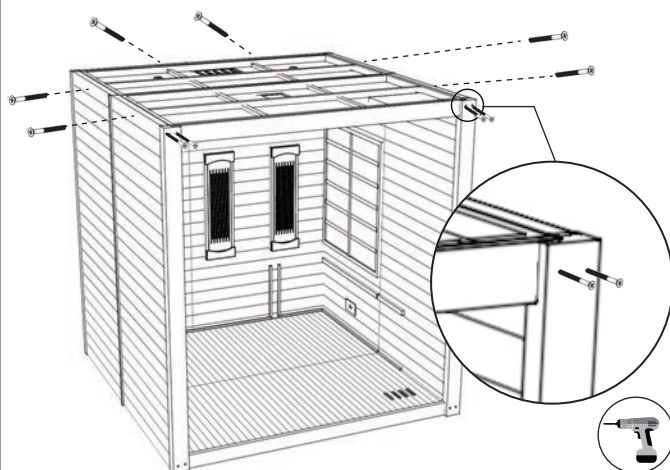
① The same steps as for the base.



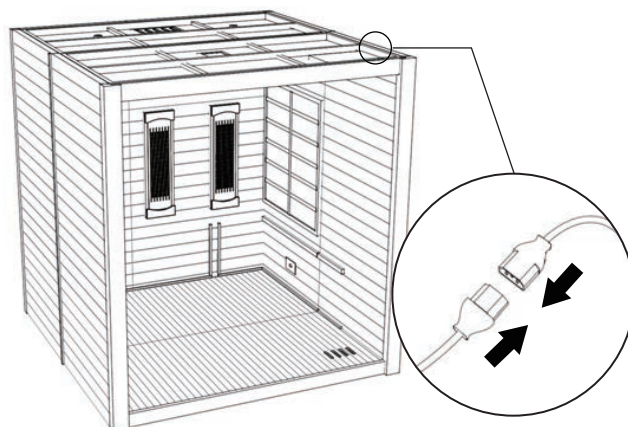
② Pass the wires of the side wall of the sauna room through the holes reserved on the top wall, and then place the roof in the correct position.



③ Use screws to fix the top (there are reserved screw holes).



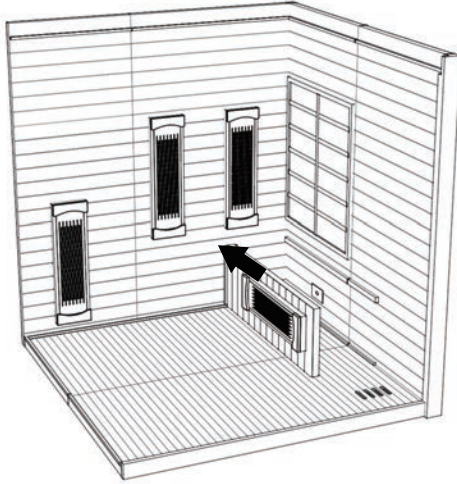
④ Connect the wires.



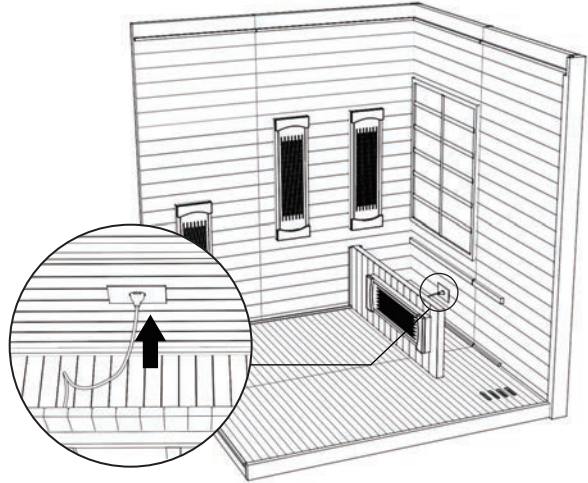
5. Internal accessories assembly step:

(1) Install the benches.

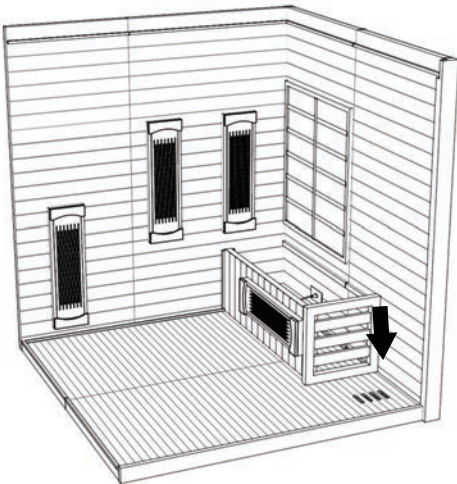
① Install the seat support.



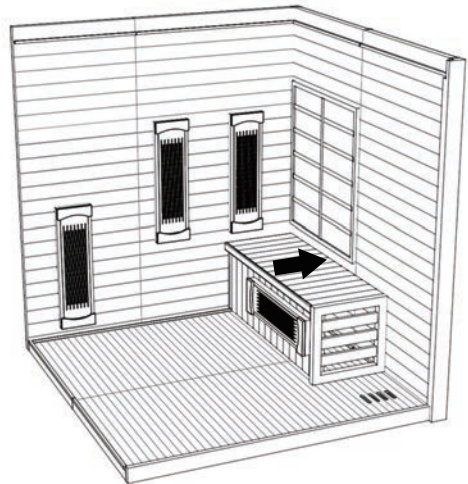
② Connect the wires on the back of the seat support to the socket holes on the side panel.



③ Install the side bench supports.

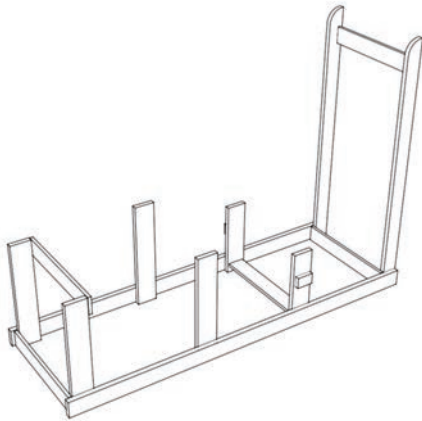


④ Install the bench board.

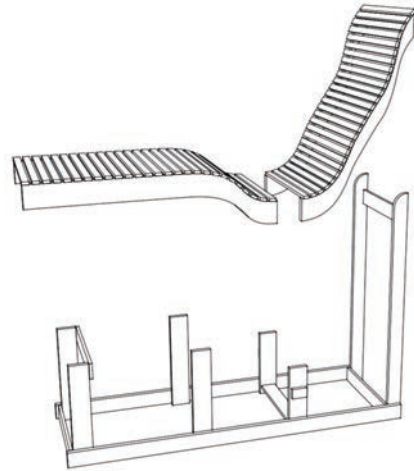


(2) Install the Recliner.

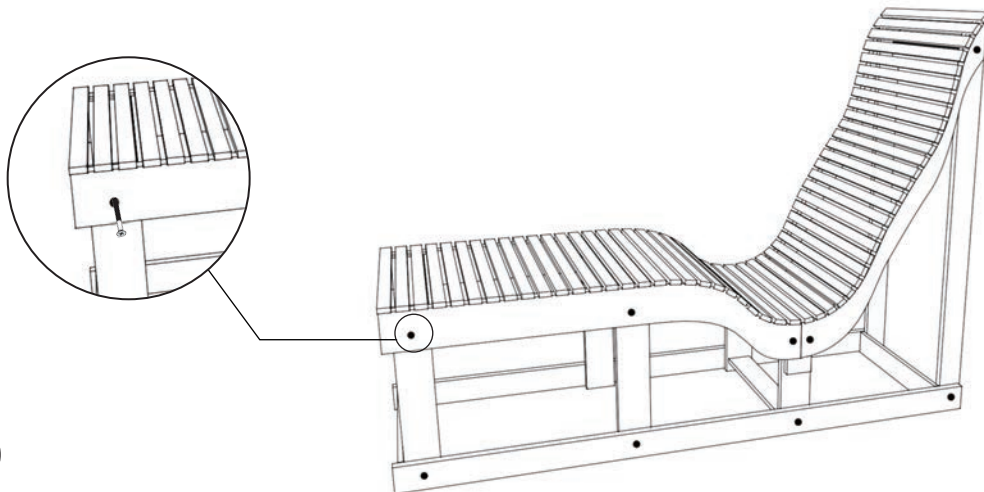
① Place the supports as shown in the figure.



② Place the seat plate on the support.

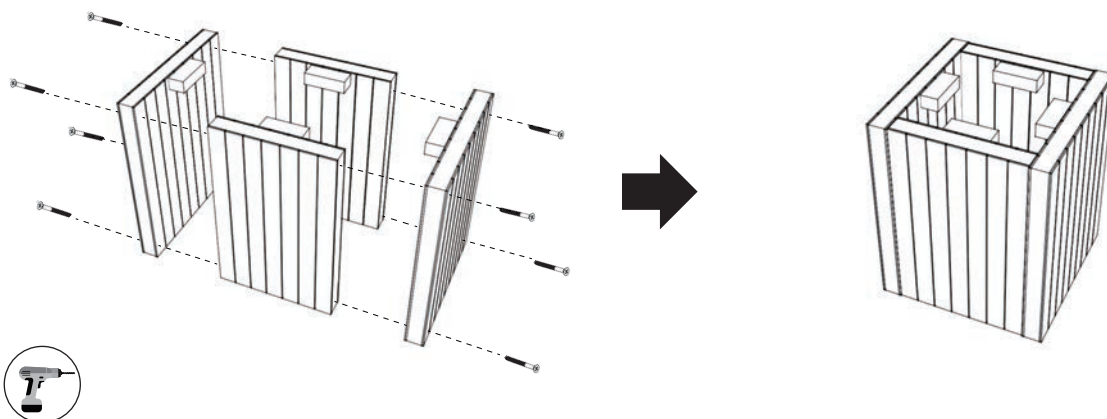


③ Fix with screws (with reserved holes).

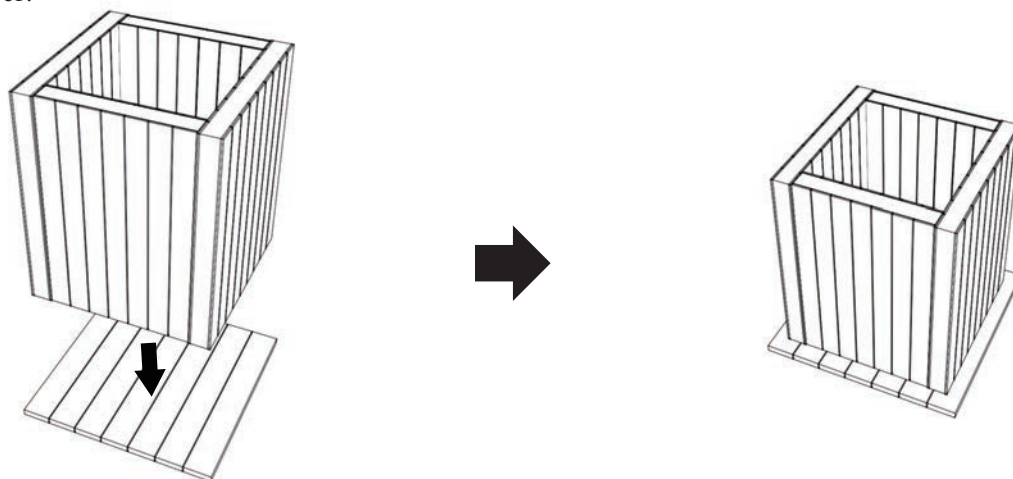


(3) Install the table.

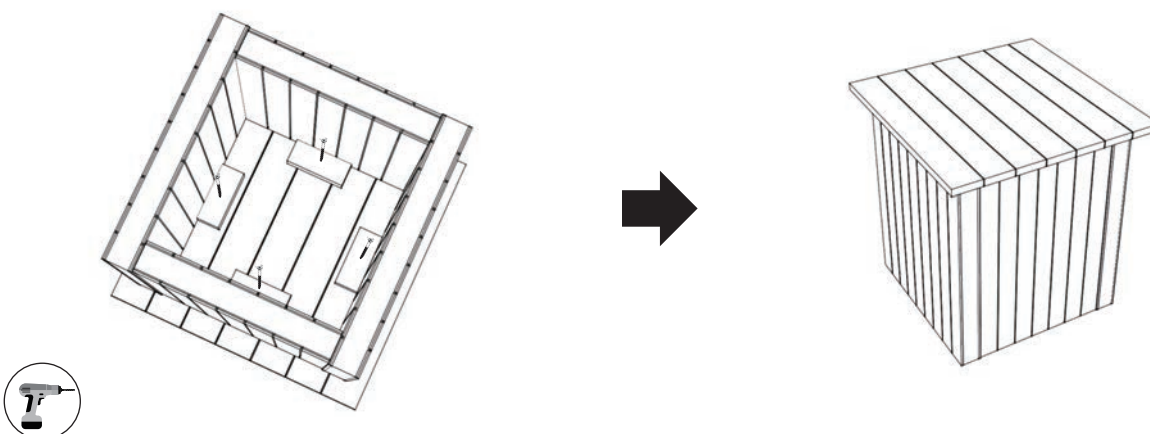
① Fix with screws (with reserved holes).



② Turn over.

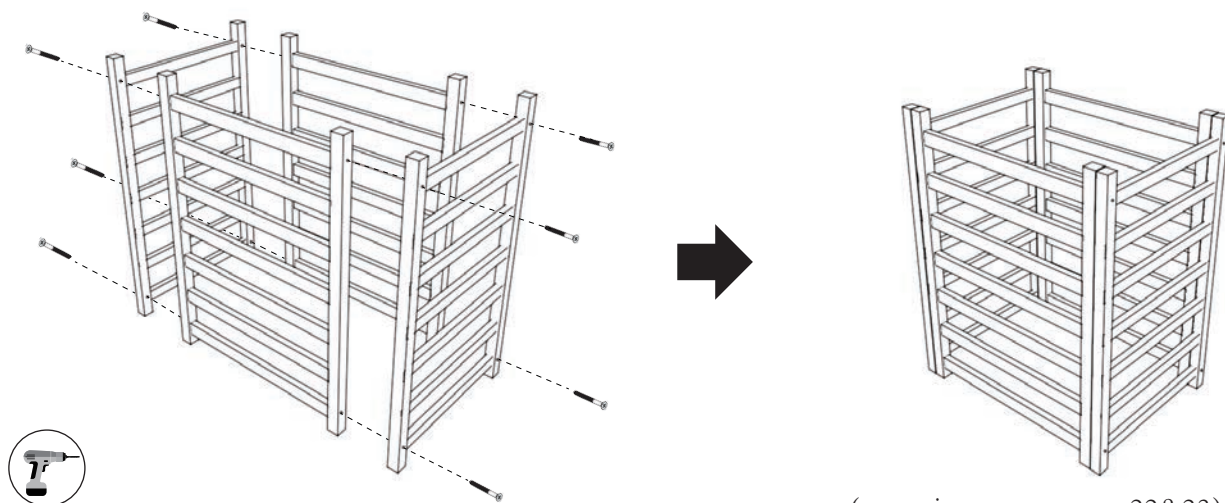


③ Use screws to fix the support and the tabletop.

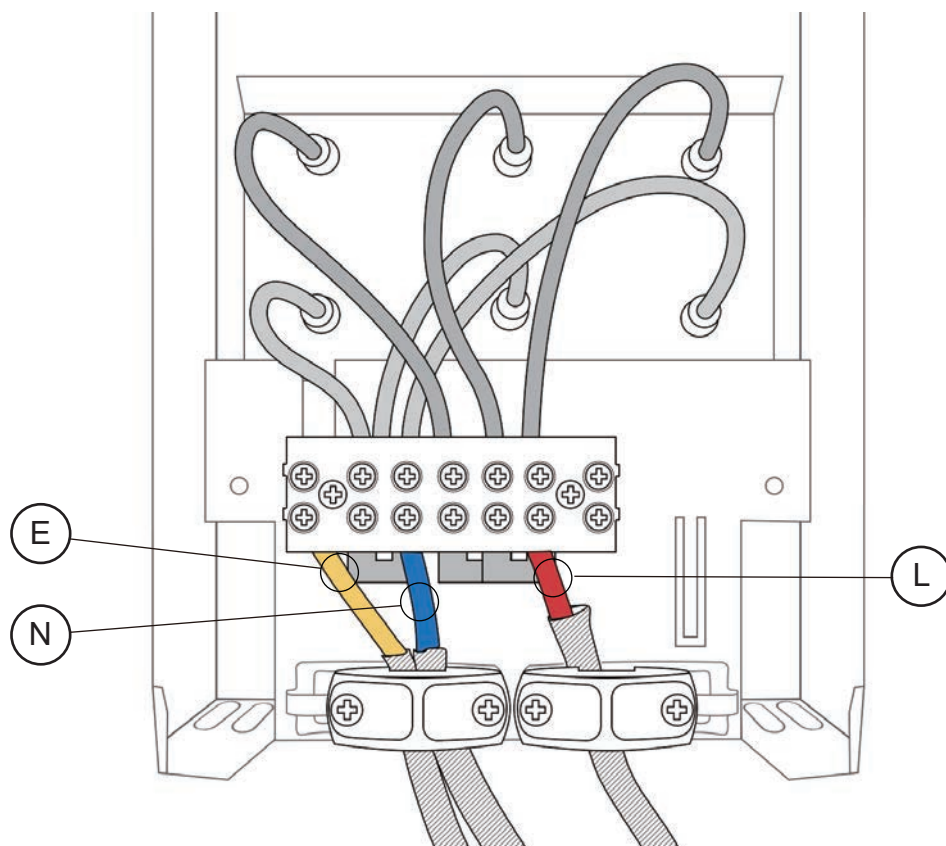


(4) Install the stove and frame.

① Use screws to fix the frame.



② Connect the wires of the stove.

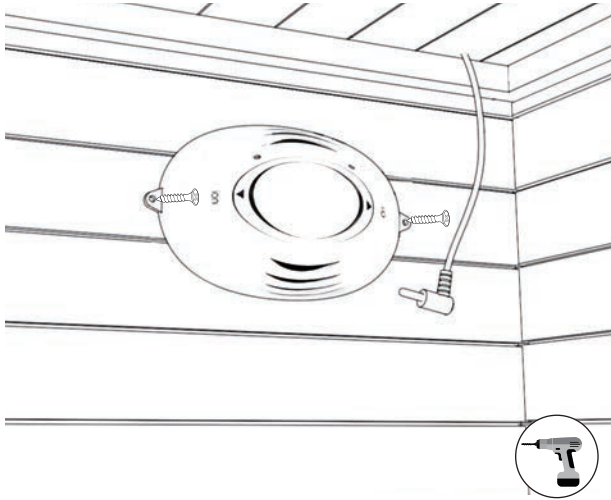


Complete the wiring as picture shown.

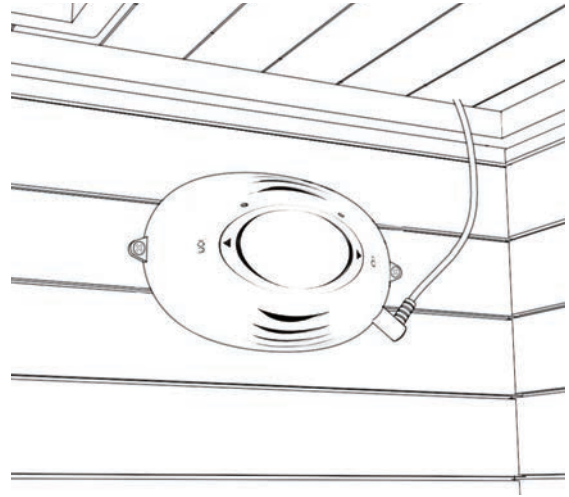
(elecrtical connections found on page 19&20)

(5) Install the oxygen Ionizer.

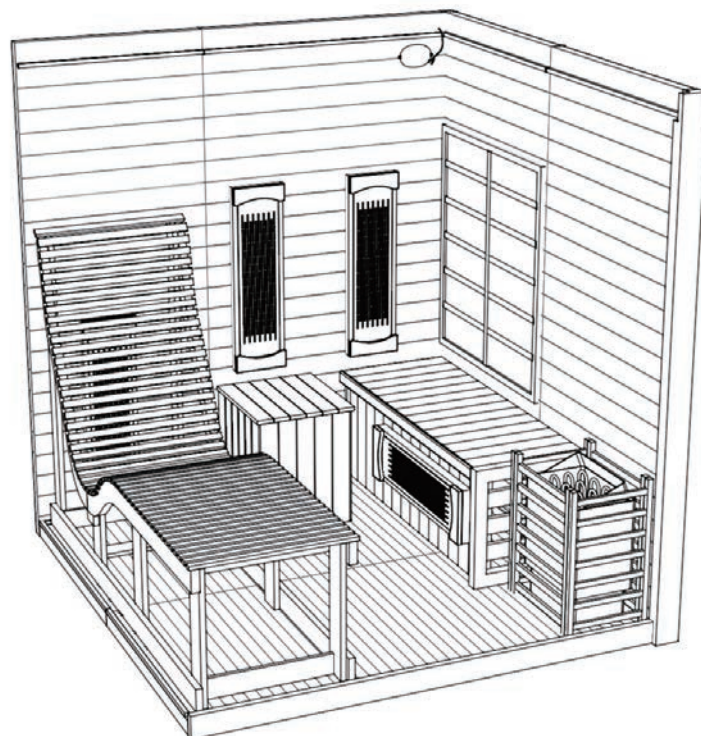
① Choose a location and use screws to fix the oxygen Ionizer to the sauna.



② Connect the top wire to the oxygen Ionizer.

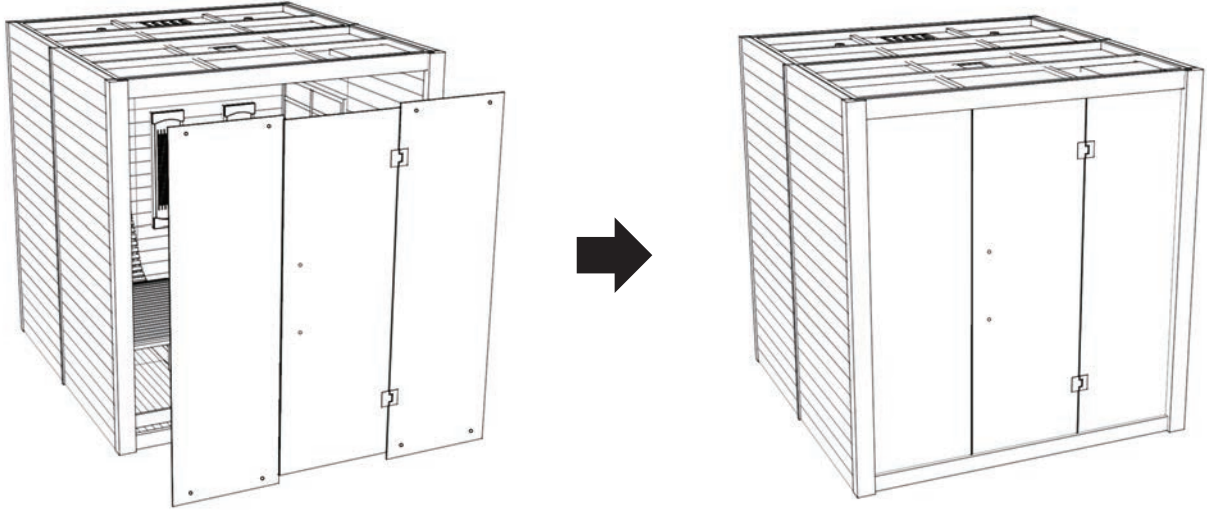


③ Display of inside accessories installed.

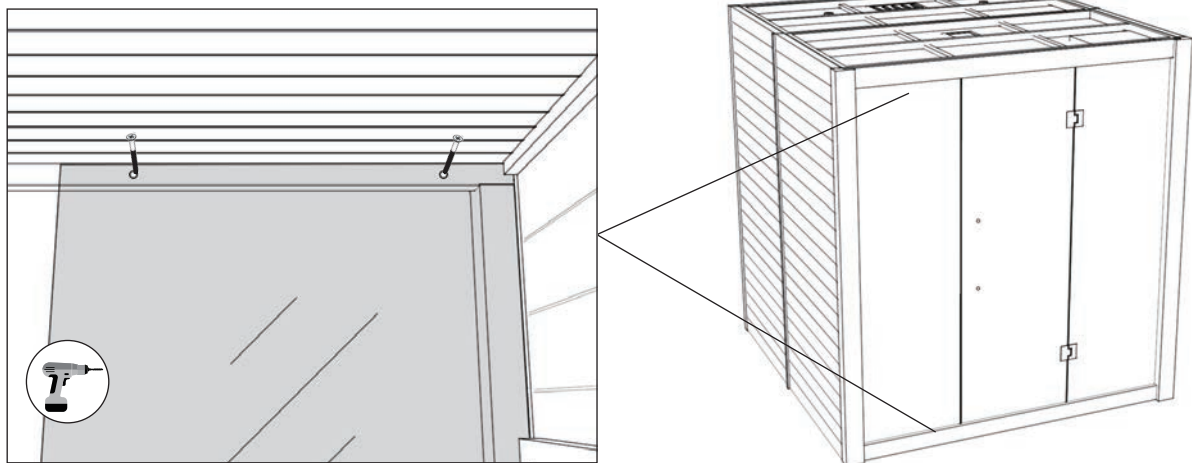


6. Front wall assembly step

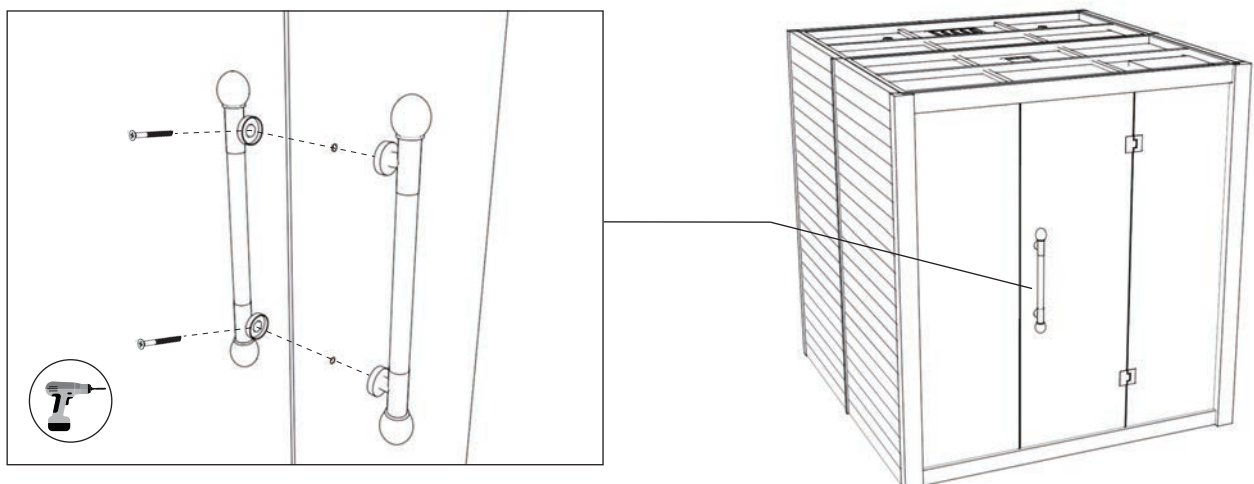
- ① Install the glass to the interior of the sauna front.



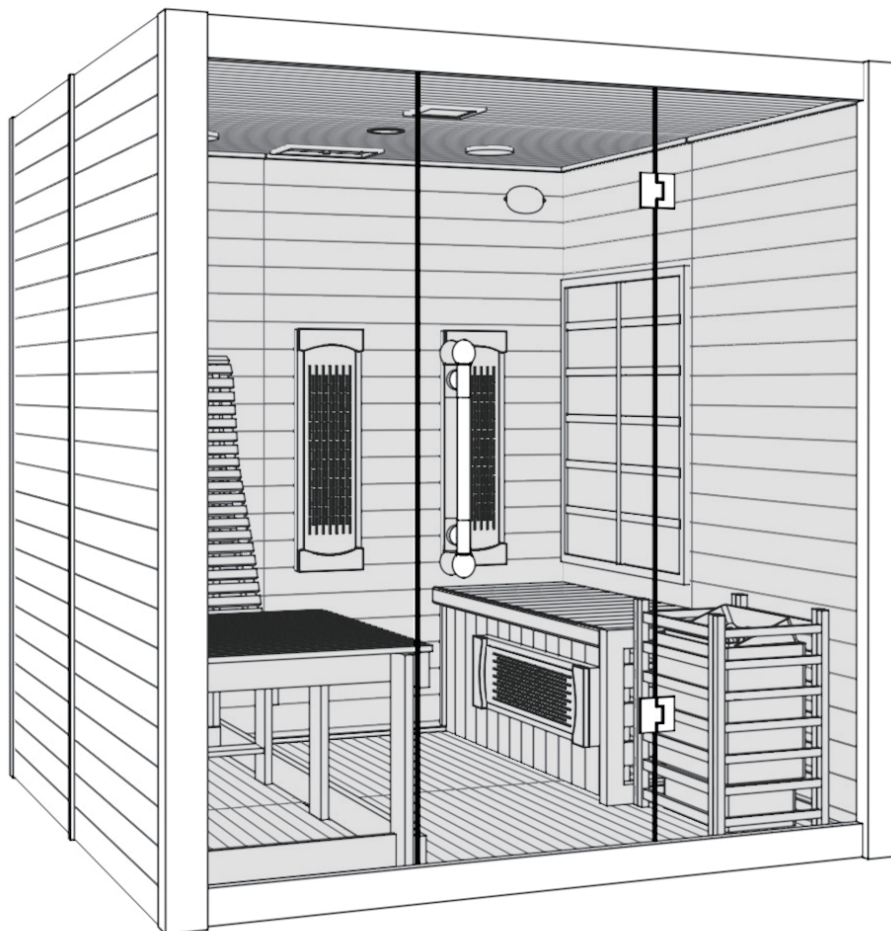
- ② Fix the glass with screws (there are reserved screw holes).



- ③ Install the door handle.



④ Assembly completed.



Accessories

Oxygen Ionizer

Installation: Locate the 1-pin plug in the sauna ceiling behind the dust cover. Connect the ionizer and secure the unit to the back panel.

Purpose: This unit purifies the air by removing airborne particles and neutralising bacteria to keep your sauna fresh and hygienic.

ION (Ionizer Mode): Use this before and during your session. It releases negative ions to clear dust and impurities from the air while you relax.

O3 (Ozone Mode): Use this only after your session is finished and you have exited the sauna. This setting deodorises the cabin and kills bacteria.

We recommend running this for 15 minutes after use to keep the unit fresh.



Colour Therapy Lights

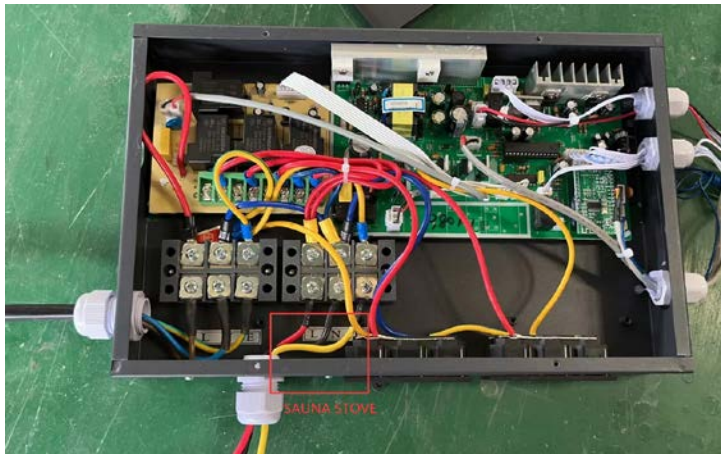
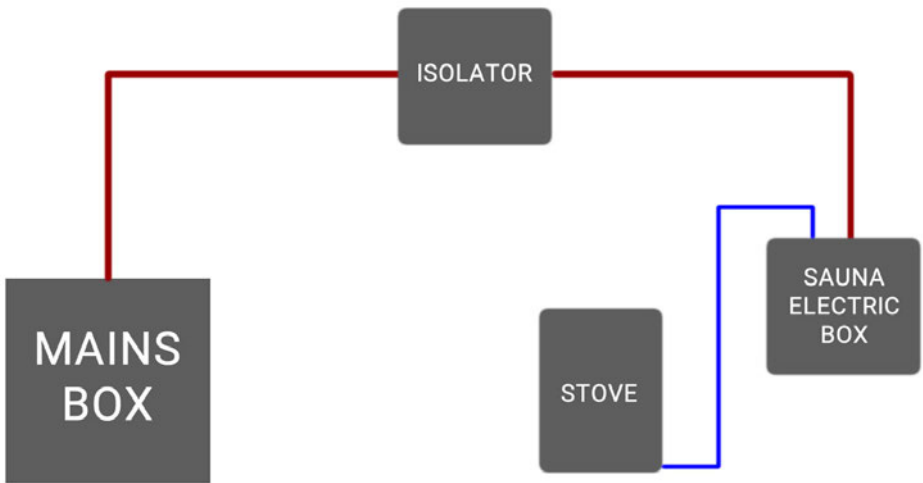
Some models will include colour therapy lights (or chromo lights). The colour lights are operated by the remote control only. Press any color on the remote control to turn the lights on and select a colour. Press the “Cycle” button (lower right button) to cycle through the colours randomly. Press the “Power” button to turn the lights off.

Sauna stove connection

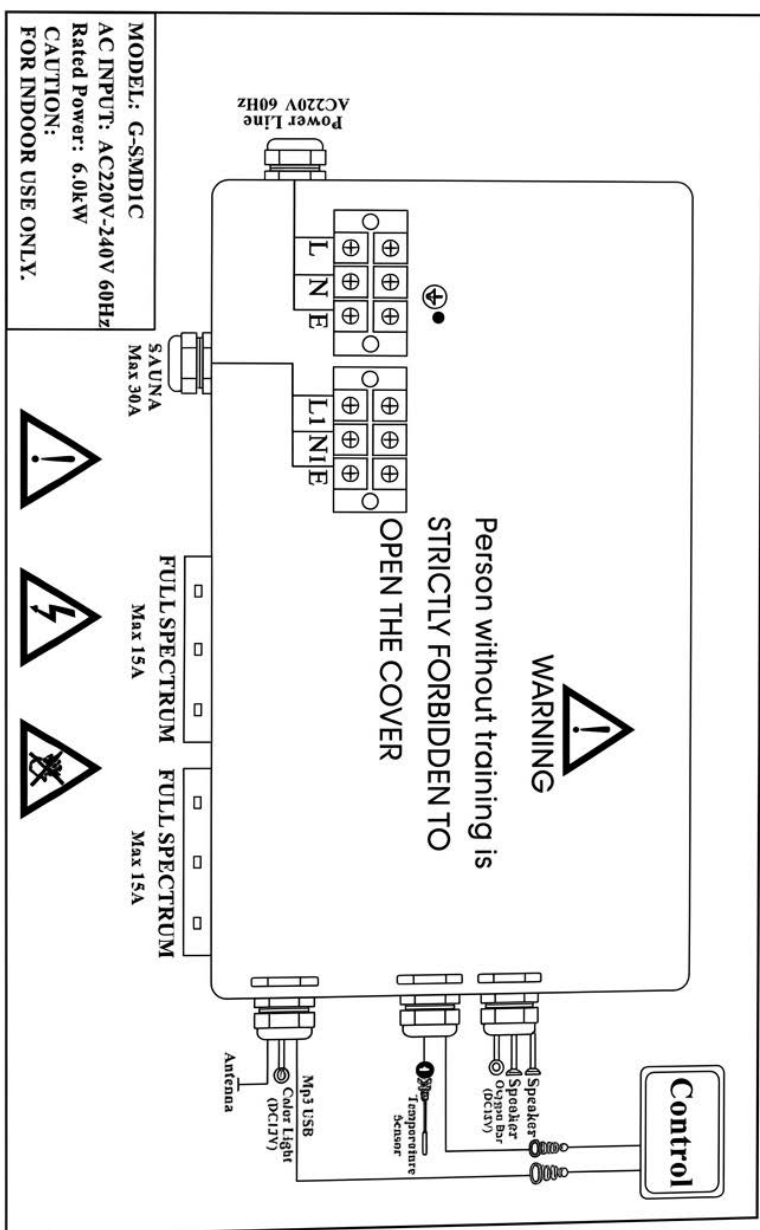
Please see the below example of a typical connection of the sauna and stove.

CAUTION: This is an example only. The wire sizing and fuse size will vary depending on the KW of the stove for your model and the distance of the wiring between the Mains box, the sauna and the Isolator and Spur.

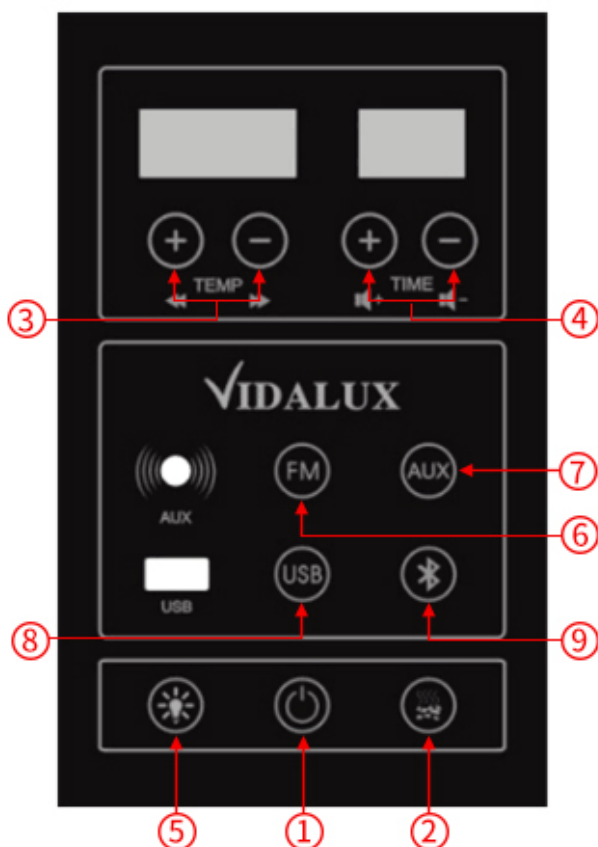
YOU MUST: Always advice seeking information from a qualified electrician.



CIRCUIT CONNECTION MAP



Control Panel Operation Instructions



NO	Function	No	Function
1	Power Button (On/Off)	5	Light Control
2	Switch button between infrared sauna and traditional sauna	6	Set Button – FM/MP3
3	Temperature Control	7	AUX
4	Timer Control	8	USB
		9	Blue-tooth

Notes for sauna surround



The surround will be in 4 pieces which need to be secured with the provided screws. Once built, the stove can rest on the metal brackets at the bottom of the last wooden slat.





Now the surround is built, you can then lower the stove onto the metal brackets inside the surround.



Notes for sauna stones

1. Remove the metal grille with a screwdriver:



2. Loosely place stones around the heating elements:
(Tip: use the smaller stones 1st to fill the small gaps)



3. Use the larger stones to sit on top:
(Tip: make sure there is still plenty of spaces around the elements so they can still release heat)



4. Refit the metal grille on top:



During the initial sessions, you may notice the sauna stones producing a ‘hissing’ or ‘cracking’ sound. This is a standard part of the settling-in process as the stones adjust to the thermal cycles; these sounds will naturally subside after the heater has been used a few times.

To maintain the integrity of your heating system and ensure the longevity of the components, please observe the following when creating steam:

- **Moderation is Key:** Use only small amounts of water at a time to gently increase humidity.
- **Targeted Application:** Ensure water is poured exclusively onto the heated stones.
- **Element Protection:** Avoid pouring water directly onto the heating elements to protect the internal engineering and ensure consistent performance.

Power button (on/off)

This button turns the sauna on or off.

Timer control

Use (+) or (-) to increase or decrease the sauna timer. It will count down to 00 and turn off the heater. The machine keeps FM&MP3 status, these two buttons can also be used to increase or decrease the volume.

Continuous working time. The system memorizes the last used temperature and time as the default time of 60 minutes.

Temperature control

Use (+) or (-) to increase or decrease the sauna temperature. When the sauna reaches the desired temperature, the heater will turn off. The machine keeps FM&MP3 status. These two buttons can be used to select channels or different songs. Temperature adjustment range is 30-65°C, step is 1; Fahrenheit: 90-150°F, step is 5, below 30°C/90°F display LO.

Fahrenheit and Celsius toggle

These flags indicate what measurement is used to display the temperature. To toggle between Fahrenheit and Celsius, press and hold both temperature control buttons at the same time.

Audio Features (page **Control Panel)

(1) Click the "Audio" button for the first time, the backlight is on, and turn on the Bluetooth. At this time, turn on the Bluetooth of the mobile device and search to complete the Bluetooth pairing. After the pairing is successful, you can play songs. The pairing time is 6-7 seconds, "bLU" is displayed in the temperature area, "XXdb" is displayed in the clock area, press the time +/- to adjust the volume, there is no button response for 8 seconds, and the display switches to temperature and time.

Note: During the Bluetooth pairing process, the Bluetooth, USB, and radio cannot be switched immediately, and the switching time needs to be 6-7 seconds apart. If you switch immediately, you can switch after 6-7 seconds.

(2) Press this button for the second time to turn on the USB function, the temperature area displays USB, the temperature +/- adjusts the previous song and the next song, the clock area displays "XXDb", the time +/- adjusts the volume, there is no time for 8 seconds key presses respond and the display switches to temperature and time.

Note: U disk reading time is 2-3 seconds.

(3) Press this button for the third time to turn on the radio function, the frequency is displayed in the temperature area, "XXDb" is displayed in the clock area, the time +/- adjusts the volume, the temperature +/- adjusts the frequency, if there is no key response for 8 seconds, the display switches to temperature and time.

(4) Press this button for the fourth time to turn off the audio function.

Usage Guide

Allow your sauna to warm up for 15-20 minutes or until it reaches 110 °F (43 °C). You may close the vent on the ceiling to speed up the pre-heating process. Drink plenty of water to avoid dehydration before and after the sauna session. It is recommended not to exceed 40 minutes per session.

If the sauna becomes stuffy, open the vent on the ceiling to allow fresh air into the sauna.

Tip:

- Start using the sauna within 10 degrees before it reaches the set temperature in order to receive the most benefits out of the infrared heaters. For example, if you set the sauna to 125 °F (52 °C) degrees, you should start using the sauna when it reaches 115 °F (46 °C) degrees.
- Customers reported an average use temperature of 125 °F (52 °C) degrees.

Precautions

- If the temperature becomes unbearable, decrease the temperature or shut off the sauna immediately.
- Do not use if pregnant or have serious inflammation, a fever, a communicable disease, acute bleeding, or intoxicated.
- Do not consume alcohol or drugs when using the sauna.
- Do not splash water on the heaters or any electrical component inside the sauna.
- Do not bring wet towels into your sauna or any substances that could harm the interior of your sauna.
- Do not install a lock on your sauna.
- All repairs need to be authorized by the supplier's representative; otherwise product warranty may be voided.

Cleaning and Maintenance

Use a clean damp towel to wipe off the bench, floor and around the back panel. Do not use a towel that is too wet and can drip water inside the sauna and do not use cleaning agents inside the sauna.

Make sure to keep the sauna dry and clean. Do not leave towels or water glasses or bottles inside the sauna after use. Wipe the exterior surface of the sauna with a towel and clean the glass at least once a month.

Wood Care

If the sauna exterior body was scratched or scuffed, it can be concealed by using a small amount of furniture polish, oil or other furniture treatment. The interior blemishes, scratches, or scuffs can be either left alone, sanded or combination of gluing plus sanding. Please avoid any treatment containing benzene or a high concentration of alcohol.

Outdoor models body need to be maintain on regular bases (between 6 months to a year) by polishing or resealing the body as needed. If the varnish is cracked or worn off, sand the surface and re-varnish the affected area. Consult your local handyman or furniture repair professional for more details on how to maintain wood in an outdoor environment.

Saunas and Contraindications

Saunas and Medications

Individuals who are using prescription drugs should seek the advice of their personal physician or a pharmacist for possible changes in the drugs effect when the body is exposed to far infrared waves or elevated body temperature. Diuretics, barbiturates and beta-blockers may impair the body's natural heat loss mechanisms. Some over the counter drugs such as antihistamines may also cause the body to be more prone to heat stroke.

Saunas and Children

The core body temperature of children rises much faster than adults. This occurs due to a higher metabolic rate per body mass, limited circulatory adaptation to increased cardiac demands and the inability to regulate body temperature by sweating. Consult with the child's Pediatrician before using the sauna.

Saunas and the Elderly

The ability to maintain core body temperature decreases with age. This is primarily due to circulatory conditions and decreased sweat gland function. The body must be able to activate its natural cooling processes in order to maintain core body temperature.

Saunas and Cardiovascular Conditions

Individuals with cardiovascular conditions or problems (hypertension / hypo tension), congestive heart failure, impaired coronary circulation or those who are taking medications, which might affect blood pressure, should exercise extreme caution when exposed to prolonged heat. Heat stress increases cardiac output, blood flow, in an effort to transfer internal body heat to the outside environment via the skin (perspiration) and respiratory system. This takes place primarily due to major changes in the heart rate, which has the potential to increase by thirty (30) beats per minute for each degree increase in core body temperature.

Saunas and Alcohol

Contrary to popular belief, it is not advisable to attempt to "Sweat Out" a hangover. Alcohol intoxication decreases a person's judgment; therefore they may not realize it when the body has a negative reaction to high heat. Alcohol also increases the heart rate, which may be further increased by heat stress.

Saunas and Chronic Conditions / Diseases Associated With a Reduced Ability to Sweat or Perspire

Parkinson's, Multiple Sclerosis, Central Nervous System Tumors and Diabetes with Neuropathy are conditions that are associated with impaired sweating.

Saunas and Hemophiliacs / Individuals Prone To Bleeding

The use of Infrared saunas should be avoided by anyone who is predisposed to bleeding.

Saunas and Fever

An individual that has a fever should not use any type of sauna.

Saunas and Insensitivity to Heat

An individual that has insensitivity to heat should not use any type of sauna.

Saunas and Pregnancy

Pregnant women should consult a physician before using any type of sauna because fetal damage can occur with a certain elevated body temperature.

Saunas and Menstruation

Heating of the low back area of women during the menstrual period may temporarily increase their menstrual flow. Some women endure this process to gain the pain relief commonly associated with their cycle whereas others simply choose to avoid saunas use during that time of the month.

Saunas and Joint Injury

If you have a recent (acute) joint injury, it should not be heated for the first 48 hours after an injury or until the hot and swollen symptoms subside. If you have a joint or joints that are chronically hot and swollen, these joints may respond poorly to vigorous heating of any kind. Vigorous heating is strictly contra-indicated in cases of enclosed infections be they dental, in joints or in any other tissues.

Saunas and Implants

Metal pins, rods, artificial joints or any other surgical implants generally reflect far infrared waves and thus are not heated by this system; nevertheless you should consult your surgeon prior to using an Infrared Sauna. Certainly, the usage of an Infrared Sauna must be discontinued if you experience pain near any such implants. Silicone does absorb far infrared energy. Implanted silicone or silicone prostheses for nose or ear replacement may be warmed by the far infrared waves. Since silicone melts at over 200°C (392°F), it should not be adversely affected by the usage of Infrared saunas. It is still advised that you check with your surgeon and possibly a representative from the implant manufacturer to be certain.

In the rare event, you experience pain and/or discomfort, immediately discontinue sauna use.

Troubleshooting

The sauna doesn't power on

- Make sure the power cord is securely connected to the power socket and the control box (on top of the sauna).
- Make sure the breaker/fuse has not tripped / turned off.
- Make sure the control panel white ribbon wire is securely connected.
- Make sure the power socket is working by trying a different device on the same socket.

Light is not working

- Replace the light bulb.

Color therapy light does not work

- Make sure the battery is inserted correctly.
- Make sure to point the remote directly at the remote receiver (small rounded tip next to the color lights).
- Try a new battery.

All heaters are not working

- Make sure to connect the heaters plugs are connected securely to the control box (on top of the sauna).
- Make sure the sauna is connected to the recommended power supply.
- Make sure the heat sensor is connected securely.

One or few heaters are not working

- Make sure to connect the heaters plugs are connected securely to the control box (on top of the sauna).
- Make sure to connect the heaters plugs under the bench are connected securely.
- Floor heater and under bench heater are not as hot as other heaters (by design).

- Make sure the plug behind the heater is connected (you would need to unscrew the heater).

Control panel display is unusual

- If the control panel temperature display is over 150 or 230, make sure to connect the heat sensor securely.
- If the control panel time display is -- (two dashes), the sauna is on continues working mode. Press the timer button to return to timed working mode.

For more troubleshooting advice or to report a problem, please contact with the supplier

Warranty Information

Vidalux warrants its products to be free of defects in material and workmanship.

This warranty extends only to:

1. a retail purchaser of a sauna or parts directly from an official supplier;
2. the authorized wholesale purchaser of a sauna or parts directly from the supplier ; or
3. a retail purchaser of a sauna or parts from an authorized wholesaler.

However, in the event of a sale between 2 private parties, transfer or conveyance of a sauna or parts from any of the three (3) proceeding persons or entities, any rights, duties and obligations associated with this warranty shall be null and void and of no further force and effect.

The sauna or parts must be purchased and used within one year of the manufactured date.

The sauna or parts must be placed in an indoor environment unless the sauna or parts are specifically designed for outdoor use. If an indoor sauna or parts are placed in an outdoor environment, warranty shall be null and void and of

no further force and effect. The controls, heaters, electrical parts and wiring must be kept dry at all times and not exposed to any water or liquids.

The warranty begins on the original date of purchase, and is valid only upon registration of the product. Registration must take place within 90 days of purchase. To receive warranty service, the purchaser must contact Vidalux immediately on discovering the claim/fault to prevent further concerns.

This warranty covers manufacturing defects in materials and workmanship encountered in normal use of this product, and shall not apply to the following, including, but not limited to: applications and usage for which this product was not intended; altered product or serial numbers; cosmetic damage or exterior finish reported after installation; accidents, abuse, neglect, fire, water, lightning or other acts of nature; use of products, equipment, systems, utilities, services, parts, supplies, accessories, applications, installations, repairs, external plumbing and leaks, external wiring, circuit breakers, fuses or connectors not supplied and authorized by Vidalux or which damage this product or result in service problems; incorrect electrical line voltage, fluctuations, and surges; customer adjustments and failure to follow operating instructions, cleaning, maintenance and environmental instructions that are covered and prescribed in the instruction book; consumable items including light bulbs.

Vidalux shall not be liable for the loss of use of the sauna or other incidental or consequential damages. Under no circumstances shall Vidalux or any of its representatives be held liable for injury to any persons or damages to any properties. Specifications are subject to change without notice.

Vidalux uses the highest quality wood in our product lines. All structures using wood are susceptible to minor dents, scratches and scuffing. This is normal and will not affect the integrity or operation of your sauna.

Wood is a living material that continues to respond to climate conditions, even after being manufactured into a sauna. Variations in the color or grain, and irregularities such as fine cracks are part of the natural beauty of the wood and in

no way should be considered defects. During normal operation, wood may crack slightly due to the changes in moisture level. This will not affect the structural integrity of the sauna.

Prior to shipping, the wood is inspected for consistency, color and quality. Our saunas are shipped around the globe, and can experience slight blemishes, scratches or scuffs in transit. In most cases, these blemishes on the exterior of the sauna can be concealed by using a small amount of furniture polish, oil or other furniture treatment. The interior blemishes, scratches, or scuffs can be either left alone, sanded or combination of gluing plus sanding. Please avoid any treatment containing benzene or a high concentration of alcohol.

ATTENTION: Shipping damage must be notated on the delivery note. Vidalux **MUST** be notified of any damage to your sauna within 48 hours of receiving the items. Failure to notify us within the established time frame will result in the owner taking full responsibility for cost of **ALL REPLACEMENT PARTS** including shipping and handling fees.

Completion Form

This form must be filled out by the installer and electrician (where applicable) in order to validate the warranty. You are required to register the warranty online at www.vidalux.co.uk

You MUST register the product warranty within 90 days following delivery

PLEASE RETAIN THIS CERTIFICATE FOR FUTURE REFERENCE

Shower Details

Model No.

Date Of Delivery

Invoice No.

Install Date

Electric Installation

Installer Name

Company

Address

Town/City

Post Code

Contact Tel

Part P Reg No.

Date

Signature

Important Information on Returns for Hygiene-Sensitive Products

For hygiene reasons, personal products — including but not limited to infrared and traditional saunas, showers, whirlpool baths, and portable saunas — cannot be returned once they have been opened, installed, or used. This is due to health and safety regulations, as these items are classified as ‘personal hygiene’ products under The Consumer Contracts Regulations 2013.

By law, once a product of this nature has been used, it is non-returnable unless it is faulty.

To ensure suitability, we strongly recommend assembling and testing the product (without full use) prior to initial use. Please also retain all original packaging, as we can only consider a return if the product is unused and returned in its complete, original packaging.

Thank you for your understanding and cooperation.