

VIDALUX

Traditional Sauna Manual



INSTALLATION AND OPERATING MANUAL

Technical Support: 01524 489939

Warranty Claims Or Delivery Damage: www.Vidalux.co.uk



Thank you for purchasing this product. To guarantee the product delivers a long service life, please ensure it is fitted and used in accordance with the instructions contained in this booklet.

No installation should take place until all items have been deemed cosmetically acceptable. Once installation commences all products enter into their governing warranty periods, no returns can be accepted, by commencing with the installation you are accepting the goods cosmetic state with all 'workings' being covered by warranty. (contact us for more information before installing if required)

IMPORTANT NOTICE

Before you proceed with fitting your Vidalux sauna please read the following:

By commencing testing and installation of the unit you are agreeing to the Terms and Conditions set out by Vidalux: copies of these are available online or by contacting us by email or phone (details on the cover of this manual). Proceeding with the installation is deemed as an acceptance of the cosmetic condition. It is impossible to assume the condition on arrival once the items have been subjected to the rigors of install and items must be inspected and concerns reported prior

You are required to ensure the purchased product dimensions allows for ease of passage to the intended installation area.

Weight tolerances of installation area - it is advised to refer to a builder and/or Building regulations to ensure the product placement area has sufficient joist/floor support.

1. It is important that you ensure that your purchase has been delivered undamaged. You are required to check the contents and report any damage that you feel needs repairing or replacing within 48hrs of receipt of goods. Items reported damaged after this time WILL be chargeable as it is harder to prove the item arrived in this condition after this period
2. The product you have purchased is designed for home DIY fitting. The product requires connection to electricity and this by law requires a Part P qualified electrician. In the event of electrical failure, failing to provide evidence of this may void the relating product warranty

3. We are a supply only company. If you report any damage we will send replacements or solutions to remedy the problem described. We endeavor to fully understand the problem first by troubleshooting questions and then propose the solution. We may even ask for digital images to be sent via email to assist the process. The warranty is parts only and does NOT include installation/inconvenience or other related costs.
4. Do not book any installation service until you have inspected the unit. We cannot be held responsible for delays and costs incurred by having to return to fit parts that need supplying.
5. We cannot be held liable for inconvenience caused due to lack of facilities caused by any delay in receiving your product or whilst awaiting parts.
6. Regarding our sales and technical support: We know our products and their requirements, but we are not qualified plumbers or electricians and accept no liability for claims suggesting the same. You are advised to check the suitability of the product with a professional body. It is the customer responsibility to ensure the product is fit for purpose.
7. A 'Completion Certificate' is included at the end of the manual where you should record the details of your installers - you will need this to record your warranty on our website. You MUST register the product warranty within 90 days following delivery

1.Introduction

We welcome you to the most affordable sauna in the nation! We also congratulate you on your new path to better health! Thousands of users enjoy the benefits of saunas every day. Saunas help you burn calories, reduce toxins, relieve pain and even clear complexions. Now you can enjoy the great benefits of heat within the privacy of your own home.

We strive to deliver superior home health products at an affordable price. Our list of clients grows daily and we believe that your success is our success. Our staff has over 15 years of combined professional experience and is ready to provide you with excellent customer service.

2.Highlights

- a. High quality craftsmanship
- b. Automatic thermostat for constant temperature
- c. Timer and buzzer: buzzer sounds 5 minutes before the end of session
- d. Digital sensor and thermometer
- e. Sauna stove

3.Installation

1.Installation requirements

- a. Do not plug any other appliances into the outlet with your sauna.
- b. Install the sauna on a completely level floor.
- c. Do not spray the exterior with water. If the floor is damp, install a floor separator to keep the sauna high & dry.
- d. Do not store flammable objects or chemical substances near the sauna.

4. Installation Procedure

Corner Style

1. Place the bottom panel in the desired location of your sauna. **SEE FIG-1**



FIG-1 Placing bottom floor



FIG-2 Assembling back panel (left)

2. Align the back panel (left and right) with bottom panel corresponding battens; make sure they are in line. **SEE FIG-2&FIG-3.**



FIG-3 Assembling back panel (right)



FIG-4

3. Tighten the panels together using the installation bolts from outside--bottom and the corner, every hole for installing the bolts. **SEE FIG-4**

4. Align the glass window (left and right) with bottom panel corresponding battens. **SEE FIG-5 & FIG-6**



FIG-5 Assembling the glass window(Left)



FIG-6 Assembling the glass window(Right)

5. Assembling the ceiling (top panel), tighten the ceiling and back panels (left & right) together using the installation bolts from the back. **SEE FIG-7 & FIG-8**



FIG-7



FIG-8

6. Align the glass window (front) with bottom panel corresponding battens. **SEE FIG-9**



FIG-9



FIG-10

7. Align the glass door with bottom panel corresponding battens. Note: Take caution of the glass door to avoid damage. **SEE FIG-10**



FIG-11



FIG-12

8. Place the shelves against the glass window (left) inside; **SEE FIG-11 & FIG-12**

9. Assembling sitting board's support and slide it down vertically into the slot within the inside wall. Put the sitting board horizontally on corresponding battens of the back panel. And tighten them with the screws. **SEE FIG-13 & FIG-14**



FIG-13 Assembling sitting board's support



FIG-14 Assembling sitting board

10. Assembling sitting board's support for second floor. Put the sitting board horizontally on corresponding battens of the back panel. And tighten them with the screws. **SEE FIG-15 & FIG-16**



FIG-15 Assembling sitting board's support



FIG-16 Assembling sitting board

11. Place the shelves against the glass window (right) inside and assembling the bench horizontally on corresponding battens of the back panel; **SEE FIG-17 & FIG-18**



FIG-17



FIG-18

12. Take out the sauna stove and check its spare parts, then tighten the stove on the floor. **SEE FIG-19**



FIG-19



FIG-20

13. Connect all the wires of the stove. **SEE FIG-20 to FIG 23**

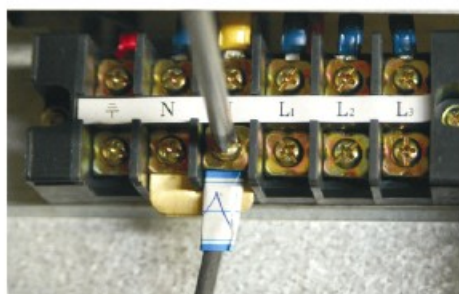


FIG-21



FIG-22

14. Assembling the stove fence by screws, **see FIG-24 to FIG-26.**

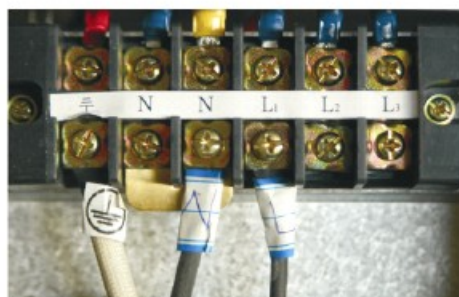


FIG-23



FIG-24

15. Place the stove fence in its position, **see FIG-27**



FIG-25



FIG-26

16. Install the Sandglass and Thermo hygrometer in any location that you desire.
SEE FIG-28 & FIG-29.



FIG-27



FIG-28

17. Install the Oxygen Ionizer in its position and plug the wire in it. **SEE FIG-30**



FIG-29



FIG-30

18. Assembling the sealing rubber strip on the glass door. **SEE FIG-31**



FIG-31



FIG-32

19. Install the Door Handle. **SEE FIG-32 FIG 34**



FIG-33



FIG-34

Straight Style A

1. Place the bottom panel in the desired location of your sauna. **SEE FIG-1**



FIG-1 Placing bottom floor



FIG-2 Assembling back panel

2. Align the back panel with bottom panel corresponding battens; make sure they are in line. **SEE FIG-2**

3. Align the left and right panels with bottom panel corresponding battens.

SEE FIG-3 to FIG-6



FIG-3



FIG-4



FIG-5



FIG-6

4. Tighten the panels together using the installation bolts from the outside--bottom and the corner, every hole for installing the bolts. **SEE FIG-7**



FIG-7



FIG-8

5. Assembling the ceiling (top panel), **SEE FIG-8**

6. Align the glass window (front) with bottom panel corresponding battens.

SEE FIG-9



FIG-9



FIG-10

7. Tighten the ceiling, back panel, left and right panels together using the installation bolts from outside. **SEE FIG-10**



FIG-11

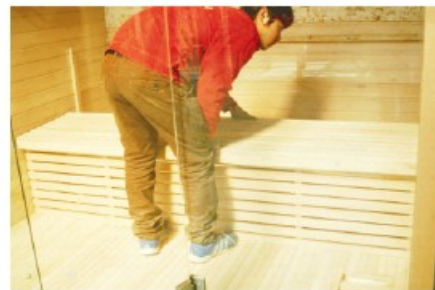


FIG-12 Assembling sitting board's support

9. Assembling sitting board's support and slide it down vertically into the slot within the inside wall. Put the sitting board horizontally on corresponding battens of the back panel. And tighten them with the screws. **SEE FIG-12 & FIG-13**



FIG-13 Assembling sitting board



FIG-14 Assembling sitting board's support

10. Assembling sitting board's support for second floor. Put the sitting board horizontally on corresponding battens of the back panel. And tighten them with the screws. **SEE FIG-14 & FIG-15**



FIG-15 Assembling sitting board



FIG-16

11. Place the shelves against the glass window (left) inside and assembling the bench horizontally on corresponding battens of the left panel; **SEE FIG-16 & FIG-17**



FIG-17



FIG-18

12. Install the Sandglass and Thermo hygrometer in any location that you desire. **SEE FIG-18 & FIG-19.**



FIG-19



FIG-20

13. Install the Oxygen Ionizer in its position and plug the wire in it. **SEE FIG-20**



FIG-27



FIG-28

17. Place the stove fence in its position, **SEE FIG-29**



FIG-29

Straight Style B

1. Place the bottom panel in the desired location of your sauna. **SEE FIG-1**



FIG-1 Placing bottom floor



FIG-2 Assembling back panel

2. Align the back panel with bottom panel corresponding battens; make sure they are in line. **SEE FIG-2**

3. Align the left and right panels with bottom panel corresponding battens.

SEE FIG-3 to FIG-6



FIG-3



FIG-4



FIG-5

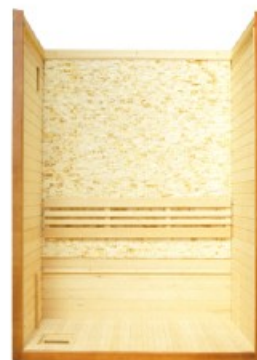


FIG-6

4. Tighten the panels together using the installation bolts from the outside--bottom and the corner, every hole for installing the bolts. **SEE FIG-7**



FIG-7



FIG-8

5. Assembling the ceiling (top panel), **SEE FIG-8 & FIG-9**

6. Align the glass window (front) with bottom panel corresponding battens.

SEE FIG-10



FIG-9



FIG-10

7. Align the glass door with bottom panel corresponding battens. Note: Take caution of the glass door to avoid damage. **SEE FIG-11**



FIG-11



FIG-12A assembling sitting board's support

8. Assembling sitting board's support and slide it down vertically into the slot within the inside wall. Put the sitting board horizontally on corresponding battens of the back panel. And tighten them with the screws. **SEE FIG-12 & FIG-13**



FIG-13 Assembling sitting board



FIG-14

9. Install the Sandglass and Thermo hygrometer in any location that you desire.
SEE FIG-14 & FIG-15.



FIG-15



FIG-16

10. Install the Oxygen Ionizer in its position and plug the wire in it. **SEE FIG-16**



FIG-17



FIG-18

11. Take out the sauna stove and check its spare parts, then tighten the stove on the floor. **SEE FIG-17**

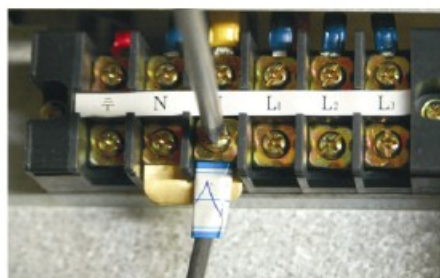


FIG-19

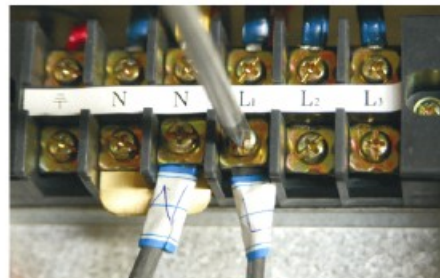


FIG-20

12. Connect all the wires of the stove. **SEE FIG-18 to FIG 21**

13. Assembling the stove fence by screws, **SEE FIG-22 to FIG-24.**

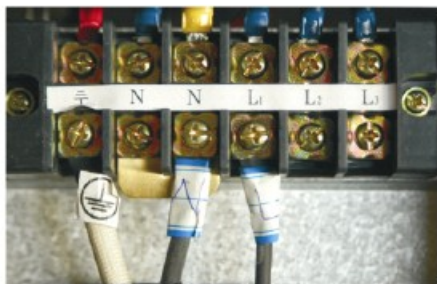


FIG-21



FIG-22



FIG-23



FIG-24

14. Place the stove fence in its position, **see FIG-25**



FIG-25

15. Making sure all steps are finished correctly, plug in the power and try using the sau-na at first to make sure it will work properly. Then put the external top boarded over the in-ternal top board, and take out the power plug through the corresponding hole in the exter-nal top board. Take the screws affixed on the external top board, then ste up the board using the cross screwdriver.

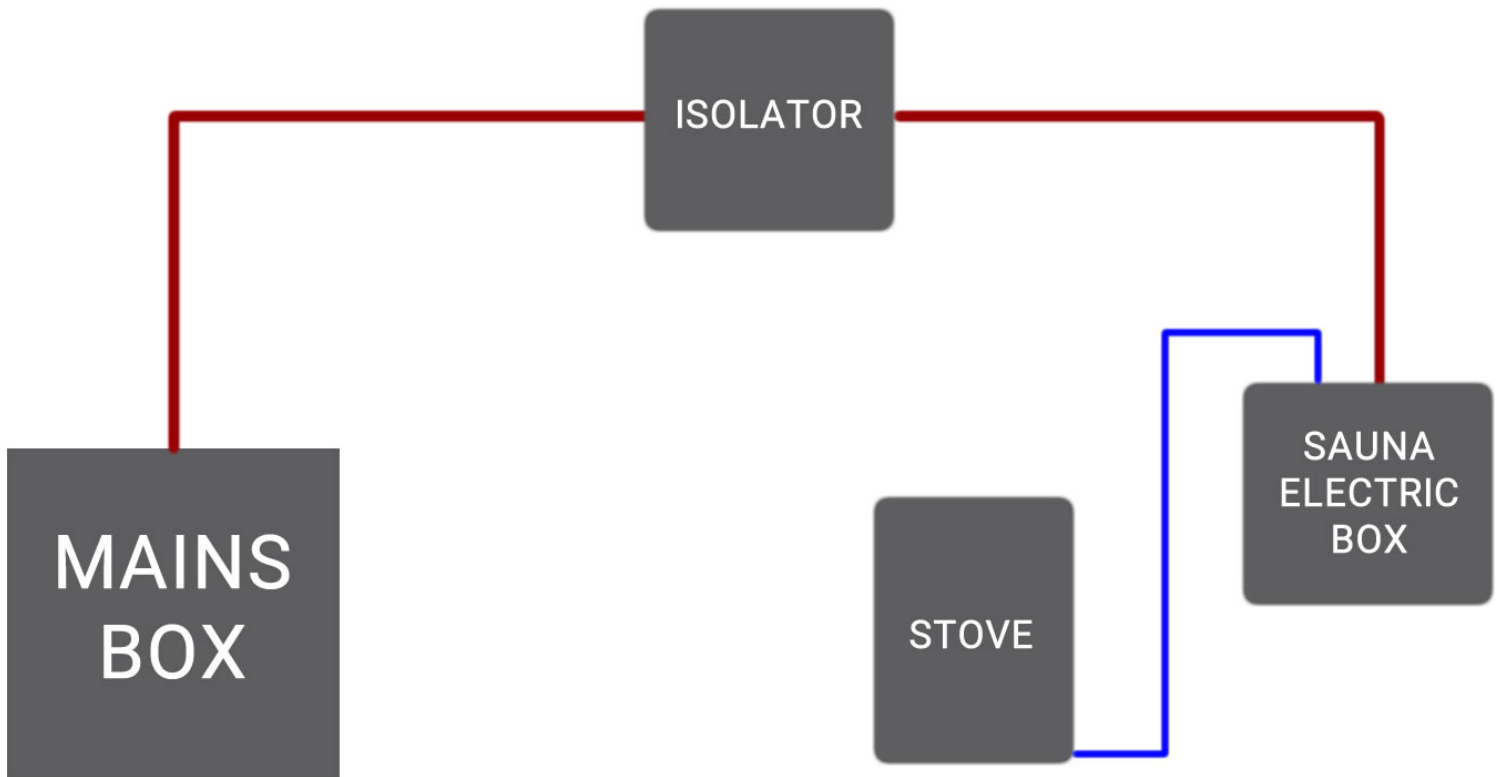
Installation Completed.

Sauna stove connection

Please see the below example of a typical connection of the sauna and stove.

CAUTION: This is an example only. The wire sizing and fuse size will vary depending on the KW of the stove for your model and the distance of the wiring between the Mains box, the sauna and the Isolator and Spur.

YOU MUST: Always advice seeking information from a qualified electrician



Extra notes for sauna surround



The surround will be in 4 pieces which need to be secured with the provided screws. Once built, the stove can rest on the metal brackets at the bottom of the last wooden slat.





Now the surround is built, you can then lower the stove onto the metal brackets inside the surround.



Operation

1. Precautions

- a. Check all the circuitry and the plug meet all requirements.
- b. Set the temperature and time to a comfortable level, normally, 30 minutes at 120° F
- c. Drink a cup of water before the sauna session.
- d. After 2 hours of continuous use, shut the sauna down for one hour.
- e. To avoid burns, do not touch the heating element.

2. Operation

a. Only plug the sauna into a 240 volt power outlet, We do not advise sharing the power socket with any other appliances.

(Please unplug the sauna when not in use)

b. Press the temperature button to increase or decrease the temperature in the sauna, if the 'heat' light is on the temperature setting will change one degree per press of the button.

If this is held for three seconds the temperature setting will change much quicker.

c. Press the 'light' button to turn the interior lights on and off.

d. If you would like fresh air in the sauna then please open the vent in the roof or open the door.

e. To set the time press the 'function' button until the 'time' button blinks. Then press the +/- buttons to set the time from 5-99 minutes. Once the timer has been reached the sauna will buzz and the heaters will automatically shut down afterwards.

Warnings

1.Safety precautions

- a.To avoid fire, do not dry clothes or leave any towels in the sauna.
- b.To prevent burns or electric shocks, do not touch or use metal tools on the net cover of sauna stove
- c.While in the sauna, do not touch the light bulb. If the bulb needs to be changed, switch it off and wait until the sauna is shut off and the bulb is cool.
- d.Do not use the sauna if you have any of the following conditions;
 - 1.Open wounds
 - 2.Eye diseases
 - 3.Sever diseases
 - 4.Elderly & weak people, especially those suffering from a disease, pregnant women and infants are prohibited.Children over the age of 6 years may use the sauna under the supervision of adults.
 - 5.If suffering from a disease directly related to temperature,seek the advice of a doctor before using.
 - 6.Do not place pets in the sauna.
 - 7.Do not use the sauna if you are under the effects of alcohol.

Trouble Shooting:

	Problem	Possible Causes	What To Do
1	Indicator light for power supply not working	The connector is not connected properly	Check the connector or replace a new one
		The fuse is burned	Change the fuse
2	Indicator light for function is not working	The corresponding indicator light is broken	Replace the relevant control panel
		The circuit board or components are broken	Replace the circuit board
3	Stove not heating up	Stove is broken	Replace with a new one Of the same specifications
		Its life will be shorted gradually for being used for many times	
		The fuse is burned out: L-Hand fuse holder:For back panel R-Hand fuse holder:For front panel	Replace with a new one Of the same specifications

3	Stove not heating up	The wire junction is loose or the heater's wire is loose	Check it, and reconnect Them tightly
		The circuit board relay is not functioning	Replace circuit board
4	Malfunctioning of Temperature setting	Some problems with heater	See the 3rd section of heater problem
		Senor wire is not functioning	Re-connect or replace the senor wire
		The circuit board for temperature controlling is not function	Replace the control panel circuit boare
5	Odor from the sauna	The circuit problems (fuse holder wire is loose, junction wire is loose,circuit board components is broken)	1)disconnect the power, check the power supply and voltage; 2)Find the objects with problems 3)Replace the damage
6	Light bulb is not working	Light bulb is burned out	Replace the light bulb
		Light bulb wiring is loose	Check connector or reconnect theLight bulb wiring
		The light bulb connector is broken	Replace it
		Problems with electrical control panel	Repair or replace it

Maintenance

Cleaning

Clean the faceplate with a wet towel,or clean with a small amount of hand-doap mixed with warm water if necessary.Clean the sauna room with a wet cotton towel, dry with a clean dry towel.**Do no use benzene, alcohol,or strong cleaning chemicals on sauna, NOTE:Any chemical that can damage wood material will damage the sauna and the protection layer that is on the wood.**

Do not leave the sauna on for more than 2 hours at a time,Trans portation and storage

- 1.Avoid exposure to rain,snow or strong collisions during transport.
- 2.Do not store in damp environments.

Packing List

1X sauna room with floor

1X Backrest

1X Hand screwdriver

1X Instruction manual

1X Sauna spoon

1X Sauna barrel

1X Sand glass

1X Thermo hygrometer

1X Door handle

Saunas and Contraindications

Saunas and Medications

Individuals who are using prescription drugs should seek the advice of their personal physician or a pharmacist for possible changes in the drugs effect when the body is exposed to far infrared waves or elevated body temperature. Diuretics, barbiturates and beta-blockers may impair the body's natural heat loss mechanisms. Some over the counter drugs such as antihistamines may also cause the body to be more prone to heat stroke.

Saunas and Children

The core body temperature of children rises much faster than adults. This occurs due to a higher metabolic rate per body mass, limited circulatory adaptation to increased cardiac demands and the inability to regulate body temperature by sweating. Consult with the child's Pediatrician before using the sauna. Persons under the age of 16 should not use a sauna

Saunas and the Elderly

The ability to maintain core body temperature decreases with age. This is primarily due to circulatory conditions and decreased sweat gland function. The body must be able to activate its natural cooling processes in order to maintain core body temperature.

Saunas and Cardiovascular Conditions

Individuals with cardiovascular conditions or problems (hypertension / hypo tension), congestive heart failure, impaired coronary circulation or those who are taking medications, which might affect blood pressure, should exercise extreme caution when exposed to prolonged heat. Heat stress increases cardiac output, blood flow, in an effort to transfer internal body heat to the outside environment via the skin (perspiration) and respiratory system. This takes place primarily due to major changes in the heart rate, which has the potential to increase by thirty (30) beats per minute for each degree increase in core body temperature.

Saunas and Alcohol

Contrary to popular belief, it is not advisable to attempt to "Sweat Out" a hangover. Alcohol intoxication decreases a person's judgment; therefore, they may not realize it when the body has a negative reaction to high heat. Alcohol also increases the heart rate, which may be further increased by heat stress.

Saunas and Chronic Conditions / Diseases Associated With a Reduced Ability to Sweat or Perspire

Parkinson's, Multiple Sclerosis, Central Nervous System Tumors and Diabetes with Neuropathy are conditions that are associated with impaired sweating.

Saunas and Hemophiliacs / Individuals Prone To Bleeding

The use of Infrared saunas should be avoided by anyone who is predisposed to bleeding.

Saunas and Fever

An individual that has a fever should not use any type of sauna.

Saunas and Insensitivity to Heat

An individual that has insensitivity to heat should not use any type of sauna.

Saunas and Pregnancy

Pregnant women should consult a physician before using any type of sauna because fetal damage can occur with a certain elevated body temperature. It is advised at any stage of pregnancy to not use a sauna

Saunas and Menstruation

Heating of the low back area of a women during the menstrual period may temporarily increase their menstrual flow. Some women endure this process to gain pain relief commonly associated with their cycle whereas others simply choose to avoid sauna use during that time of the month.

Saunas and Joint Injury

If you have a recent (acute) joint injury, it should not be heated for the first 48 hours after an injury or until the hot and swollen symptoms subside. If you have a joint or joints that are chronically hot and swollen, these joints may respond poorly to vigorous heating of any kind. Vigorous heating is strictly contra-indicated in cases of enclosed infections be they dental, in joints or in any other tissues.

Saunas and Implants

Metal pins, rods, artificial joints or any other surgical implants generally reflect far infrared waves and thus are not heated by this system; nevertheless, you should consult your surgeon prior to using an Infrared Sauna. Certainly, the usage of an Infrared Sauna must be discontinued if you experience pain near any such implants. Silicone implants or silicone prostheses may absorb far infrared energy or may be warmed by the far infrared waves. Since silicone melts at over 200°C (392°F), it should not be adversely affected by the usage of Infrared saunas. It is still advised that you check with your surgeon and possibly a representative from the implant manufacturer to be certain.

In the rare event, you experience pain and/or discomfort, immediately discontinue sauna use.

Warranty Information

Vidalux warrants its products to be free of defects in material and workmanship.

This warranty extends only to:

1. a retail purchaser of a sauna or parts directly from an official supplier;
2. the authorized wholesale purchaser of a sauna or parts directly from the supplier ; or
3. a retail purchaser of a sauna or parts from an authorized wholesaler.

However, in the event of a sale between 2 private parties, transfer or conveyance of a sauna or parts from any of the three (3) proceeding persons or entities, any rights, duties and obligations associated with this warranty shall be null and void and of no further force and effect.

The sauna or parts must be purchased and used within one year of the manufactured date.

The sauna or parts must be placed in an indoor environment unless the sauna or parts are specifically designed for outdoor use. If an indoor sauna or parts are placed in an outdoor environment, warranty shall be null and void and of no further force and effect. The controls, heaters, electrical parts and wiring must be kept dry at all times and not exposed to any water or liquids.

The warranty begins on the original date of purchase, and is valid only upon registration of the product. Registration must take place within 90 days of purchase. To receive warranty service, the purchaser must contact Vidalux immediately on discovering the claim/fault to prevent further concerns.

This warranty covers manufacturing defects in materials and workmanship encountered in normal use of this product, and shall not apply to the following, including, but not limited to: applications and usage for which this product was not intended; altered product or serial numbers; cosmetic damage or exterior finish reported after installation; accidents, abuse, neglect, fire, water, lightning or other acts of nature; use of products, equipment, systems, utilities, services, parts, supplies, accessories, applications, installations, repairs, external plumbing and leaks, external wiring, circuit breakers, fuses or connectors not supplied and authorized by Vidalux or which damage this product or result in service problems; incorrect electrical line voltage, fluctuations, and surges; customer adjustments and failure to follow operating instructions, cleaning, maintenance and environmental instructions that are covered and prescribed in the instruction book; consumable items including light bulbs.

Vidalux shall not be liable for the loss of use of the sauna or other incidental or consequential damages. Under no circumstances shall Vidalux or any of its representatives be held liable for injury to any persons or damages to any properties. Specifications are subject to change without notice.

Vidalux uses the highest quality wood in our product lines. All structures using wood are susceptible to minor dents, scratches and scuffing. This is normal and will not affect the integrity or operation of your sauna.

Wood is a living material that continues to respond to climate conditions, even after being manufactured into a sauna. Variations in the color or grain, and irregularities such as fine cracks are part of the natural beauty of the wood and in no way should be considered defects. During normal operation, wood may crack slightly due to the changes in moisture level. This will not affect the structural integrity of the sauna.

Prior to shipping, the wood is inspected for consistency, color and quality. Our saunas are shipped around the globe, and can experience slight blemishes, scratches or scuffs in transit. In most cases, these blemishes on the exterior of the sauna can be concealed by using a small amount of furniture polish, oil or other furniture treatment. The interior blemishes, scratches, or scuffs can be either left alone, sanded or combination of gluing plus sanding. Please avoid any treatment containing benzene or a high concentration of alcohol.

ATTENTION: Shipping damage must be notated on the delivery note. Vidalux **MUST** be notified of any damage to your sauna within 48 hours of receiving the items. Failure to notify us within the established time frame will result in the owner taking full responsibility for cost of ALL REPLACEMENT PARTS including shipping and handling fees.

Completion Form

This form must be filled out by the installer and electrician (where applicable) in order to validate the warranty. You are required to register the warranty online at www.vidalux.co.uk

You MUST register the product warranty within 90 days following delivery

PLEASE RETAIN THIS CERTIFICATE FOR FUTURE REFERENCE

Shower Details

Model No.

Date Of Delivery

Invoice No.

Install Date

Electric Installation

Installer Name

Company

Address

Town/City

Post Code

Contact Tel

Part P Reg No.

Date

Signature

Important Information on Returns for Hygiene-Sensitive Products

For hygiene reasons, personal products — including but not limited to infrared and traditional saunas, showers, whirlpool baths, and portable saunas — cannot be returned once they have been opened, installed, or used. This is due to health and safety regulations, as these items are classified as ‘personal hygiene’ products under The Consumer Contracts Regulations 2013.

By law, once a product of this nature has been used, it is non-returnable unless it is faulty.

To ensure suitability, we strongly recommend assembling and testing the product (without full use) prior to initial use. Please also retain all original packaging, as we can only consider a return if the product is unused and returned in its complete, original packaging.

Thank you for your understanding and cooperation.