

VIDALUX

Traditional HS Sauna Manual



INSTALLATION AND OPERATING MANUAL

Technical Support: 01524 489939

Warranty Claims Or Delivery Damage: www.Vidalux.co.uk



Thank you for purchasing this product. To guarantee the product delivers a long service life, please ensure it is fitted and used in accordance with the instructions contained in this booklet.

No installation should take place until all items have been deemed cosmetically acceptable. Once installation commences all products enter into their governing warranty periods, no returns can be accepted, by commencing with the installation you are accepting the goods cosmetic state with all 'workings' being covered by warranty. (contact us for more information before installing if required)

IMPORTANT NOTICE

Before you proceed with fitting your Vidalux sauna please read the following:

By commencing testing and installation of the unit you are agreeing to the Terms and Conditions set out by Vidalux: copies of these are available online or by contacting us by email or phone (details on the cover of this manual). Proceeding with the installation is deemed as an acceptance of the cosmetic condition. It is impossible to assume the condition on arrival once the items have been subjected to the rigors of install and items must be inspected and concerns reported prior

You are required to ensure the purchased product dimensions allows for ease of passage to the intended installation area.

Weight tolerances of installation area - it is advised to refer to a builder and/or Building regulations to ensure the product placement area has sufficient joist/floor support.

1. It is important that you ensure that your purchase has been delivered undamaged. You are required to check the contents and report any damage that you feel needs repairing or replacing within 48hrs of receipt of goods. Items reported damaged after this time WILL be chargeable as it is harder to prove the item arrived in this condition after this period
2. The product you have purchased is designed for home DIY fitting. The product requires connection to electricity and this by law requires a Part P qualified electrician. In the event of electrical failure, failing to provide evidence of this may void the relating product warranty

3. We are a supply only company. If you report any damage we will send replacements or solutions to remedy the problem described. We endeavor to fully understand the problem first by troubleshooting questions and then propose the solution. We may even ask for digital images to be sent via email to assist the process. The warranty is parts only and does NOT include installation/inconvenience or other related costs.
4. Do not book any installation service until you have inspected the unit. We cannot be held responsible for delays and costs incurred by having to return to fit parts that need supplying.
5. We cannot be held liable for inconvenience caused due to lack of facilities caused by any delay in receiving your product or whilst awaiting parts.
6. Regarding our sales and technical support: We know our products and their requirements, but we are not qualified plumbers or electricians and accept no liability for claims suggesting the same. You are advised to check the suitability of the product with a professional body. It is the customer responsibility to ensure the product is fit for purpose.
7. A 'Completion Certificate' is included at the end of the manual where you should record the details of your installers - you will need this to record your warranty on our website. You MUST register the product warranty within 90 days following delivery

IMPORTANT SAFETY GUIDES

READ AND FOLLOW ALL INSTRUCTIONS

- A) Extending Socket or other electric appliance is forbidden to be used inside the cabin.
- B) Any lock or latch system must not be fixed to the door of the sauna room, malfunction of which may cause entrapment inside the sauna room.
- C) Open the ventilation window if you feel choking when using sauna room.
- D) Don't use infrared sauna when you are hyperthermia.

The occurrence of hyperthermia: Hyperthermia occurs when the internal temperature of the body reaches a level several degrees above the normal body temperature of 98.6°F (37 °C).

The symptoms of hyperthermia: The symptoms of hyperthermia include an increase in the internal temperature of the body, dizziness, lethargy, drowsiness, and fainting.

The effects of hyperthermia: Failure to perceive heat. Failure to recognize the need to exit the room. Unawareness of impending hazard. Fetal damage to pregnant women. Physical inability to exit the room. Unconsciousness.

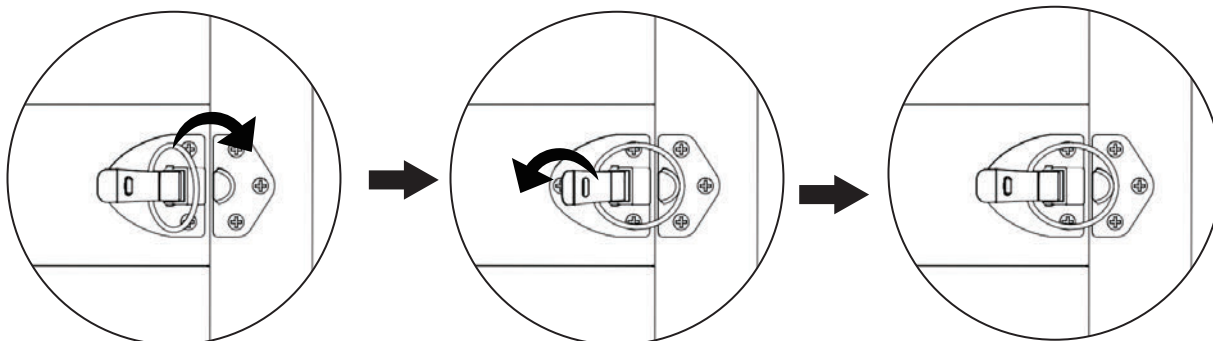
WARNING: The use of alcohol, drugs, or medication may lead fatal hyperthermia.

- E) Without authorization from the local electrical inspection institution, any modification to the sauna room is illegal.
- F) Warning: To avoid electric shock or burns, do not operate the sauna room unless heating safety guard is properly installed.
- G) Do not take any flammable materials into sauna room at any time to avoid fire.
- H) Other safety warning:
 - a) Exit immediately when feels uncomfortable, dizzy, or sleepy if stay in the sauna room too long time.
 - b) Supervise children and retarded persons when they are using sauna room at all times.
 - c) Pregnant woman, who in poor health or under medical care should follow the doctor's advice before using the sauna room.
 - d) Using sauna room will cause unconsciousness if over drunk or over taken medicines.
 - e) Please contact maintenance person if sauna room has problems.
 - f) Disconnect sauna room power supply from wall socket before maintaining.

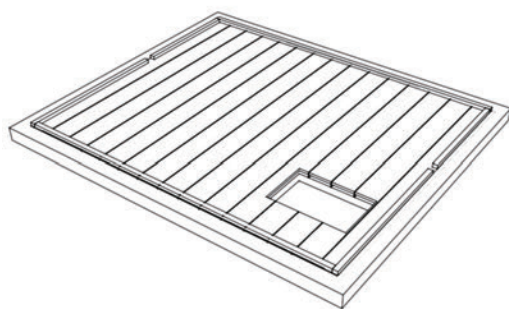
THE MANUAL MUST BE KEPT AVAILABLE FOR FUTURE MAINTENANCE.

Installation Instructions

Steps to use the buckle.



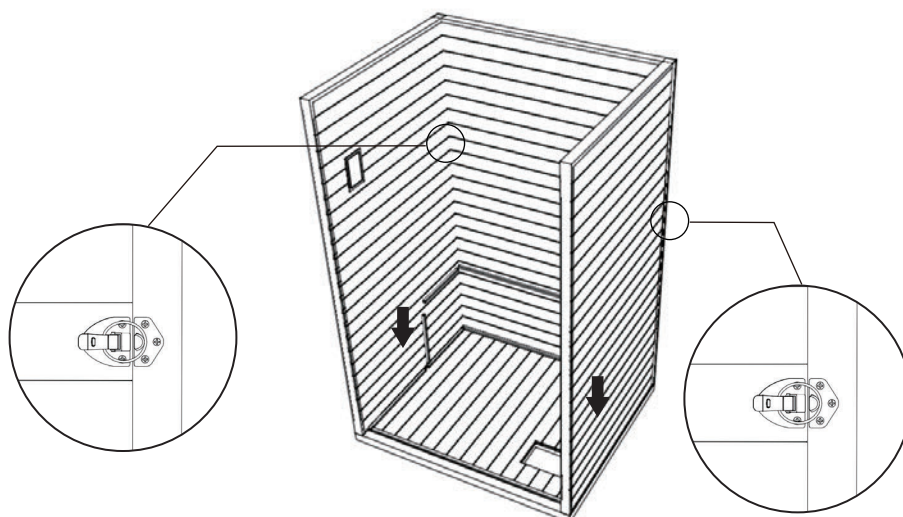
① Place the base obverse.



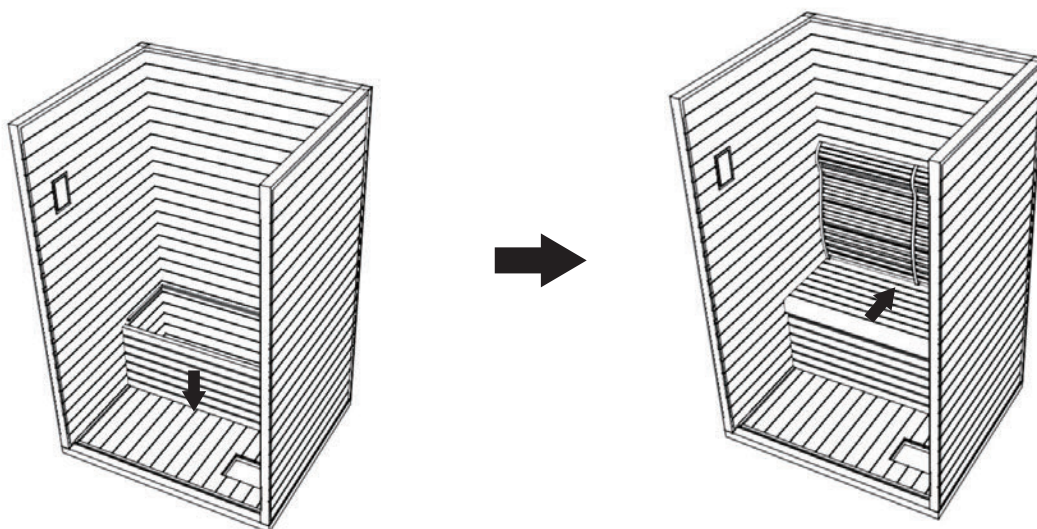
② Place the back wall.



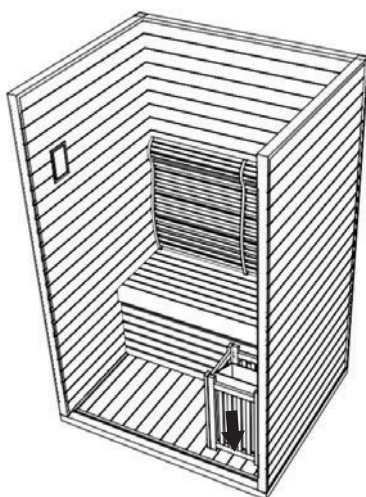
③ Place the side wall.



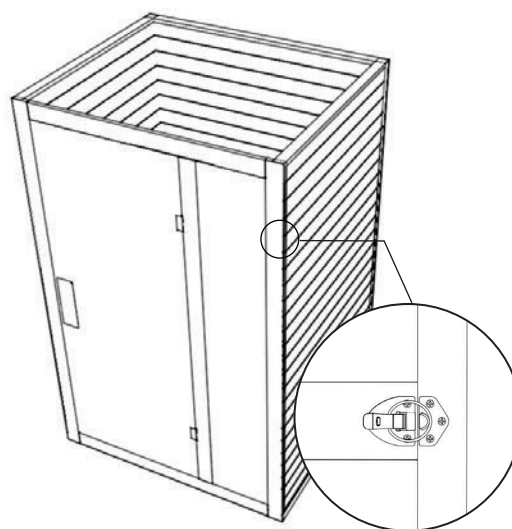
④ Install the benches.



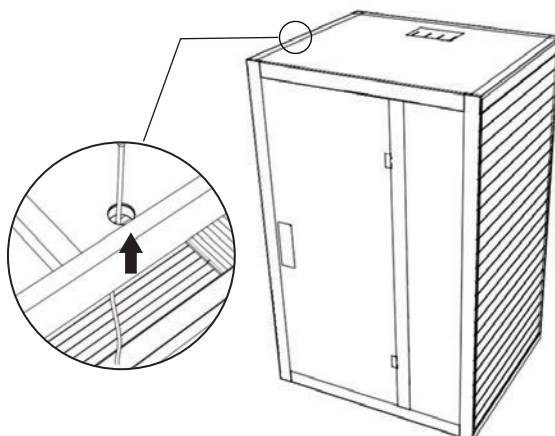
⑤ Install the stove.



⑥ Place the front panel.



⑦ Pass the wires of the side wall through the holes reserved on the top wall, and then place the top wall in the correct position.



To attach the panels, simply connect the clasp and press down to lock into position.

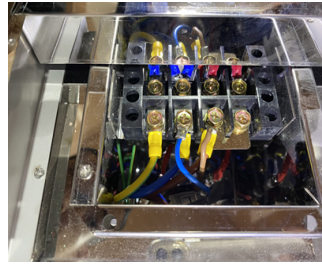


Examine the stove

1. Take out the warm barothermohygrogram, and put it on the level of panel. Note: do not put the warm barothermohygrogram under the heat stove.
2. Take out the sauna heat stove, and examine the equipment.



disassemble the wooden frame



connect the power supply line of stove

3. Then disassemble one side batten of the wooden support frame, then lock it with screw.
4. After that, upend the sauna stove into the wooden frame, and disassemble the right aluminum board, then connect the power supply line of the sauna stove. (Note: reference stove manual)Keep the power supply line away stove and lock them tight with screws.



location of the stove

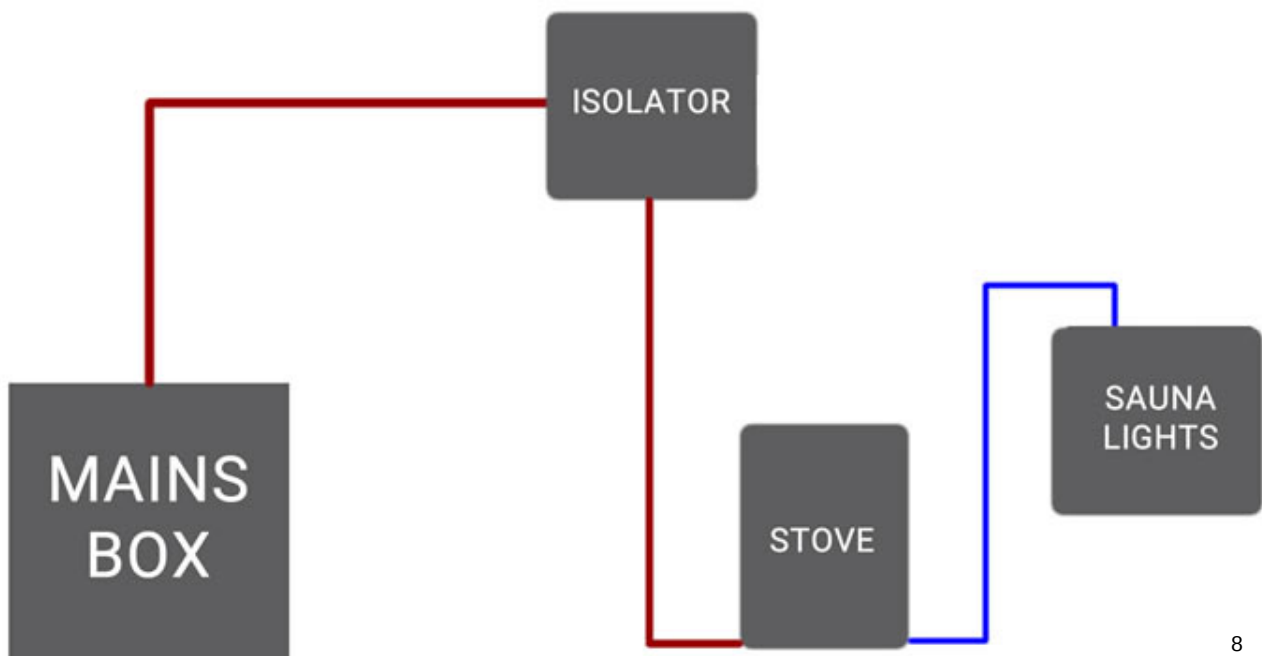


place sauna stone

5. After assembling the wires, install the right aluminum board and wooden bat ten, and place the stove on the right location.
6. Place sauna stone. Put bigger stones on the bottom and smaller stones on the upper. Also can not be too tight in order to facilitate the air circulation. And fix the baffle.

Note: the sauna stove and wooden frame shall be subject to the actual object. Please refer to the manual of sauna stove for installation.

For the use and precautions of the sauna stove, please refer to the instructions provided with the sauna stove!



Extra notes for sauna surround



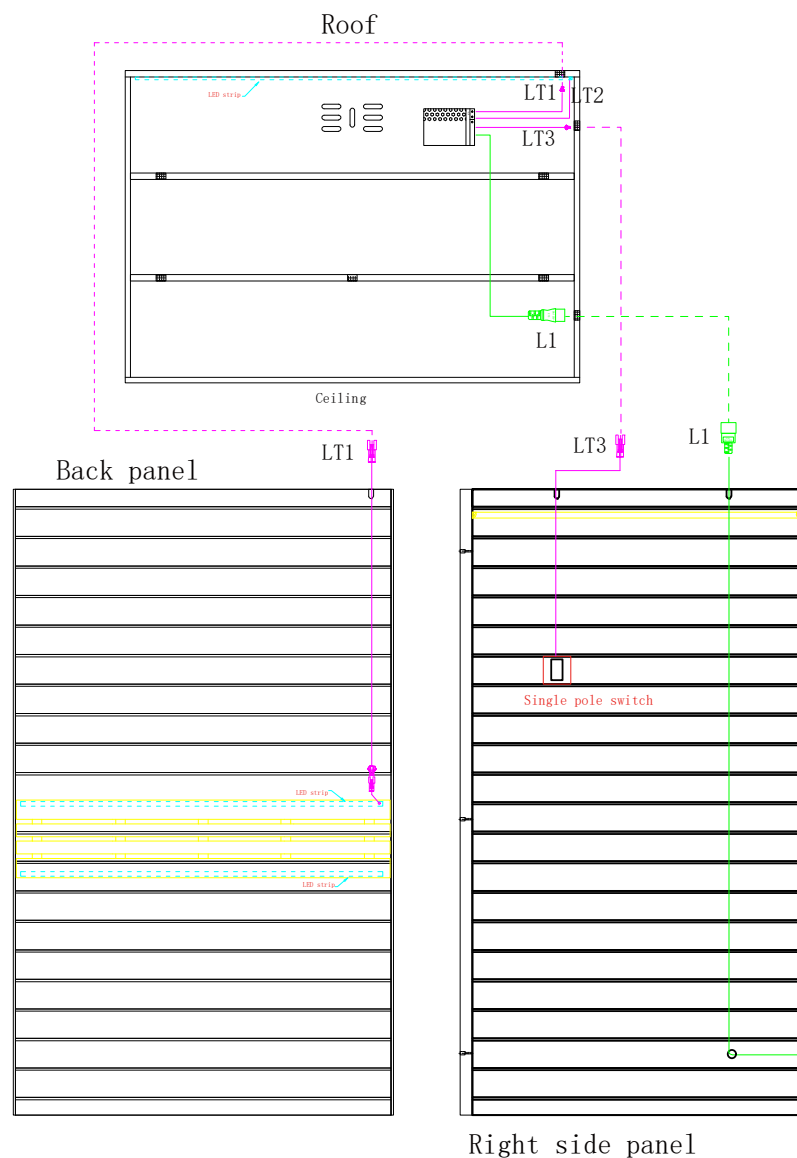
The surround will be in 4 pieces which need to be secured with the provided screws. Once built, the stove can rest on the metal brackets at the bottom of the last wooden slat.





Now the surround is built, you can then lower the stove onto the metal brackets inside the surround.



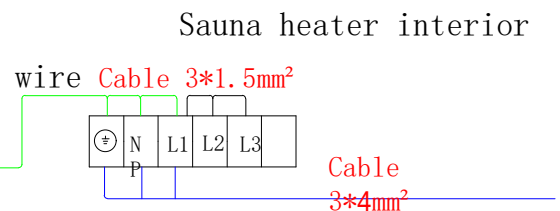


CAUTION: Always consult a qualified tradesperson prior to actioning any works. The above is an example set up only

The power from the home is sent directly to the sauna stove. A cable is then ran from the stove up to the electric box in the roof to power the lights

There is a cable from the roof box to the switch on the side panel to control the ON/OFF function of the lights

A connection cable is ran from the box to the light down the back wall



Operation

1. Precautions

- Check all the circuitry and the plug meet all requirements.
- Set the temperature and time to a comfortable level.
- Drink a cup of water before the sauna session.
- After 2 hours of continuous use, shut the sauna down for one hour.
- To avoid burns, do not touch the heating element.
- WARNING:** Covering the heater or infrared emitter causes fire risk!

2. Operation

- Plug the sauna into a outlet which is stated in nameplate. Do not share the outlet with any other appliances.

Sauna should be unplugged when not in use.

- Press the lamp switch to turn the interior light on and off.
- After your sauna session, turn off, and unplug the power cable.
- See the user manual of sauna stove to use it.

Warnings

1. Safety precautions
 - a. To avoid fire, do not dry clothes or leave any towels in the sauna.
 - b. To prevent burns or electric shocks, do not touch or use metal tools on the net cover of the sauna heater elements.
 - c. While in the sauna, do not touch the light bulb. If the bulb needs to be changed, switch it off and wait until the sauna is shut off and the bulb is cool.
 - d. Do not use the traditional sauna if you have any of the following conditions:
 1. Open wounds
 2. Eye diseases
 3. Sever sunburns
 4. Elderly & weak people, especially those suffering from a disease, pregnant women and infants are prohibited. Children over the age of 6 years may use the sauna under the supervision of adults.
 5. If suffering from a disease directly related to temperature, seek the advice of a doctor before using.
 6. Do not place pets in the sauna.
 7. Do not use the sauna if you are under the effects of alcohol.

Trouble Shooting:

	problem	possible reason	countermeasure
1	Indicator light for power supply not working	The connector is not connected properly	Check the connector or replace a new one
		No power supply input	Check the circuitry
		Indicator light is broken	replace the outer controller
2	Sauna stove is not heating up	The heater is broken	Replace with a new one Of the same specifications
		The wire junction or the heater's wire is loosen	Check and make them tight
3	Odor from the sauna	The circuit's problems	1) there is eye winker around, remove it 2) parts on the circuit is broken
4	Light bulb is not working	Light bulb is burned out	Replace the light bulb
		Lamp holder is broken	Replace the lamp holder

Saunas and Contraindications

Saunas and Medications

Individuals who are using prescription drugs should seek the advice of their personal physician or a pharmacist for possible changes in the drugs effect when the body is exposed to far infrared waves or elevated body temperature. Diuretics, barbiturates and beta-blockers may impair the body's natural heat loss mechanisms. Some over the counter drugs such as antihistamines may also cause the body to be more prone to heat stroke.

Saunas and Children

The core body temperature of children rises much faster than adults. This occurs due to a higher metabolic rate per body mass, limited circulatory adaptation to increased cardiac demands and the inability to regulate body temperature by sweating. Consult with the child's Pediatrician before using the sauna. Persons under the age of 16 should not use a sauna

Saunas and the Elderly

The ability to maintain core body temperature decreases with age. This is primarily due to circulatory conditions and decreased sweat gland function. The body must be able to activate its natural cooling processes in order to maintain core body temperature.

Saunas and Cardiovascular Conditions

Individuals with cardiovascular conditions or problems (hypertension / hypo tension), congestive heart failure, impaired coronary circulation or those who are taking medications, which might affect blood pressure, should exercise extreme caution when exposed to prolonged heat. Heat stress increases cardiac output, blood flow, in an effort to transfer internal body heat to the outside environment via the skin (perspiration) and respiratory system. This takes place primarily due to major changes in the heart rate, which has the potential to increase by thirty (30) beats per minute for each degree increase in core body temperature.

Saunas and Alcohol

Contrary to popular belief, it is not advisable to attempt to "Sweat Out" a hangover. Alcohol intoxication decreases a person's judgment; therefore, they may not realize it when the body has a negative reaction to high heat. Alcohol also increases the heart rate, which may be further increased by heat stress.

Saunas and Chronic Conditions / Diseases Associated With a Reduced Ability to Sweat or Perspire

Parkinson's, Multiple Sclerosis, Central Nervous System Tumors and Diabetes with Neuropathy are conditions that are associated with impaired sweating.

Saunas and Hemophiliacs / Individuals Prone To Bleeding

The use of Infrared saunas should be avoided by anyone who is predisposed to bleeding.

Saunas and Fever

An individual that has a fever should not use any type of sauna.

Saunas and Insensitivity to Heat

An individual that has insensitivity to heat should not use any type of sauna.

Saunas and Pregnancy

Pregnant women should consult a physician before using any type of sauna because fetal damage can occur with a certain elevated body temperature. It is advised at any stage of pregnancy to not use a sauna

Saunas and Menstruation

Heating of the low back area of a women during the menstrual period may temporarily increase their menstrual flow. Some women endure this process to gain pain relief commonly associated with their cycle whereas others simply choose to avoid sauna use during that time of the month.

Saunas and Joint Injury

If you have a recent (acute) joint injury, it should not be heated for the first 48 hours after an injury or until the hot and swollen symptoms subside. If you have a joint or joints that are chronically hot and swollen, these joints may respond poorly to vigorous heating of any kind. Vigorous heating is strictly contra-indicated in cases of enclosed infections be they dental, in joints or in any other tissues.

Saunas and Implants

Metal pins, rods, artificial joints or any other surgical implants generally reflect far infrared waves and thus are not heated by this system; nevertheless, you should consult your surgeon prior to using an Infrared Sauna. Certainly, the usage of an Infrared Sauna must be discontinued if you experience pain near any such implants. Silicone implants or silicone prostheses may absorb far infrared energy or may be warmed by the far infrared waves. Since silicone melts at over 200°C (392°F), it should not be adversely affected by the usage of Infrared saunas. It is still advised that you check with your surgeon and possibly a representative from the implant manufacturer to be certain.

In the rare event, you experience pain and/or discomfort, immediately discontinue sauna use.

Warranty Information

Vidalux warrants its products to be free of defects in material and workmanship.

This warranty extends only to:

1. a retail purchaser of a sauna or parts directly from an official supplier;
2. the authorized wholesale purchaser of a sauna or parts directly from the supplier ; or
3. a retail purchaser of a sauna or parts from an authorized wholesaler.

However, in the event of a sale between 2 private parties, transfer or conveyance of a sauna or parts from any of the three (3) proceeding persons or entities, any rights, duties and obligations associated with this warranty shall be null and void and of no further force and effect.

The sauna or parts must be purchased and used within one year of the manufactured date.

The sauna or parts must be placed in an indoor environment unless the sauna or parts are specifically designed for outdoor use. If an indoor sauna or parts are placed in an outdoor environment, warranty shall be null and void and of no further force and effect. The controls, heaters, electrical parts and wiring must be kept dry at all times and not exposed to any water or liquids.

The warranty begins on the original date of purchase, and is valid only upon registration of the product. Registration must take place within 90 days of purchase. To receive warranty service, the purchaser must contact Vidalux immediately on discovering the claim/fault to prevent further concerns.

This warranty covers manufacturing defects in materials and workmanship encountered in normal use of this product, and shall not apply to the following, including, but not limited to: applications and usage for which this product was not intended; altered product or serial numbers; cosmetic damage or exterior finish reported after installation; accidents, abuse, neglect, fire, water, lightning or other acts of nature; use of products, equipment, systems, utilities, services, parts, supplies, accessories, applications, installations, repairs, external plumbing and leaks, external wiring, circuit breakers, fuses or connectors not supplied and authorized by Vidalux or which damage this product or result in service problems; incorrect electrical line voltage, fluctuations, and surges; customer adjustments and failure to follow operating instructions, cleaning, maintenance and environmental instructions that are covered and prescribed in the instruction book; consumable items including light bulbs.

Vidalux shall not be liable for the loss of use of the sauna or other incidental or consequential damages. Under no circumstances shall Vidalux or any of its representatives be held liable for injury to any persons or damages to any properties. Specifications are subject to change without notice.

Vidalux uses the highest quality wood in our product lines. All structures using wood are susceptible to minor dents, scratches and scuffing. This is normal and will not affect the integrity or operation of your sauna.

Wood is a living material that continues to respond to climate conditions, even after being manufactured into a sauna. Variations in the color or grain, and irregularities such as fine cracks are part of the natural beauty of the wood and in no way should be considered defects. During normal operation, wood may crack slightly due to the changes in moisture level. This will not affect the structural integrity of the sauna.

Prior to shipping, the wood is inspected for consistency, color and quality. Our saunas are shipped around the globe, and can experience slight blemishes, scratches or scuffs in transit. In most cases, these blemishes on the exterior of the sauna can be concealed by using a small amount of furniture polish, oil or other furniture treatment. The interior blemishes, scratches, or scuffs can be either left alone, sanded or combination of gluing plus sanding. Please avoid any treatment containing benzene or a high concentration of alcohol.

ATTENTION: Shipping damage must be notated on the delivery note. Vidalux **MUST** be notified of any damage to your sauna within 48 hours of receiving the items. Failure to notify us within the established time frame will result in the owner taking full responsibility for cost of ALL REPLACEMENT PARTS including shipping and handling fees.

Completion Form

This form must be filled out by the installer and electrician (where applicable) in order to validate the warranty. You are required to register the warranty online at www.vidalux.co.uk

You MUST register the product warranty within 90 days following delivery

PLEASE RETAIN THIS CERTIFICATE FOR FUTURE REFERENCE

Shower Details

Model No.

Date Of Delivery

Invoice No.

Install Date

Electric Installation

Installer Name

Company

Address

Town/City

Post Code

Contact Tel

Part P Reg No.

Date

Signature

Important Information on Returns for Hygiene-Sensitive Products

For hygiene reasons, personal products — including but not limited to infrared and traditional saunas, showers, whirlpool baths, and portable saunas — cannot be returned once they have been opened, installed, or used. This is due to health and safety regulations, as these items are classified as ‘personal hygiene’ products under The Consumer Contracts Regulations 2013.

By law, once a product of this nature has been used, it is non-returnable unless it is faulty.

To ensure suitability, we strongly recommend assembling and testing the product (without full use) prior to initial use. Please also retain all original packaging, as we can only consider a return if the product is unused and returned in its complete, original packaging.

Thank you for your understanding and cooperation.