

Red Letter *days*

Spa and Salon Treats for Two



Red Letter *days*

A young woman with long, wavy blonde hair is sitting in the driver's seat of a car. She is wearing a bright yellow ribbed sweater over a blue denim shirt and round, dark sunglasses. She is smiling and looking out the window towards the right. In the background, a man is also visible, wearing sunglasses and a dark jacket, looking out the window. The scene is bathed in warm, golden light, suggesting a sunset or sunrise. The text "Just for you!" is overlaid in large, white, bold letters on the lower half of the image.

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you!**



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1

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2

Book

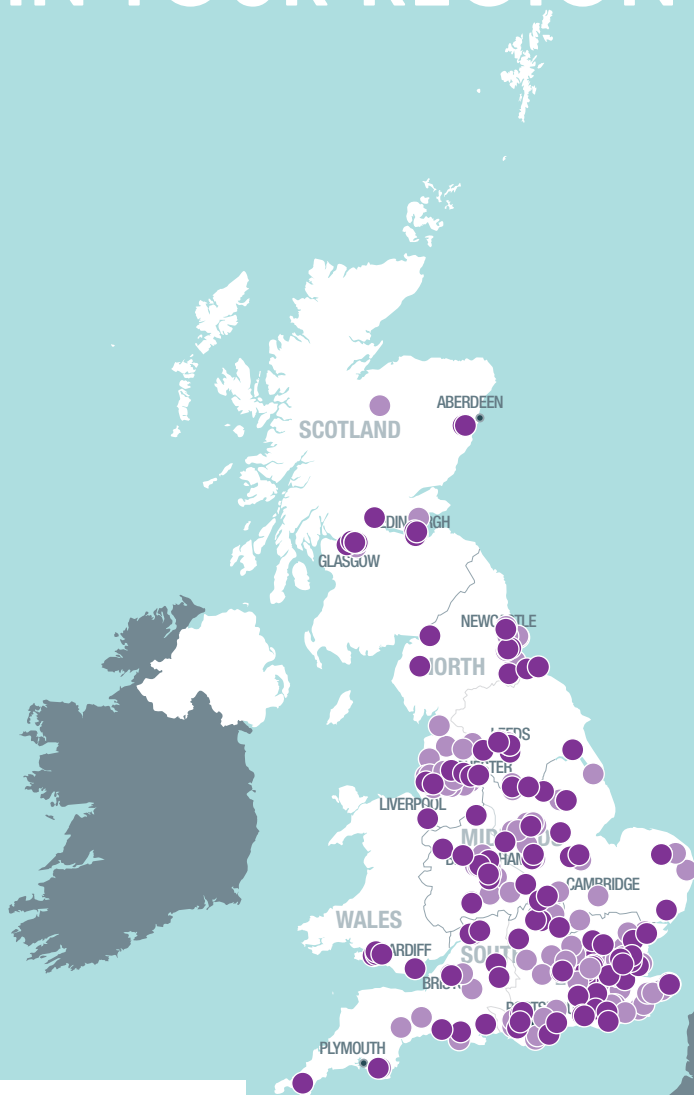
Select your experience and book directly using the contact details provided online, for a date that's convenient for you.

3

Enjoy

Bring your voucher on the day, along with any booking confirmation you received. Enjoy your experience!

EXPERIENCES IN YOUR REGION



Partners in the guide



Partners to discover
at [redletterdays.com/redeem](https://www.redletterdays.com/redeem)

LONDONp.1 to 18



SOUTHp.19 to 60



MIDLANDS p.61 to 86



NORTHp.87 to 108



WALES p.109 to 114



SCOTLANDp.115 to 126

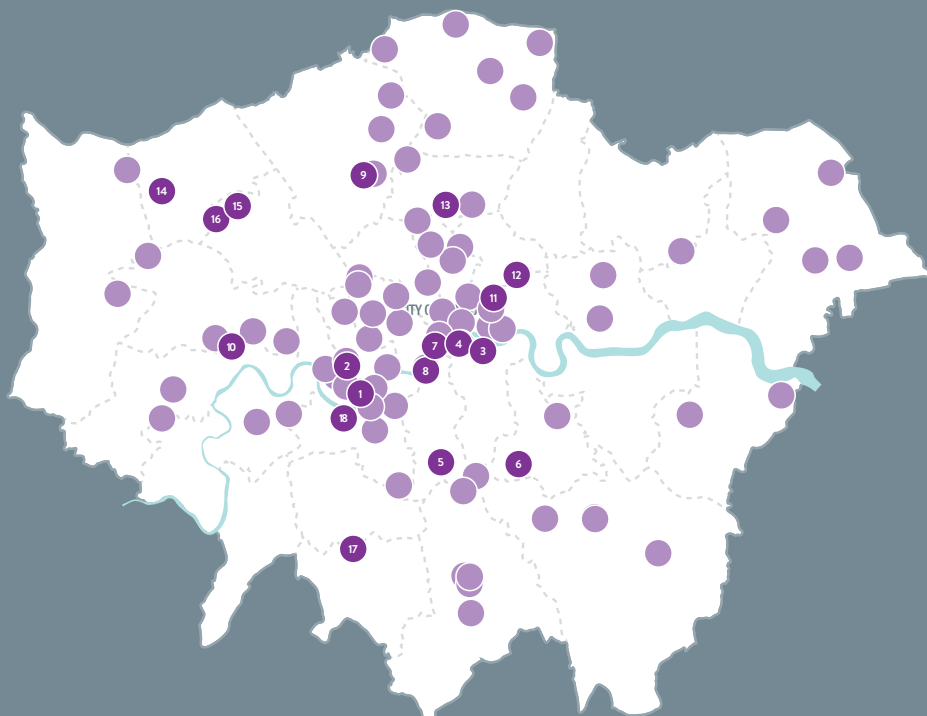


We're adding experiences every day,
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LONDON



Partners in the guide



Partners to discover
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LONDON

LONDON

1 Treatment Choice for Two at Anir Day Spa, Hammersmith & Fulham

2 Wash and Cut for Two with Jackie and Co Hair and Beauty, Hammersmith & Fulham

3 Couples Photoshoot at Southbank Studios, Lambeth

4 Makeover and Photoshoot for Two at ICON Studios, Lambeth

5 Treatment Choice for Two at Wellbeing95, Lambeth

6 Indian Head Massage for Two at L's Boudoir Skin Therapy Clinic, Lewisham

7 Manicure for Two at Belle Cour Beauty, Westminster

8 Shellac Everlasting Manicure or Pedicure for Two at La Petite Spa, Westminster

9 Eyelash and Eyebrow Tint for Two at Revolution & Impression Beauty Clinic, Barnet

10 Manicure for Two at Natural Gloe Health and Beauty, Ealing

11 Dry Cut for Two at Scissorhands London, Hackney

12 Facial or Shellac Manicure at Beaut Box, Hackney

13 Manicure at Rejuven8 Beauty Clinic, Haringey

14 Deep Conditioning Hair Ritual for Two at Pink and Rose, Harrow

15 Joi Spa Treatment for Two at Kai Yu Hair, Harrow

16 Ladies Hair Treatment for Two at Coco Unisex Hair Studio, Harrow

17 Gel Manicure or Facial for Two at Skin Deep Tan and Beauty, Merton

18 Men's Dry Cut or Short Hair Blow-dry for Two at Hairways, Richmond Upon Thames

@ Treatment Choice for Two at Espaco VIP, Brent

@ Wash and Cut for Two with Jackie and Co Hair and Beauty, Brent

@ Microdermabrasion for Two at Luxury Beauty and Spa, Camden

@ Treatment Choice for Two at Salon Zone Boutique, Camden

@ Wash and Blowdry for Two at Ludmilla Salon, Camden

@ Wash, Cut and Blow-dry for Two at Passion Hair, Camden

@ Wash, Cut and Blow-dry or Full Body Spray Tan at Headlines at Marylena's, Camden

@ Moisturising Treatment with Blow-dry Relaxation for Two at Charles M'Biro, Greenwich

@ Choice of Massage or Manicure for Two at Glamour Hair and Beauty, Hackney

@ Facial or Massage for Two at IMAGE Hair and Beauty, Hackney

@ Express Manicure for Two at Perfect Eyelashes by Agnes Dos Santos, Hammersmith & Fulham

@ Hair Treat for Two at Civette Hair And Beauty, Hammersmith & Fulham

@ Manicure or Pedicure for Two at Era Hair and Beauty, Hammersmith & Fulham

@ Pamper Treat for Two at London Ladies Hair and Beauty Clinic, Hammersmith & Fulham

@ Pampering Treat for Two at Young Honeys, Hammersmith & Fulham

@ Shellac File and Polish Manicure for Two at Viaty, Hammersmith & Fulham

@ Gel Manicure for Two at Hush Aesthetic Clinic, Hammersmith Fulham

@ Acupressure for Two at Natural Health Centre, Kensington & Chelsea

@ Dermalogica Facial or Manicure for Two at Crown Beauty, Lambeth

@ MAC Makeover and Photoshoot for Two, Lambeth

- @ Deluxe Hot Towel Shave with Steam and Mask for Two at Head Barbers, Merton
- @ Manicure for Two at Belle Cour Beauty, Victoria
- @ 30 Minute Deep Tissue Massage for Two at Aneugene Health Centre, Wandsworth
- @ Indian Head Massage or Manicure for Two at Cher Salon Wandsworth, Wandsworth
- @ Manicure or Lash and Brow Tint for Two at Cher Salon Tooting, Wandsworth
- @ Couple's Photo Shoot at The Factory Studio Covent Garden, Westminster
- @ Gents Clippers Cut for Two at Lucas Hair and Beauty Salon, Westminster
- @ Treatment Each for Two at Saasha Hair and Beauty, Westminster
- @ Mini Facial for Two at Honeys Hair and Beauty, Barking & Dagenham
- @ Shellac Treatment for Two with Belle du Jour, Barking & Dagenham
- @ Choice of Treatment each for Two at Hario's Hair and Beauty, Barnet
- @ Classic Manicure or Discovery Facial for Two at Natural Beauty Urban Retreat, Barnet
- @ Gents Wash, Cut and Finish or Blow-dry for Two at Polonia Hair and Beauty, Barnet
- @ Shape and Polish for Two at Ziba Nail and Beauty, Barnet
- @ Choice of Treatment each for Two at Moonbeams Inspiration for Mind Body and Spirit, Bexley
- @ Back Neck and Shoulder Massage for Two at Martina's Massage and Beauty, Bromley
- @ Back Neck and Shoulder Massage for Two at True Beauty, Bromley
- @ Treatment Choice for Two at Lirio Therapy Massage and Beauty Treatments, Bromley
- @ Treatment for Two at iFloat Spa, Bromley
- @ Haircut for Two at E Scissorhands, Camden
- @ Makeover and Photoshoot for Two at Pierre Lemond Photography, City of London
- @ Makeover and Photoshoot for Two at The Picture House London, City of London
- @ Photo Shoot with Pampering Treats and Bubbles for Two at Big Picture Studios, City of London
- @ Chemical Peel for Two at Aesthetics For You, Croydon
- @ Indulgent Pampering for Two at For Him and For Her Beauty, Croydon
- @ Photo Shoot with Shellac Nails and Cocktails for Two at Hello Gorgeous Studios, Croydon
- @ Spray Tan for Two at Laserlite Aesthetic Clinic, Croydon
- @ Treatment Choice with Bubbly for Two at Helena McRae Salon, Croydon
- @ Mini Manicure or Mini Facial for Two at Spa Isha Aromatherapy, Ealing
- @ Treatment Choice for Two at The Dapper Man, Ealing
- @ Wash Cut and Blow-dry for Two at Salon 100, Ealing
- @ Manicure for Two at The Tanning Rooms, Enfield
- @ New Born Baby Photoshoot, Enfield
- @ Wash, Cut and Blow-dry or Root Tint for Two at Viva Light Hair, Enfield
- @ Spa Manicure or Pedicure for Two at Adorn Beauty, Essex
- @ Eyebrow and Eyelash Tint for Two at Narsis Hair and Beauty, Finchley
- @ Pampering for Two at Obsessions Unisex Hair and Beauty Salon, Haringey
- @ Gel Polish or Deluxe Manicure for Two at Beautiful Woman, Harrow
- @ Pampering Treatment for Two at Heavenly Beauty and Tanning, Havering
- @ Manicure and Pedicure for Two at Spa Bar London, Hillingdon
- @ Photoshoot for Two at Kaushik Bathia Photography, Hillingdon
- @ Treatment Choice for Two at My Beauty Basics, Hillingdon
- @ Indian Head Massage or Express Facial for Two at Pure Radiance, Hounslow
- @ Treatment Choice for Two at Beauty Bar Heston, Hounslow

@ Pedicure for Two at Fabulous Nails and Beauty, Newham

@ Wash and Blow-dry for Two at Ritz Hair and Beauty, Newham

@ Back, Neck and Shoulder Massage for Two at Serenity Beauty and Skin Care, Potters Bar

@ Gents Wash, Cut and Dry for Two at Cuffley Hair Studio, Potters Bar

@ Treatment Choice for Two at Tigeez, Redbridge

@ Facial or Back Neck and Shoulder Massage for Two at Emily Victoria Beauty Salon, Richmond Upon Thames

@ Swedish Aromatherapy Massage or Facial for Two at Beauty by Dana, Richmond Upon Thames

@ Pampering Treatment for Two at Purple Valentine, Romford

@ Classic Manicure for Two at Heavens Salon, Tower Hamlets

@ MAC Makeover and Photo Shoot for Two at Younique Look, Tower Hamlets





1 TREATMENT CHOICE FOR TWO AT ANIR DAY SPA

HAMMERSMITH & FULHAM • Central London

Bring a friend and take your pick of pampering treatments at Anir Day Spa on Fulham Road in London. You'll each get to choose one treatment from a list of options: express manicure, eyebrow shape, eyebrow paint, eyebrow wax or shape and polish. Whatever you choose, the expert staff will make you feel right at home and will ensure your experience is relaxing and enjoyable. You and your friend will get to reconnect, leaving the salon feeling revived and reinvigorated for the week ahead!

YOUR EXPERIENCE

- Choice of one treatment each for two people
- Choose between: Express manicure, eyebrow shape, eyebrow paint, eyebrow wax and a shape and polish

HOW TO BOOK

Visit [redletterdays.com/redeem](https://www.redletterdays.com/redeem) to explore our full range of options and redeem your voucher!



2 WASH AND CUT FOR TWO WITH JACKIE AND CO HAIR AND BEAUTY

HAMMERSMITH & FULHAM • Central London

Refresh your style with a friend and enjoy a wash and haircut each at Jackie and Co Hair and Beauty. Located in London's prestigious Kensington postcode, you can enjoy some pampering and then take in the sights of West London at the same time - the perfect day out! This salon is bright, airy and elegant with stylish features to make your visit feel even more luxurious. You will receive a hair wash and haircut each, transforming your hair to give you a fresh new look. The friendly and qualified stylists will ensure you both leave with gorgeous and healthy hair!

YOUR EXPERIENCE

- Treat for two people
- 30 minute wash and cut

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



3 COUPLES PHOTOSHOOT AT SOUTHBANK STUDIOS

LAMBETH • Central London

Everyone knows that couples that play together stay together, so inject a dash of fun into your relationship and play up to the camera at Southbank Studios. At this modern studio in one of London's most famous hotspots you and your loved one will be the stars of the show with a professional MAC makeup artist, hair stylist, nail technician and of course a talented photographer at your beck and call. There is no doubt that you'll achieve the perfect photo as your 4-5 hour experience includes up to 5 outfit changes!

YOUR EXPERIENCE

- MAC Makeover by qualified MAC Pro makeup artist each
- Dry hair styling each
- Nail treatment each, with the choice of: Shellac, manicure or paint and polish
- Professional photoshoot each with 4-5 outfit changes

HOW TO BOOK

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4 MAKEOVER AND PHOTOSHOOT FOR TWO AT ICON STUDIOS

LAMBETH • Central London

Perfect for couples and friends alike, this fun and informal makeover and photoshoot at ICON Studios is a great opportunity to capture some beautiful shots of you and your companion and have a fantastic time whilst doing it! Situated in London's bustling Southbank, ICON Studios has a wealth of talent and creative professionals ready to help you achieve the look for you! First up is the makeover by a qualified beautician, and then you'll be ready for your close up! A professional photographer will snap away until you find the perfect image, which will be yours to take home as an A4 print or CD.

YOUR EXPERIENCE

- Makeover and photoshoot for two people
- One free image (A4 print or copyright image on CD)

HOW TO BOOK

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5 TREATMENT CHOICE FOR TWO AT WELLBEING95

LAMBETH • Central London

Take a friend to Streatham's Wellbeing95 for an indulgent pampering treatment each from a selection of options. Manicure, pedicure or eyebrow and eyelash tint. Your expert therapists will take you through your treatment each, lasting between 30 minutes and an hour. Once you're done you're sure to leave the salon refreshed and revived!

YOUR EXPERIENCE

- One treatment for each person
- You can each choose between a manicure, pedicure or eyebrow and eyelash tint

HOW TO BOOK

Visit [redletterdays.com/redeem](https://www.redletterdays.com/redeem) to explore our full range of options and redeem your voucher!



6 INDIAN HEAD MASSAGE FOR TWO AT L'S BOUDOIR SKIN THERAPY CLINIC

LEWISHAM • Central London

Drift into a state of calm at L's Boudoir Skin Therapy Clinic in South London with an Indian head massage treatment for you and a friend. The expert therapist will spend 30 minutes easing away any stress and tension, leaving you both completely relaxed. You'll feel the benefits of this soothing massage, which include increased levels of energy and release of any headaches, migraines, neck and back pain. You'll both leave feeling revitalised and without any pressure in those key areas of your head and neck fully relieved.

YOUR EXPERIENCE

- Treat for two people
- 30 minute Indian head massage

HOW TO BOOK

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7 MANICURE FOR TWO AT BELLE COUR BEAUTY

WESTMINSTER • Central London

Treat yourself and a companion to this OPI manicure at the luxurious Belle Cour Beauty locations in Westminster. You'll feel right at home in the high-class salon environment before your therapists take you through your 30-minute manicure treatment. This indulgent OPI manicure will leave fingers and hands looking and feeling renewed. You'll leave with a fresh spring in your step, confidence boosted and mood lifted!

YOUR EXPERIENCE

- One OPI manicure treatment each, for two people
- Fabulous London location

HOW TO BOOK

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8 SHELLAC EVERLASTING MANICURE OR PEDICURE FOR TWO AT LA PETITE SPA

WESTMINSTER • Central London

Enjoy some well-deserved pampering and the perfect excuse for a catch up with a friend, with this pamper treat for you and a friend at La Petite Spa in the heart of London. This intimate and friendly salon is the ideal place to seek solace from the busy streets in the capital, where you and your companion can enjoy a treatment of your choice. You can opt for the shellac everlasting manicure or pedicure – a great treat ahead of a special occasion or to get you sandal season ready! Whichever treatment you go for, the friendly beautician will give file and shape your nails and finish with long lasting and glossy shellac polish!

YOUR EXPERIENCE

- 25 minute pamper treatment each
- Choose between a Shellac everlasting manicure or Shellac everlasting pedicure

HOW TO BOOK

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9 EYELASH AND EYEBROW TINT FOR TWO AT REVOLUTION & IMPRESSION BEAUTY CLINIC

BARNET • Greater London

Located on Dollis Road in Finchley, Revolution & Impression Beauty Clinic is an established salon offering a wide range of beauty and skincare treatments. Known for its high standards and expertise, the dedicated team of professionals will redefine your eyes with an eyebrow and eyelash tint for two. Once the tint is removed, after being left on for 5-10 minutes, you'll see more definition, with darker lashes and brows. With your colour lasting for up to 8 weeks, you and your companion will both love your newly defined features!

YOUR EXPERIENCE

- Eyelash and eyebrow tint for two people
- Results last up to 8 weeks

HOW TO BOOK

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10 MANICURE FOR TWO AT NATURAL GLOE HEALTH AND BEAUTY

EALING • Greater London

Situated in Ealing, Natural Gloe Health and Beauty in an upbeat and professional salon with qualified and creative staff. The salon is bright and modern with stunning features to make your visit feel even more special. You and a friend can enjoy a mini manicure each, where your beauty therapist will work to get your hands and nails looking healthy, neat and stylish. Whether you have an upcoming special occasion or just want to enjoy some pampering together, you'll leave this salon with nails you want to flaunt!

YOUR EXPERIENCE

- Treat for two people
- 30 minute manicure

HOW TO BOOK

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11 DRY CUT FOR TWO AT SCISSORHANDS LONDON

HACKNEY • Greater London

With the help of the friendly stylists at Scissorhands London, you'll look and feel your best with a dry cut for two. Specialising in the fine art of hairstyling, this Hoxton based salon will work with you to create the look you want. Whether you opt for a new look or a simple trim, you might want to show off your new look with a night out in this vibrant part of the capital.

YOUR EXPERIENCE

- Hair treatment for two people
- Refresh your locks with a dry cut each

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



12 FACIAL OR SHELLAC MANICURE AT BEAUT BOX

HACKNEY • Greater London

You and a friend are in for a real treat as you head down to Beaut Box, where you'll enjoy your choice of treatment each. With the salon situated in Hackney Central Space, you and your friend will love the friendly and relaxed environment there as you select a treatment each. The welcoming staff at this urban and eco-friendly salon will treat you to either a Dermalogica flash facial, which will leave your skin glowing, or a Shellac Manicure to brighten up those tired hands. Each treatment option lasts 30 minutes, giving you plenty of time to unwind before heading out to show off your new looks!

YOUR EXPERIENCE

- Treat for two people
- Either a Dermalogica flash facial or a Shellac manicure
- Each treatment option lasts 30 minutes

HOW TO BOOK

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13 MANICURE AT REJUVEN8 BEAUTY CLINIC

HARINGEY • Greater London

If your hands are in need of some TLC, head to Rejuven8 with a friend for a top quality manicure for two. This friendly and modern salon is located close to Alexandra Palace and boasts an elegant environment and professional approach, leaving you free to unwind and relax as you're taken through your treatments. Your nails will be tidied and polished to perfection, leaving you with beautifully pampered hands that you can be proud of!

YOUR EXPERIENCE

- Treat for two people
- 30 minute manicure for each person

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14 DEEP CONDITIONING HAIR RITUAL FOR TWO AT PINK AND ROSE

HARROW • Greater London

You and a friend will be in expert hands at the stylish salon Pink & Rose in Pinner. Take some much-needed time out and give your hair a boost with the Deep Conditioning Hair Ritual, then why not head out to celebrate your gorgeous new hair afterwards! You'll both leave feeling revitalised, with hair that perfectly matches your mood.

YOUR EXPERIENCE

- Hair pampering for two
- One Deep Conditioning treatment each

HOW TO BOOK

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15 JOI SPA TREATMENT FOR TWO AT KAI YU HAIR

HARROW • Greater London

Grab a friend and head to Kai Yu Hair in Harrow for the ultimate pamper treat for your hair. Whether you have parched, dehydrated hair, heat damage or split ends, this Joico Spa treatment can fix them all. Using exclusive ingredients, such as Keratin, you and your companion can sit back and relax as the deep conditioning treatment gets to work on your hair. Both of you will leave with gorgeously soft and smooth hair that will look and feel stronger and healthier.

YOUR EXPERIENCE

- Ultimate hair treat
- Joi Spa treatment for two people

HOW TO BOOK

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16 LADIES HAIR TREATMENT FOR TWO AT COCO UNISEX HAIR STUDIO

HARROW • Greater London

To refresh your locks, head to Coco Unisex Hair Studio in Harrow for a ladies' hair treatment for two. You and a friend will be warmly welcomed at this bright and traditional salon by the experienced stylists, who will then begin your ladies hair treatments. Your stylist will shampoo, treat and dry your hair, bringing the life back into it, root to tip. You will end your visit with softer and healthier feeling hair that looks great for any occasion!

YOUR EXPERIENCE

- Treat for two people
- 45 minute ladies' shampoo, treatment and dry

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17 GEL MANICURE OR FACIAL FOR TWO AT SKIN DEEP TAN AND BEAUTY

MERTON • Greater London

Grab a friend and bring them along to Skin Deep Tan & Beauty for 30 minutes of perfect pampering. Choose either a rejuvenating Micro Zone facial for refreshed and smoother skin or a glossy gel manicure for perfect nails for you and your guest, then sit back and enjoy those moments of escape as you take some deserved time out! Walk out feeling revived and ready to face the rest of your week in style!

YOUR EXPERIENCE

- Treat for two people
- Choice of one 30 minute treatment per person
- Choose either a Micro Zone facial or a gel manicure

HOW TO BOOK

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18 MEN'S DRY CUT OR SHORT HAIR BLOW-DRY FOR TWO AT HAIRWAYS

RICHMOND UPON THAMES • Greater London

Take a trip to this friendly salon in Putney where you can enjoy a pampering experience. With this voucher, you and a lucky companion will get to spoil yourselves at Hairways by choosing either a dry cut or a blow-dry, each session lasting up to 40 minutes. Following a brief consultation with the hairdresser, you'll enjoy first-class service at this popular venue and will leave the salon feeling great and ready to show off your new looks.

YOUR EXPERIENCE

- Hair treatment for two people
- You may each choose either a dry cut or short hair blow-dry

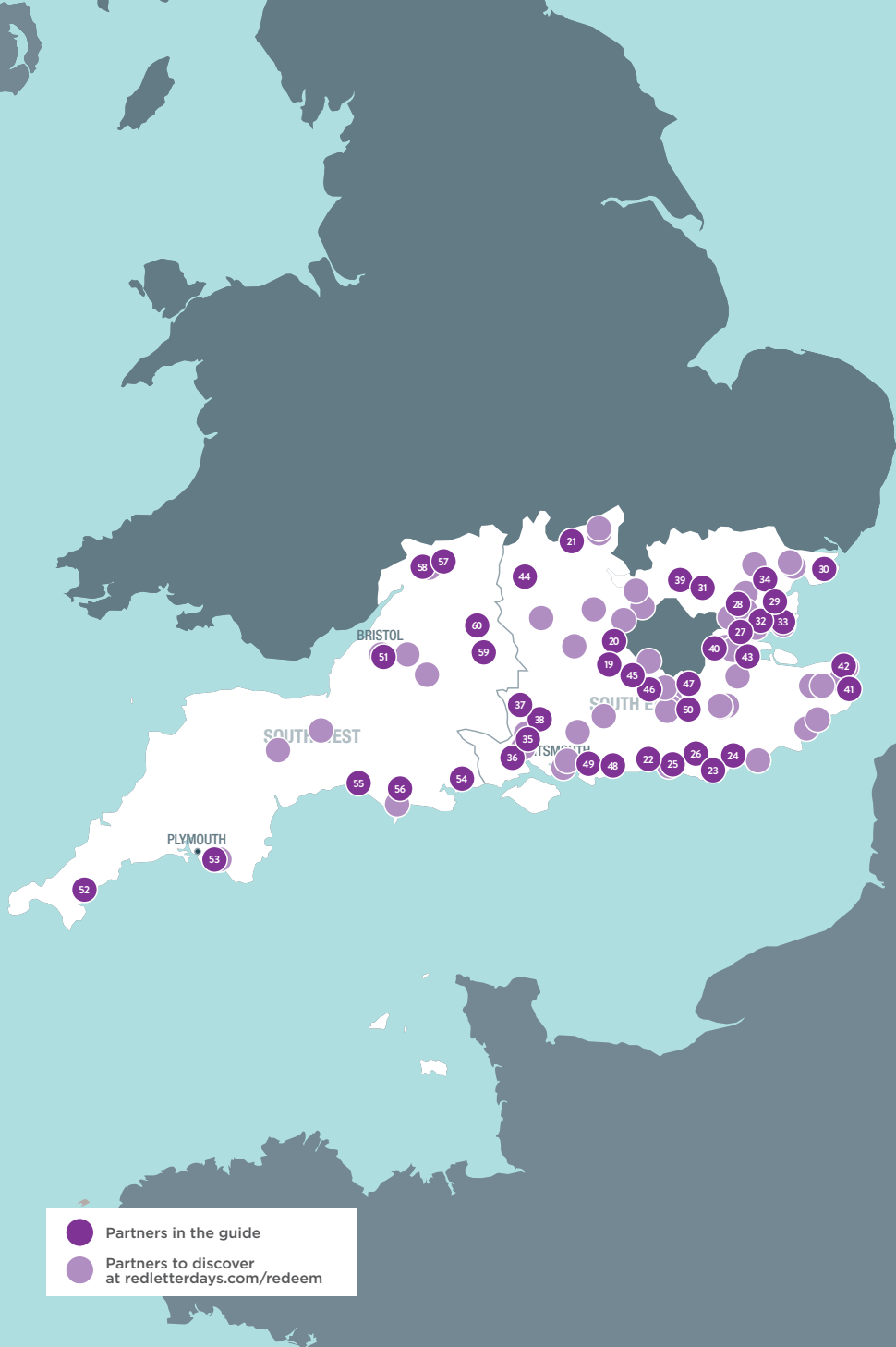
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SOUTH



- Partners in the guide
- Partners to discover at redletterdays.com/redeem

SOUTH

SOUTH EAST

- 19 Lash Tint for Two at Bespoke Beauty, Eton
- 20 Manicure for Two with Mityme Beauty Therapy, Windsor
- 21 Back, Neck, and Shoulder Massage or Facial for Two at Taylor Made Treatments, Buckingham
- 22 Express Hot Towel Manicure for Two at Nail Crew, Brighton
- 23 Express Manicure with Shellac for Two at Butterfly Make up and Brow Studio, Eastbourne
- 24 OPI Gel Manicure for Two at Definitions Hair and Beauty, Hailsham
- 25 Wash and Blow-dry for Two at Sam Church Hair, Hove
- 26 Indian Head Massage for Two at Fabulous Nails and Lashes Beauty Salon, Lewes
- 27 Treatment Choice for Two at Tranquillity Beauty Spa, Basildon
- 28 Manicure or Pedicure for Two at WPR Beauty Spa Cosmetic, Billericay
- 29 Treatment Choice for Two at The Tanning and Beauty Salon, Chelmsford
- 30 Aurora Sunbed for Two at Headz Up, Clacton
- 31 Choice of Treatments for Two at The Mystery Chest, Harlow
- 32 Choice of Treatment for Two at Just Pampered, Rayleigh
- 33 Wash and Blow-dry for Two at Kink Hair, Southend on Sea
- 34 Mini Facial for Two at Finishing Touches Hair and Beauty, Witham
- 35 Back, Neck, Shoulder and Scalp Massage for Two at Bom Dia Therapies, Eastleigh
- 36 Deluxe Manicure for Two at Artistic Beauty, Southampton
- 37 Ladies Hair Trim for Two at Kutz of Winchester, Winchester
- 38 Shellac Nails for Two at TH Beauty Therapy, Winchester
- 39 Eyelash and Eyebrow Tint with Shape for Two at Love Locks Hair & Makeup Lounge, Hertford
- 40 Hair Styling for Two at Salon A.B.V Hair and Beauty, Dartford
- 41 Gel Polish Manicure or Pedicure for Two at Pamper and Polish, Ramsgate
- 42 Manicure, Pedicure or Facial for Two at Donella's Health and Beauty, Ramsgate
- 43 Choice of Beauty Treatment for Two at The Treatment Studio, Rochester
- 44 Choice of Treatment for Two at Serenity Beauty, Witney
- 45 Choice of Treatment for Two at The Lavender Beauty Salon, Dorking
- 46 Manicure with Hand Massage for Two at Mona Heights Salon, Dorking
- 47 Fake Bake Spray Tan for Two at Gloss Hair And Beauty, Oxted
- 48 Choice of Treatment for Two at Barnham Health and Beauty, Bognor Regis
- 49 Facial for Two at Fay Attridge Health and Beauty, Chichester
- 50 LED Light Therapy Facial with Polish Manicure for Two at The Retreatory, East Grinstead
- @ Foot Massage or Dermologica Microzone Treatment for Two at The Skin Center, Reading
- @ Pamper Treat each for Two at Taylor Made Treatments, Buckingham
- @ Treatment Choice for Two at The Gerrards Cross Laser Clinic, Gerrards Cross
- @ Lash and Brow Tint for Two at Enrich Beauty, Milton Keynes
- @ Mini Thai Manicure or Pedicure for Two at Alchemy Therapy Centre, Milton Keynes
- @ Back Neck and Shoulder Massage for Two at The Beauty Studio, Hastings

- @ Hair Mask and Blow-dry for Two at DnK Hair and Beauty Salon, Hove
- @ Back Massage for Two at Sun Boutique Benfleet, Benfleet
- @ Mini Facial for Two at Images Beautique, Billericay
- @ Mini Manicure or Pedicure for Two Martinis Pamper Parlour, Braintree
- @ Manicure or Pedicure for Two at Amy's Beauty, Brentwood
- @ Makeover and Photo Shoot for Two at Hammonds Studio, Chelmsford
- @ Express Facial for Two at Brown and White, Colchester
- @ Pedicure with Varnish for Two at J.R Nail Design, Colchester
- @ Makeover and Photo Shoot for Two at Paul's Studio, Southend on Sea
- @ Pampering Treat for Two at Belle De Vie, Petersfield
- @ Holistic Facial for Two at Heaven Scent, Portsmouth
- @ Swedish Massage or Party Lashes for Two at Holistic Harmony, Romsey
- @ Aloe Vera Face Mask or Nutro Pro Skin Facial for Two at Rare Beauty, Southampton
- @ Mini Facial for Two at Bobby Dazzlers Nails and Beauty in Aston's Beauty Clinic, Southampton
- @ Treatment Choice for Two at Organic Health & Beauty Center PureSun, Southsea
- @ Pamper Treat Each for Two at 2 Be Beautiful, Hemel Hempstead
- @ Eyelash and Eyebrow Tint or Wash and Blow-dry for Two at Zeba Hair and Beauty, Watford
- @ Jessica Classic Manicure for Two at Woodlands Hair, Beauty and Holistic Therapies, Canterbury
- @ Pamper Treat for Two at Knights Hair and Beauty, Canterbury
- @ Treatment Choice for Two at Divine Hair and Beauty, Chartham
- @ Manicure or Pedicure for Two at Kent Laser and Aesthetic Clinic, Gravesend
- @ Massage for Two at Kent Laser & Aesthetic Clinic, Gravesend
- @ Treatment Choice for Two at Halcyon Beauty Salon, Hythe
- @ Luxury Pedicure for Two at the Comfort Inn Ramsgate, Ramsgate
- @ Treatment Choice for Two at Tempt Beauty and Hair Salon, Romney Marsh
- @ Intensive Hair Treatment and Blow-dry for Two at Ferrari's Hair Studio, Swanscombe
- @ Indulgent Pampering for Two at Revive Hairdressing, Tunbridge Wells
- @ Treatment Choice for Two at Calista Beauty, Tunbridge Wells
- @ Treatment Choice for Two at Pembury Beauty Salon, Tunbridge Wells
- @ Manicure or Pedicure for Two at King Street Therapy Rooms, West Malling
- @ Treatment Choice for Two at King Street Therapy Rooms, West Malling
- @ Indian Head Massage or Mini Facial for Two at Reflections Hair and Beauty, Didcot
- @ Pamper Treat each for Two at Si Salon, Dorking
- @ Gel Nails for Two at Beauty Spa Brazil, Esher
- @ Varnished Nails for Two at The Luxury Gap, Haslemere
- @ Choice of Treatment for Two at The Lavender Beauty Salon, Reigate
- @ Mini Manicure for Two at Perfect Beauty, Crawley
- @ Treatment Choice for Two at Spa Indulgence, Crawley
- @ Wash and Blow-dry for Two at The Hair Boutique, Horley

SOUTH WEST

- 51 Wash and Blow-dry for Two at Innovation, Bristol
- 52 Manicure for Two at Orchard Makeup and Beauty, Falmouth
- 53 Choice of Treatment at No 23 Hair and Beauty, Plymouth

54 Wash and Blow-dry for Two at Dara 4 Hair, Bournemouth

55 Manicure for Two at The Shed Hair and Beauty Boutique, Bridport

56 Hair Wash, Cut and Finish at Pzazz Hair & Beauty, Dorchester

57 Gel Nails for Two at Esandes Hair and Beauty, Cheltenham

58 Back, Neck and Shoulder Massage for Two at Beauty Box, Gloucester

59 Manicure for Two at Indulgence Beauty & Nail Salon, Marlborough

60 Wash Cut and Blowdry for Two at Aqua G, Swindon

@ Luxury Hair Treatment for Two at Gary Henri Hair and Beauty, Bristol

@ Treatment Choice for Two at Hush Beauty, Bristol

@ Shellac Nails Manicure for Two at Funky Fish Spa, Plymouth

@ Luxury Manicure for Two at Five Cedars Health and Beauty, Tiverton

@ Essential Manicure for Two at Embrace Hair and Beauty, Weymouth

@ Treatment Choice for Two at Body Flair at Skin Beauty Wellness Clinic, Hucclecote

@ Shellac Nail Treatment for Two at Beauty Worx, Taunton

@ Choice of Pampering Treat for Two at Envy Beauty, Trowbridge



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19 LASH TINT FOR TWO AT BESPOKE BEAUTY

ETON • Berkshire

Emphasise your eyes with an eyelash tint for two at Bespoke Beauty in Eton, Berkshire. This salon is elegantly quaint, with friendly staff to make your visit even more relaxing. Your experienced beauty therapist will then begin your eyelash tint each, making your eyelashes darker and fuller so you can look made-up with minimal effort. You will leave feeling pampered and with more stunning eyes than ever before!

YOUR EXPERIENCE

- Lash tint for two people
- 30 minute treatment

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



20 MANICURE FOR TWO WITH MITYME BEAUTY THERAPY

WINDSOR • Berkshire

Enhance your natural nails with a manicure for two at Mityme Beauty Therapy in Windsor. You can relax with a friend as the experienced beauty therapists give you a manicure each, tidying your cuticles, shaping your nails and making your hands look gorgeously well-groomed. This is a great way to treat yourself and a friend to some pampering in a calm and tranquil setting.

YOUR EXPERIENCE

- Treat for two people
- 30 minute manicure each

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



21 BACK, NECK, AND SHOULDER MASSAGE OR FACIAL FOR TWO AT TAYLOR MADE TREATMENTS

BUCKINGHAM • Buckinghamshire

Unwind with a friend, enjoying a massage or a facial for two at Taylor Made Treatments in Buckingham. If you choose to enjoy a Swedish back, neck and shoulder massage your therapist will work on relaxing your body and mind by easing any muscle tension, improving circulation and relieving you of any stress. Alternatively you can choose to have a facial that will leave you with healthy, soft and glowing skin that looks and feels great. You will both feel thoroughly relaxed and refreshed after your visit to this salon!

YOUR EXPERIENCE

- Treat for two people
- Choice of back, neck and shoulder massage or a facial

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



22 EXPRESS HOT TOWEL MANICURE FOR TWO AT NAIL CREW

BRIGHTON • East Sussex

For nails that look gorgeous and feel great, head to Nail Crew to enjoy a hot towel manicure for two. Conveniently located in the centre of Brighton, this salon offers cruelty-free and vegan treatments along with a memorable experience. You and a friend will enjoy a hot towel manicure each, leaving you with healthier feeling hands and stunning looking nails. The friendly and relaxed atmosphere, along with the team's aim to keep the nail bar as odour- and toxin-free as possible, will guarantee you'll leave feeling fully detoxed and refreshed!

YOUR EXPERIENCE

- Treat for two people
- Express hot towel manicure each

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



23 EXPRESS MANICURE WITH SHELLAC FOR TWO AT BUTTERFLY MAKE UP AND BROW STUDIO

EASTBOURNE • East Sussex

Pamper your hands with a manicure each, plus added Shellac treatment, at Butterfly Make up and Brow Studio. Situated in Eastbourne, this cosy venue will have you feeling relaxed as your fully trained manicurist begins your treatment. After your file and shape, be ready with your colour choice for the Shellac application. This durable gel ensures long lasting nails for you and your companion to enjoy!

YOUR EXPERIENCE

- Treat for two people
- Express manicure, plus Shellac treatment

HOW TO BOOK

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24 OPI GEL MANICURE FOR TWO AT DEFINITIONS HAIR AND BEAUTY

HAILSHAM • East Sussex

For gorgeous nails, visit Definitions Hair and Beauty with a friend to enjoy a Gel manicure for two. Your friendly and qualified beauty therapists will shape your nails, improving the cuticles and finishing with an application of OPI nail polish, leaving your nails gorgeous and chip-free for up to two weeks. You and your friend will leave this salon feeling relaxed and with glamorous hands you want to flaunt.

YOUR EXPERIENCE

- OPI Gel manicure for two people lasting 45 minutes
- Leave the salon with chip resistant nails, lasting for up to two weeks

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



25 WASH AND BLOW-DRY FOR TWO AT SAM CHURCH HAIR

HOVE • East Sussex

Feel great with a new look at the modern Sam Church Hair salon, situated in Hove. Take a break from your daily routine with a friend and let the expert stylists recommend a new style that will complement you perfectly. With the salon owner having won many awards, including being one of the Top 10 Colourists in Britain, as voted for by Glamour Magazine, you'll be in expert hands! Begin with a relaxing hair wash, followed by a blow-dry in a style you want. Whether you opt for a classic straight style or bouncy waves, you might well want to show off the 'new you' with a night out on the town afterwards!

YOUR EXPERIENCE

- Wash and blow-dry for two people
- Salon owner voted among Top 10 colourists in Britain by Glamour Magazine

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



26 INDIAN HEAD MASSAGE FOR TWO AT FABULOUS NAILS AND LASHES BEAUTY SALON

LEWES • East Sussex

Relax your body and your mind with an Indian head massage for two at Fabulous Nails and Lashes Beauty Salon in Lewes. This massage works on both a physical and a psychological level, improving blood flow, relieving muscle tension and tackling headaches, as well as helping you to unwind and making you feel refreshed and revitalised. You and a friend will leave this tranquil salon feeling calm and de-stressed!

YOUR EXPERIENCE

- Indian head massage for two people
- Leave the salon feeling relaxed and de-stressed

HOW TO BOOK

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27 TREATMENT CHOICE FOR TWO AT TRANQUILLITY BEAUTY SPA

BASILDON • Essex

Enjoy a treatment of your choice at Tranquillity Beauty Spa and take a friend or loved one along with you to this trendy salon, located within Club Kingswood, Basildon. Feel relaxed as soon as you step into the calming ambience of the salon, and if you're after some serious chill-time, opt for the back, neck and shoulder massage to loosen any knots of tension and ease away stress. If it's a beauty treatment you prefer, a Shellac gel polish will leave you feeling glamorous, with nail colour that is chip-free and long lasting. The tough choice is yours!

YOUR EXPERIENCE

- Relaxing treatment for two people
- Choose either a back, neck and shoulder massage or a Shellac gel polish each

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



28 MANICURE OR PEDICURE FOR TWO AT WPR BEAUTY SPA COSMETIC

BILLERICAY • Essex

Visit WPR Trade with a friend to enjoy a manicure or pedicure for two. Situated in Billericay, you'll receive a warm welcome at this modern salon before your experienced beauty therapist begins your choice of treatment each. Choose a mini manicure that will leave your nails looking neat and well-groomed and finished with the application of a vibrant polish. Alternatively, choose a mini pedicure where your feet will be soaked, the nails shaped and filed and a polish applied. This is the perfect way to brighten up your hands or feet in a relaxing atmosphere!

YOUR EXPERIENCE

- Ultimate nail treatment for two
- 45 minute manicure or pedicure each

HOW TO BOOK

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29 TREATMENT CHOICE FOR TWO AT THE TANNING AND BEAUTY SALON

CHELMSFORD • Essex

You'll feel spoilt for choice with the treatments available for you and a friend to enjoy at The Tanning and Beauty Salon in Chelmsford, Essex. You can choose to have a luxury manicure or pedicure to give you gorgeously elegant hands or feet, acrylic nail extensions for strong and long-lasting nails, or a full body spray tan to give you that lovely summer glow without any harmful rays. Alternatively, you can relax with a back, neck and shoulder massage that will relieve muscle tension and help you to feel calm and tranquil. This is the perfect way to enjoy some pampering with a friend in a calm and friendly setting!

YOUR EXPERIENCE

- One treatment of your choice, for two people
- Choose either a luxury manicure or pedicure, acrylic nail extensions, a full body spray tan or a back, neck and shoulder massage

HOW TO BOOK

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30 AURORA SUNBED FOR TWO AT HEADZ UP

CLACTON • Essex

Treat yourself and a friend to an Aurora sunbed session each at Headz Up in Clacton. At this calm and relaxing salon, you will be greeted by the friendly staff when you arrive and be made to feel instantly at ease. Then you'll both get to enjoy a 60 minute Aurora sunbed session each, leaving you with stunning and natural golden skin, perfect for any special occasion or upcoming holiday!

YOUR EXPERIENCE

- 60 minute Aurora sunbed for two people
- Leave the salon with a golden glow, perfect for any special occasion or holiday!

HOW TO BOOK

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31 CHOICE OF TREATMENTS FOR TWO AT THE MYSTERY CHEST

HARLOW • Essex

To enhance your wellbeing, head to The Mystery Chest in Harlow to enjoy a choice of treatments with a friend. You can choose between an Indian head massage with a hand massage to relieve you of any stress, an Indian head massage with Chakra balancing to relax your mind and strengthen your emotional wellbeing, or a hand massage with Chakra Balancing to release any tension and help you to unwind. Whatever you choose, you'll leave The Mystery Chest feeling calm and refreshed!

YOUR EXPERIENCE

- Massage treatment for two
- Choose either an Indian head massage with a hand massage, an Indian head massage with Chakra balancing, or a hand massage with Chakra Balancing each

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



32 CHOICE OF TREATMENT FOR TWO AT JUST PAMPERED

RAYLEIGH • Essex

Conveniently situated on the High Street in Rayleigh, Essex, you and a friend can choose either a Crazy Angel spray tan or a Definibrow design each at the Just Pampered salon. You might be tempted to add a touch of glow to your skin with the spray tan, which leaves a nice aroma once applied and comes in a variety of shades to suit you! Or, if you need some help adding definition to your brows, the Definibrow treatment comes with a useful tutorial to help you maintain your eyebrows at home, as well as shaping and designing your brows to suit your individual needs... decisions, decisions!

YOUR EXPERIENCE

- One treatment of your choice each
- Choose either a Crazy Angel spray tan or a Definibrow design

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



33 WASH AND BLOW-DRY FOR TWO AT KINK HAIR

SOUTHEND ON SEA • Essex

Go for a new look with a wash and blow-dry and see how great it makes you feel! Bring a friend along when you visit the modern Kink Hair salon, situated amongst other independent shops on Southchurch Road in Southend-on-Sea. Sit back while the expert stylist thoroughly washes and blow-dries your hair in the style you prefer. Whether you want big waves or sleek straight locks, the experienced stylist can advise you on the look that will enhance your features and bring out your best! With gentle music playing and complimentary tea or coffee readily available, it's time to step away from your desk and into the salon, and enjoy!

YOUR EXPERIENCE

- Hair treatment for two
- Wash and blow-dry each

HOW TO BOOK

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34 MINI FACIAL FOR TWO AT FINISHING TOUCHES HAIR AND BEAUTY

WITHAM • Essex

For skin that looks and feels great, head to Finishing Touches Hair and Beauty in Witham, Essex to enjoy a facial with a friend. You will feel instantly at ease as you enter this bright and airy salon and are welcomed by the friendly and professional staff. Your experienced beauty therapists will then begin your facial each, leaving your skin clean, healthy and brightened. This is a great way to enhance your natural beauty and refresh your skin while catching up with a friend.

YOUR EXPERIENCE

- Mini facial for two people
- Leave the salon feeling relaxed and rejuvenated

HOW TO BOOK

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35 BACK, NECK, SHOULDER AND SCALP MASSAGE FOR TWO AT BOM DIA THERAPIES

EASTLEIGH • Hampshire

Relax and unwind with a back, neck, shoulder and scalp massage for two at Bom Dia Therapies. Taking inspiration from Asia, the calm and tranquil atmosphere of this salon is the perfect place to de-stress with a friend. You will feel any tension ease away as your experienced massage therapist proceeds with your massages, guaranteeing that you'll both leave feeling fully refreshed and ready for the rest of your day!

YOUR EXPERIENCE

- Pamper treatment each
- 50 minute back, neck shoulder and scalp massage for two people

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



36 DELUXE MANICURE FOR TWO AT ARTISTIC BEAUTY

SOUTHAMPTON • Hampshire

What better way to give tired hands a boost than with a deluxe manicure! Visit the Artistic Beauty salon in Southampton with a friend and you can both give your hands the pick-me-up they deserve. You'll want to show off your perfectly shaped, treated and buffed nails, which will be painted in a colour of your choice. You can opt for a seasonal shade, a vibrant splash of colour or a subtle shade - the choice is yours! With the Marlands Shopping Centre located nearby, you might want to hit the shops or grab some lunch together after, making a day of it!

YOUR EXPERIENCE

- Hand treatment for two
- Deluxe manicure for two people lasting 30 minutes

HOW TO BOOK

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37 LADIES HAIR TRIM FOR TWO AT KUTZ OF WINCHESTER

WINCHESTER • Hampshire

Treat yourself and a friend to a ladies' hair trim each at Kutz of Winchester. You will receive a warm welcome at this well-established salon where your experienced stylist will make you both feel fully at home before beginning your ladies' hair trim each. This is a great way to refresh your look in a cosy and stylish setting, and you and your companion will leave feeling revived, inspired and feeling like a drink or two to celebrate!

YOUR EXPERIENCE

- Haircut for two people
- Ladies' hair trim for two people

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



38 SHELLAC NAILS FOR TWO AT TH BEAUTY THERAPY

WINCHESTER • Hampshire

Treat yourself and a friend to Shellac nails for two at TH Beauty Therapy in Winchester. Whether you have an upcoming special occasion or just want some pampering, the qualified staff at this friendly salon will give you the glamorous nails you deserve. Shellac is applied like a polish and cured under UV light to give you stunning, chip-free nails for up to two weeks - perfect for keeping up with your hectic lifestyle!

YOUR EXPERIENCE

- Deluxe nail treatment
- Shellac nails for two

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



39 EYELASH AND EYEBROW TINT WITH SHAPE FOR TWO AT LOVE LOCKS HAIR & MAKEUP LOUNGE

HERTFORD • Hertfordshire

Emphasise your eyes with an eyelash and eyebrow tint with shaping at Love Locks Hair & Makeup Lounge in Hertford. This salon is bright and airy with elegant features to make your visit even more special. Your friendly and qualified beauty therapist will begin your eyelash and eyebrow tint each, giving them definition as well as shaping your brows to emphasise your features. You'll feel pampered and relaxed after your visit and leave with stunning, striking eyes!

YOUR EXPERIENCE

- Eyelash and eyebrow tint with shape for two people
- Leave the salon feeling relaxed and ready to party

HOW TO BOOK

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40 HAIR STYLING FOR TWO AT SALON A.B.V HAIR AND BEAUTY

DARTFORD • Kent

Get your hair looking its best with hair styling for two at A.B.V Hair & Beauty in Dartford. You and a friend can choose to enjoy either a wash and set or a wash and blow-dry each, leaving your hair clean, conditioned and soft - whatever your hair type! Whether you have an upcoming special occasion, or just want to enjoy some pampering with a friend, this friendly and professional salon is the place to go for some serious pampering.

YOUR EXPERIENCE

- Hair treatment for two
- Choose either a wash and set or a wash and blow-dry each

HOW TO BOOK

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41 GEL POLISH MANICURE OR PEDICURE FOR TWO AT PAMPER AND POLISH

RAMSGATE • Kent

Treat yourself and a friend to some pampering with a gel polish manicure or a Gel polish pedicure for two at Pamper and Polish in Ramsgate. You will receive a warm welcome when you arrive at this salon before your experienced beauty therapist begins your choice of treatment each, tidying the cuticles, shaping your nails and finishing with an application of gel polish. You will leave feeling relaxed after your friendly and professional service and can enjoy glamorous, chip-free nails for up to three weeks.

YOUR EXPERIENCE

- Ultimate nail treatment for two
- 30 minute gel polish manicure or pedicure each

HOW TO BOOK

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42 MANICURE, PEDICURE OR FACIAL FOR TWO AT DONELLA'S HEALTH AND BEAUTY

RAMSGATE • Kent

Enjoy some prime pampering with a friend at Donella's Health and Beauty in Ramsgate, with a choice of treatments for two. You can choose to have an ORLY manicure or pedicure, which will involve your therapist neatening and shaping your nails, tidying cuticles and finishing with an application of ORLY polish, which is designed to strengthen and repair nails. Alternatively, you can choose to enjoy a facial - a relaxing a deep cleansing treatment using Skin Truth products that will moisturise, tone and brighten the skin. Whatever you choose, you'll both feel refreshed and transformed by the end of your visit!

YOUR EXPERIENCE

- One treatment of your choice for two people
- Choose between an ORLY manicure or pedicure, or a facial

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



43 CHOICE OF BEAUTY TREATMENT FOR TWO AT THE TREATMENT STUDIO

ROCHESTER • Kent

You and a friend will get to choose one treatment each to enjoy at The Treatment Studio in Kent. Perhaps a full body exfoliation to remove any dead skin cells and restore its silky soft feel? All scrubs have been designed by the in-house aromatherapist and are hypo-allergenic to suit even sensitive skin. Maybe you'd prefer to release any knots of built up tension and stress, in which case the Swedish back, neck and shoulder massage is perfect for you. Alternatively, opt for the pampering pedicure or a full body spray tan that will leave you bronzed and glowing – the choice is yours!

YOUR EXPERIENCE

- One treatment of your choice each
- Choose between a full body exfoliation, a Swedish back, neck and shoulder massage, a pampering pedicure or a full body spray tan

HOW TO BOOK

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44 CHOICE OF TREATMENT FOR TWO AT SERENITY BEAUTY

WITNEY • Oxfordshire

Take some time out with a friend, enjoying a beauty treatment each at the tranquil Serenity Beauty based in Witney. You'll feel instantly calm when you enter this salon and will have the option to choose between a back, neck and shoulder massage or a microzone facial. If you decide on the microzone facial, the professional therapist will analyse your skin and determine the most relevant treatment to focus on these for maximum results. You can both expect a personalised treatment in this delightful beauty sanctuary!

YOUR EXPERIENCE

- One pamper treatment for two people
- Choose between a 30 minute microzone facial or a back, neck and shoulder massage for two

HOW TO BOOK

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45 CHOICE OF TREATMENT FOR TWO AT THE LAVENDER BEAUTY SALON

DORKING • Surrey

Refresh with a choice of treatments for two at Lavender Beauty Salon in Dorking. You can choose to unwind with a revitalising eye treatment that will help to tackle any bags or puffiness and get your eyes feeling fresh and revitalised, or a scalp and neck massage that will help to relax your body and mind. Alternatively, you can enjoy an express manicure or express pedicure, where your nails will be shaped and neatened, finishing with an application of OPI polish to get them looking well-groomed and gorgeous. Whatever you choose, you will both leave this bright and airy salon looking and feeling great!

YOUR EXPERIENCE

- One treatment of your choice each
- Choose either a revitalising eye treatment, a scalp and neck massage, an express manicure or express pedicure

HOW TO BOOK

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46 MANICURE WITH HAND MASSAGE FOR TWO AT MONA HEIGHTS SALON

DORKING • Surrey

Have a relaxing treatment with a friend or loved one at the Mona Heights Salon in Dorking. Give your hands some well deserved pampering with a full manicure and hand massage - this cosy salon is the perfect setting for getting the beautiful nails you've been hankering after! With 30 minutes of treatment time per person, you'll leave feeling relaxed and ready to flaunt those gorgeous hands wherever you can.

YOUR EXPERIENCE

- Hand treatment for two
- Manicure and hand massage each

HOW TO BOOK

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47 FAKE BAKE SPRAY TAN FOR TWO AT GLOSS HAIR AND BEAUTY

OXTED • Surrey

Enjoy summer all year round with a magic Fake Bake spray tan for two at Gloss Hair And Beauty in Oxted, Surrey. You will feel instantly at ease when you enter this clean and modern salon where your qualified beauty therapist will begin each of your magic Fake Bake spray tans. Whether you have an upcoming special occasion or want to prepare for your holiday, this spray tan will give you that instant gorgeous glow to make you feel all summery!

YOUR EXPERIENCE

- Fake Bake spray tan for two people
- Leave the salon feeling ready for your holiday or special event!

HOW TO BOOK

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48 CHOICE OF TREATMENT FOR TWO AT BARNHAM HEALTH AND BEAUTY

BOGNOR REGIS • West Sussex

Visit Barnham Health and Beauty in Bognor Regis with a friend to enjoy a pamper treat each. You can choose to enjoy a deluxe manicure, where your experienced therapist will begin with a nourishing hand treatment, exfoliation and hand mask to soften and moisturise the skin. Your nails will then be neatened, shaped and finished with an application of a polish of your choice. You will also receive a hand massage during this treatment to make it an even more relaxing experience. Alternatively you can choose an indulgent eyelash and eyebrow tint - either way you'll feel fully pampered and relaxed!

YOUR EXPERIENCE

- One treatment of your choice per person
- Choose between a deluxe manicure or an eyelash and eyebrow tint

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



49 FACIAL FOR TWO AT FAY ATTRIDGE HEALTH AND BEAUTY

CHICHESTER • West Sussex

Enhance your natural beauty with a facial for two at Fay Attridge Health and Beauty in Chichester. You will receive a warm welcome on arrival so that you feel instantly at ease for your treatment. Your qualified beauty therapist will then begin your facials, cleansing and toning the skin so that it becomes softer and brighter. This is a great way to enjoy some pampering with a friend in a calm and cosy setting!

YOUR EXPERIENCE

- Facial for two people
- Leave the salon feeling pampered and rejuvenated

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



50 LED LIGHT THERAPY FACIAL WITH POLISH MANICURE FOR TWO AT THE RETREATERY

EAST GRINSTEAD • West Sussex

This indulgent facial and manicure with polish treatment for two will leave you and a friend feeling revived and spoilt! Luxurious salon and clinic The Retreatery in East Grinstead will make you feel right at home as you sit back and enjoy the 20 minute facial with anti-ageing LED treatment. The 30 minute manicure and polish comes next, with the salon's experienced therapists applying all their skill to leave your hands and nails looking spectacular.

YOUR EXPERIENCE

- LED facial plus polish manicure for two people
- Leave the salon with gorgeous hands!

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



51 WASH AND BLOW-DRY FOR TWO AT INNOVATION

BRISTOL • Bristol

Enjoy some pampering with a friend at the modern and trendy Innovation salon in the charming city of Bristol. You will receive a warm and friendly welcome from the creative stylists and have a wash and blow-dry that will leave you feeling pampered and your hair feeling healthier. Innovation stock a full range of haircare products and have an excellent reputation for making hair feel restored - whatever your hair type! This is the perfect way to catch up with a friend and experience some luxury at the same time.

YOUR EXPERIENCE

- Luxury hair treatment
- Wash and blow-dry for two people

HOW TO BOOK

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52 MANICURE FOR TWO AT ORCHARD MAKEUP AND BEAUTY

FALMOUTH • Cornwall

If you're looking to give your hands the treatment they deserve, visit Sally Orchard in Falmouth where you'll enjoy a full manicure with a friend. The welcoming staff at this contemporary salon, which features two makeup stations, a brow bar and nail station, will make you feel completely relaxed during your treatment, lasting 40 minutes each. Let your newly shaped and buffed nails stand out in a colour of your choice, including a highly resilient mirror finish. The salon also stocks professional makeup products, so you can both spoil yourselves with a little gift before you leave!

YOUR EXPERIENCE

- Nail pamper treat for two
- 40 minute manicure each

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



53 CHOICE OF TREATMENT AT NO 23 HAIR AND BEAUTY

PLYMOUTH • Devon

Unwind with a choice of treatment for two at No 23 Hair and Beauty in Plymouth. You might choose a Swedish massage, where your experienced therapist will use a variety of stroking, kneading, pressure and flowing movements over the body to help with any knots and release muscle tension, relaxing both the body and the mind. Alternatively, choose to enjoy a standard facial with head massage, leaving your skin clean and soft, and you feeling calm and tranquil! Whatever you choose, the friendly team at this salon will make sure you leave feeling great.

YOUR EXPERIENCE

- Relax and unwind with a sumptuous massage for two
- Choose either a Swedish massage or a facial with head massage per person

HOW TO BOOK

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54 WASH AND BLOW-DRY FOR TWO AT DARA 4 HAIR

BOURNEMOUTH • Dorset

Let the creative stylists at Dara 4 Hair in Bournemouth give you and a friend the pampering you deserve with a wash and blow-dry for two. When you enter the salon you will receive a warm and friendly welcome from the experienced stylists who will bring life to your locks, making them feel soft and look great. This is the perfect way to relax with a friend and get a quick style revamp at the same time!

YOUR EXPERIENCE

- Hair pampering treat for two
- 40 minute wash and blow-dry each

HOW TO BOOK

Visit [redletterdays.com/redeem](https://www.redletterdays.com/redeem) to explore our full range of options and redeem your voucher!



55 MANICURE FOR TWO AT THE SHED HAIR AND BEAUTY BOUTIQUE

BRIDPORT • Dorset

Say goodbye to untidy and chipped nails by spoiling yourself and a friend to a manicure at The Shed Hair and Beauty Boutique. Set in a cosy farmhouse in Bridport that boasts a warm, rural feel, the salon prides itself on being eco-friendly, using only the very best organic and vegan products for treatments. You can both sit back and have your nails refreshed and perfectly shaped and painted, knowing that no chemicals and toxins are being used. All that's left for you to do is flaunt your perfect nails, polished in a shade of your choice!

YOUR EXPERIENCE

- 45 minute manicure for two people
- A relaxing experience set in an idyllic farmhouse

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



56 HAIR WASH, CUT AND FINISH AT PZAZZ HAIR & BEAUTY

DORCHESTER • Dorset

Bring some life back to your hair with a wash, cut and finish for two at Pzazz Hair & Beauty in Dorset. You and a friend can treat yourself to some pampering at this quaint and cosy salon, where your experienced stylists will give you a warm welcome before fully reviving your hair. You'll both leave with softer, healthier hair and feel ready for any occasion, or perhaps just a drink afterwards to celebrate!

YOUR EXPERIENCE

- Hair treatment for two people
- 40 minute wash, cut and finish each

HOW TO BOOK

Visit [redletterdays.com/redeem](https://www.redletterdays.com/redeem) to explore our full range of options and redeem your voucher!



57 GEL NAILS FOR TWO AT ESANDES HAIR AND BEAUTY

CHELTEMHAM • Gloucestershire

Nails looking tired and in need of a bit of a makeover? Feel like treating yourself and a good friend at the same time? This Gelish application for two at Cheltenham's Esandes salon (rated five stars on Treatwell!) is just the job. Spend some great quality time together while getting a chip-resistant, glossy nail colour application that will last for weeks! You'll be given a warm welcome into the salon and will walk out a short while later feeling revived and inspired.

YOUR EXPERIENCE

- Nail treatment for two
- Gelish application each

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



58 BACK, NECK AND SHOULDER MASSAGE FOR TWO AT BEAUTY BOX

GLOUCESTER • Gloucestershire

Escape everyday stress and enjoy a back, neck and shoulder massage for two at Beauty Box in Gloucester. The friendly staff at this salon will give you a warm welcome when you arrive so that you feel fully at ease for your treatment. Then sense all tension ease away as your therapist works to soothe your muscles and relax your mind - this is the perfect way to unwind with a friend in a calm and tranquil setting!

YOUR EXPERIENCE

- 30 minute back, neck and shoulder massage for two people
- Leave the salon feeling relaxed and ready to start the day

HOW TO BOOK

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59 MANICURE FOR TWO AT INDULGENCE BEAUTY & NAIL SALON

MARLBOROUGH • Wiltshire

To enjoy a manicure with a friend head to Indulgence Beauty & Nail Salon in Wiltshire, where the friendly and experienced staff will give you the gorgeous nails you desire! This salon is bright and cosy so you'll feel instantly at ease on arrival. Your experienced beauty therapist will then shape your nails, tidy the cuticles and end with an application of polish in a colour of your choice, to get your nails looking neat, healthy and glamorous. This is the perfect way to relax with a friend and get some pampering!

YOUR EXPERIENCE

- Nail pampering for two
- 45 minute manicure each

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



60 WASH CUT AND BLOWDRY FOR TWO AT AQUA G

SWINDON • Wiltshire

You and a friend will get to relax and catch up with this pampering treatment for two at popular Swindon salon Aqua G. Following a detailed consultation to find out what you're looking for style-wise, you'll each receive a wash, cut and blow-dry from an experienced stylist. You'll get to enjoy being pampered together as you sit back and let the experts help you look your best! You'll leave the salon looking and feeling lighter and brighter, and maybe ready for a drink or two to celebrate your new looks!

YOUR EXPERIENCE

- A wash, cut and blow-dry each
- Leave the salon feeling refreshed with a haircut you want to show off to your friends

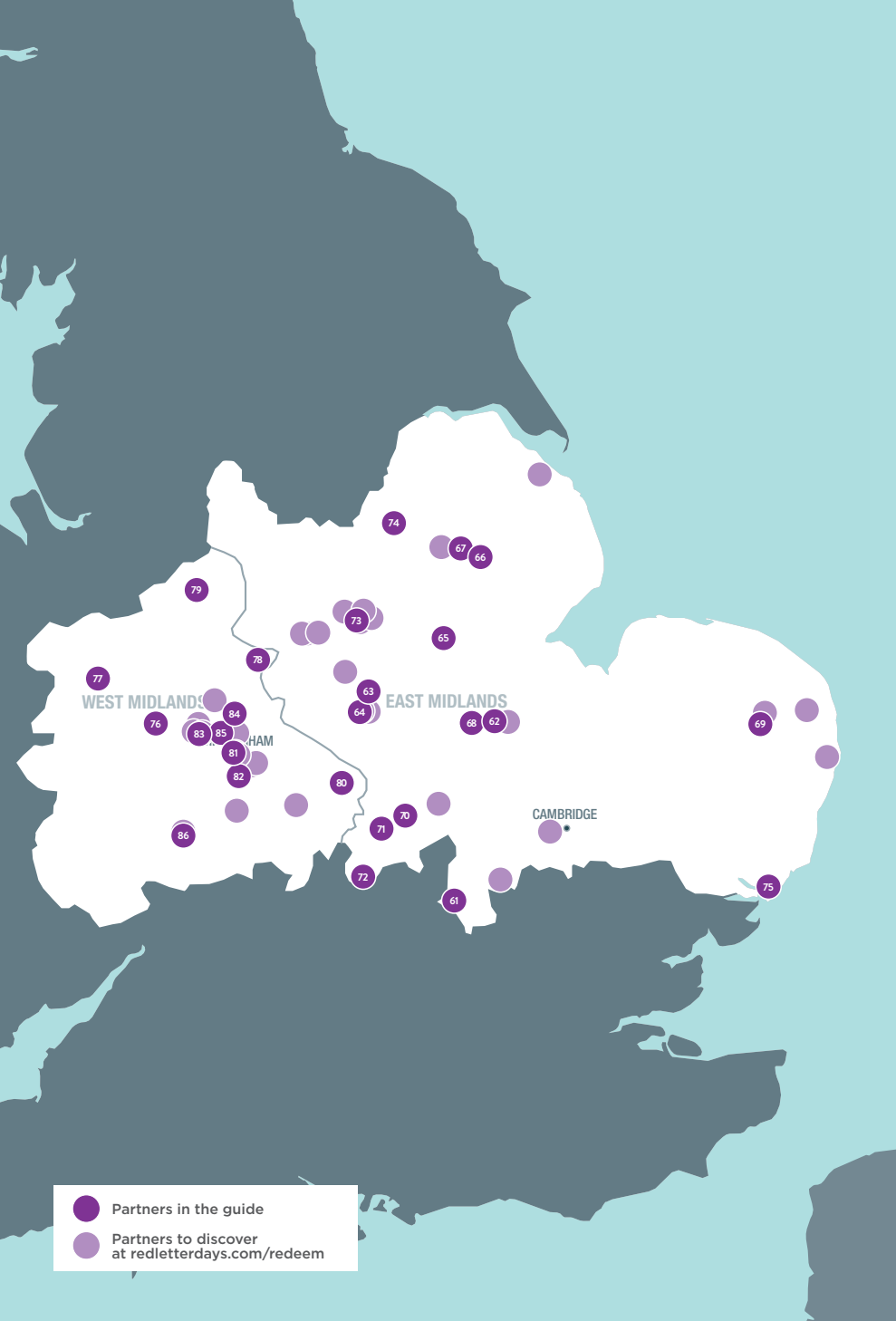
HOW TO BOOK

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A scenic landscape of rolling green hills and fields in the Midlands, with a white rectangular box in the center containing the word 'MIDLANDS' in purple.

MIDLANDS




WEST MIDLANDS

EAST MIDLANDS

BIRMINGHAM

CAMBRIDGE

-  Partners in the guide
-  Partners to discover at redletterdays.com/redeem

MIDLANDS

EAST MIDLANDS

61 Hi Brow Treatment for Two at Touchwood Beauty, Leighton Buzzard

62 Choice of Treatments for Two at Serenity Beauty, Peterborough

63 Choice of Treatment for Two at Beautylicious Salon, Birstall

64 Shellac Nails for Two at Pamper U Beauty Parlour, Leicester

65 Choice of Treatment at aUK, Grantham

66 Choice of Treatment for Two at The Salon Lincoln, Lincoln

67 Manicure or Pedicure for Two with the Beauty Loft, Lincoln

68 Gelation File and Polish Feet for Two at Asembo Hair & Beauty, Stamford

69 Choice of Treatment for Two at Charisma Beauty & Nails, Norwich

70 Manicure for Two at Kingsley Health and Beauty, Northampton

71 Shellac Nails for Two at The Art of Beauty, Northampton

72 Pampering Treat for Two at Red Barn Retreat, Westbury

73 Wash, Trim and Blow Dry for Two at Premier Hairdressing, Nottingham

74 Indian Head Massage or Gel Nails for Two at Serenity Holistic Therapies & Beauty, Retford

75 Photo Shoot for Two with £25 Voucher Per Person at Bushfire Photography, Felixstowe

@ Choice of Treatment for Two at Illusion's Beauty Henlow, Henlow

@ Back Massage for Two at Total Relaxation, Bar Hill

@ Full Leg Massage for Two at Groom and Butler, Peterborough

@ Luxury Facial for Two at The Lash and Beauty Lounge, Derby

@ Mini Facial for Two at Lilly Beauty Studio, Derby

@ Pampering Treat for Two at Venus Nails and Beauty, Derby

@ Express Pedicure or Prescriptive MicroZone Facial for Two at The Beauty Box Salon, Leicester

@ Facial, Manicure or Pedicure for Two at B.Paul Leicester, Leicester

@ Treatment Choice for Two at City Looks Hair and Beauty, Leicester

@ Full Body Massage for Two at Loughborough Therapy Clinic, Loughborough

@ Manicure or Pedicure for Two with the Beauty Loft, Doddington

@ File and Polish for Two at Beauty at the Gate, Grimsby

@ Gold Manicure for Two at Pampers Beauty Centre, Norwich

@ Manicure or Dermalogica Microzone Boost Facial for Two at High Grade House, Norwich

@ Spa Manicure for Two at iBar Beauty Salon, Norwich

@ Seasonal Facial for Two at LG Beauty Suite By Lady Glamour Eyes, Wellingborough

@ Back and Shoulder Massage for Two at The Healing Touch Academy, Nottingham

@ Express Manicure or Express Pedicure for Two at Snips and Tips, Nottingham

@ Makeover Photo Shoot with Prosecco for Two at Photo Nottingham LTD, Nottingham

@ 60 Minute Aromatherapy Massage for Two at ATM Holistic Therapies, Nuthall

@ REN Manicure for Two at Millie Rose Hair and Beauty, Lowestoft

WEST MIDLANDS

76 Full Body Spray Tan or Gelish Polish for Two at House of Beauty, Shifnal

77 Semi Permanent Full Head Colour at Carma Salon, Shrewsbury

78 Shoulder, Neck, Face and Head Massage for two at Liberty Spa Staffordshire, Burton on Trent

79 Manicure or Pedicure for Two at The Beauty Boutique, Stoke-On-Trent

80 Gel Polish for Two at Urban Beauty Rugby, Rugby

81 Express Facial at Vibro Suite, Birmingham

82 Express Pedicure for Two at Tandis Hair and Beauty, Birmingham

83 Back, Neck and Shoulder Massage for Two at Colabella Hair and Beauty, Bliston

84 Aromatherapy Back Massage for Two at Fresh Beauty Clinic, Walsall, Walsall

85 Pedicure or Facial for Two at Beauty Touch Hair and Beauty Salon, Walsall

86 OPI Nail Manicure for Two at Eve Beauty, Worcester

@ Treatment Choice for Two at Beautique, Cannock

@ Dermalogica Microzone Facial for Two at Arabella Hair and Beauty, Leamington Spa

@ Photoshoot for Two at Regents Studios, Leamington Spa

@ MicroZone Dermalogica Facial for Two at Synergy Hair and Beauty, Studley

@ Choice of Facial for Two at Beauty Sophia's Way, Birmingham

@ MAC Makeover and Photoshoot for Two at Aspire Studios, Birmingham

@ Manicure for Two at Archfit Beauty, Birmingham

@ Microdermabrasion for Two at Caroline's Hair, Nails and Beauty Salon, Birmingham

@ Pamper Treat for Two at V Spa Hair and Beauty, Solihull

@ Treatment Choice for Two at Clouds Beauty and Male Grooming, Solihull

@ Back, Neck and Shoulder Massage for Two at Colabella Hair and Beauty, Wolverhampton

@ Deluxe Facial or Deluxe Manicure for Two at B's Skin and Beauty Clinic, Wolverhampton

@ Wash and Blow-dry for Two at Addictions Hair and Beauty, Wolverhampton

@ Mavala Silver Manicure for Two at Hibiscus Beauty, Worcester



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61 HI BROW TREATMENT FOR TWO AT TOUCHWOOD BEAUTY

LEIGHTON BUZZARD • Bedfordshire

Redefine your brows with a Hi Brow Treatment for two at Touchwood Beauty in Leighton Buzzard, Bedfordshire. This is an eyebrow shaping treatment that focuses on the shape of your face to give you brows that perfectly suit you. Your qualified beauty therapist will use a combination of techniques to produce the best shape for you, including tinting, waxing and threading using specialist Hi Brow products. By the end of your treatment you will have noticeably neater eyebrows that will redefine your face and emphasise your eyes!

YOUR EXPERIENCE

- Pamper treat for two people
- 30 minute Hi-Brow treatment each

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



62 CHOICE OF TREATMENTS FOR TWO AT SERENITY BEAUTY

PETERBOROUGH • Cambridgeshire

Treat yourself and a friend to some pampering with a choice of treatments for two at Serenity Beauty in Peterborough. You can choose to enjoy a classic pedicure where your experienced therapist will soak your feet in a foot bath, file and shape your nails, tidy your cuticles, massage the feet and finish with an application of a polish of your choice. Alternatively you can choose to have a back, neck and shoulder massage that will relieve built up tension and aid circulation. You'll both leave feeling relaxed and refreshed whatever you choose.

YOUR EXPERIENCE

- Pamper treat for two people
- You may each choose either a classic pedicure or a back, neck and shoulder massage

HOW TO BOOK

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63 CHOICE OF TREATMENT FOR TWO AT BEAUTYLICIOUS SALON

BIRSTALL • Leicestershire

Enjoy the pampering you deserve at Beautylicious Salon in Leicestershire. You and a friend can choose to enjoy a manicure or pedicure, with a qualified beauty therapist shaping your nails, improving the cuticles and finishing with a polish to get your nails looking neat and glamorous - the perfect cure for tired hands or neglected feet! Or, if you prefer, you could enjoy a microdermabrasion facial, which will cleanse and provide nourishment to get your skin feeling softer and healthier. Whatever you choose, this is a great way to relax with a friend in a calm and friendly setting!

YOUR EXPERIENCE

- Relaxing pamper treat for two
- You may each choose either a manicure, pedicure, or microdermabrasion facial each

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



64 SHELLAC NAILS FOR TWO AT PAMPER U BEAUTY PARLOUR

LEICESTER • Leicestershire

You'll be really flaunting your nails after a visit to Pamper U Beauty Parlour! Take a friend along to this friendly Leicester-based salon where you'll both have your nails refreshed with a Shellac Gel polish for either your hands or feet. Whether you want to maintain your feet and get them looking their best for the summer season, or you'd prefer a quick fix to your tired hands, Shellac polish will give you chip-free and lasting colour for up to three weeks!

YOUR EXPERIENCE

- Nail treatment for two
- Shellac Gel colour on either hands or feet each
- Leave with pampered hands, with nails that are chip-free for up to two weeks!

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



65

CHOICE OF TREATMENT AT AUK

GRANTHAM • Lincolnshire

Escape everyday stress with a friend and enjoy a pamper treat for two at aUK Grantham. The soft and subtle colour scheme in this modern salon will help you to feel instantly relaxed as you arrive and are greeted by your therapist. Choose between an Indian head massage, an A-lift facial or a hot stones massage. Alternatively, opt for a manicure or pedicure if you want your nails looking neat and elegant! Whatever you choose, you'll be glad you took some time out to relax at this tranquil salon.

YOUR EXPERIENCE

- One treatment of your choice for two people
- You may each choose from the following; Indian head massage, A-lift facial, hot stones massage, manicure or pedicure

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



66 CHOICE OF TREATMENT FOR TWO AT THE SALON LINCOLN

LINCOLN • Lincolnshire

Situated in Lincoln, The Salon is an inviting and spacious beauty haven to escape to with a friend for a spot of pampering. You can choose to flutter your eyes with dramatic lash extensions - applied in clusters to add a fuller effect! If you prefer, you can choose the microzone facial, where the expert therapist will analyse your skin and determine your most relevant needs and focus on these for maximum results - the choice is yours!

YOUR EXPERIENCE

- One treatment per person
- Choose either lash extensions or a the microzone facial each

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



67 MANICURE OR PEDICURE FOR TWO WITH THE BEAUTY LOFT

LINCOLN • Lincolnshire

Head to The Beauty Loft in Lincoln to enjoy a pampering manicure or pedicure for two. The subtle colours and wooden features of this stylish salon will help you feel calm as soon as you enter, and your qualified and creative beauty therapists will then begin your manicure or pedicure each, giving you gorgeously neat nails that are perfect for flaunting! The Beauty Loft is situated in the historic town in Lincoln, making this salon the perfect place to relax and be pampered.

YOUR EXPERIENCE

- 30 minute express manicure or pedicure for two people
- Ideal city centre location

HOW TO BOOK

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68 GEleration FILE AND POLISH FEET FOR TWO AT ASEmBO HAIR & BEAUTY

STAMFORD • Lincolnshire

Take some time out with a friend and give your feet a treat with a file and GEleration polish. You'll be given a warm welcome at the Asembo spa in Stamford, Lincolnshire, and an expert therapist will transform your tired toes with the file and gel polish. GEleration is a durable, high-gloss finish that stays chip-free for 3-4 weeks, then soaks off easily in just 10-15 minutes. This protects the nail and allows natural regrowth and recovery underneath the spectacular veneer.

YOUR EXPERIENCE

- Hand treatment for two
- GEleration file and polish treatment for toes each

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



69 CHOICE OF TREATMENT FOR TWO AT CHARISMA BEAUTY & NAILS

NORWICH • Norfolk

Situated in the heart of Norwich, Charisma Beauty & Nails is a stunning salon with a calm and tranquil atmosphere and elegant features. You and your companion can choose to enjoy an express manicure that will leave you with beautifully neat nails, finished with an application of the gorgeous ORLY polish. Alternatively, you can choose to have a back, neck and shoulder massage, relieving muscle tension and helping to de-stress your mind. Alternatively, you can choose a Gel polish on your hands or feet for glamorous chip-free nails for up to three weeks. Whatever you choose, the friendly staff at this salon will ensure you leave feeling relaxed!

YOUR EXPERIENCE

- Pamper treat for two
- Choose either an express manicure, a back, neck and shoulder massage, or a Gel polish on your hands or feet each

HOW TO BOOK

Visit [redletterdays.com/redeem](https://www.redletterdays.com/redeem) to explore our full range of options and redeem your voucher!



70 MANICURE FOR TWO AT KINGSLEY HEALTH AND BEAUTY

NORTHAMPTON • Northamptonshire

Give those tired hands a treat with a refresh manicure for two at Kingsley Health and Beauty in Northampton. You and a friend will be warmly welcomed by the experienced staff when you arrive, who will treat your nails to the pampering they deserve and get them looking gorgeous. Cuticles will be tidied, nails filed and shaped and hands moisturised and softened... you'll leave this salon feeling fully relaxed and refreshed!

YOUR EXPERIENCE

- Luxurious hand treatment
- 45 minute refresh manicure for two people

HOW TO BOOK

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71 SHELLAC NAILS FOR TWO AT THE ART OF BEAUTY

NORTHAMPTON • Northamptonshire

Take some time out to relax with Shellac nails for two at The Art of Beauty in Northampton. You and a friend will receive a personal and relaxing service at this bright and elegant salon, where your experienced beauty therapists will give you both the stunning nails you deserve. Shellac is a gel-based, UV-activated polish that will last up to two weeks without chipping or damaging your nails, leaving you with long-lasting and glamorous nails. Whether you are preparing for an upcoming special event, or just want to pamper yourself and a friend, you will leave The Art of Beauty salon with hands you can be proud of!

YOUR EXPERIENCE

- Deluxe hand treatment for two people
- 30 minute Shellac nail treatment each

HOW TO BOOK

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72 PAMPERING TREAT FOR TWO AT RED BARN RETREAT

WESTBURY • Northamptonshire

A way from the stress of everyday pressures and in a tranquil location, you will find the Red Barn Retreat – the perfect place for a pamper day for two. This luxuriously decorated haven offers you either a back, shoulder and neck massage, an express facial, an express manicure and pedicure, or a diamond microdermabrasion facial. If you decide on the massage, their expert therapists will relieve any pain or tension in your upper body. The express facial will give you a healthy glow, and a microdermabrasion facial will awaken your skin. If you choose to get a manicure and pedicure all your nails will be filed, buffed and painted to perfection.

YOUR EXPERIENCE

- Pamper treatment for two
- Customers will receive one of the following treatments each: back, shoulder and neck massage, express facial, express manicure and pedicure or a Diamond microdermabrasion facial

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



73 WASH, TRIM AND BLOW DRY FOR TWO AT PREMIER HAIRDRESSING

NOTTINGHAM • Nottinghamshire

Transform your hair at Premier Hairdressing in Nottingham with some pampering time for two. You and a friend will receive a warm welcome when you enter the salon and feel instantly relaxed as the qualified stylists get to work. Enjoy a wash, trim and blow-dry each to give your hair a healthy and revived feel, whatever your hair types! You'll both leave the salon looking and feeling great, ready to head out and show off your new looks!

YOUR EXPERIENCE

- Pamper treatment for two
- Wash, trim and blow-dry each

HOW TO BOOK

Visit [redletterdays.com/redeem](https://www.redletterdays.com/redeem) to explore our full range of options and redeem your voucher!



74 INDIAN HEAD MASSAGE OR GEL NAILS FOR TWO AT SERENITY HOLISTIC THERAPIES & BEAUTY

RETFORD • Nottinghamshire

Visit Serenity Holistic Therapies & Beauty with a friend to enjoy an Indian head massage or gel nails on hands and feet. You'll receive a warm welcome from the experienced beauty therapists when you enter the salon, and will get the option to relax with an Indian head massage, which can improve blood flow and relieve muscle tension, as well as help you to feel relaxed, invigorated and refreshed. Alternatively, choose gel nails on hands and feet, leaving you with long-lasting and chip free nails for up to three weeks. Whatever you choose, you'll end your visit feeling fully relaxed!

YOUR EXPERIENCE

- Ultimate pampering treat for two
- Indian head massage or gel nails each

HOW TO BOOK

Visit [redletterdays.com/redeem](https://www.redletterdays.com/redeem) to explore our full range of options and redeem your voucher!



75 PHOTO SHOOT FOR TWO WITH £25 VOUCHER PER PERSON AT BUSHFIRE PHOTOGRAPHY

FELIXSTOWE • Suffolk

Enjoy a professional photo shoot for two with an expert photographer at Bushfire Photography in Felixstowe, Suffolk. You'll get to work with your photographer to achieve the results you want, with soft refreshments and prosecco supplied throughout! Then at the end of the shoot you'll take away a framed 7"x5" print. You'll also get a £25 voucher each to spend on digital products or wall art at the studio, ensuring you get plenty of copies of your favourite shots.

YOUR EXPERIENCE

- Photo shoot for two people
- 7»x 5» framed print to bring home
- Soft refreshments and prosecco during shoot
- Two £25 vouchers to spend

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



76 FULL BODY SPRAY TAN OR GELISH POLISH FOR TWO AT HOUSE OF BEAUTY

SHIFNAL • Shropshire

You and a friend can enjoy some luxury at House of Beauty, situated in the market town of Shifnal in Shropshire. Choose between a full body spray tan to give you a healthy glow or a Gelish polish for hands or feet, leaving you with chip-free nails for three weeks. Once you've selected your treatments the experienced team will make you feel at home and take you through them, making this the perfect way to treat yourselves and receive the pampering you deserve!

YOUR EXPERIENCE

- Fabulous pamper treat for two
- Choose between a 20 minute full body spray tan or a 30 minute Gelish polish for hands or feet

HOW TO BOOK

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77 SEMI PERMANENT FULL HEAD COLOUR AT CARMA SALON

SHREWSBURY • Shropshire

Inject some fresh colour into your week and bring a friend along too! Shrewsbury's Carma Salon is offering this semi-permanent full head colour treatment for two, giving you a fun restyle that won't require too much commitment. Take some time out of your busy schedule and catch up with your bestie while both enjoying a refresh in the hands of the experienced Carma team. You'll leave having enjoyed some quality time together and feeling fully rejuvenated!

YOUR EXPERIENCE

- Hair treatment for two
- One semi-permanent full head colour treatment each

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



78 SHOULDER, NECK, FACE AND HEAD MASSAGE FOR TWO AT LIBERTY SPA STAFFORDSHIRE

BURTON ON TRENT • Staffordshire

Unwind with a friend and enjoy a shoulder, neck, face and head massage each at Liberty Spa Staffordshire. This salon has a friendly and relaxing atmosphere and uses organic, vegan products wherever possible so that your treatment is guilt-free! Your experienced therapist will then begin your massage each, using stretching and soothing techniques to ease away any stress or tension. This massage will also help to unwind your mind, so you can both leave the salon feeling calm and refreshed.

YOUR EXPERIENCE

- Relaxing massage treat for two
- 35 minute shoulder, neck, face and head massage each

HOW TO BOOK

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79 MANICURE OR PEDICURE FOR TWO AT THE BEAUTY BOUTIQUE

STOKE-ON-TRENT • Staffordshire

Enjoy this pampering treat for two and treat a friend to either a manicure or pedicure at the popular Beauty Boutique in Stoke-on-Trent, Staffordshire. You'll be given a warm welcome by the expert team and be made to feel right at home before being taken through your treatment each. One of you will be given a standard pedicure, shaping, filing and polishing nails until your feet look fabulous, and the other will receive a standard manicure, leaving hands looking pristine. Once you're finished why not head out for a drink to celebrate!

YOUR EXPERIENCE

- Choice of one treatment each for two people
- Choose between a manicure or a pedicure each

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



80 GEL POLISH FOR TWO AT URBAN BEAUTY RUGBY

RUGBY • Warwickshire

Get those nails back in tip top condition and throw in some much-needed quality time with your bestie with this pampering session at one of Rugby's finest beauty salons. You'll get yourselves settled in together and the expert staff will make you feel right at home. Then your gel polish will be applied, give you a stunning and lasting finish with spectacular colour. Why not head out for some shopping or a drink afterwards to celebrate!

YOUR EXPERIENCE

- Nail treatment for two people
- One gel polish each

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



81 EXPRESS FACIAL AT VIBRO SUITE

BIRMINGHAM • West Midlands

You and a friend will love this reinvigorating and reviving facial for two at Birmingham's Vibro Suite health and wellness club. Located conveniently close to the central square, you'll be welcomed into this haven of relaxation and be made to feel right at home before your expert therapists begin your express facial each. Following a thorough consultation, your facial treatment will be tailored to your specific needs, leaving you with fresher, smoother skin in just 30 minutes! you'll both leave feeling lighter and brighter, and perhaps ready for some shopping or a drink nearby!

YOUR EXPERIENCE

- Express Facial for two people
- Customised consultation
- Central Birmingham location

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



82 EXPRESS PEDICURE FOR TWO AT TANDIS HAIR AND BEAUTY

BIRMINGHAM • West Midlands

Feet often get neglected so why not treat them to a much needed pedicure at Tandis Hair and Beauty in Birmingham. Take a chosen friend or loved one with you to their Kings Heath salon, where a friendly therapist will inject some colour back into your nails and give them a reshape. Brighten up your toes with a glossy polish in a seasonal shade or a colour to match your mood – the choice is yours!

YOUR EXPERIENCE

- Express pedicure for two people

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



83 BACK, NECK AND SHOULDER MASSAGE FOR TWO AT COLABELLA HAIR AND BEAUTY

BLISTON • West Midlands

De-stress with a back, neck and shoulder massage for two at Colabella Hair and Beauty in Bliston, West Midlands. You will receive a warm welcome when you arrive at this friendly salon so that you are instantly at ease for your treatment. Your qualified therapist will then begin your massage each, using a wheat germ and soya-based oil to help you to relax, and light strokes plus deep manipulation to release any muscle tension. This will help you to unwind and enhance your general wellbeing so you can leave the salon feeling calm and refreshed.

YOUR EXPERIENCE

- 30 minute back, neck and shoulder massage for two people
- Leave the salon feeling refreshed and relaxed

HOW TO BOOK

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84 AROMATHERAPY BACK MASSAGE FOR TWO AT FRESH BEAUTY CLINIC, WALSALL

WALSALL • West Midlands

Give your mind and your muscles some serious pampering with an aromatherapy back massage for two at Fresh Beauty Clinic in Walsall. Your experienced massage therapist will use deep manipulation techniques and essential oils to relieve any tension in your muscles and de-stress your mind completely. This calm and friendly salon will make you feel fully at home and will give you both a relaxing and bonding experience to share!

YOUR EXPERIENCE

- Relaxing massage for two
- 30 minute aromatherapy back massage each

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



85 PEDICURE OR FACIAL FOR TWO AT BEAUTY TOUCH HAIR AND BEAUTY SALON

WALSALL • West Midlands

Treat yourself to a touch of glamour and take a lucky friend with you for a facial or pedicure at Beauty Touch Hair and Beauty Salon. Give yourself a radiant, healthy glow with a wonderful relaxing facial, or get your nails in tip top conditions with a luxurious pedicure. All hard, dead skin will be removed from your feet, then nails will be shaped and treated to get them looking gorgeous and feeling healthy. Finally, a lovely pop of colour will be applied, and you're ready to go!

YOUR EXPERIENCE

- Relaxing treatment for two
- Choose between a pedicure or facial each

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



86 OPI NAIL MANICURE FOR TWO AT EVE BEAUTY

WORCESTER • Worcestershire

Enjoy an OPI manicure for two at Eve Beauty in Worcester. You and your companion will receive a warm welcome from the staff when you arrive so you can feel completely comfortable for your treatments. Your therapists will shape, neaten and buff your nails and finish with an application of OPI nail varnish so your hands can look glamorous and ready for any occasion. You'll both leave feeling like you've had a great break together and with hands you want to flaunt!

YOUR EXPERIENCE

- Nail treatment for two people
- A 30 minute OPI manicure each

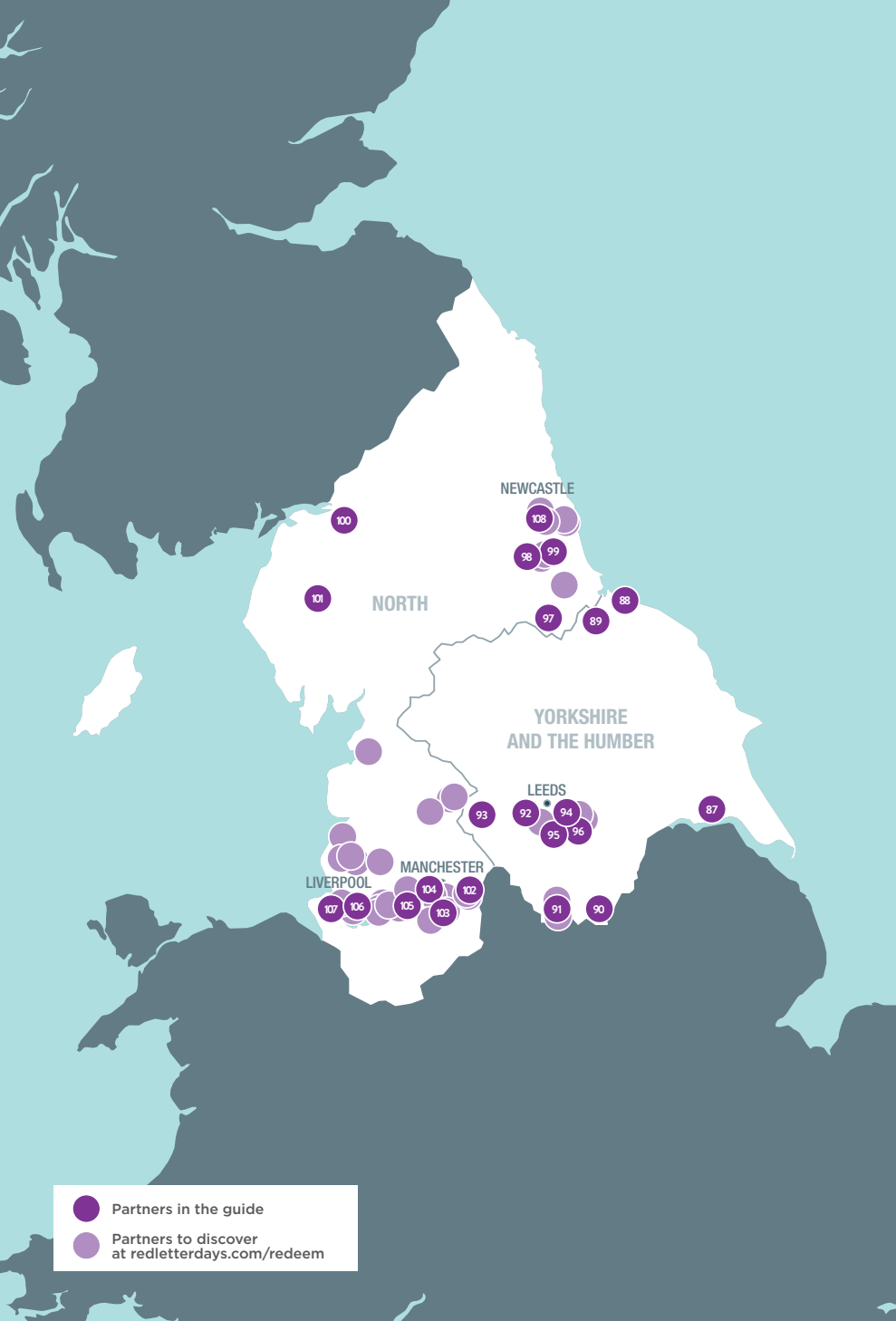
HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



An aerial photograph of a vibrant green landscape. A river flows through the lower left corner, reflecting the sky. The land is covered in dense green grass and scattered trees, some with autumnal hues. In the background, rolling hills and a small town are visible under a clear blue sky.

NORTH



● Partners in the guide

● Partners to discover
at redletterdays.com/redeem

NORTH

YORKSHIRE AND THE HUMBER

- 87 Pampering Manicure for Two at Carrie Swain, Anlaby
- 88 Treatment Choice for Two at Envy Salon, Marske
- 89 Choice of Treatment for Two at The Beauty Lounge, Middlesbrough
- 90 Gel Polish for Two at Bliss Health and Beauty Sheffield, Sheffield
- 91 St Tropez Full Body Spray Tan for Two at Beauty Care, Sheffield
- 92 Choice of Treatments for Two at Adele Louise Beauty Studio, Bradford
- 93 Hair Treatment and Blow-Dry at the Hair Bar, Hebden Bridge
- 94 Choice of Treatments for Two at VGMedispa Leeds, Leeds
- 95 Makeover and Photoshoot for Two at Flawless Photography Studios, Leeds
- 96 Jessica Manicure with Polish for Two at The Mulberry House Beauty Salon, Wakefield
- @ Head and Scalp Massage or Facial for Two at Hush Hair and Beauty Spa, Sheffield
- @ Thai Back Massage or Mini Facial for Two at Pure Thai Therapy, Sheffield
- @ Pampering Treat for Two at Idyllic Beauty, Bradford
- @ Gel Manicure for Two at The Persian Spa, Leeds
- @ Manicure with Hand Massage for Two at Maschio Hair and Beauty, Leeds

NORTH

- 97 Aromatherapy Back Massage for Two at Eden Skye Aesthetics, Darlington
- 98 Head Massage or Facial for Two with Miracles Hair and Beauty Lounge, Durham
- 99 Treatment Choice for Two at The Wellbeing Salon, Durham

- 100 Manicure or Pedicure for Two at Vibrallife Beauty, Carlisle
- 101 Choice of Treatments for Two at Star Beauty, Keswick
- 102 Facial or Shellac Manicure for Two at AVA Beauty, Ashton Under Lyne
- 103 Choice of Treatment at Lilly Nail and Beauty, Manchester
- 104 Choice of Pedicure for Two at Polishd Beauty Academy, Salford
- 105 Lava Shell Back Massage for Two at Ruby Jo's Beauty Salon, Wigan
- 106 Full Body Spray Tan for Two at Body Sculpture, Liverpool
- 107 Leg and Foot Massage for Two at Studio 194, Wallasey
- 108 Levo! Shadow Brow Treatment for Two at LEVO! Champagne Nail Bar, Newcastle upon Tyne
- @ Back Massage with Foot Ritual at Spa Beautiful, Warrington
- @ Choice of Treatment each for Two at Divinity Holistics and Beauty, Warrington
- @ Pampering Treat for Two at Retreat Beauty, Warrington
- @ Treatment Choice for Two at J'Adore Beauty Salon, Warrington
- @ Luxury Facial or Back Neck and Shoulder Massage for Two at L and S Hair and Beauty, Chester Le Street
- @ Massage Treatment Choice for Two at Neo Beauty, Durham
- @ Pampering Treat for Two at Divine Medispa, Durham
- @ Classic Manicure for Two at Baroque Beauty Lounge, Stockton-on-Tees
- @ Manicure with Polish for Two at Oxford One Spa, Altrincham
- @ Choice of Facial for Two at Natural Spa, Ashton Under Lyne

- @ Indulgent Pampering with Champagne for Two at Ur Health and Beauty, Dukinfield
- @ Aromatherapy Deep Tissue Massage or Facial for Two at Ana Hair and Beauty, Manchester
- @ Choice of Treatment Each for Two at The Dermavital Skin Clinic, Manchester
- @ Curly Blow Dry or Hair Up for Two at Iconic Hairdressing Manchester, Manchester
- @ Protein and Moisture Treatment with Blow Dry for Two at Peter Regan Hair Studio, Manchester
- @ Treatment Choice for Two at Beauty 2 Ltd, Manchester
- @ Wash and Blow-dry for Two at The Dalton Street Salon Manchester, Manchester
- @ Pampering Treat for Two at Jake Alexander Hair and Body Sanctuary, Accrington
- @ Manicure for Two at Be Stunning Beauty Clinic, Burnley
- @ Treatment Choice for Two at Beauty and Hair, Burnley
- @ Organic Neal's Yard Facial for Two at Rejuvenations Rooms Face and Body Spa, Lancaster
- @ Back, Neck and Shoulder Massage or Shellac Nails for Two at Gloss Hair and Beauty, Bootle
- @ Advanced Facial for Two at Lip Couture, Crosby
- @ Blow-Dry for Two at ZeroFour Hairdressing, Liverpool
- @ Body Wrap Treatment for Two at Unique Hair Lounge, Liverpool
- @ Facial Massage or Back, Neck and Shoulder Massage for Two at Hands On Healing, Rainhill
- @ Treatment Choice for Two at Diamond Beautique, Southport
- @ Choice of Treatment for Two at Magic Hands Holistic and Beauty Therapy, St Helens
- @ Wash and Blow-dry for Two at The Ladies Room, St. Helens
- @ Diamond Microdermabrasion Facial for Two at Walton Hair and Beauty Salon, Walton
- @ 30 Minute Jessica Manicure for Two at Movida Hair and Beauty, Newcastle upon Tyne
- @ Gel Polish or Facial for Two at Dream Therapy, Sunderland
- @ Indulgent Pampering for Two at Ashbrooke Therapies, Sunderland



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87 PAMPERING MANICURE FOR TWO AT CARRIE SWAIN

ANLABY • East Riding of Yorkshire

Indulge in a pampering manicure for yourself and a friend at Carrie Swain in Hull. Your qualified beauty therapists will begin your treatments by exfoliating and bathing your hands to make the skin feel soft and healthy. Your nails will then be buffed, shaped and finished with application of a polish of your choice to get them looking refreshed, neat and stylish. As well as this, you will receive a relaxing hand massage during your treatment, so you can leave the salon feeling well and truly pampered!

YOUR EXPERIENCE

- Pampering manicure for two people

HOW TO BOOK

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88 TREATMENT CHOICE FOR TWO AT ENVY SALON

MARSKE • North Yorkshire

Indulge in some quality time with a loved one and enjoy this pampering experience at popular beauty destination Envy Salon in Redcar. Arriving at the salon you'll be given a warm welcome by the staff, and will each be given the option of one of four treatments, all lasting between 30-60 minutes. The Usui Reiki treatment is said to bring healing to the body through channelled energies, while the Indian head massage will relax and de-stress you while boosting circulation to head and hair follicles. Or choose either a luxury pedicure or a luxury manicure, either of which will leave your nails in pristine shape.

YOUR EXPERIENCE

- Choice of one treatment, lasting between 30-60 minutes
- You will each choose one of the following four treatments: Indian head massage, Usui Reiki treatment, luxury manicure, luxury pedicure

HOW TO BOOK

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89 CHOICE OF TREATMENT FOR TWO AT THE BEAUTY LOUNGE

MIDDLESBROUGH • North Yorkshire

You're in for a real treat at The Beauty Lounge, where you have the option to choose one beauty treatment. With the help of the expert therapists, you can choose to give your skin a beautiful sun-kissed glow with a Fake Bake full body spray tan. Perhaps you'd like to enhance your facial features with some new lashes? They will last up to three weeks – just perfect for a holiday or special occasion! Otherwise, if you have been feeling stressed, opt for the aromatherapy massage which eases away pain by stimulating your senses. The therapist will use different types of aromatic oils and scents to de-stress your muscles and refresh your mood.

YOUR EXPERIENCE

- One treatment for each person
- Choose between: Aromatherapy massage - 30 minutes, Fake Bake full body spray tan - 60 minutes and Express lashes

HOW TO BOOK

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90 GEL POLISH FOR TWO AT BLISS HEALTH AND BEAUTY SHEFFIELD

SHEFFIELD • South Yorkshire

Get the gorgeous nails you deserve with a Gel polish for two at Bliss Health and Beauty in Sheffield. The friendly staff and the cosy feel of the salon will ensure you feel instantly relaxed upon arrival. Your qualified beauty therapist will then begin your treatments, applying a Gel polish to your choice of either hands or feet, giving you glamorous, chip-free nails for up to two weeks. You'll both leave the salon with nails you want to flaunt!

YOUR EXPERIENCE

- Nail treatment for two people
- Gel polish on hands or feet each

HOW TO BOOK

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91 ST TROPEZ FULL BODY SPRAY TAN FOR TWO AT BEAUTY CARE

SHEFFIELD • South Yorkshire

Long UK winters and grey summers can leave us all needing a bit of help in the tanning department! The St Tropez body spray treatment is renowned for its long-lasting, streak-free and moisturising qualities, so grab a friend and bring them along to Sheffield's friendly Beauty Care salon for your top up. You'll both leave feeling and looking like you've actually had a holiday in the South of France!

YOUR EXPERIENCE

- Pamper treat for two
- One St Tropez Full Body Spray treatment each

HOW TO BOOK

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92 CHOICE OF TREATMENTS FOR TWO AT ADELE LOUISE BEAUTY STUDIO

BRADFORD • West Yorkshire

Visit the Bradford's Adele Louise Beauty Studio with a friend to enjoy a choice of treatments for two. You can choose to relax with a back massage that will help your mind to unwind and relieve any muscle tension. Alternatively, you can enjoy some pampering with a wet cut and blow-dry, giving you restyled and finely finished hair. Whatever you choose you'll leave the salon looking and feeling great.

YOUR EXPERIENCE

- Relaxing treatment for two
- 30 minute back massage or a wet cut and blow-dry each

HOW TO BOOK

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93 HAIR TREATMENT AND BLOW-DRY AT THE HAIR BAR

HEBDEN BRIDGE • West Yorkshire

For gorgeous hair, head to Hair Bar in West Yorkshire with a friend to enjoy a conditioning hair treatment and blow-dry each. This trendy salon is bright and airy with lovely furnishings and wooden features to make your visit feel especially luxurious. Your friendly and qualified beauty therapists will then begin your conditioning treatments and blow-dry each, transforming your hair to make your locks look stunningly healthy and shiny. Whether you have an upcoming special occasion, or just want to treat yourselves, you'll leave Hair Bar looking and feeling brilliant!

YOUR EXPERIENCE

- Pamper treat for two
- Conditioning hair treatment and blow-dry each

HOW TO BOOK

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94 CHOICE OF TREATMENTS FOR TWO AT VGMEDISPA LEEDS

LEEDS • West Yorkshire

Say a big thank you to your best friend with a trip for two to renowned beauty spa VGMEDISPA in Leeds for a choice of three pampering treatments. You each get to select the indulgent treatment you want, then sit back and have a good catch-up while allowing the expert team to create your gorgeous new look. The Shellac polish for hands and feet will leave you staring at your glossy new nails, the VG definition eyebrow tint & tidy will get your brows into perfect shape, while the full set of semi-permanent individual eyelash extensions will add lashings of style!

YOUR EXPERIENCE

- One treatment of your choice from a selection, for two people
- Options include; Shellac polish for hands and feet, VG definition eyebrow tint & tidy, or semi-permanent individual eyelash extensions

HOW TO BOOK

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95 MAKEOVER AND PHOTOSHOOT FOR TWO AT FLAWLESS PHOTOGRAPHY STUDIOS

LEEDS • West Yorkshire

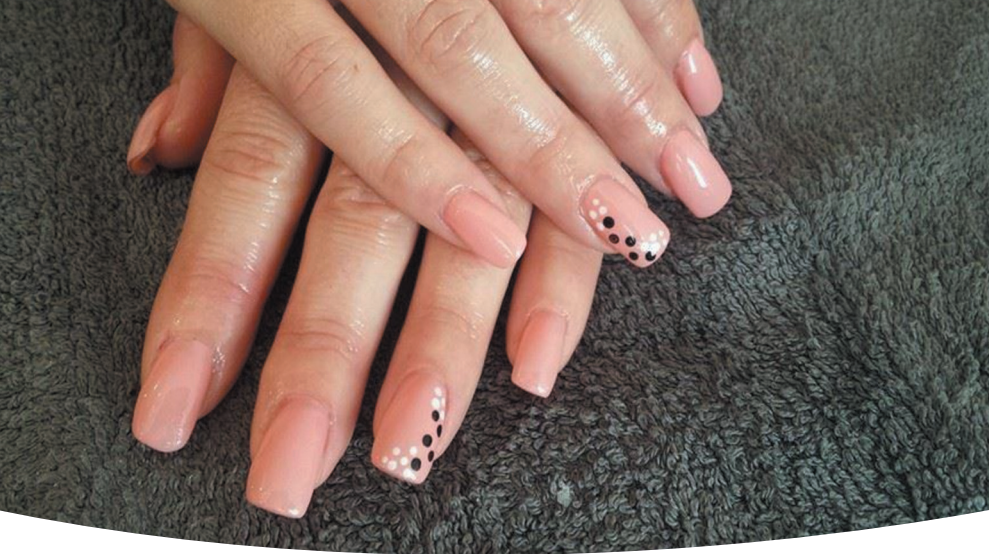
Seize this chance to create unforgettable memories in a welcoming environment. With this experience package, you and someone special will get to experience a fun photoshoot at Flawless Photography Studios, under the guidance of two professional photographers. You'll be treated to refreshments during the session, and will each be given a makeover and dry styling using high quality products including makeup by MAC. You'll even get an express facial and mini manicure that will leave you refreshed and pampered before you strike your first pose. What's more, you'll both take one print home to remember your day. Don't miss out, book now!

YOUR EXPERIENCE

- A photoshoot for two people with two photographers
- Refreshments
- MAC make-up and dry styling
- Mini manicure (file and polish) and an express facial
- A 6x4 print each

HOW TO BOOK

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96

JESSICA MANICURE WITH POLISH FOR TWO AT THE MULBERRY HOUSE BEAUTY SALON

WAKEFIELD • West Yorkshire

Take a break from your everyday schedule, grab a friend and head to The Mulberry House Beauty Salon in Wakefield for a lovely pamper treat and the perfect excuse for a catch up! You will both be warmly welcomed on arrival at this relaxed, laid back salon, before taking a seat and unwinding with a Jessica manicure. Your manicure will include a hand and lower arm exfoliation and massage, cuticle work and a file and shaping, finishing off with a perfectly applied polish, in your choice of colour!

YOUR EXPERIENCE

- Nail pampering treat for two
- Jessica manicure with polish each

HOW TO BOOK

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97 AROMATHERAPY BACK MASSAGE FOR TWO AT EDEN SKYE AESTHETICS

DARLINGTON • County Durham

Treat yourself and a friend to some well deserved relaxation with an aromatherapy back massage for two at Eden Skye Aesthetics in Darlington. You will receive a warm welcome from your friendly and qualified therapist when you arrive, who will use essential oils to help you to unwind, and will relieve any knots or muscle tension in your back. This is a great way to be pampered with a friend in a calm and tranquil setting.

YOUR EXPERIENCE

- Pamper treatment for two
- 30 minute aromatherapy back massage for two

HOW TO BOOK

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98 HEAD MASSAGE OR FACIAL FOR TWO WITH MIRACLES HAIR AND BEAUTY LOUNGE

DURHAM • County Durham

Head to Miracles Hair and Beauty Lounge in Durham with a friend to enjoy a massage or facial each. You can choose to enjoy an Indian head massage which can relax your body and your mind, relieving muscle tension, tackling headaches and improving blood flow. Alternatively, choose to have a relaxing facial where your experienced therapist will cleanse, tone and moisturise your skin while concentrating on pressure points to help you to unwind. You will both leave this salon feel calm and tranquil whatever treatment you choose!

YOUR EXPERIENCE

- Pamper treatment for two
- 30 minute head massage or facial each

HOW TO BOOK

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99 TREATMENT CHOICE FOR TWO AT THE WELLBEING SALON

DURHAM • County Durham

Unwind with a choice of treatment at The Wellbeing Salon in Durham, where you can both choose from a Swedish back massage, bella manicure, or hopi ear candling. A Swedish massage involves a variety of techniques being applied all over the body to release stress and knots, which will leave you feeling relaxed. A bella manicure is a spa treatment for your nails. They will be filed, soaked, conditioned, with hands being softened, exfoliated and massaged, and then your nails will be coated with a colour of your choice in Zoya polish. Finally, hopi ear candling is a treatment that draws out impurities and excess wax from the ear.

YOUR EXPERIENCE

- Relaxing treat for two
- Two people will receive one of the following treatments: Swedish back massage, Bella manicure, Hopi ear candling

HOW TO BOOK

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100 MANICURE OR PEDICURE FOR TWO AT VIBRALIFE BEAUTY

CARLISLE • Cumbria

Treat yourself and a friend to a manicure or pedicure each at Vibrallife Beauty in Carlisle, Cumbria. This salon has a comfortable and relaxed atmosphere and friendly staff to make you feel at ease as soon as you arrive. Choose a mini manicure, which includes cuticle work, nail shaping and polish application, or a mini pedicure which will leave you with well-groomed and glamorous toes. Whatever you choose, the qualified beauty therapists at this salon will ensure you both leave looking and feeling great.

YOUR EXPERIENCE

- Relaxing treat for two
- 40 minute mini manicure or mini pedicure each

HOW TO BOOK

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101 CHOICE OF TREATMENTS FOR TWO AT STAR BEAUTY

KESWICK • Cumbria

Popular Keswick salon Star Beauty is the venue for this pampering experience for you and a companion. You'll get to choose one treatment each after receiving a warm welcome from the staff at this popular salon, selecting from the following options: CND Shellac manicure, CND Shellac pedicure or Midnight/Twilight Mistress spray tan (the Midnight/Twilight Mistress spray tan is a darker tone than the Twilight Mistress treatment). Your treatments will last a total of around 45 minutes, giving you plenty of time to catch up and relax together!

YOUR EXPERIENCE

- One treatment each for two people
- Choose from a CND Shellac manicure, CND Shellac pedicure and a Midnight/Twilight Mistress spray tan

HOW TO BOOK

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102 FACIAL OR SHELLAC MANICURE FOR TWO AT AVA BEAUTY

ASHTON UNDER LYNE • Greater Manchester

Situated in Ashton Under Lyne, you and your companion will enjoy either a deep cleansing facial or Shellac nails at AVA Beauty. If you opt for a facial, the friendly therapist will unclog your pores and deeply cleanse and moisturise your skin. If you prefer to refresh your nails, choose the Shellac manicure that will leave your nails chip-free in a freshly painted colour of your choice, lasting up to two weeks!

YOUR EXPERIENCE

- Relaxing pamper treat for two
- Deep cleansing facial treatment or Shellac nails each

HOW TO BOOK

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103 CHOICE OF TREATMENT AT LILLY NAIL AND BEAUTY

MANCHESTER • Greater Manchester

Located in Manchester, Lilly Nail and Beauty is a modern and welcoming salon where you and a friend can enjoy a treatment of your choice. You'll have a hard time choosing between the five beauty treatments available, all designed to make you look and feel your best! If you're missing that summer glow, opt for a Hollywood spray tan, or perhaps your chipped nails could do with a boost? Why not try a Gelac manicure or Gelac for feet, or a dipping Gel manicure. Alternatively, if you want to redefine your facial features, a HD brow treatment gives the very best shape and design to suit you!

YOUR EXPERIENCE

- One treatment of your choice from a selection, for two people
- Choose either a Hollywood spray tan, a Gelac manicure, Gelac for feet, a dipping Gel manicure, or a HD brow treatment

HOW TO BOOK

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104 CHOICE OF PEDICURE FOR TWO AT POLISHD BEAUTY ACADEMY

SALFORD • Greater Manchester

Put your feet up and enjoy a choice of pedicure with a friend at Polishd Beauty Academy in Salford, Manchester. You will receive a warm welcome from the experienced staff at this salon, and feel instantly relaxed in the calm and comfortable setting. You can choose to enjoy a mini pedicure, which includes exfoliation of the feet, nail shaping and cuticle removal, followed by moisturiser and polish application for a quick transformation for tired feet. Alternatively, you can choose a shellac toe pedicure where your nails are shaped, the cuticles tidied and gel polish applied. Whatever you choose, you'll feel great after your visit!

YOUR EXPERIENCE

- Nail treatment for two people
- 30 minute mini pedicure or shellac toe pedicure each

HOW TO BOOK

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105 LAVA SHELL BACK MASSAGE FOR TWO AT RUBY JO'S BEAUTY SALON

WIGAN • Greater Manchester

Experience some luxury with a lava shell back massage for two at Ruby Jo's Beauty Salon in Wigan. This salon is gorgeously quaint with traditional features and furnishings to make your visit feel especially special. You'll feel instantly at ease after your warm welcome from the friendly staff, before your qualified therapist begins your treatment each. A lava shell massage involves smooth heated Tiger Clam shells being lightly massaged over the back to soothe muscles and ease any tension, while the warming sensation helps to relax your mind. You and a friend will feel refreshed and revitalised when you leave this salon!

YOUR EXPERIENCE

- Relaxing pamper treat for two
- 30 minute lava shell back massage each

HOW TO BOOK

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106 FULL BODY SPRAY TAN FOR TWO AT BODY SCULPTURE

LIVERPOOL • Merseyside

Instantly step into summer with a full body spray tan for two at Body Sculpture salon. Conveniently located in Liverpool, you will receive a warm and friendly welcome from the experienced beauty therapists when you arrive, and be made to feel completely at home. You and your friend will then be given your treatments and receive that gorgeous sun-kissed glow – a great way to feel pampered and summery!

YOUR EXPERIENCE

- Full body spray tan for two people
- Leave the salon feeling relaxed and with a healthy glow, ready for holiday

HOW TO BOOK

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107 LEG AND FOOT MASSAGE FOR TWO AT STUDIO 194

WALLASEY • Merseyside

Enjoy some tranquillity at Studio 194 with a leg and foot massage for two. Situated in Wallasey, Merseyside, you will be greeted by the friendly staff when you arrive and feel instantly calm in such a peaceful setting. Your experienced therapist will then begin your leg and foot massage each, which will ease away any muscle tension and help to relax your mind. This is the perfect way to unwind with a friend and give your tired feet the relaxation they deserve!

YOUR EXPERIENCE

- Relaxing massage for two
- Leg and foot massage each

HOW TO BOOK

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108 LEVOI SHADOW BROW TREATMENT FOR TWO AT LEVOI CHAMPAGNE NAIL BAR

NEWCASTLE UPON TYNE • Tyne and Wear

Enhance your natural beauty with a Levoi shadow brow treatment for two at Levoi Champagne Nail Bar in Newcastle Upon Tyne. The friendly staff will give you a warm welcome when you arrive at this salon so you can feel immediately at ease in the friendly and relaxing atmosphere. Your qualified beauty therapists will then get to work, filling in your brows to give you perfect shape and definition. This is a great way to look made-up with minimal effort and spend some quality time with a friend!

YOUR EXPERIENCE

- Beauty treatment for two
- Levoi shadow brow treatment each

HOW TO BOOK

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A scenic landscape of Wales. The top half of the image shows a clear blue sky with a few wispy clouds. Below the sky, a body of water (likely the sea) is visible, with a small town or village on the right side. The middle section of the image is dominated by a large, bright green field, possibly a golf course or a park, with a winding path or road. The bottom section shows a rocky coastline with a small bay and a few buildings. The overall scene is a picturesque view of the Welsh coast.

WALES



Partners in the guide

WALES

WALES

109 Cut and Finish for Two at Maestro Hair and Beauty, Wrexham

110 Shellac Polish on Hands for Two at Nail Divas, Whitchurch

111 Manicure or Massage for Two at Atlantis Beauty Salon, Neath

112 Dry Cut and Finish for Two at Herr Kutts Salon, Swansea

113 Massage or Manicure for Two at Serenity Beauty Suite, Swansea

114 Nail Treat for Two at Beauty Therapy Suite, Swansea



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109 CUT AND FINISH FOR TWO AT MAESTRO HAIR AND BEAUTY

WREXHAM • Clwyd

Indulge in a relaxing pampering session with a friend and enjoy a style revamp when you head to Maestro Hair and Beauty with a friend. This cut and finish for two is the ideal way to give your luscious locks a boost and inject a bit of style into your everyday look. Whether you have a staple look in mind, or want to try out something completely new, the expert stylists at this friendly salon will be on hand to advise you and create the right look for you, with a professional cut and a glamorous salon quality finish!

YOUR EXPERIENCE

- Pamper treat for two
- Haircut and Finish each

HOW TO BOOK

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110 SHELLAC POLISH ON HANDS FOR TWO AT NAIL DIVAS

WHITCHURCH • South Glamorgan

Get chip-free nails for up to three weeks for you and a friend with a Shellac polish for hands at Nail Divas. On arrival at this friendly Cardiff salon, you will be greeted by your qualified beauty therapists, who will give you a warm welcome before beginning your treatments to give you the glamorous nails you've always dreamt of! You'll both have nails you really want to flaunt!

YOUR EXPERIENCE

- Pamper treat for two
- Shellac polish for hands each

HOW TO BOOK

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111 MANICURE OR MASSAGE FOR TWO AT ATLANTIS BEAUTY SALON

NEATH • West Glamorgan

Head to the Atlantis Beauty Salon in Swansea with a friend to enjoy either a Gelish polish manicure or a back, neck and shoulder massage each. You'll receive a friendly welcome when you arrive and get to choose your treatment: the manicure giving you chip-free nails for up to three weeks, or the massage relieving you of stress and tension. Whichever you choose, this is the perfect way to relax with a friend!

YOUR EXPERIENCE

- Pamper treat for two
- Gelish polish manicure or back, neck and shoulder massage each

HOW TO BOOK

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112 DRY CUT AND FINISH FOR TWO AT HERR KUTTS SALON

SWANSEA • West Glamorgan

Say goodbye to bad hair days! Whether you want to revamp your locks, keep up with the latest trends or just maintain a more classic haircut and style, the experienced team at Herr Kutts Salon can help you discover the right look for you. Bring a friend or loved one along with you and enjoy a dry cut and finish each at this well established and highly regarded unisex salon in Swansea, which has also been recognised with a Goldwell award. Whether you prefer glossy waves, a clean shaven look or poker straight hair, the expert stylists will ensure you both leave feeling and looking your best!

YOUR EXPERIENCE

- Pamper treat for two
- Dry cut and finish each

HOW TO BOOK

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113 MASSAGE OR MANICURE FOR TWO AT SERENITY BEAUTY SUITE

SWANSEA • West Glamorgan

Visit Serenity Beauty Suite with a friend to enjoy a manicure or massage for two. Located in Swansea, you'll be greeted by the friendly staff upon arrival and they will begin your choice of treatment each. You can choose to enjoy a back, neck and shoulder massage, relieving muscle tension and helping to de-stress your mind. Or if you prefer, you can choose to have a manicure where your hands will be soaked, your nails shaped and the cuticles tidied, finishing with a hand massage and polish application. This is the perfect way to take a well deserved break that leaves you and your friend feeling great!

YOUR EXPERIENCE

- Pamper treat for two
- Back, neck and shoulder massage or manicure each

HOW TO BOOK

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114 NAIL TREAT FOR TWO AT BEAUTY THERAPY SUITE

SWANSEA • West Glamorgan

Treat your hands and feet to a choice of treatment for two at the Beauty Therapy Suite in Mumbles, Swansea, where you and your guest can have either a manicure or a toenail file and polish. For both treatments, your nails will be filed to whatever shape you like, whether it short, long, oval, or square, and then buffed to a healthy shine. Finally, your nails will then be carefully painted with a colour of your choice to make you look fabulous. Enjoy all of this at this relaxing boutique haven while in the hands of their expert therapists, who will also provide you with complimentary refreshments throughout your treatment.

YOUR EXPERIENCE

- Two customers will receive either a regular manicure or a toenail file and polish
- Complimentary refreshments

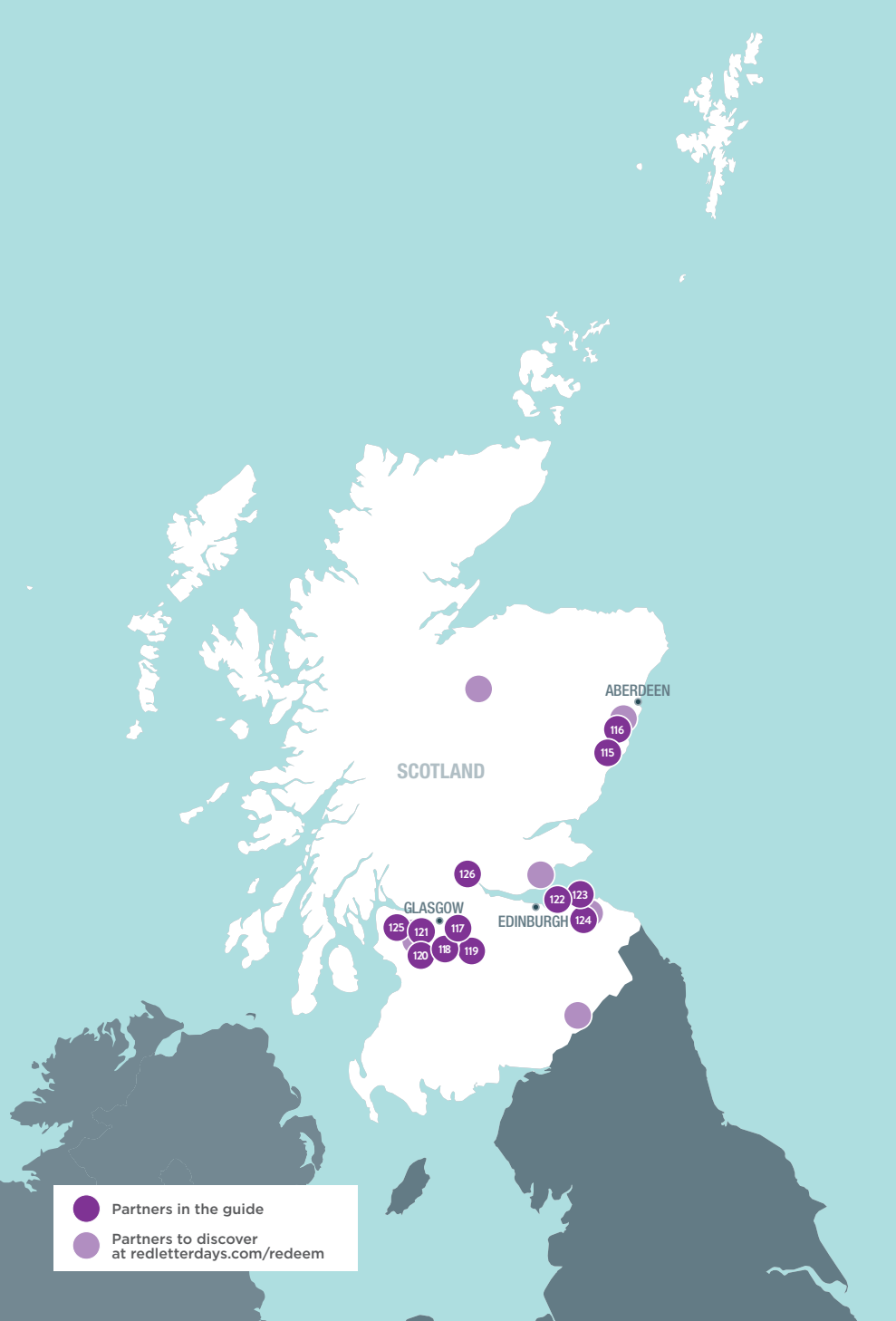
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SCOTLAND



SCOTLAND

ABERDEEN

GLASGOW

EDINBURGH



Partners in the guide



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SCOTLAND

SCOTLAND

115 Choice of Treatment for Two at Marams Beauty Studio, Aberdeen

116 Mini Pedicure at Ice Hair & Body, Aberdeen

117 Curly Blow-dry at Hairs And Graces, Glasgow

118 De-stress Head Massage for Two at The Wee Beauty Room, Glasgow

119 Mini Facial for Two at Glam & Go, Glasgow

120 Treatment Choice for Two at ReLuca Hair and Beauty, Glasgow

121 Wash, Blow-dry and Moisture Treatment for Two at Chesne Hair, Glasgow

122 Bouncy Blowdry with Conditioning Treatment for Two at Pout2Perfection, Edinburgh

123 Express File and Polish for Two at The Nail Yard, Edinburgh

124 Pamper Treat each for Two at Beauty Harbour Clinic, Edinburgh

125 Gents Haircut for Two at Iain Stewart Hairdressing, Paisley

126 Blow Dry or Hair Up for Two at Narcissus Hair and Beauty, Stirling

@ Pamper Treat for Two at Aberdeen Beauty Clinic, Aberdeen

@ Treatment Choice for Two at Heavenly Sensations, Kirkcaldy

@ Facial Each for Two at Nash Beauty, Charing Cross

@ Facial or Blowdry Treatment for Two at Love Yourself Hair & Beauty, Glasgow

@ Nail Treatment Choice for Two at I Love Nails, Glasgow

@ Pampering Treat for Two at Hair In The City, Glasgow

@ Nail Polish Manicure and Eyebrow Tint for Two at Serenity Beauty Boutique, Edinburgh

@ Hot Stone Massage for Two at Cairngorm Beauty Therapy, Aviemore



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115 CHOICE OF TREATMENT FOR TWO AT MARAMS BEAUTY STUDIO

ABERDEEN • Aberdeenshire

Take a friend along to Maram's Beauty Studio and choose a treatment each from a selection of indulgent pampering treats. Perhaps you'll go for a Gel polish for your toes, giving you vibrant, chip-resistant colour, or maybe a soothing Indian head, back and neck massage to ease away any stress and boost circulation. Whatever you choose, you're both sure to enjoy the time out together, and leave the salon feeling fully de-stressed and rejuvenated!

YOUR EXPERIENCE

- Pamper treat for two
- Choose either a Gel polish for your toes or an Indian head, back and neck massage each

HOW TO BOOK

Visit [redletterdays.com/redeem](https://www.redletterdays.com/redeem) to explore our full range of options and redeem your voucher!



116 MINI PEDICURE AT ICE HAIR & BODY

ABERDEEN • Aberdeenshire

Take a break with a friend and enjoy a mini pedicure each at Ice Hair & Body in Aberdeen. At this modern salon, you'll be pampered by the qualified beauty therapists who will give you a warm welcome and a thorough pedicure that will tidy and brighten up your feet. With all the hard work your feet have to do, this is a great way to give them a rest and some much-needed TLC!

YOUR EXPERIENCE

- Relaxing nail treat for two
- 50 minute mini pedicure each

HOW TO BOOK

Visit [redletterdays.com/redeem](https://www.redletterdays.com/redeem) to explore our full range of options and redeem your voucher!



117

CURLY BLOW-DRY AT HAIRS AND GRACES

GLASGOW • Glasgow

Look and feel great with a new hairstyle for two at Hairs and Graces in Glasgow. Bring along a friend or loved one and you'll both love the chance to sit back, catch up and relax in the welcoming salon while an experienced stylist restyles your locks with a curly blow-dry. You'll both feel glamorous and revived, with that healthy bounce back in your hair - perfect for a special occasion or a night out!

YOUR EXPERIENCE

- Relaxing hair treatment for two
- Hair re-style with a curly blow-dry each

HOW TO BOOK

Visit [redletterdays.com/redeem](https://www.redletterdays.com/redeem) to explore our full range of options and redeem your voucher!



118 DE-STRESS HEAD MASSAGE FOR TWO AT THE WEE BEAUTY ROOM

GLASGOW • Glasgow

Feel completely relaxed with a De-stress head massage for two at The Wee Beauty Room in Glasgow. You will feel instantly calm in the friendly and tranquil atmosphere of the salon and feel any tension ease away as your massage therapist takes you through your 30 minute massage each. Soak up the pampering and leave the salon feeling relieved of all your stress, then why not take your companion out for a drink to celebrate!

YOUR EXPERIENCE

- Pamper treat for two
- 30 minute head massage for two people

HOW TO BOOK

Visit [redletterdays.com/redeem](https://www.redletterdays.com/redeem) to explore our full range of options and redeem your voucher!



119 MINI FACIAL FOR TWO AT GLAM & GO

GLASGOW • Glasgow

Rejuvenate your skin with a mini facial for two at Glam & Go in Glasgow. You and a friend can relax at this cosy and popular salon while your beauticians restore the elasticity in your skin and combat any impurities during your 30 minute mini facials. With a reputation for friendliness and professionalism, you'll leave Glam & Go feeling fully refreshed and ready to face the world!

YOUR EXPERIENCE

- Pamper treat for two
- Relaxing mini facial each

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



120 TREATMENT CHOICE FOR TWO AT RE'LUCA HAIR AND BEAUTY

GLASGOW • Glasgow

Revamp your look or simply sit back, relax and unwind with this fantastic experience for you and a friend at Re'Luca Hair and Beauty in Glasgow. Both of you will be able to tailor the experience to your preference, with a choice of four fantastic treats to pick from. You can choose a wash and conditioning hair treatment, a cut, restyle and blow-dry, a wash and blow-dry or, if you are looking to de-stress and relax, why not choose the back, neck and shoulder massage to ease any tension build up and soothe sore muscles. Whichever you pick, this is the ideal opportunity for a friendly catch up and some TLC at the same time.

YOUR EXPERIENCE

- One treatment each, for two people
- Choose one of the following: Wash and conditioning treatment, cut/restyle and blow-dry, wash and blow-dry, 30 minute back, neck and shoulder massage

HOW TO BOOK

Visit [redletterdays.com/redeem](https://www.redletterdays.com/redeem) to explore our full range of options and redeem your voucher!



121 WASH, BLOW-DRY AND MOISTURE TREATMENT FOR TWO AT CHESNE HAIR

GLASGOW • Glasgow

Leave your hair in the professional hands of the expert team at Chesne Hair salon, situated in the vibrant Merchant City area of Glasgow. With an excellent reputation, you and a friend can enjoy a wash, blow-dry and moisture treatment each at this modern and trendy salon. Your locks will feel restored with a soft and healthy shine, and your finished look will be tailored to suit you, whether you prefer a traditional or more contemporary style. With partner suppliers including GHD, Kebelo and Decleor, you're both guaranteed to leave feeling satisfied with your healthier and restyled locks.

YOUR EXPERIENCE

- Pamper treat for two
- Wash, blow-dry and moisture treatment each

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



**122 BOUNCY BLOWDRY
WITH CONDITIONING
TREATMENT FOR TWO
AT POUT2PERFECTION**

EDINBURGH • Midlothian

You'll love your locks after a bouncy blow-dry with conditioning treatment for two at Pout2Perfection in Edinburgh. This salon is bright and cosy with friendly, upbeat staff to make your visit both fun and relaxing. Your bouncy blow-dry will add volume to your hair while making it soft and frizz-free, and your conditioning treatment will restore health and nourishment. You will both feel pampered and transformed by the end of your visit!

YOUR EXPERIENCE

- Hair treatment for two
- Blow-dry with conditioning treatment each

HOW TO BOOK

Visit [redletterdays.com/redeem](https://www.redletterdays.com/redeem) to explore our full range of options and redeem your voucher!



123 EXPRESS FILE AND POLISH FOR TWO AT THE NAIL YARD

EDINBURGH • Midlothian

If you're looking for a quick fix for your tired and chipped nails, The Nail Yard in Edinburgh is just the place to treat them! The expert team use natural ingredients and products in their treatments to avoid the risk of toxins and chemicals interfering with your well-being. You and a friend can have your nails filed in the shape you prefer and painted with a natural nail polish, from the likes of Kure Bazaar and Orly, leaving you both with beautiful nails that you'll want to flaunt!

YOUR EXPERIENCE

- Pamper treat for two
- Nails filed and painted in a colour of your choice each

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!



124 PAMPER TREAT EACH FOR TWO AT BEAUTY HARBOUR CLINIC

EDINBURGH • Midlothian

You and a friend will love this indulgent pamper treat each at the Beauty Harbour Clinic in Edinburgh. There's a choice of two treatments for you to decide between, with one of you getting a relaxing Indian head massage and the other benefitting from a mini manicure and hand massage for tidied nails and soft skin. You'll be treated by expert therapists and will leave the salon feeling revived and relaxed after your treatments, which will last a total of around an hour.

YOUR EXPERIENCE

- One pampering treatment each for two people
- Indian head massage for one person, hand massage and mini manicure the other person

HOW TO BOOK

Visit [redletterdays.com/redeem](https://www.redletterdays.com/redeem) to explore our full range of options and redeem your voucher!



125 GENTS HAIRCUT FOR TWO AT IAIN STEWART HAIRDRESSING

PAISLEY • Renfrewshire

Treat yourself to the ultimate grooming experience at Iain Stewart Hairdressing, located in Paisley in Scotland. With this experience package, you and a special companion will get a new look by one of this popular salon's experienced stylists, whether you're after a trim or an entirely new cut. On arrival at the venue, you'll be greeted before you share ideas with your stylist. You'll enjoy a professional service at this friendly salon as you relax and share the experience with a friend!

YOUR EXPERIENCE

- Relaxing pampering treat
- A stylish haircut for two people

HOW TO BOOK

Visit [redletterdays.com/redeem](https://www.redletterdays.com/redeem) to explore our full range of options and redeem your voucher!



126 BLOW DRY OR HAIR UP FOR TWO AT NARCISSUS HAIR AND BEAUTY

STIRLING • Stirlingshire

If you have an upcoming special occasion and want to impress with great looking hair, head to Narcissus Hair and Beauty in Stirling and choose between a professional blow-dry or hair-up styling, and what's more, you can treat a friend too! The friendly staff will give you a warm welcome so that you are relaxed and feel at ease for your treatment. The creative team will get to work on your hair, basing the style on your preferences and personality, leaving you both looking and feeling gorgeous and ready to show off your new look!

YOUR EXPERIENCE

- Relaxing pamper treat for two
- Blow-dry or hair-up styling each

HOW TO BOOK

Visit redletterdays.com/redeem to explore our full range of options and redeem your voucher!

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Terms of service

LEGAL INFORMATION

The Red Letter Days Experience Gifts are published by Buyagift Plc (hereinafter, the "Company"), a company incorporated under UK law and headquartered at 4 Imperial Place, Maxwell Road, Borehamwood, WD6 1JN, registered in the UK companies house under number 03883868.

The Company publishes Experience Gifts and acts as an agent, in the name and on behalf of its operators who provide the services offered in the Experience Gifts. The Experience Gifts are available in physical format in the form of a box containing an illustrated brochure presenting the Red Letter Days categories and a "voucher", (the gift box) or the e-voucher in electronic format.

The voucher has no face value. It is given to the operator in exchange for the chosen service.

These terms of service are an integral part of the Company Terms and Conditions of Sale which may be found on the website www.redletterdays.co.uk

The right of withdrawal does not apply to Experience Gifts bought in store.

The Company ensures compliance with the principles of the protection of personal data, in accordance with legislation in force. To find out how personal data is processed, we invite you to consult the section on the protection of personal data on www.redletterdays.co.uk

WHAT SERVICES ARE YOU ENTITLED TO WITH YOUR EXPERIENCE GIFT?

1. The voucher entitles you to a single service, to be chosen from the services under your Experience Gift, presented on www.redletterdays.co.uk. The service may vary from one operator to another. The value of the service may be different from the sale price of the Experience Gift. The Company regularly enriches its product offering, please explore them online.

2. The content of the services and the list of operators under your Experience Gift are subject to change. The Company is committed to offering the recipient alternative solutions. The list of operators and the services offered are regularly updated and most up to date list is available on www.redletterdays.co.uk. You may also contact Customer Services by phone, or via the contact form on www.redletterdays.co.uk.

You may book your Experience Gift with your chosen partner using the booking details found at www.redletterdays.co.uk/redeem.

3. The Company informs you that when a service includes a meal, the menu is agreed in advance between the partner (restaurant, hotel) and the Company. Unless otherwise indicated by the operator, you will not be able to freely choose your menu at the facility on an à la carte basis.

HOW DO YOU USE YOUR EXPERIENCE GIFT?

4. In order to get the most out of your Experience Gift, we recommend that you visit www.redletterdays.co.uk as soon as possible. This website will give you information about all operators participating within the Experience Gifts.

5. Proof of purchase should always be retained, particularly in case of activation problems.

6. We invite you to take all necessary measures to conserve and protect the confidential numbers on your voucher and on the back of the gift box to avoid falling victim to attempted fraud. The Company is not liable in the event that this confidential information is divulged to the public and/or disclosed, especially on online resale sites.

WHAT ARE THE PROCEDURES FOR PROVIDING THE SERVICE?

7. Specific excluded dates, days of the week or times of day vary depending on the Experience Gift and Partner that you choose. Details can be found at www.redletterdays.co.uk/redeem. Owing to the large number of booking requests for weekends and peak periods, it is strongly recommended that you book the service you wish to receive as early as possible. All booking dates and times are subject to availability.

A service may be provided only when booked in advance by following the instructions provided at www.redletterdays.co.uk. You may be required to present the original voucher, e-voucher and/or booking confirmation emails or codes when you arrive at your experience.

The provisions of the service will take place after the operator has verified the status of the voucher.

8. The provision of the service is subject to the specific conditions of the chosen operator, such as the conditions for cancelling or amending bookings, or physical conditions or those concerning the age, height, weight etc. of the recipient(s).

9. For information on the conditions for cancelling or amending your booking, go to www.redletterdays.co.uk.

10. When redeeming your voucher and booking an experience with an operator you will be entering into a separate agreement with the operator and will be bound by their own terms and conditions, including any restrictions applied by that operator. Although the Company has sought to select highly experienced operators of experiences, the Company cannot be responsible for the safety standards or the quality or delivery of the experience, or any loss or damage suffered by you whilst participating in the experience for which the operator shall be solely responsible. By purchasing a Red Letter Days voucher booking an experience with a supplier, you acknowledge that the experience in respect of which the voucher will be redeemed is dependent on certain factors beyond the control of the Company and you agree that neither the Company nor any operator shall be liable for the cancellation, postponement or alteration of any experience for reasons beyond its reasonable control, including weather-related reasons, mechanical failure, location changes or otherwise. We do not undertake any technical examination of equipment, facilities or services in order to minimise personal risk. If mechanical machinery breaks down, you should ask the operator for reasonable substitutions without notice. The total liability of the Company for any claim whatsoever in connection with the Red Letter Days voucher or any experience in respect of which a voucher is redeemed shall be limited to the price paid for the experience voucher. We have tried to ensure that the descriptions and images used on all marketing material are accurate. However, images are intended to give a general idea of the experience described and do not form part of any contract between the purchaser and / or the recipient of the voucher and the Company.

11. In any case, large retail distributors which sell the Experience Gifts in the name and on behalf of the Company cannot be held liable for the performance of any service.

12. The cover photographs and those presented in the brochure are illustrations, and are not contractual. Any reproduction in part or in whole is strictly prohibited. They are likely to come from but not limited to partners and image banks including Fotolia, iStockphoto, GettyImages, Masterfile, Corbis image, Offset, Matton, Sucré Salé, Stockfood, Sofood, Thinkstock and Shutterstock.

WHAT ARE THE PROCEDURES FOR EXCHANGING THE EXPERIENCE GIFT?

13. During its period of validity, the Experience Gift may be exchanged at www.redletterdays.co.uk/ redeem for free. An online exchange for a physical-format gift box is subject to delivery charges.

14. The Company reserves the right not to respond to a complaint from a buyer and/or recipient following a resale or attempted purchase or resale of the Experience Gift outside its conventional distribution network and especially in case of purchase or resale directly with a private individual or on resale sites between private individuals.

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