Theragun Percussive Therapy is massage reinvented™. Our percussive therapy devices are scientifically calibrated with a 16mm amplitude to reach deep into your muscles and stimulate heat and blood flow, helping to bring oxygen in and impurities out, improving the health and function of your muscles.

Benefits of Theragun percussive therapy include:

- Increasing blood flow
- Decreasing lactic acid
- Improving range of motion
- Hydrating tissue
- Preventing adhesions
- Faster warm-up
- Faster recovery
- Increasing flexibility
- Decreasing inflammation
- Improving posture
- Decreasing muscle soreness
- Enhancing sleep quality

Essential Features. Hardly Any Sound. The Theragun Prime is the perfect balance of strength and style.

Theragun Prime offers deep muscle treatment for your body's needs. The essential Smart Percussive Therapy device is ergonomically designed for everyone in mind. Coupled with our intuitive app as your guide the Theragun Prime helps to release everyday strain and stress.

Features

- Proprietary brushless motor with QuietForce technology
- Smart Percussive Therapy with Bluetooth connectivity
- App-guided routines
- 5-Speed range with customizable speed through the Therabody app
- Delivers up to 30 lbs of no-stall force
- Internal lithium-ion battery (120 minutes)
- Theragun triangle ergonomic handle design
- 1-year warranty

Includes

- Travel pouch
- Power adapter
- 4 easy-to-clean closed-cell-foam attachments in pouch:
 - o Dampener: Used mostly for tender or bony areas. Perfect for overall use.
 - Standard Ball: Perfect for overall use on large and small muscle groups.
 - Thumb: Used mostly for trigger points and the lower back.
 - Cone: Used mostly for pinpoint muscle treatment, including the hands and feet.