

# reviber

SUPERSLIM



## HOW TO SET UP YOUR REVIBER

Maximum weight allowed is 150kgs (23st 9lbs)

1. Place the Reviber on a flat surface. On hard surfaces this is important as the motion of the machine will make a noise on an uneven surface.

2. Should your floor be uneven, then you can unscrew/screw the feet of the product as necessary to level the machine.

3. Attach the two resistance bands to the two silver coloured hoop fixing positions on the underside of the machine.

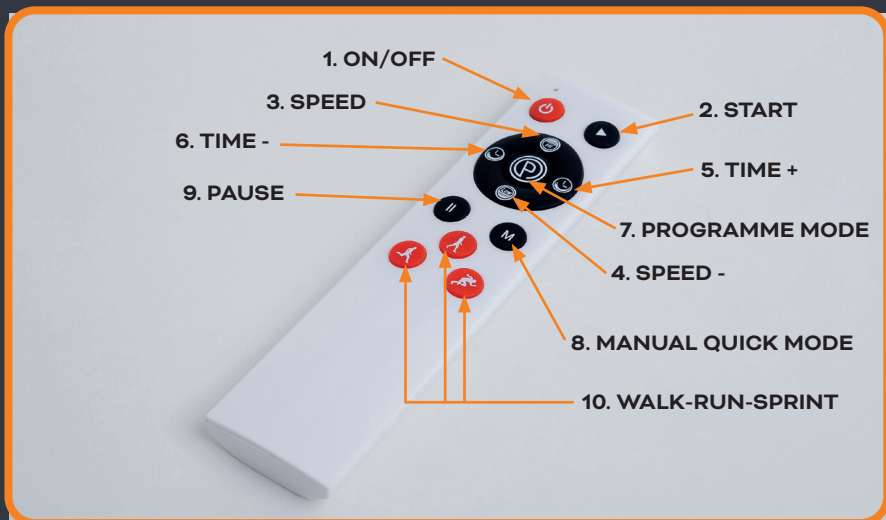
## BLUETOOTH SPEAKER SETUP



Open the Bluetooth setting on your device and select Reviber



The readings scroll through Time, Speed and Distance. These show the time remaining of the programme you are on, the speed increment at which the machine is running, (between 0 and 99), and the equivalent distance you have walked/jogged/run.



## HOW TO OPERATE YOUR REVIBER

Press the red power switch on the back of the machine

- 1. POWER:** Turns the machine on/off at any time during use.
- 2. START:** Press this button on the remote to start the machine.
- 3. SPEED +:** Press to increase the speed (not available during auto programme mode).
- 4. SPEED --:** Press to decrease the speed (not available during auto programme mode).

**NOTE:** Speed can be increased or decreased during use (except in auto programme mode).

- 5. TIME +:** Press to increase the time (not available during auto programme mode).
- 6. TIME --:** Press to decrease the time (not available during auto programme mode).

**NOTE:** Time MUST be adjusted before pressing START on the remote (except when auto programme mode has been selected)

- 7. AUTO PROGRAMME MODE:** Press to select P1, P2, P3, P4 or P5.

**NOTE:** Once the auto programme starts you cannot adjust the speed or time. The auto programmes increase and decrease the speed at set times (see table overleaf)

- 8. MANUAL QUICK MODE:** Press once to go to speed 30, twice to speed 60 and three times to speed 99.
- 9. PAUSE:** Press to pause the machine at any time during use.
- 10. WALK, RUN, SPRINT:** Press to jump to speed 30, speed 60 or speed 99 respectively.



# AUTO PROGRAMMES

## PROG 1. □

Runs at speed 30 for 30 seconds and then runs at speed 50 for 30 seconds.

## PROG 2. □

Runs at speed 50 for 30 seconds and then runs at speed 75 for 30 seconds.

## PROG 3. □

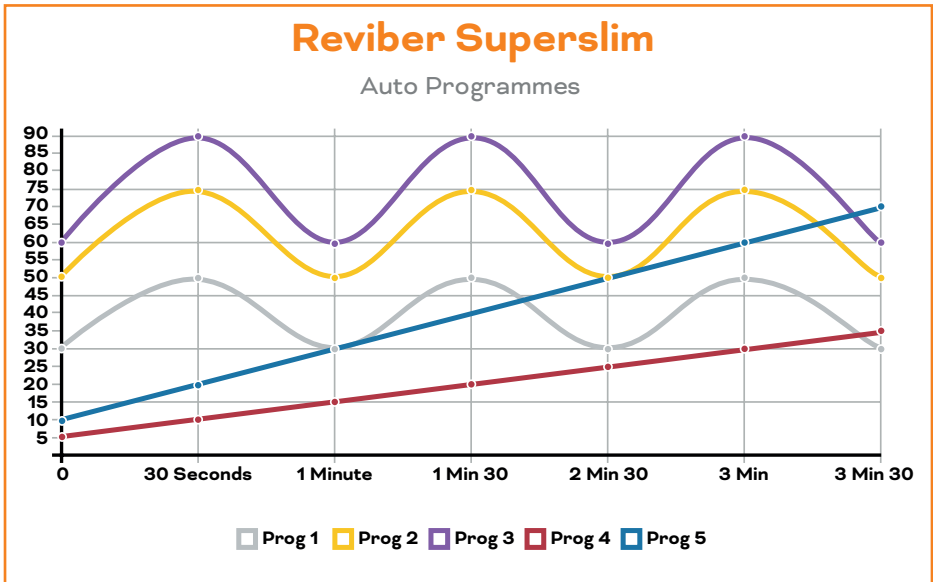
Runs at speed 60 for 30 seconds and then runs at speed 90 for 30 seconds.

## PROG 4. □

Runs at speed 5 for 30 seconds, then speed 10 for 30 seconds, speed 15 for 30 seconds etc...

## PROG 5. □

Runs at speed 10 for 30 seconds, speed 20 for 30 seconds, speed 40 for 30 seconds etc...



## CONTRAINDICATIONS:

Do not use within 30 minutes of eating a meal. Do not use if you are pregnant; have suffered from acute thrombosis conditions; brain haemorrhage; serious heart problems; recently fitted hip and knee replacements, metal pins, bolts or plates. Not to be used by children under the age of 12. If you are unsure whether or not you should use the Reviber then please consult your doctor, as you should before beginning any exercise programme.

**Do not allow children near the machine when the power is connected**

## TROUBLESHOOTING/REVIBER HELPLINE

If you need advice about using your Reviber, or it has been delivered damaged, has accessories missing or has developed a fault, please phone us on **01606 352277**. Or, email: **support@reviber.co.uk**.

## PRODUCT SPECIFICATIONS

**Manufacturer's Product Code:** ER13

**Weight:** 13.5kg

**Dimensions:** 67cm x 38cm x 13cm

**Amplitude:** 13mm

This product must not be disposed of together with domestic waste. All users are obliged to hand in all electrical or electronic devices, regardless of whether or not they contain toxic substances, at a local or commercial collection point so that they can be disposed of in an environmentally acceptable manner.

Consult your local authority or your dealer for information about disposal.



## 2 YEAR PRODUCT GUARANTEE

Your proof of purchase, (receipt or bank/card statement), is your guarantee. This leaflet is confirmation of your parts and labour warranty and also includes contact information overleaf for product advice and servicing.

This product is guaranteed to be free from defects in material and workmanship, covering both parts and labour from the date of purchase for 60 months. The owner must show proof of purchase. This guarantee is in addition to your statutory rights.

### CONDITIONS OF GUARANTEE

1. The product has been used according to our recommendations and all reasonable care has been taken.
2. Does not cover damage, malfunction or failure, resulting from misuse, neglect, abuse or use other than that for which it was designed.
3. No repairs, alterations or modifications have been attempted, other than by an authorised service agent, dealer or the company.
4. No additional liability is taken pursuant to this guarantee for the cost of travel or transportation of the product or parts to or from the service agent, dealer or company. This is a standard return-to-base guarantee: after 12 months, carriage costs must be paid by the customer.

**Guaranteed by:** Reviber  
Unit 9, Oasis Business Park,  
Road One, Winsford, Cheshire. CW7 3RY

## REVIBER CUSTOMER SUPPORT

If you have any questions about how to make the most of your Reviber, you may contact Reviber directly:

### CUSTOMER SUPPORT

**01606 352277**

**SUPPORT@REVIBER.CO.UK**

- Lost or missing parts, accessories and manuals.
- Returns (if you didn't purchase from Reviber directly then please contact your retailer)

### SERVICE DEPARTMENT

**01606 354477**

**HELP@REVIBER.CO.UK**

**FAULTS - SERVICE - REPAIRS**

**JOIN THE REVIBER COMMUNITY** to access the latest advice and exercises for your product. Ask and answer questions about the products, share your progress and engage with other like-minded users of the **REVIBER** collection of health and fitness products.

You can also contact our support team and service department for lost or missing parts, accessories and manuals.

REVIBER COMMUNITY   

[WWW.REVIBER.CO.UK](http://WWW.REVIBER.CO.UK)

# reviber

SUPERSLIM



Tone Muscles



Remote Control



Burn Fat



Highest Level of  
Oscillation