

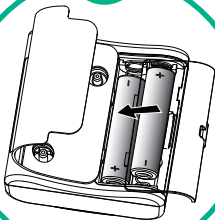


–Quick Start Guide–

BPx1W

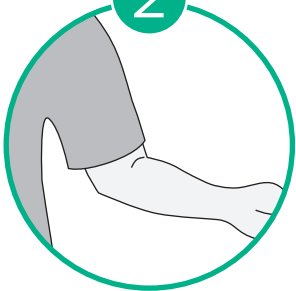
Advanced
Wrist Blood
Pressure Monitor

1



Unpack,
insert batteries
and setup
Blood Pressure Monitor.

2



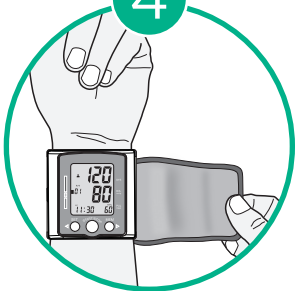
Remove
thick clothing
from arm.

3



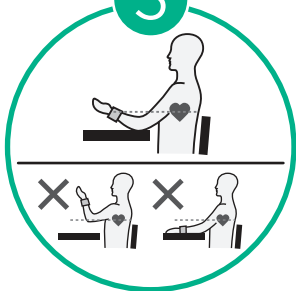
Rest for
a few minutes in
a relaxed position.

4



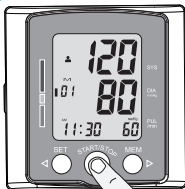
Wrap the cuff on
your left wrist,
face the monitor
and your palm up.

5



Place wrist at
the same level
of your heart.

6



Press the start button to begin blood pressure measurement.



for more information visit :
kinetikwellbeing.com