

Product Description	GOLD STANDARD PRE WORKOUT PINK LEMONADE
Ingredients List	Creatine Monohydrate, Amino Acids (Beta-Alanine as CarnoSyn®, L-Citrulline, N-Acetyl L-Carnitine, N-Acetyl L-Tyrosine), Acidity Regulators (Citric Acid, Malic Acid, Tartaric Acid), Flavourings, Anti-Caking Agents (Calcium Silicate, Silicon Dioxide), Vitamins (Pyridoxine Hydrochloride, Nicotinamide, Calcium D-Pantothenate, Cyanocobalamin, Thiamin Hydrochloride, Cholecalciferol, Pteroylmonoglutamic Acid), Thickeners (Cellulose Gum, Xanthan Gum, Carrageenan), Colour (Beetroot Red), Grapefruit Bioflavanoid Complex, Natural Caffeine, Sweeteners (Sucralose, Acesulfame K), Panax notoginseng Root Extract Powder.
Allergen Statement	May Contain: Milk, Soy, Gluten, Egg, Nuts and Peanuts.
Net Quantity	330g
Storage Instructions	Store in a cool, dry place.
Instructions for Use	Mix 1 level scoop (11g) in 350ml of cold water. Recommended consumption of 1 serving per day.
Origin/Provence	UK
Nutritional Information	<p>Typical Values Per (%RI*)</p> <p>11 g</p> <p>Energy 95 kJ / 23 kcal</p> <p>Vitamin 5.0 µg (100%)</p> <p>Vitamin B1 2.0 mg (179%)</p> <p>Niacin 17 mg (106%)</p> <p>Vitamin B6 2.0 mg (140%)</p> <p>Folic Acid 200 µg (100%)</p> <p>Vitamin B12 9.0 µg (360%)</p> <p>Pantothenic Acid 10 mg (167%)</p> <p>Amino Acids 2.9 g</p> <p>Beta-Alanine as CarnoSyn® 1.5 g</p>

	L-Citrulline 750 mg N-Acetyl L-Carnitine 375 mg N-Acetyl L-Tyrosine 250 mg Creatine Monohydrate 3.4 g Creatine 3.0 g Caffeine 175 mg Grapefruit Bioflavonoids 50 mg Panax notoginseng 50 mg
Nutrition Claims	HIGH DOSE of CAFFEINE from natural sources to enhance focus. EFFECTIVE DOSE of CREATINE to increase high intensity power & performance
Health Claims	N/A
Marketing Claims	Banned Substance Tested
Warnings	To be used in a framework of a varied and balanced diet and healthy lifestyle. Food supplements are not to be used as a substitute for a varied diet. Do not exceed the recommended daily dose. Keep out of reach of children High Caffeine Content (175mg per serving). Not recommended for children or pregnant or breastfeeding women.