

Product Description	PhD Diet Whey – salted caramel
Ingredients List	Milk Protein (providing 20% Whey Protein), Milk Chocolate Flavoured Coating (14%) (Sweeteners (Isomalt, Sucralose), Sustainable Palm and Palm Kernel Oil, Whey Powder (Milk), Fat Reduced Cocoa Powder, Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Emulsifiers (Soya Lecithin, E476), Flavouring), Hydrolysed Collagen, Humectant (Glycerol), Caramel (10.5%) (Humectant (Glycerol), Maltodextrin, Oligofructose, Water, Bulking Agent (Maltitol), Coconut Oil, Skimmed Milk Powder, Thickener (Modified Waxy Maize Starch), Colour (Plain Caramel), Gelling Agent (Pectin, Calcium Lactate), Emulsifier (Soya Lecithin), Salt, Flavouring, Thickener (Xanthan Gum)), Protein Crisps (Soya Protein, Cocoa Powder, Tapioca Starch), Fructo-Oligosaccharides, Bulking Agent (Polydextrose), Inulin, Sweeteners (Maltitol, Sucralose), Flavouring, Rapeseed Oil, Salt, L-Carnitine, Fat Reduced Cocoa Powder, Antioxidant (Natural Mixed Tocopherols), Zinc
Allergen Statement	Milk, wheat, soya.
Net Quantity	
Storage Instructions	Store cool and dry. Protect from sun.
Instructions for Use	<p>Eating a Diet Whey bar is pretty simple, the challenge is not eating too many and choosing which flavour you are going to eat next!</p> <p>Try eating one immediately after a workout - they are easy to digest and provide a sweet pick me up following exercise, but help keep your calories clean and simple.</p> <p>On days you don't workout, try having one instead of a dessert in the evening, or even mid-morning.</p> <p>PhD Nutrition Diet Whey Bar should be consumed as part of a varied and balanced diet and healthy lifestyle. Excessive consumption may cause laxative effects. Store in a cool dry place away from direct sunlight.</p>
Origin/Provence	UK and Germany

Nutritional Information	Typical Values	Per 100g	Per 65g bar
	Energy	1286kJ / 307kcal	836kJ / 199kcal
	Fat	7.8g	5.1g
	Of which saturates	5.4g	3.5g
	Carbohydrate	31g	20g
	Of which sugars	2.5g	1.6g
	Of which polyols	24g	15g
	Fibre	15g	9.6g
	Protein	31g	20g
	Salt	0.58g	0.38g
Nutrition Claims	N/A		
Health Claims	N/A		
Marketing Claims	N/A		
Warnings	N/A		

Product Description	Battle Oats Battle Bites – cookies cream																																
Ingredients List	Protein Blend (22%)(Milk Protein Concentrate (Milk), Calcium Caseinate (Milk), Whey Protein Concentrate (Milk)), Caramel (13%)(Chicory Root Fibre, Humectant (Vegetable Glycerol), Palm Kernal, Water, Butter (Milk), Sustainable Palm Oil, Emulsifiers (Mono- and diglycerides of fatty acids, Sorbitan Tri-Stearate, Rapeseed Lecithin), Gelling Agent (Pectin), Salt)), Humectant (Vegetable Glycerol), Chicory Root Fibre, Milk Chocolate Coating (11%)(Sweetners (Isomalt, Sucralose), Sustainable Palm Oil, Cocoa Powder, Whey Powder (Milk), Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Emulsifier (Soya Lecithin), Natural Flavourings)), Soy Protein Nuggets (10%)(Isolated Soy Protein, Cocoa Powder, Tapioca Starch)), Corn Fibre, Rapeseed Oil, Hydrolysed Collagen , Natural Flavouring, Oat Flour, Thickener (Acacia Gum), Emulsifier (Sunflower Lecithin), Sea Salt, Colour (Plain Caramel), Sucralose.																																
Allergen Statement	Milk, soya, wheat, oat.																																
Net Quantity																																	
Storage Instructions	Store cool and dry. Protect from sun.																																
Instructions for Use	Battle Bites can be consumed in between meals for additional protein without unwanted carbs and sugar, in a convenient, great tasting bar. Because Battle Bites come in 2x pieces making them great for portion control, so you can have one bite for elevenses and one for a mid-afternoon snack. They should not be used as a substitute for a balanced diet and it is not recommended to consume more than 2 bars per day.																																
Origin/Provence	UK and Germany																																
Nutritional Information	<table border="1"> <thead> <tr> <th>Typical Values</th> <th>Per 100g</th> <th>Per 65g bar</th> </tr> </thead> <tbody> <tr> <td>Energy</td> <td>1286kJ / 307kcal</td> <td>836kJ / 199kcal</td> </tr> <tr> <td>Fat</td> <td>7.8g</td> <td>5.1g</td> </tr> <tr> <td>Of which saturates</td> <td>5.4g</td> <td>3.5g</td> </tr> <tr> <td>Carbohydrate</td> <td>31g</td> <td>20g</td> </tr> <tr> <td>Of which sugars</td> <td>2.5g</td> <td>1.6g</td> </tr> <tr> <td>Of which polyols</td> <td>24g</td> <td>15g</td> </tr> <tr> <td>Fibre</td> <td>15g</td> <td>9.6g</td> </tr> <tr> <td>Protein</td> <td>31g</td> <td>20g</td> </tr> <tr> <td>Salt</td> <td>0.58g</td> <td>0.38g</td> </tr> </tbody> </table>			Typical Values	Per 100g	Per 65g bar	Energy	1286kJ / 307kcal	836kJ / 199kcal	Fat	7.8g	5.1g	Of which saturates	5.4g	3.5g	Carbohydrate	31g	20g	Of which sugars	2.5g	1.6g	Of which polyols	24g	15g	Fibre	15g	9.6g	Protein	31g	20g	Salt	0.58g	0.38g
Typical Values	Per 100g	Per 65g bar																															
Energy	1286kJ / 307kcal	836kJ / 199kcal																															
Fat	7.8g	5.1g																															
Of which saturates	5.4g	3.5g																															
Carbohydrate	31g	20g																															
Of which sugars	2.5g	1.6g																															
Of which polyols	24g	15g																															
Fibre	15g	9.6g																															
Protein	31g	20g																															
Salt	0.58g	0.38g																															
Nutrition Claims	N/A																																
Health Claims	N/A																																
Marketing Claims	N/A																																
Warnings	N/A																																

Product Description	The Power of Me – chocolate orange			
Ingredients List	Milk protein, gelatine hydrolysate, chocolate with sweetener 20% (cocoa mass, maltitol, cocoa butter, milk fat, emulsifier (soy lecithin), vanilla), humectant (glycerol), (soy protein, tapioca starch, salt), soy oil, low fat cocoa flavours (contains milk), gelatine , salt, sweetener (sucralose), orange oil 0.1%			
Allergen Statement	Milk, soy. See ingredients in BOLD. This product is manufactured in a plant that processes ingredients containing the following, Dairy, Corn, Soya, Oats, Wheat, Egg, Celery, Sulphites, Fish, Crustacean and Nut Products.			
Net Quantity				
Storage Instructions	Store cool and dry. Protect from sun.			
Instructions for Use				
Origin/Provence	UK and Germany			
Nutritional Information	Nutritional Information	Typical Values Per 100g	Typical Values Per 45g serving	
	Energy kj/kcal	1467/349	660/157	
	Fat (g)	9.6	4.3	
	of which saturates (g)	5.3	2.4	
	Carbohydrates (g)	24.6	11.1	
	of which sugar (g)	0.3	0.1	
	of which polyols (g)	23.1	10.4	
	Fibre (g)	1.9	0.8	
	Protein (g)	49.5	22.3	
	Salt (g)	0.54	0.24	
Nutrition Claims	N/A			
Health Claims	N/A			
Marketing Claims	N/A			
Warnings	N/A			

Product Description	Pulsin – mint chocolate chip		
Ingredients List	Cashews (23%) Brown Rice Malt Rice Protein Pea Protein Chocolate Chips (Cocoa Mass, Sweetener (Xylitol), Cocoa Butter, Emulsifier (Sunflower Lecithin) (10%) Sweetener (Xylitol) Chicory Fibre Cacao Butter Cacao Powder Concentrated Grape Juice Rice Starch Green Tea Extract Peppermint Oil (0.12%) Sea Salt		
Allergen Statement	Cashews. May contain other nuts & peanuts.		
Net Quantity			
Storage Instructions	Store cool and dry. Protect from sun.		
Instructions for Use			
Origin/Provence	UK and Germany		
Nutritional Information		Per Serving (50g)	Per 100g
	Energy	941kJ 225kcal	1881kJ 450kcal
	Fat <i>of which saturated</i>	11.6g 4.5g	23.3g 9.1g
	Carbohydrate <i>of which sugars</i>	15.5g 6.2g	30.9g 12.4g
	Fibre	4.5g	9.0g
	Protein	12.3g	24.6g
	Salt	0.21g	0.42g
Nutrition Claims	N/A		
Health Claims	N/A		
Marketing Claims	N/A		
Warnings	N/A		

Product Description	Battle Oats Battle Bites – chocolate caramel		
Ingredients List	Protein Blend (22%)(Milk Protein Concentrate (Milk), Calcium Caseinate (Milk), Whey Protein Concentrate (Milk)), Caramel (13%)(Chicory Root Fibre, Humectant (Vegetable Glycerol), Palm Kernal, Water, Butter (Milk), Sustainable Palm Oil, Emulsifiers (Mono- and diglycerides of fatty acids, Sorbitan Tri-Stearate, Rapeseed Lecithin), Gelling Agent (Pectin), Salt)), Humectant (Vegetable Glycerol), Chicory Root Fibre, Milk Chocolate Coating (10%)(Sweeteners (Isomalt, Sucralose), Sustainable Palm Oil, Cocoa Powder, Whey Powder (Milk), Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Emulsifier (Soya Lecithin), Natural Flavourings)Soy Protein Nuggets (10%)(Isolated Soy Protein, Cocoa Powder, Tapioca Starch), Corn Fibre, Rapeseed Oil, Hydrolysed Collagen, Cocoa Powder (2%), Fudge Crumb (2%)(Sugar, Sweetened Condensed Milk (Milk , Sugar), Fondant (Sugar, Glucose Syrup, Water), Glucose Syrup, Sustainable Palm Oil, Golden Syrup, Butter Oil (Milk), Natural Flavour, Humectant (Vegetable Glycerol)), Natural Flavouring, Emulsifier (Sunflower Lecithin), Oat Flour, Thickener (Acacia Gum), Sea Salt, Colour (Plain Caramel), Sucralose		
Allergen Statement	Milk, soya, wheat, oat.		
Net Quantity			
Storage Instructions	Store cool and dry. Protect from sun.		
Instructions for Use	Battle Bites can be consumed in between meals for additional protein without unwanted carbs and sugar, in a convenient, great tasting bar. Because Battle Bites come in 2x pieces making them great for portion control, so you can have one bite for elevenses and one for a mid-afternoon snack. They should not be used as a substitute for a balanced diet and it is not recommended to consume more than 2 bars per day.		
Origin/Provence	UK and Germany		
Nutritional Information	Nutritional Information	Per 100g	Per 62g Serving
	Energy (Kcal)	365	227
	Energy (Kj)	1525	946
	Fat	14g	8.7g
	of which saturates	7g	4.3g
	Carbohydrates	25g	15.5g
	of which sugars	5g	2.9g
	Fibre	19.4g	12.1g
	Protein	32g	20g
	Salt	0.50g	0.31g
Nutrition Claims	N/A		
Health Claims	N/A		
Marketing Claims	N/A		
Warnings	N/A		

Product Description	Boostballs – lemon drizzle cake		
Ingredients List	Dates Rice Protein Cashews & Cashew Butter (Contains Nuts) Coconut Maple Syrup Lemon Oil (0.1%) Vanilla Extract		
Allergen Statement	Nuts		
Net Quantity			
Storage Instructions	Store cool and dry. Protect from sun.		
Instructions for Use			
Origin/Provence	UK and Germany		
Nutritional Information	NUTRITION INFORMATION per	100g	42g SERVING
	ENERGY (kJ)	1784	749
	ENERGY (kcal)	426	179
	FAT (g)	20.1	8.4
	SATURATES (g)	10.6	4.4
	CARBOHYDRATE (g)	37	15.5
	SUGARS (g)	35.7	14.9
	PROTEIN (g)	20.8	8.7
	FIBRE (g)	6.8	2.8
	SALT (mg)	163	40
Nutrition Claims	N/A		
Health Claims	N/A		
Marketing Claims	N/A		
Warnings	N/A		

Product Description	Bounce ball – cacao mint																																									
Ingredients List	Sunflower Seeds (19%), Brown Rice Malts Syrup, Cacao Nibs (13%), Whey Protein Isolate (from Milk) (10%), Concentrated Grape Juice, Gluten Free Grain Dextrins (from Brown Rice), Whey Protein Concentrate (from Milk) (5%), Rice Bran, Cocoa Powder, Gluten Free Oats, Vanilla Extract, Pea Protein Concentrate, Cocoa Extract, Stabiliser (Guar Gum), Tapioca Starch, Sea Salt, Antioxidant (Natural Mixed Tocopherols), Stabiliser (Calcium Carbonate), Emulsifier (Sunflower Lecithin), Mint Oil (0.1%).																																									
Allergen Statement	Milk																																									
Net Quantity																																										
Storage Instructions	Store cool and dry. Protect from sun.																																									
Instructions for Use	N/A																																									
Origin/Provence	UK and Germany																																									
Nutritional Information	<table border="1"> <thead> <tr> <th>Per Serving (42g)</th> <th colspan="2">RI per Ball (%)</th> </tr> </thead> <tbody> <tr> <td>Energy</td> <td>182kcal</td> <td>9%</td> </tr> <tr> <td>Fat</td> <td>8.7g</td> <td>12%</td> </tr> <tr> <td>Saturated fat</td> <td>2.6g</td> <td>13%</td> </tr> <tr> <td>Monounsaturated fat</td> <td>3.5g</td> <td></td> </tr> <tr> <td>polyunsaturated fat</td> <td>2.3g</td> <td></td> </tr> <tr> <td>Total Carbohydrates</td> <td>15g</td> <td>6%</td> </tr> <tr> <td>Sugars</td> <td>11g</td> <td>12%</td> </tr> <tr> <td>Fibre</td> <td>2.7g</td> <td></td> </tr> <tr> <td>Protein</td> <td>9.2g</td> <td>18%</td> </tr> <tr> <td>Salt</td> <td>0.35g</td> <td>6%</td> </tr> <tr> <td>Vitamin E</td> <td>14mg</td> <td>117%</td> </tr> <tr> <td>Manganese</td> <td>0.80mg</td> <td>40%</td> </tr> </tbody> </table>			Per Serving (42g)	RI per Ball (%)		Energy	182kcal	9%	Fat	8.7g	12%	Saturated fat	2.6g	13%	Monounsaturated fat	3.5g		polyunsaturated fat	2.3g		Total Carbohydrates	15g	6%	Sugars	11g	12%	Fibre	2.7g		Protein	9.2g	18%	Salt	0.35g	6%	Vitamin E	14mg	117%	Manganese	0.80mg	40%
Per Serving (42g)	RI per Ball (%)																																									
Energy	182kcal	9%																																								
Fat	8.7g	12%																																								
Saturated fat	2.6g	13%																																								
Monounsaturated fat	3.5g																																									
polyunsaturated fat	2.3g																																									
Total Carbohydrates	15g	6%																																								
Sugars	11g	12%																																								
Fibre	2.7g																																									
Protein	9.2g	18%																																								
Salt	0.35g	6%																																								
Vitamin E	14mg	117%																																								
Manganese	0.80mg	40%																																								
Nutrition Claims	N/A																																									
Health Claims	N/A																																									
Marketing Claims	N/A																																									
Warnings	N/A																																									

Product Description	PhD SmartBar – white chocolate blondie		
Ingredients List	Protein Blend [Milk Protein, Collagen Hydrolysate, Soya Protein Isolate), Caramel [Sweetener (Maltitol), Condensed Milk , Cocoa Butter, Water, Colour (Titanium Oxide), Humectant (Sorbitol), Emulsifier (Sunflower Lecithin), Flavouring, Salt], Sweetener (Maltitol), Cocoa Butter, Cocoa Soya Crispies [Soya Protein Isolate, Tapioca Starch, Cocoa Powder], Whole Milk Powder, Humectant (Glycerol), Water, Coconut Oil, Natural Flavouring, Flavouring, Emulsifier (Sunflower Lecithin), Bulking Agent (Microcrystalline Cellulose), Natural Bourbon Vanilla Flavour. 31% white chocolate coating.		
Allergen Statement	Milk, soy		
Net Quantity			
Storage Instructions	Store cool and dry. Protect from sun.		
Instructions for Use	N/A		
Origin/Provence	UK and Germany		
Nutritional Information	Typical Values	Per 100g	Per 64g bar
	Energy	1553kJ / 372kcal	994kJ / 238kcal
	Fat	17.0g	11.0g
	Of which saturates	11.0g	7.0g
	Carbohydrate	36.0g	23.0g
	Of which sugars	1.0g	0.6g
	Of which polyols	31.0g	20.0g
	Fibre	4.0g	2.0g
	Protein	31.0g	20.0g
	Salt	0.51g	0.33g
Nutrition Claims	N/A		
Health Claims	N/A		
Marketing Claims	N/A		
Warnings	N/A		

Product Description	Pulsin – orange chocolate chip		
Ingredients List	Cashews (23%) Brown Rice Malt Rice Protein Pea Protein Chocolate Chips* (Cocoa Mass, Sweetener (Xylitol), Cocoa Butter, Emulsifier (Sunflower Lecithin)) (10%) Sweetener (Xylitol) Chicory Fibre Cacao Butter Cashew Butter Cacao Powder Concentrated Grape Juice Rice Starch Orange Oil (0.25%) Green Tea Extract Sea Salt *Chocolate Chips Contain Cocoa Solids 72% Minimum May contain other nuts & peanuts.		
Allergen Statement	Milk		
Net Quantity			
Storage Instructions	Store cool and dry. Protect from sun.		
Instructions for Use	N/A		
Origin/Provence	UK and Germany		
Nutritional Information		Per Serving (50g)	Per 100g
	Energy	939kJ 224kcal	1878kJ 449kcal
	Fat <i>of which saturated</i>	11.6g 4.5g	23.2g 9.1g
	Carbohydrate <i>of which sugars</i>	15.5g 6.2g	30.9g 12.4g
	Fibre	4.5g	9.0g
	Protein	12.3g	24.6g
	Salt	0.21g	0.42g
Nutrition Claims	N/A		
Health Claims	N/A		
Marketing Claims	N/A		
Warnings	N/A		

Product Description	PhD SmartBar – white chocolate blondie		
Ingredients List	Protein Blend [Milk Protein, Collagen Hydrolysate, Soya Protein Isolate), Caramel [Sweetener (Maltitol), Condensed Milk , Cocoa Butter, Water, Colour (Titanium Oxide), Humectant (Sorbitol), Emulsifier (Sunflower Lecithin), Flavouring, Salt], Sweetener (Maltitol), Cocoa Butter, Cocoa Soya Crispies [Soya Protein Isolate, Tapioca Starch, Cocoa Powder], Whole Milk Powder, Humectant (Glycerol), Water, Coconut Oil, Natural Flavouring, Flavouring, Emulsifier (Sunflower Lecithin), Bulking Agent (Microcrystalline Cellulose), Natural Bourbon Vanilla Flavour. 31% white chocolate coating.		
Allergen Statement	Milk, soy		
Net Quantity			
Storage Instructions	Store cool and dry. Protect from sun.		
Instructions for Use	N/A		
Origin/Provence	UK and Germany		
Nutritional Information	Typical Values	Per 100g	Per 64g bar
	Energy	1553kJ / 372kcal	994kJ / 238kcal
	Fat	17.0g	11.0g
	Of which saturates	11.0g	7.0g
	Carbohydrate	36.0g	23.0g
	Of which sugars	1.0g	0.6g
	Of which polyols	31.0g	20.0g
	Fibre	4.0g	2.0g
	Protein	31.0g	20.0g
	Salt	0.51g	0.33g
Nutrition Claims	N/A		
Health Claims	N/A		
Marketing Claims	N/A		
Warnings	N/A		

Product Description	Mountain Joe's rocky road – any flavour		
Ingredients List	Chocolate flavour compound with sweeteners (55%) (Sweeteners: Isomalt and Sucralose, Palm oil, Fat reduced cocoa powder, Emulsifiers: SOYA lecithin and Polyglycerol polyricinoleate), Soya crisps (21%) (Isolated SOY protein, Tapioca starch, Salt), Marshmallows (10%) (Sugar, Glucose syrup, Water, Maize starch, Beef gelatine , Natural flavourings, Colour: Beetroot red), Caseinate (10%) (from MILK), Glace cherries (2%) (Cherries, Glucose-Fructose syrup, Sugar, Acidity regulator: E330, Preservative: E202, Colour: E127), Raisins (2%) (Raisins, Sunflower oil).		
Allergen Statement	Soy, Milk. May contain Cherry Stones		
Net Quantity			
Storage Instructions	Store cool and dry. Protect from sun.		
Instructions for Use	N/A		
Origin/Provence	UK and Germany		
Nutritional Information	Nutritional Information	Per 1 bar (55g)	
	Energy (kcal / kj)	235	
	Protein	15g	
	Carbohydrates	23g	
	- Of which sugars	4.7g	
	Fat	12g	
	- Of which saturates	9.2g	
	Fibre	0.1g	
	Salt	0.48g	
Nutrition Claims	N/A		
Health Claims	N/A		
Marketing Claims	N/A		
Warnings	N/A		

Product Description	Lumberjack flapjack – vanilla fudge																					
Ingredients List	Gluten-Free OATS (21%), Salted Butter (Butter (MILK), Salt), Rice Syrup, Chopped Dates (Dates, Rice Flour), Whey Protein Isolate (9%) (MILK), Caramel Fudge Pieces (7%) (Sugar, Full Cream Condensed MILK (MILK , Sugar), Fondant (Sugar, Glucose Syrup, Water), Glucose Syrup, Palm Oil, Water, Emulsifier (SOYA Lecithin), Chicory Fibre, Isolated SOYA Protein (4%) , Pea Protein (4%), Skimmed MILK Powder, Humectant (E422), Dextrose, Black Chia Seeds (1%), Hemp Seeds (1%), Flavouring.																					
Allergen Statement	Milk, soya, oats.																					
Net Quantity																						
Storage Instructions	Store cool and dry. Protect from sun.																					
Instructions for Use																						
Origin/Provence	UK and Germany																					
Nutritional Information	<table border="1"> <thead> <tr> <th colspan="2">Typical Values per 100g</th> </tr> </thead> <tbody> <tr> <td>Energy (kJ)</td> <td>1739</td> </tr> <tr> <td>Energy (kcal)</td> <td>414</td> </tr> <tr> <td>Fat (g)</td> <td>14</td> </tr> <tr> <td>Of which Saturates (g)</td> <td>8.1</td> </tr> <tr> <td>Carbohydrate (g)</td> <td>46</td> </tr> <tr> <td>Of which Sugars (g)</td> <td>22</td> </tr> <tr> <td>Fibre (g)</td> <td>7.9</td> </tr> <tr> <td>Protein (g)</td> <td>22</td> </tr> <tr> <td>Salt (g)</td> <td>0.50</td> </tr> </tbody> </table>		Typical Values per 100g		Energy (kJ)	1739	Energy (kcal)	414	Fat (g)	14	Of which Saturates (g)	8.1	Carbohydrate (g)	46	Of which Sugars (g)	22	Fibre (g)	7.9	Protein (g)	22	Salt (g)	0.50
Typical Values per 100g																						
Energy (kJ)	1739																					
Energy (kcal)	414																					
Fat (g)	14																					
Of which Saturates (g)	8.1																					
Carbohydrate (g)	46																					
Of which Sugars (g)	22																					
Fibre (g)	7.9																					
Protein (g)	22																					
Salt (g)	0.50																					
Nutrition Claims	N/A																					
Health Claims	N/A																					
Marketing Claims	N/A																					
Warnings	N/A																					

Product Description	Lumberjack flapjack – yoghurt berry	
Ingredients List	Gluten-Free OATS (14%), Salted Butter (Butter (MILK), Salt), White Yoghurt Flavour Topping (12%) (Sugar, Palm Oil, Whey (MILK), Lactose (MILK), Emulsifier (SOYA Lecithin), Flavouring), Chicory Fibre, Whey Protein Isolate (9%) (MILK), Chopped Dates (Dates, Rice Flour), Rice Syrup, Isolated SOYA Protein (5%), Pea Protein (4%), Skimmed MILK Powder, Humectant (E422), Sweetened Dried Blueberries (2%) (Blueberries, Sugar, Sunflower Oil), Sweetened Dried Cranberries (2%) (Cranberries, Sugar, Sunflower Oil), Dextrose, Flavouring.	
Allergen Statement	Milk, soya, oats.	
Net Quantity		
Storage Instructions	Store cool and dry. Protect from sun.	
Instructions for Use	Typical Values per 100g	
	Energy (kJ)	1761
	Energy (kcal)	420
	Fat (g)	17
	Of which Saturates (g)	11
	Carbohydrate (g)	42
	Of which Sugars (g)	24
	Fibre (g)	8.4
	Protein (g)	21
	Salt (g)	0.55
Origin/Provence	UK and Germany	
Nutritional Information		
Nutrition Claims	N/A	
Health Claims	N/A	
Marketing Claims	N/A	
Warnings	N/A	

Product Description	Pandy Sour Plates	
Ingredients List	Sweeteners (maltitol, erythritol, steviol glycosides (0,002%)), protein blend (hydrolysed gelatine (10%), l-leucine (2,1%), l-valine (1,1%), l-isoleucine (1,1%)), gelatine, acids (E296, E270, E330), flavourings, colours (E100, E120, E131), glazing agent: carnauba	
Allergen Statement	N/A	
Net Quantity		
Storage Instructions	Store cool and dry. Protect from sun.	
Instructions for Use		
Origin/Provence	UK and Germany	
Nutritional Information	Energy	151 kcal / 634 kJ
	Fat	< 0,1 g
	- of which saturates	< 0,1 g
	Carbohydrate	43 g
	- of which sugars	0 g
	Protein	16 g
	Salt	< 0,1 g
Nutrition Claims	N/A	
Health Claims	N/A	
Marketing Claims	N/A	
Warnings	N/A	

Product Description	The Power of Me – mint chocolate		
Ingredients List	Milk protein, gelatine hydrolysate, chocolate with sweetener 20% (cocoa mass, maltitol, cocoa butter, milk fat, emulsifier (soy lecithin), vanilla), humectant (glycerol), soy crisps (soy protein, tapioca starch, salt), soy oil, low fat cocoa 1,2%, flavours (contains milk), gelatine, salt, sweetener (sucralose), natural peppermint flavour		
Allergen Statement	Milk, soya. See ingredients in BOLD. This product is manufactured in a plant that processes ingredients containing the following, Dairy, Corn, Soya, Oats, Wheat, Egg, Celery, Sulphites, Fish, Crustacean and Nut Products.		
Net Quantity			
Storage Instructions	Store cool and dry. Protect from sun.		
Instructions for Use			
Origin/Provence	UK and Germany		
Nutritional Information		Typical Values Per 100g	Typical Values Per 45g serving
	Nutritional Information		
	Energy kj/kcal	1464/348	659/157
	Fat (g)	9.6	4.3
	of which saturates (g)	5.3	2.4
	Carbohydrates (g)	24.0	10.8
	of which sugar (g)	0.3	0.1
	of which polyols (g)	22.4	10.1
	Fibre (g)	1.9	0.8
	Protein (g)	49.6	22.3
Salt (g)	0.55	0.25	
Nutrition Claims	N/A		
Health Claims	N/A		
Marketing Claims	N/A		
Warnings	N/A		

Product Description	Pulsin – maple whey crisp		
Ingredients List	Peanuts (23%) Brown Rice Malt Whey Protein Crisps (Whey Protein Isolate (Milk , Rice Flour, Soya Lecithin) (10%) Whey Protein Isolate (Milk) Chicory Fibre Pea Protein Natural Maple Syrup (7%) Cacao Butter Rice Protein Concentrated Grape Juice Rice Starch Carob Sea Salt Green Tea Extract Soya Lecithin		
Allergen Statement	Soya, milk, peanuts.		
Net Quantity			
Storage Instructions	Store cool and dry. Protect from sun.		
Instructions for Use			
Origin/Provence	UK and Germany		
Nutritional Information	Per Serving (50g)	Per 100g	
	Energy	861kJ 206kcal	1723kJ 412kcal
	Fat <i>of which saturated</i>	8.5g 2.7g	17.0g 5.5g
	Carbohydrate <i>of which sugars</i>	15.0g 9.2g	30.0g 18.3g
	Fibre	4.0g	8.1g
	Protein	15.3g	30.6g
	Salt	0.26g	0.52g
Nutrition Claims	N/A		
Health Claims	N/A		
Marketing Claims	N/A		
Warnings	N/A		

Product Description	Pulsin – peanut chocolate chip		
Ingredients List	Peanuts (30%) Dates Chicory Fibre Chocolate Chips (Cocoa Mass, Sweetener (Xylitol), Cocoa Butter, Emulsifier (Sunflower Lecithin)) (10%) Cacao (7%) Brown Rice Bran Brown Rice Malt Cacao Butter (4.5%) Concentrated Grape Juice Rice Starch Sea Salt Green Tea Extract		
Allergen Statement	Peanuts. May contain other nuts. May contain traces of date pits.		
Net Quantity			
Storage Instructions	Store cool and dry. Protect from sun.		
Instructions for Use			
Origin/Provence	UK and Germany		
Nutritional Information		Per Serving (50g)	Per 100g
	Energy	924kJ 221kcal	1847kJ 442kcal
	Fat <i>of which saturated</i>	12.6g 4.3g	25.1g 8.7g
	Carbohydrate <i>of which sugars</i>	16.8g 11.4g	33.6g 22.9g
	Fibre	8.1g	16.1g
	Protein	6.1g	12.2g
	Salt	0.06g	0.13g
	Maganese	0.7mg	1.4mg
	Copper	0.3mg	0.6mg
Nutrition Claims	N/A		
Health Claims	N/A		
Marketing Claims	N/A		
Warnings	N/A		

Product Description	Dr Zak's Cookie – salted caramel			
Ingredients List	Sweetener: Maltitol (27%), Caseinate (from MILK) (17%)(Casein, Acidity Regulators: Sodium carbonate & Disodium phosphate), Humectant: Glycerine, Dark Chocolate with sweetener (6%)(Sweetener: Maltitol (49%), Cocoa mass, Emulsifier: SOYA lecithin, Fat reduced cocoa powder, Natural vanilla flavouring), Whey Protein (6%)(from MILK), WHEAT flour (fortified with calcium, iron, niacin & thiamine), Rapeseed oil, Caramel fudge (5%)(Sweetened condensed skimmed milk [MILK , Sugar], Sugar, Glucose syrup, Butterfat [from MILK], Stabilizer: Sorbitol, Emulsifier: Mono- & diglycerides of fatty acids), Pea protein isolate (4%), Water, Natural flavourings, Raising agents: Disodium diphosphate & Sodium bicarbonate, Citrus fibre, Salt, Colour: Plain caramel.			
Allergen Statement	Milk, soya, wheat.			
Net Quantity				
Storage Instructions	Store cool and dry. Protect from sun.			
Instructions for Use				
Origin/Provence	UK and Germany			
Nutritional Information	Typical Values	Per 100g	Per 60g	RI%
	Energy (KJ)	1471	883	11%
	Energy (Kcal)	351	211	11%
	Fat	9.3g	5.6g	8%
	of which saturates	2.1g	1.3g	6%
	Carbohydrate	50g	30g	11%
	of which sugars	4.0g	2.4g	3%
	of which polyols	38.0g	22.8g	-
	Fibre	1.7g	1.0g	-
	Protein	25g	15g	30%
	Salt	1.6g	0.96g	16%
Nutrition Claims	N/A			
Health Claims	N/A			
Marketing Claims	N/A			
Warnings	N/A			

Product Description	Boostballs – peanut butter cookie dough																																
Ingredients List	Dates Peanut Butter (27.8%) (Contains Nuts) Whey (From Milk) Maple Syrup Pink Himalayan Salt Citrus Fibre Sunflower Lecithin (Trace)																																
Allergen Statement	Nuts, Milk.																																
Net Quantity																																	
Storage Instructions	Store cool and dry. Protect from sun.																																
Instructions for Use																																	
Origin/Provence	UK and Germany																																
Nutritional Information	<table border="1"> <thead> <tr> <th>NUTRITION INFORMATION per</th> <th>100g</th> <th>42g SERVING</th> </tr> </thead> <tbody> <tr> <td>ENERGY (kJ)</td> <td>1571</td> <td>660</td> </tr> <tr> <td>ENERGY (kcal)</td> <td>374</td> <td>157</td> </tr> <tr> <td>FAT (g)</td> <td>13</td> <td>5.5</td> </tr> <tr> <td>SATURATES (g)</td> <td>1.7</td> <td>0.7</td> </tr> <tr> <td>CARBOHYDRATE (g)</td> <td>39.8</td> <td>16.7</td> </tr> <tr> <td>SUGARS (g)</td> <td>37</td> <td>15.5</td> </tr> <tr> <td>PROTEIN (g)</td> <td>21.9</td> <td>9.1</td> </tr> <tr> <td>FIBRE (g)</td> <td>5.2</td> <td>0.84</td> </tr> <tr> <td>SALT (mg)</td> <td>47</td> <td>20</td> </tr> </tbody> </table>			NUTRITION INFORMATION per	100g	42g SERVING	ENERGY (kJ)	1571	660	ENERGY (kcal)	374	157	FAT (g)	13	5.5	SATURATES (g)	1.7	0.7	CARBOHYDRATE (g)	39.8	16.7	SUGARS (g)	37	15.5	PROTEIN (g)	21.9	9.1	FIBRE (g)	5.2	0.84	SALT (mg)	47	20
NUTRITION INFORMATION per	100g	42g SERVING																															
ENERGY (kJ)	1571	660																															
ENERGY (kcal)	374	157																															
FAT (g)	13	5.5																															
SATURATES (g)	1.7	0.7																															
CARBOHYDRATE (g)	39.8	16.7																															
SUGARS (g)	37	15.5																															
PROTEIN (g)	21.9	9.1																															
FIBRE (g)	5.2	0.84																															
SALT (mg)	47	20																															
Nutrition Claims	N/A																																
Health Claims	N/A																																
Marketing Claims	N/A																																
Warnings	N/A																																

Product Description	Dr Zak's Cookie – salted caramel			
Ingredients List	Sweetener: Maltitol (27%), Caseinate (from MILK) (17%)(Casein, Acidity Regulators: Sodium carbonate & Disodium phosphate), Humectant: Glycerine, Dark Chocolate with sweetener (6%)(Sweetener: Maltitol (49%), Cocoa mass, Emulsifier: SOYA lecithin, Fat reduced cocoa powder, Natural vanilla flavouring), Whey Protein (6%)(from MILK), WHEAT flour (fortified with calcium, iron, niacin & thiamine), Rapeseed oil, Caramel fudge (5%)(Sweetened condensed skimmed milk [MILK , Sugar], Sugar, Glucose syrup, Butterfat [from MILK], Stabilizer: Sorbitol, Emulsifier: Mono- & diglycerides of fatty acids), Pea protein isolate (4%), Water, Natural flavourings, Raising agents: Disodium diphosphate & Sodium bicarbonate, Citrus fibre, Salt, Colour: Plain caramel.			
Allergen Statement	Milk, soya, wheat.			
Net Quantity				
Storage Instructions	Store cool and dry. Protect from sun.			
Instructions for Use				
Origin/Provence	UK and Germany			
Nutritional Information	Typical Values	Per 100g	Per 60g	RI%
	Energy (KJ)	1471	883	11%
	Energy (Kcal)	351	211	11%
	Fat	9.3g	5.6g	8%
	of which saturates	2.1g	1.3g	6%
	Carbohydrate	50g	30g	11%
	of which sugars	4.0g	2.4g	3%
	of which polyols	38.0g	22.8g	-
	Fibre	1.7g	1.0g	-
	Protein	25g	15g	30%
	Salt	1.6g	0.96g	16%
Nutrition Claims	N/A			
Health Claims	N/A			
Marketing Claims	N/A			
Warnings	N/A			

Product Description	Boostballs – peanut butter cookie dough																																
Ingredients List	Dates Peanut Butter (27.8%) (Contains Nuts) Whey (From Milk) Maple Syrup Pink Himalayan Salt Citrus Fibre Sunflower Lecithin (Trace)																																
Allergen Statement	Nuts, Milk.																																
Net Quantity																																	
Storage Instructions	Store cool and dry. Protect from sun.																																
Instructions for Use																																	
Origin/Provence	UK and Germany																																
Nutritional Information	<table border="1"> <thead> <tr> <th>NUTRITION INFORMATION per</th> <th>100g</th> <th>42g SERVING</th> </tr> </thead> <tbody> <tr> <td>ENERGY (kJ)</td> <td>1571</td> <td>660</td> </tr> <tr> <td>ENERGY (kcal)</td> <td>374</td> <td>157</td> </tr> <tr> <td>FAT (g)</td> <td>13</td> <td>5.5</td> </tr> <tr> <td>SATURATES (g)</td> <td>1.7</td> <td>0.7</td> </tr> <tr> <td>CARBOHYDRATE (g)</td> <td>39.8</td> <td>16.7</td> </tr> <tr> <td>SUGARS (g)</td> <td>37</td> <td>15.5</td> </tr> <tr> <td>PROTEIN (g)</td> <td>21.9</td> <td>9.1</td> </tr> <tr> <td>FIBRE (g)</td> <td>5.2</td> <td>0.84</td> </tr> <tr> <td>SALT (mg)</td> <td>47</td> <td>20</td> </tr> </tbody> </table>			NUTRITION INFORMATION per	100g	42g SERVING	ENERGY (kJ)	1571	660	ENERGY (kcal)	374	157	FAT (g)	13	5.5	SATURATES (g)	1.7	0.7	CARBOHYDRATE (g)	39.8	16.7	SUGARS (g)	37	15.5	PROTEIN (g)	21.9	9.1	FIBRE (g)	5.2	0.84	SALT (mg)	47	20
NUTRITION INFORMATION per	100g	42g SERVING																															
ENERGY (kJ)	1571	660																															
ENERGY (kcal)	374	157																															
FAT (g)	13	5.5																															
SATURATES (g)	1.7	0.7																															
CARBOHYDRATE (g)	39.8	16.7																															
SUGARS (g)	37	15.5																															
PROTEIN (g)	21.9	9.1																															
FIBRE (g)	5.2	0.84																															
SALT (mg)	47	20																															
Nutrition Claims	N/A																																
Health Claims	N/A																																
Marketing Claims	N/A																																
Warnings	N/A																																

Product Description	Dr Zak's Clusters – chocolate			
Ingredients List	Pea protein crisp (Pea protein isolate, manioc starch), Plain chocolate (Cocoa mass, sugar, cocoa butter, emulsifier- soya lecithin, Natural vanilla extract), Gluco fibre, Oat Flakes, Wholemeal wheat (gluten) flakes, Vegetable fat (sal, shea, mango), Soya protein isolate, Tapioca Starch, Gum arabic			
Allergen Statement	Soya, wheat, oat.			
Net Quantity				
Storage Instructions	Store cool and dry. Protect from sun.			
Instructions for Use				
Origin/Provence	UK and Germany			
Nutritional Information	Typical Values	Per 100g	Per 60g	RI%
	Energy (KJ)	1801	540	6%
	Energy (Kcal)	430	129	6%
	Fat	18.6g	5.6g	8%
	of which saturates	10.4g	3.1g	16%
	Carbohydrate	32g	10g	4%
	of which sugars	8.4g	2.5g	3%
	Fibre	9.0g	2.7g	-
	Protein	33g	10g	20%
	Salt	0.80g	0.24g	4%
Nutrition Claims	N/A			
Health Claims	N/A			
Marketing Claims	N/A			
Warnings	N/A			

Product Description	Warrior RAW flapjack – chocolate brownie		
Ingredients List	Rolled Oats, Toasted Oats (contains Honey, Barley Malt Extract, Sugar, Vegetable Oil), Protein Blend (Milk Protein, Hydrolysed Gelatine), Glycerine, Fructo-Oligosaccharide, Cocoa Powder, Chocolate Chips (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier: Soya Lecithin), Salt, Sweetener (Stevia, Sucralose), Flavouring.		
Allergen Statement	Milk, oats. May contain; egg, nuts, peanuts.		
Net Quantity			
Storage Instructions	Store cool and dry. Protect from sun.		
Instructions for Use			
Origin/Provence	UK and Germany		
Nutritional Information		Per 75g	Per 100g
	Energy kj	1041	1388
	Energy kCal	248	331
	Carbohydrates	33.5	44.7
	of Which Sugars	3.4	4.5
	Of which Polyols	13.8	18.4
	Protein	20	26.7
	Fat (g)	4.2	5.7
	of Which Saturates	1.4	1.8
	Sodium (g)	0.13	0.17
Fibre (g)	8.9	11.9	
Nutrition Claims	N/A		
Health Claims	N/A		
Marketing Claims	N/A		
Warnings	N/A		

Product Description	Pandy chocolate tablets – caramel sea salt		
Ingredients List	Chocolate (71%) (cocoa mass, sweetener: maltitol, cocoa butter, emulsifier: soy lecithin, natural vanilla flavoring), whey protein concentrate (milk) (25%), salty caramel (sugar, glucose syrup, salt), flavor. Chocolate: Minimum 55% Cocoa Solids.		
Allergen Statement	Milk, peanuts, nuts, eggs and gluten		
Net Quantity			
Storage Instructions	Store the product in a dry environment, temperature (<25°C).		
Instructions for Use			
Origin/Provence	UK and Germany		
Nutritional Information	Energy	1744 KJ / 417 KCAL	
	Fat	25,5 g	
	- of which saturates	16 g	
	Carbohydrate	33,3 g	
	- of which sugars	3,8 g	
	Fibre	5,5 g	
	Protein	22 g	
	Salt	0,4 g	
Nutrition Claims	N/A		
Health Claims	N/A		
Marketing Claims	N/A		
Warnings	Excessive consumption may have laxative effects.		

Product Description	Bounce ball – coconut macadamia		
Ingredients List	Blue Agave Syrup, Inulin (Dietary Fibre), Cashews (14%), Whey Protein Isolate (from Milk) (11%), Coconut (8%), Whey Protein Concentrate (from Milk) (7%), Rice Bran, Brown Rice Flour, Macadamias (6%), Stabiliser (Guar Gum), Tapioca Starch, Flavourings, Whey Protein Hydrolysate (from Milk) (1.5%), Safflower Oil, Vanilla Extract, Sea Salt, Antioxidant (Natural Mixed Tocopherols), Sesame Seeds, Stabiliser (Calcium Carbonate), Emulsifier (Sunflower Lecithin).		
Allergen Statement	Milk, peanuts, nuts, eggs and gluten		
Net Quantity			
Storage Instructions	Store cool and dry. Protect from sun.		
Instructions for Use			
Origin/Provence	UK and Germany		
Nutritional Information	Per Serving (40g)	RI per Ball (%)	
	Energy	155kcal	8%
	Fat	7.2g	10%
	Saturated fat	2.7g	14%
	Monounsaturated fat	3.2g	
	polyunsaturated fat	0.8g	
	Total Carbohydrates	11g	4%
	Sugars	7g	8%
	Fibre	6.6g	
	Protein	8.5g	17%
	Salt	0.26g	4%
	Vitamin E	12mg	102%
Nutrition Claims	N/A		
Health Claims	N/A		
Marketing Claims	N/A		
Warnings	N/A		

Product Description	Pandy Crispies – paprika		
Ingredients List	Soy protein isolate (42%), corn semolina (26%), sunflower oil, chicory inulin, corn flour, salt, paprika powder (2%), spices, whey protein (milk), sugar, anti-caking agent: silicon dioxide, antioxidant: extract of rosemary.		
Allergen Statement	Soy, Milk		
Net Quantity			
Storage Instructions	Store cool and dry. Protect from sun.		
Instructions for Use			
Origin/Provence	UK and Germany		
Nutritional Information	Type	Nutrition / 100g	
	Energy	1778kJ/424kcal	
	Fat	16,3	
	- of which saturates	2	
	Carbohydrate	24,9	
	- of which sugars	1,9g	
	Protein	41,6	
	Salt	4,4g	
Nutrition Claims	N/A		
Health Claims	N/A		
Marketing Claims	N/A		
Warnings	N/A		