



Thank you for choosing a Tikkers smart watch! This short guide will help you with the essentials, but please visit our website to access full instructions, helpful videos, FAQs and more, all designed to help you get the best from your Tikkers smart watch.



CHARGING GUIDE

- Line up the 2 pins to the charging spots on the back of the watch case. The pins are magnetic and will secure the charger in place.
- Plug in the USB cable to a power source. Once connected, the charging icon will appear on screen.
- Charge the watch when it displays low battery.
- A 2-3 hour charge time is sufficient to fully charge your smart watch, please take care to not overcharge.

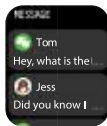
CONNECTING BAND TO MOBILE PHONE

- Enable bluetooth on your smart phone.
- Open the TIKKERS TIME app on your smart phone.
- Review and accept privacy policy.
- Set your profile following the steps presented.
- Set your goals following the steps presented.
- To connect your watch, tap the green icon and select your watch from the list.
- Tap OK to allow notifications to appear on your smartwatch.

Visit our SUPPORT section to view our video guide.



Swipe down to view watch shortcuts.
Bluetooth Connection
Brightness
Settings
Weather
Vibrate
Torch
Theatre



Swipe up to view messages and notifications.



Swipe right to view Smart Menu.
Swipe left to scroll through features.



HEART RATE

View your current heart rate. Your smartwatch will continue to detect your heart rate as long as you wear it even when you sleep!



SLEEP

Wear your watch while you sleep to track length & quality of your sleep.



SPORTS

This feature helps you keep a track of all sports you have tracked with the smartwatch. Your exercise is recorded in the app.



STEP COUNTER

The band will record your daily activity automatically.



MUSIC PLAYER

When listening to music through wireless connection and connected to your phone you can control the music on your watch interface.

INSTALL TIKKERS TIME APP.

Search for Tikkers Time App to download onto your smart phone. Alternatively, you can scan the QR code below with your smartphone camera.



POWER ON/OFF

- To switch on and off, press and hold the crown until display illuminates.
- Alternatively, swipe down on the dial screen and select settings and find the option power off or restart.

DISCONNECTING YOUR SMART WATCH & PHONE

- Open the TIKKERS TIME app on your smart phone.
- Tap disconnect device in settings.
- Forget your device on your smart phones bluetooth settings.

DIAL CHANGE

- To switch between the dials press and hold the screen and swipe left or right to view.
- Once you have selected your dial, release to set.



REMINDER TO MOVE

The device will vibrate to remind you to move after 1 hour of inactivity.
You can switch this feature on/off in the app.



CAMERA CONTROL

You can control your phones camera once the watch is connected to your phone. The phone needs to be unlocked for it to work.



HYDRATION REMINDER

Hydration is key to feeling your best, your watch will remind you it's time to take a drink. You can set the feature in the app.



WEATHER

You can view current weather and forecasts for the next day. Location must be selected in the app settings.



FIND PHONE

When connected to bluetooth our find phone feature will ring and vibrate your phone to help you locate it.



BREATHE

This feature helps you focus on your breathing during the day and when trying to sleep.



OTHER FEATURES

Stopwatch, alarm, timer, brightness, mute, theatre mode, factory reset, power off and about can also be found on the watch.



Please follow these simple instructions to keep your watch looking great!

HOW TO CARE FOR YOUR SMART WATCH

Do not wear your smart watch whilst applying sprays or creams. Do not allow contact with any corrosive agent e.g. paint, solvents or adhesives, as this may affect the finish of the smart watch. Do not try to replace or disassemble the battery.

SILICONE STRAP

To keep your silicone strap looking good, clean it regularly with mild soap and water to remove any dirt, oils, lotions etc., ensuring the case of your smart watch does not get wet. When you are not wearing your smart watch, we recommend you store it in the gift box received with purchase.

SMART WATCH SAFETY & WARNINGS

TIKKERS smart watches contain components that emit electromagnetic fields, with some of the models containing a magnetic charging dock, please be aware that these models contain magnets. These electromagnetic fields and magnets may interfere with medical devices, such as pacemakers and implanted defibrillators. Please consult your doctor and medical device manufacturer if you use any medical device before using a TIKKERS smart watch. The TIKKERS heart rate monitor is designed for recreational use only, it is not intended for any medical use such as diagnosing or monitoring any medical conditions. The TIKKERS heart rate monitor periodically emits flashing lights, please consult your doctor before use if you have epilepsy or similar conditions. The TIKKERS heart rate monitor usually provides an accurate estimate of your heart rate, but the reading can be affected by factors such as fit of the smart watch, the physical characteristics of the wearer and the intensity of the activity. Your TIKKERS smart watch will help calculate distances covered. Please consult a doctor before starting new exercise regimes. TIKKERS smart watches contain sensors to track your movement to closely estimate your activity, sleep etc. These close estimations are not always fully accurate. Some wearers may suffer skin irritation if the smartwatch is worn for prolonged periods. Sensitive skin, skin allergies and medication could contribute to the irritation incurred and should be considered before use. If you notice any irritation you should remove your smartwatch. To help prevent any irritation please ensure the smartwatch is removed regularly for cleaning & do not over-tighten on your wrist. We recommend you remove your smart watch each day for gentle cleaning.

GUARANTEE

Quality and style are at the heart of what we do. Tikkers certifies this product is produced using premium materials and is fully tested before leaving our manufacturing centre. Your product is guaranteed against any defective parts & construction for 2 years from the date of purchase. Your guarantee is only valid if you present your original receipt when returning the item. This guarantee provides you with rights in addition to your consumer statutory rights and therefore does not limit your statutory rights. Please note this guarantee does not cover lenses, bands, straps or bracelets, water penetration or batteries. Additionally, breakages caused by accident or maltreatment are not covered. We hope you'll love your watch, but if you do have any problems please contact us and we'll guide you through the guarantee process.

COMPATIBILITY

The Tikkers Time App. is compatible on the following smart phones & tablets:
Android (version 9.0 and above)
Apple IOS (version 12.0 and above)

Please make sure the App. is the latest version and check for updates.
Bluetooth requirement 5.0. Bluetooth Range 10m

PRIVACY POLICY

tikkers.co.uk/pages/privacy-policy



STEP COUNTER

Smart watches use multi-axis inertial sensors called accelerometers. These detect wrist movement in order to measure steps. However, some wrist actions whilst standing or sitting can mimic the arm movement of a step and can therefore falsely record steps. The step count recorded each day should be used as a guide only.

IP68

Your watch is tested to IP68 standards. It can be exposed to water for up to 30 minutes to a maximum depth of 1.5 Meters.

We do not recommend our watches for use in saltwater. Always rinse and dry your smart watch after exposure to water.

BATTERY WARNINGS

Do not attempt to replace the battery, open the device enclosure or disassemble your TIKKERS product. Doing so can result in a safety hazard. The integrated rechargeable battery cannot be removed or replaced. Substances within TIKKERS batteries may harm the environment or cause injury if handled or disposed of improperly. In the unlikely event of contact with battery acid, thoroughly flush the affected area with plenty of clean water and seek IMMEDIATE medical attention. When the battery is fully charged disconnect from charger, please take care not to overcharge.

DEVICE WARNINGS

This smart watch is a Class A product. In a domestic environment, this product may cause radio interference. In which case the user may be required to take adequate measures. Ensure your smart watch correctly engages with the charging contacts. Before each use, please check the product for damage, do not use if the product is damaged. This is not a toy, children should not play with this product. Never attempt to open your smart watch, this may result in danger. Protect the product from strong impacts, vibrations, direct sunlight and dirt. Do not place heavy objects on the product. Do not exert pressure on the product. Avoid strong magnetic fields e.g. loudspeakers. Salt and thermal water can lead to the corrosion of metal parts. Remove the product before using saunas as the temperature difference can cause condensation. Do not operate the product near heat sources e.g. radiators or other devices emitting heat. Do not cover the product during operation or charging. Never use the product on aeroplanes, in hospitals, service rooms, or near medical electronic systems. The wireless signals transmitted could impact the functionality of sensitive electronics. Do not use your TIKKERS product if the display is cracked. Do not expose your TIKKERS product to extremely high or low temperatures. Do not use abrasive cleaners to clean your TIKKERS product. Remove your TIKKERS product immediately if it feels warm or hot. Do not attempt to wear or operate your TIKKERS product whilst charging. Do not charge your TIKKERS product if wet. Do not check notifications or other applications on the products display while driving or in other situations where distractions could be hazardous. Always be aware of your surroundings when using TIKKERS products and services. Ensure your smart watch is removed at regular intervals for gentle cleaning.

In the case of material damage or personal injury caused by incorrect handling or non-compliance with the safety instructions, no liability can be accepted by TIKKERS. If you have any questions or concerns, please contact us-

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SUPPORT



[TIKKERS.CO.UK](https://tikkers.co.uk)

Don't forget to follow us on social media for lots of fun stuff! We'd love you to tag us in your photos showing your new TIKKERS™ products!

JOIN THE TEAM ON SOCIAL!

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