

In association with

**St John**  
Ambulance



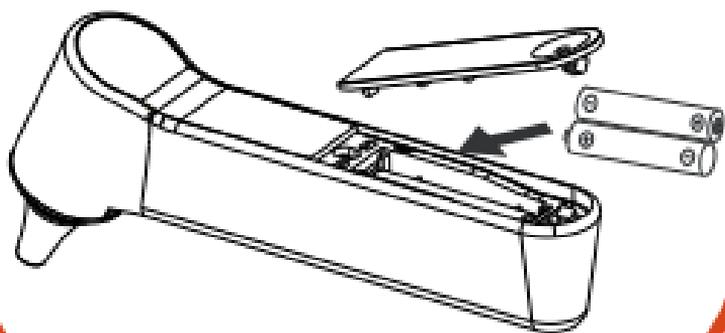
  
**kinetik**  
WELLBEING

# Quick Start Guide

PG-IRT1603

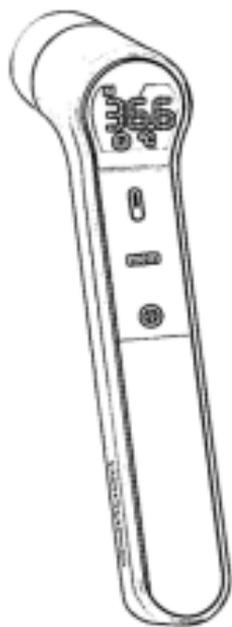
Infrared Ear/Forehead  
Thermometer

1



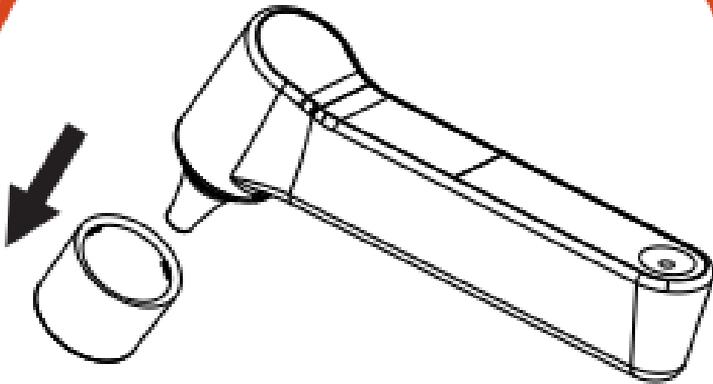
Unpack thermometer  
and insert batteries

2



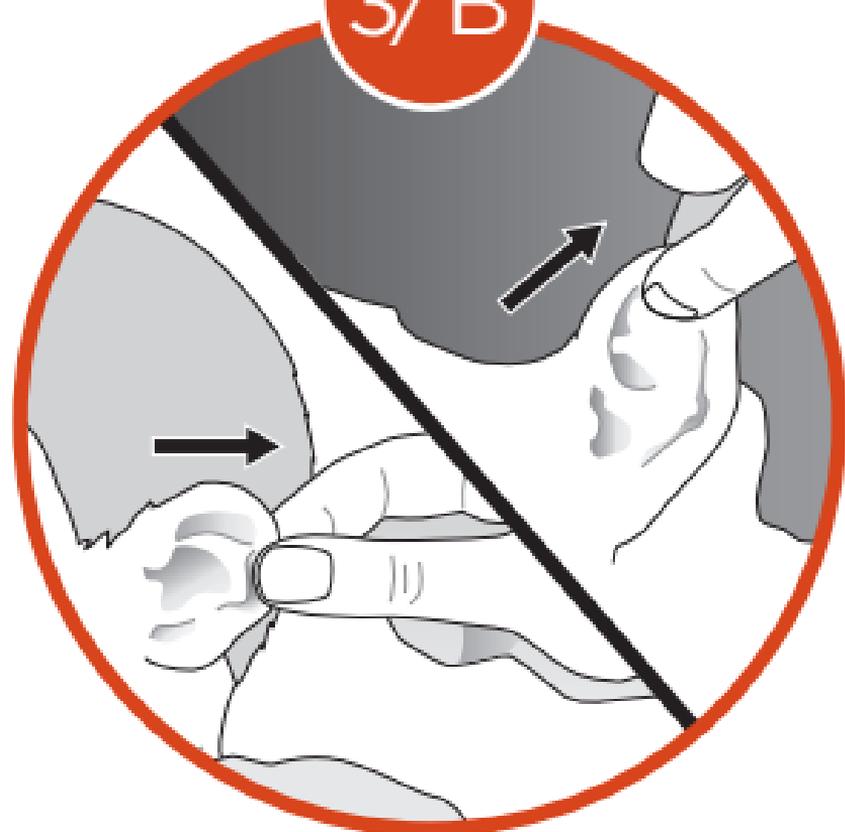
Condition the thermometer at room temperature for 30 minutes before using devices for the first time

3/A



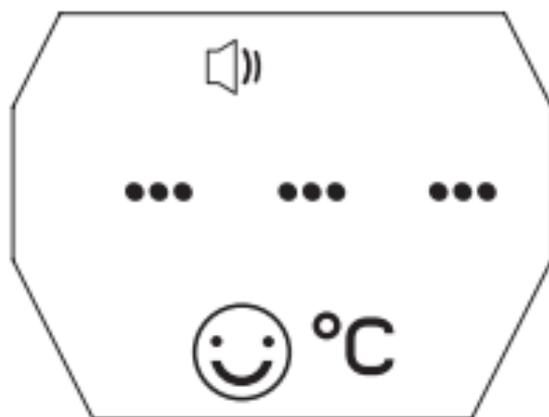
Turn on device, remove cap and thermometer will switch to ear mode automatically and 🦻 will be shown on screen.

3/B



Insert thermometer correctly into ear depending on age, and press  for measurement.

4/A



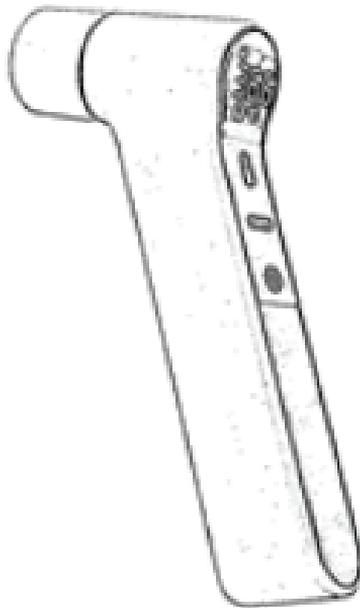
Keep cap on probe and  
turn on with ☺ symbol.

4/B



Point the thermometer  
to forehead 0-5mm  
away from skin surface  
and press 

5/A



Keep the cap on and press and hold ① for 6 seconds for object mode then press  for measurement

5/B



Point thermometer to  
object 1-5mm away and  
press  for measure-  
ment





for more information visit :  
[kinetikwellbeing.com](http://kinetikwellbeing.com)