

REEBOK PLATFORM GUIDE

DECK, STEP OR CORE BOARD?



PICK YOUR PLATFORM

DECK	STEP	CORE BOARD
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SNAPSHOT	<p>The professional Reebok Deck is the revolutionary, reconfigurable platform which marks the latest evolution of the ever-popular, original Reebok Step.</p>	<p>Introduced to health clubs over 25 years ago, the timeless aerobic Reebok Step remains an integral and immensely popular piece of equipment in group fitness.</p>	<p>The Reebok Core Board tilts, twists and recoils as a balance-focused platform to help improve strength and function of the core.</p>
DESIGN	<ul style="list-style-type: none">• 3-position angle support (incline, decline, flat)• 2 variable heights of 20cm (8") and 35.5cm (13")• Rubber grip surface and feet• Lightweight and portable	<ul style="list-style-type: none">• Non-slip sweat resistant surface• Compact and stackable• Easy to clean• Rubber feet prevent slipping	<ul style="list-style-type: none">• Non-slip rubber surface• 2 adjustable levels of stability• Lightweight and portable
KEY FEATURES	<ul style="list-style-type: none">• Offers variety through 16 configurations• 6 location points for attaching resistance bands• Internal storage compartment for workout accessories	<ul style="list-style-type: none">• Adjustable to 3 different heights (15cm/5.9", 20cm/7.9", 25cm/9.9")• Simple click and lock mechanism	<ul style="list-style-type: none">• 3D motion• Unstable surface to engage core muscles and improve posture• 8 location points for attaching resistance bands
TEAM UP WITH ...			
DIMENSIONS	<div></div> <div>121.2(L) X 33(W) X 20(H)CM 47.7"(L) X 13"(W) X 8"(H)</div>	<div></div> <div>102(L) X 38.5(W) X 25(H)CM 40.2"(L) X 15.2"(W) X 9.9"(H)</div>	<div></div> <div>72(L) X 52.5(W) X 17.2(H)CM 28.3"(L) X 20.7"(W) X 6.8"(H)</div>
WEIGHT LIMIT	<div></div> <div>150kg (331lb)</div>	<div></div> <div>110kg (243lb)</div>	<div></div> <div>110kg (243lb)</div>