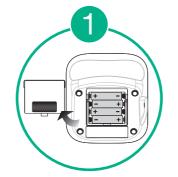


- Ouick Start Guide

WBP1

Blood Pressure **Monitor** 



Unpack
Blood Pressure
Monitor and
insert
batteries.



Plug the connector from cuff into the monitor on the left side.



Remove any thick clothing from your arm.



Sit in a relaxed position for 5 minutes.



Place your arm resting on a firm surface.



Wrap the cuff on the left arm and keep level with your heart.



Press the START button to begin measurement.



for more information visit : kinetikwellbeing.com

## For further help contact us at

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