



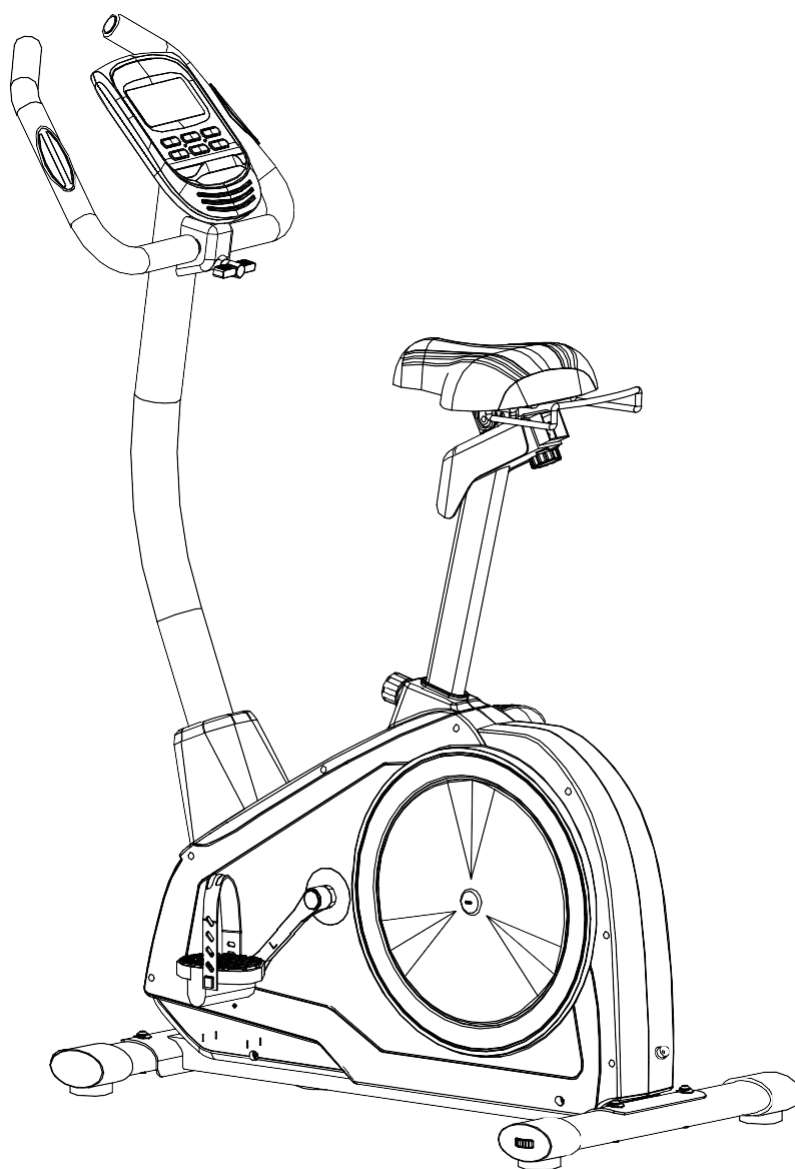
MARCY®

B80

EN

UPRIGHT BIKE

USER MANUAL



Distributed By:
Pure-Tec Limited
www.puretecfitness.com

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IMPORTANT SAFETY INFORMATION

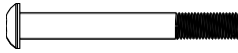
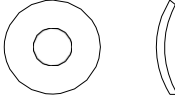
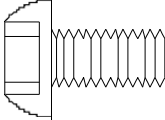




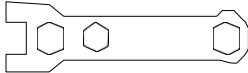
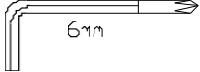
READ ALL INSTRUCTIONS BEFORE USING

THIS OWNER'S MANUAL CONTAINS ASSEMBLY, OPERATION, MAINTENANCE AND SAFETY INFORMATION. IN THE INTEREST OF SAFETY, PLEASE MAKE CERTAIN THAT YOU READ AND UNDERSTAND ALL THE INFORMATION BELOW.

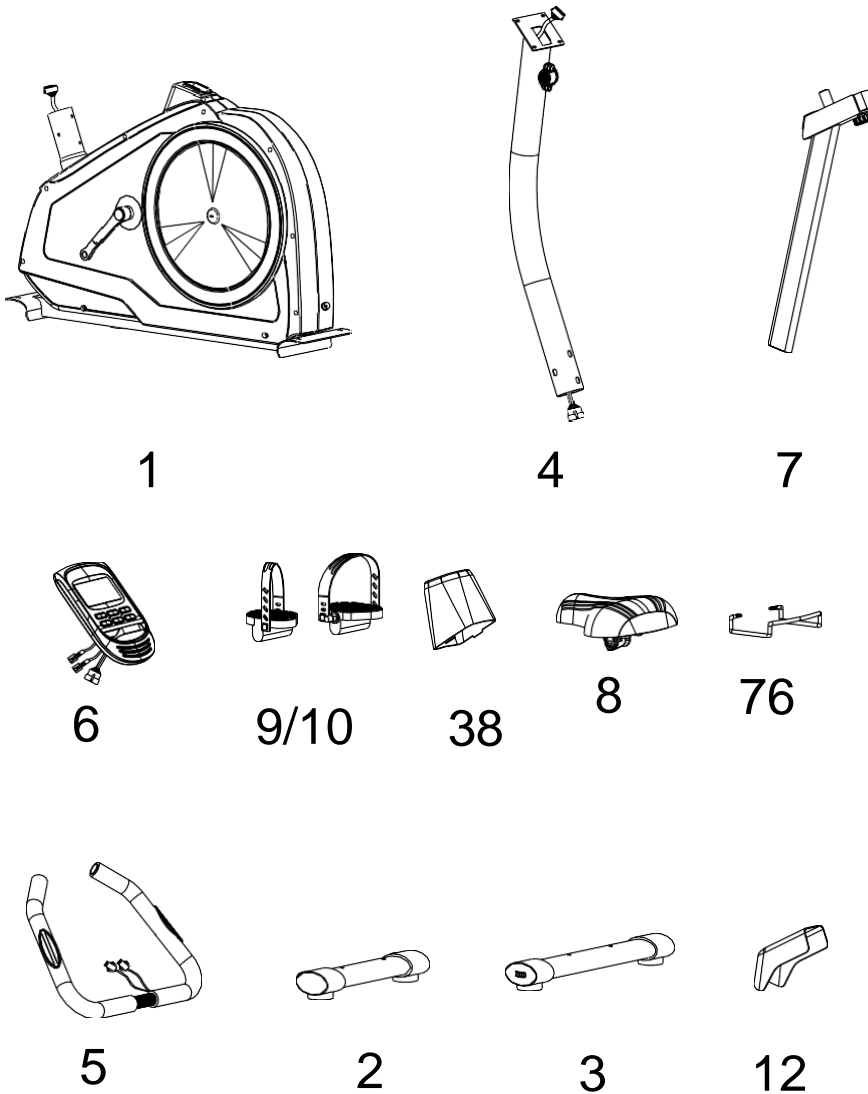
1. This Bike is intended for class H (H=Domestic) use only. It is not designed for commercial use.
2. This machine has been tested to EN 957.
3. Read the OWNER'S OPERATION MANUAL and all accompanying literature and follow it carefully before using your Bike.
4. Keep children and pets away from the Bike at all times. Do not leave children unattended in the same room with the Bike. The Bike is not a toy and therefore parents and guardians should be aware of the natural tendency for children to play, leading to situations and behaviour for which the Bike is not intended.
5. If children are allowed to use the Bike their physical/mental development and above all, temperament should be taken into account. Constant supervision is therefore needed.
6. Position the Bike on a clear levelled surface which is clear of all obstacles as not to restrict movement whilst exercising. DO NOT use the Bike near water or outdoors.
7. Exercise equipment has moving parts. In the interest of safety, keep others, especially children, at a safe distance while exercising.
8. Never hold your breath while exercising. Breathing should remain at a normal rate in conjunction with the level of exercise being performed.
9. Rest adequately between workouts. Muscle tone develops during these rest periods. Beginners should work out twice a week and increase gradually to 4 to 5 times per week.
10. Remove all jewellery, including rings, chains and pins before commencing exercise.
11. Always wear suitable clothing and footwear during exercise. Do not wear loose fitting clothing that could become entangled with the moving parts of your exercise machine.

IMPORTANT!!! THE MAXIMUM RECOMMENDED WEIGHT CAPACITY FOR YOUR BIKE IS 120KGS.

HARDWARE PACKING LIST

NO.	DESCRIPTION	DRAWING	QTY
15	Allen bolt M8*55		4
16	Curved washer $\Phi 22$		8
18	Allen bolt M8*16		4
21	T type knob		1
37	Clamp cover		1
11	Quick release knob		1
73	Spring washer $\Phi 8$		4
	Box Wrench		1
	Allen key L6		1

PRE-ASSEMBLY CHECK LIST



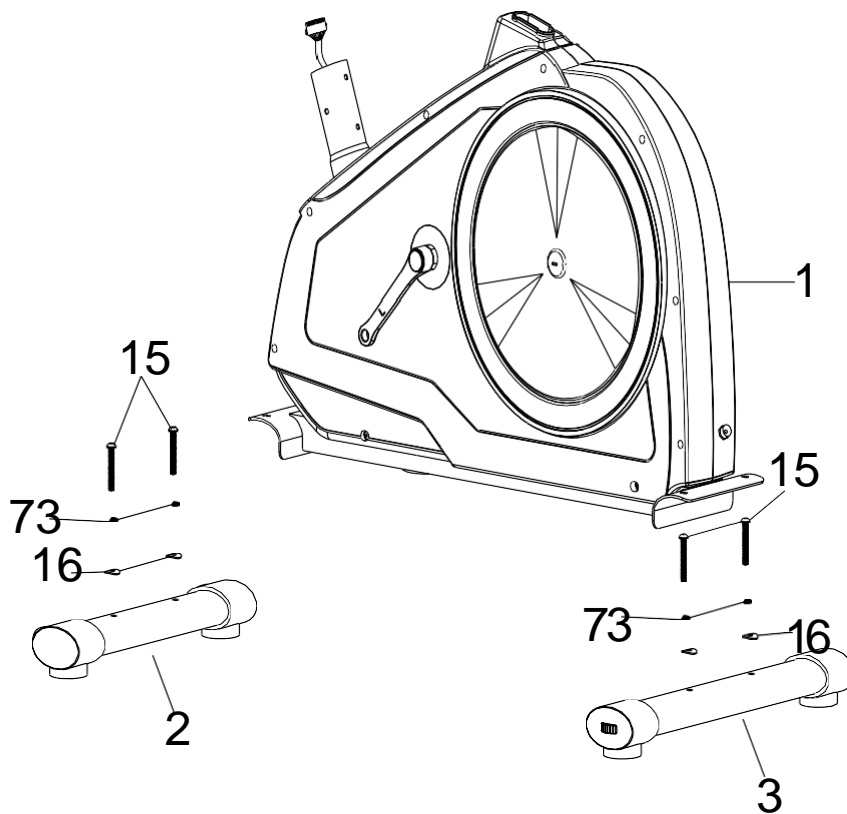
PART NO.	DESCRIPTION	Q'TY
1	Main frame	1
4	Front support	1
7	Seat support	1
6	Meter	1
9/10	Pedal (L/R)	1/1
38	Front support cover	1
8	Seat	1
76	Towel holder	1
5	Handlebar	1
2	Front stabilizer	1
3	Rear stabilizer	1
12	Sliding seat cover	1

ASSEMBLY INSTRUCTION

STEP 1

Attach the front stabilizer (2) to the front of the main frame (1), fasten with two curved washers (16), two spring washers (73) , two allen bolts (15).

Attach the rear stabilizer (3) to the rear of the main frame (1), fasten with two curved washers (16), two spring washers (73), two allen bolts (15).

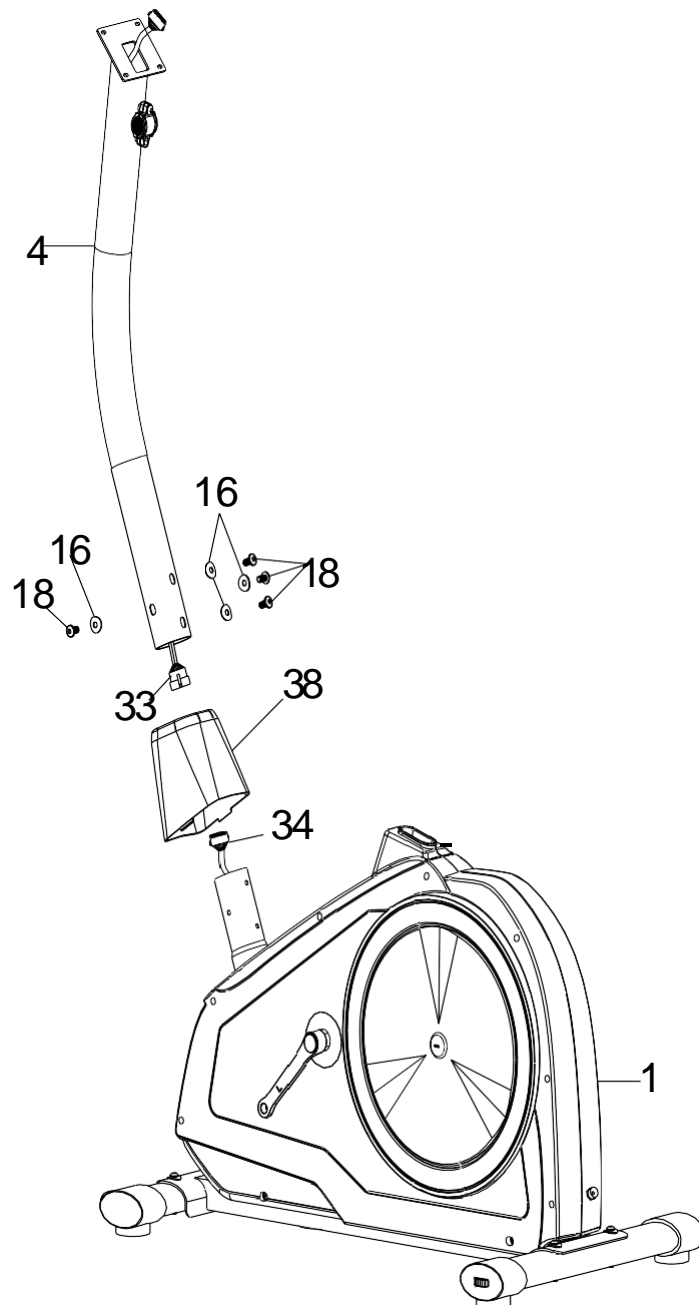


STEP 2

Connect the upper sensor wire (33) from the front support (4) to the lower sensor wire (34).

through on the front support cover (38) on the front support (4).

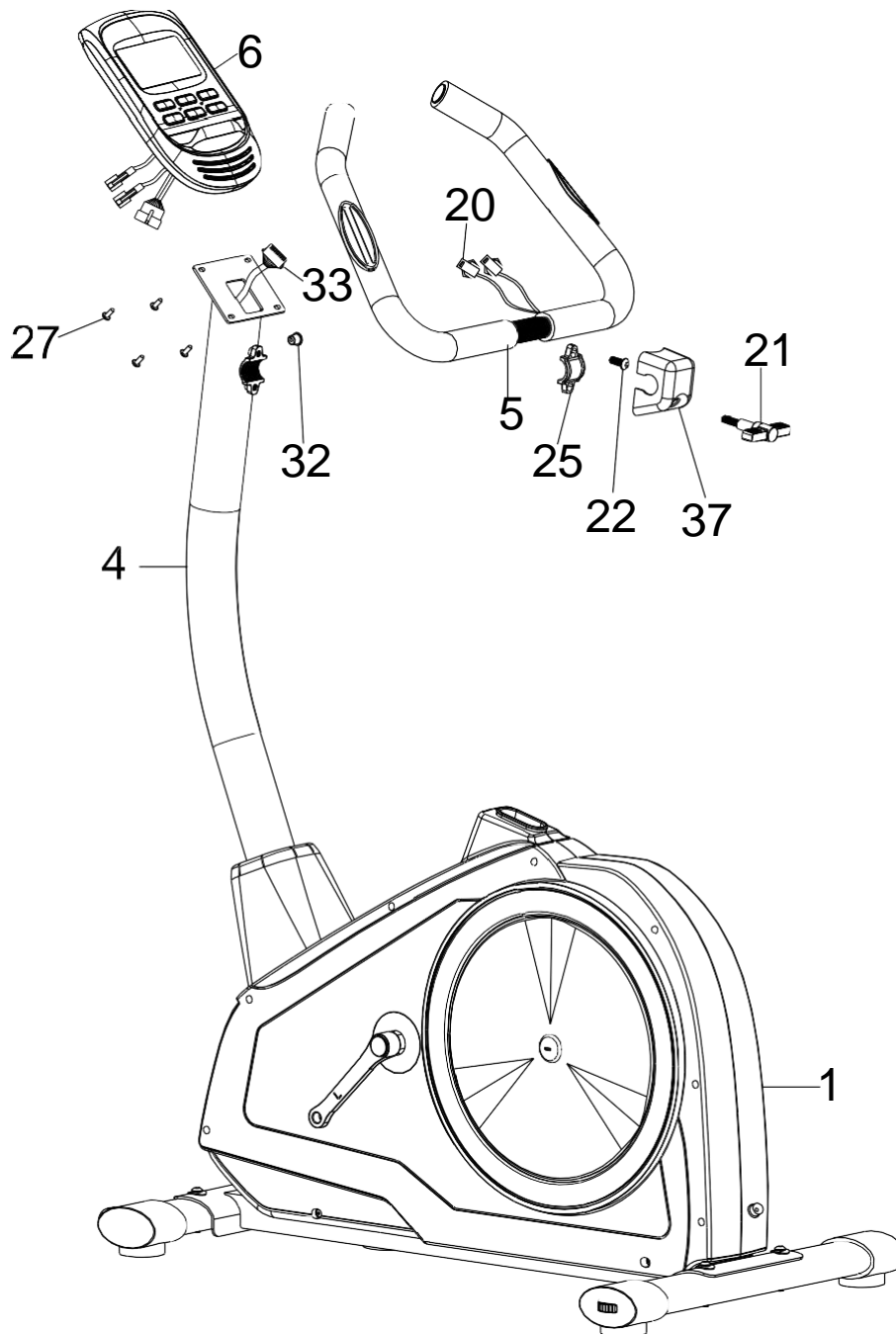
Insert the front support (4) into the main frame (1) and fasten with four allen bolts (18) and four curved washers (16).



STEP 3

Attach the handlebar (5) to the front support (4) and fasten with one clamp (25), one allen bolt (22), one clamp cover (37) and one T type knob (21).

Connect the upper sensor wire (33) to the sensor wire on the back of the meter (6). Insert the hand pulse wire (20) through grommet (32) on front support (4) and pull it out of front support (4), Insert the hand pulse wire (20) to the pulse hole on the back of meter (6). Attach the meter (6) to the front support (4) and fasten with four screws (27) which are pre-assemble on the meter (6).



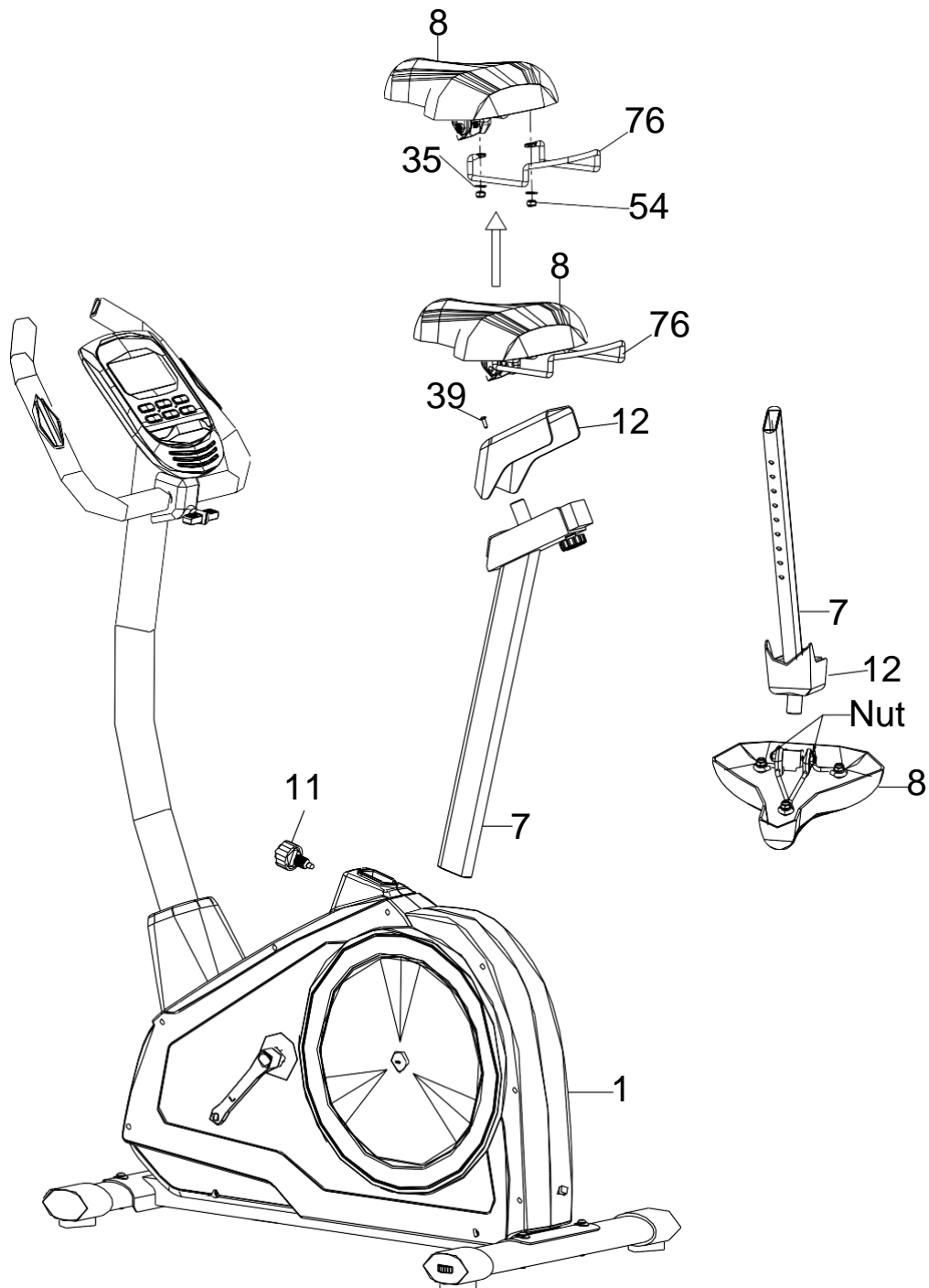
STEP 4

Attach the sliding seat cover (12) to the seat support (7) and fasten with one self-tapping screw (39).

Attach the towel holder (76) to the seat (8) and fasten with two nut (54) and two washer (35) which are pre-assembled on the seat (8)

Release two nuts on the back of seat (8) and attach it to the seat support (7), then fix the seat by tightening two nuts.

Insert the seat support (7) into the main frame (1) and fasten with one quick release knob (11) which could adjust the height to your desired position.

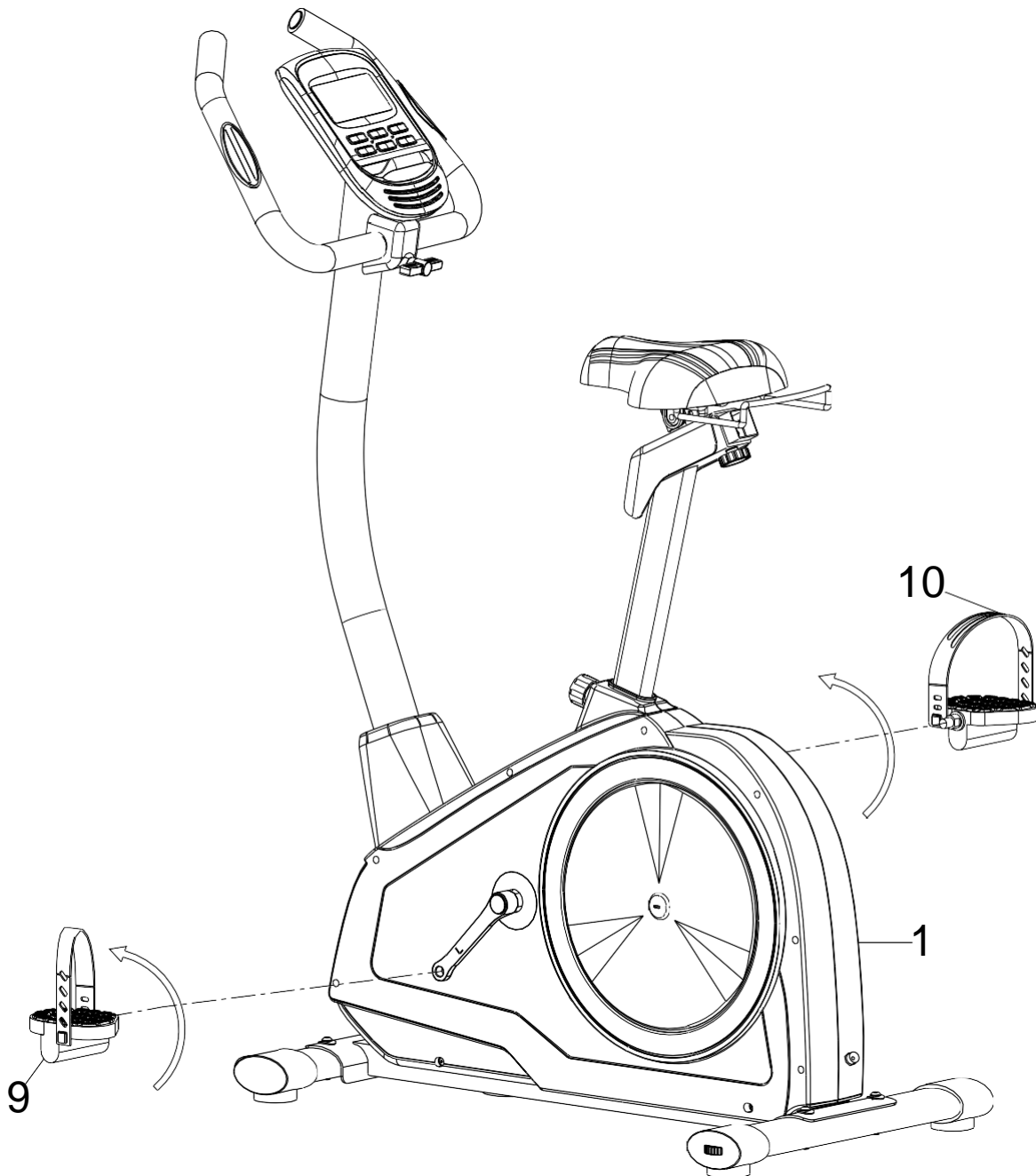


STEP 5

The pedals (9 & 10) are marked "L" and "R" - Left and Right.

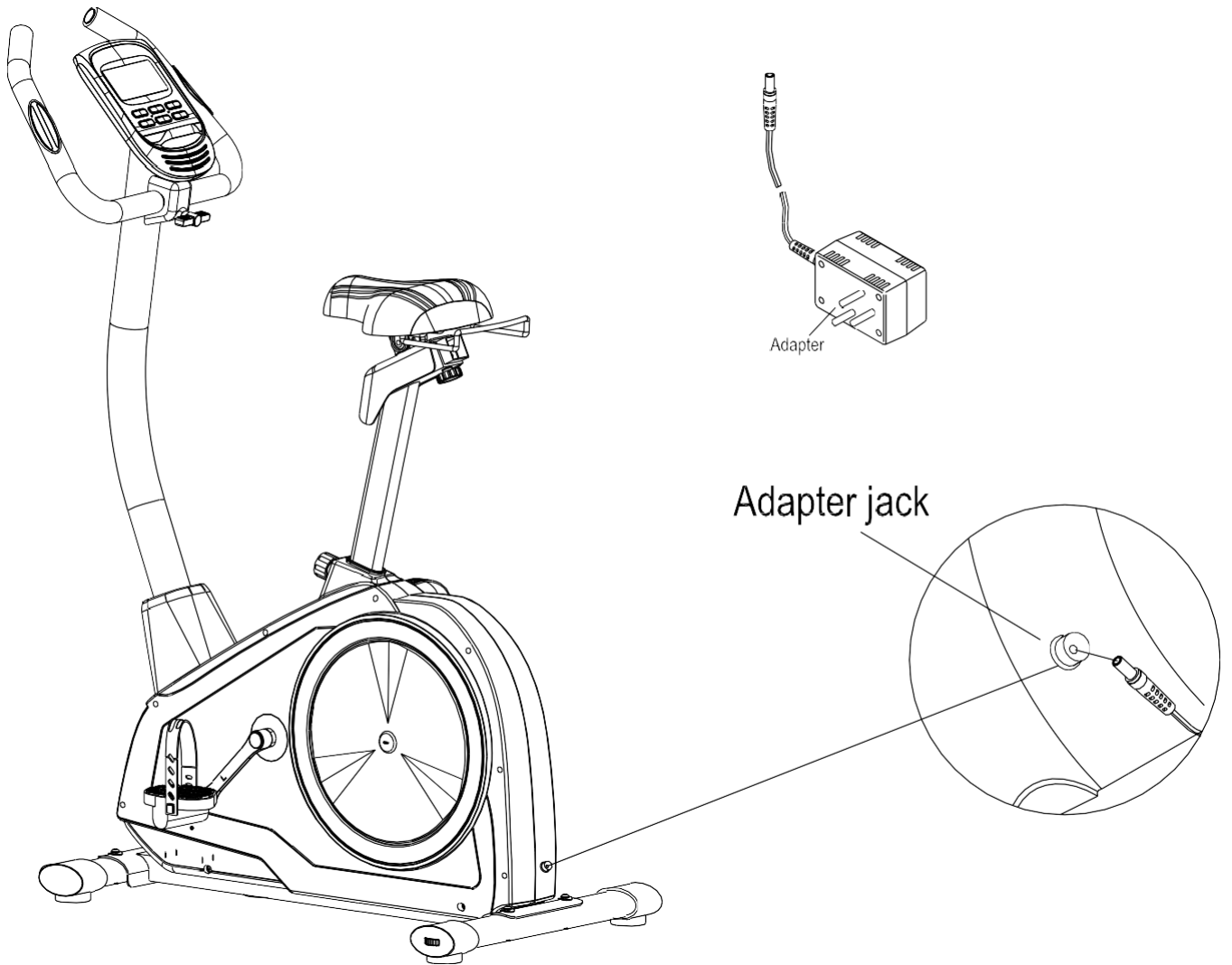
Connect them to their appropriate crank arms on the main frame (1). The right crank arm is on the right-hand side of the cycle as you sit on it.

Note : the right pedal should be threaded on clockwise and the left pedal anticlockwise.



STEP 6

Connect the Adapter Jack into Main Frame (1)



COMPUTER INSTRUCTIONS



The things you should know before exercise

A. Input Power

Plug in the adaptor to the equipment then the computer will produce a beep sound and turn on the computer at the Manual mode.

B. Program select and setting value

1. Use the UP or DOWN keys to select program mode and then press ENTER to confirm your exercise mode.
2. At the Manual mode, the computer will use the UP or DOWN keys to set up your exercise TIME, DISTANCE, CALORIES, PULSE.
3. Press the START/STOP key to start exercise.
4. When you reach the target, the computer will produce beep sounds and then stop.
5. If you set up more than one target and you would like to reach next target, press START/STOP key to keep on exercise.

C. Wake-Up Function

The monitor will entry SLEEP mode (LCD off) when there is no signal input and no key be pressed after 4 minutes. Press the screen to start the monitor.

Functions and Features:

1. TIME: Shows your elapsed workout time in minutes and seconds. Your computer will automatically count up from 0:00 to 99:59 in one second intervals. You can also program your computer to count down from a set value by using the UP and DOWN keys. If you continue exercising once the time has reached 0:00, the computer will begin beeping, and reset itself to the original time set, letting you know your workout is done.
2. DISTANCE: Displays the accumulative distance traveled during each workout up to a maximum of 999.0KM/MILE.
3. RPM: Your pedal cadence.
4. SPEED: Displays your workout speed value in KM/MILE per hour.
5. CALORIES: Your computer will estimate the cumulative calories burned at any given time during your workout.
6. PULSE: Your computer displays your pulse rate in beats per minute during your workout.
7. AGE: Your computer is age-programmable from 10 to 99 years. If you do not set an age, this function will always default to age 35.
8. TARGET HEART RATE (TARGET PULSE): The heart rate you should maintain is called your Target Hear Rate in beats per minute.
9. PULSE RECOVERY: During the START stage, leave the hands holding on grips or leave the chest transmitter attached and then press "PULSE RECOVERY" key, time starts counting from 00:60 - 00:59 - - to 00:00. As soon as 00:00 is reached, the computer will show your heart rate recovery

status with the grade F1.0 to F6.0.

- 1.0 means OUTSTANDING**
- 1.0 < F < 2.0 means EXCELLENT**
- 2.0 ≤ F ≤ 2.9 means GOOD**
- 3.0 ≤ F ≤ 3.9 means FAIR**
- 4.0 ≤ F ≤ 5.9 means BELOW AVERAGE**
- 6.0 means POOR**

Note: If no pulse signal input then the computer will show “P” on the PULSE window. If the computer shows “ERR” on the message window, please re-press the PULSE RECOVERY key and please make sure your hands are keeping well on the grips or the chest transmitter is attached well.

11. TEMPERATURE: Display the current temperature.

Key function:

There are 6 button keys and the function description as follows:

1. START/STOP key: a. Quick Start function: Allows you to start the computer without selecting a program. Manual workout only. Time automatically begins to count up from zero
 - b. During the exercise mode, press the key to STOP exercise.
 - c. During the stop mode, press the key to START exercise.
2. UP key: a. Press the key to increase the resistance during exercise mode.
 - b. During the setting mode, press the key to increase the value of Time, Distance, Calories, Age and select Gender and Program.
3. DOWN key: a. Press the key to decrease the resistance during exercise mode.
 - b. During the setting mode, press the key to decrease the value of Time, Distance, Calories, Age and select Gender and Program.
4. ENTER key: a. During the setting mode, press the key to accept the current data entry.
 - b. At the stop mode, by holding this key for over two seconds the user can reset all values to zero or default value.
 - c. During setting the Clock, press this key can accept the setting hour and setting minute.
5. BODY FAT key: Press the key to input your HEIGHT, WEIGHT, GENDER and AGE then to measure your body fat ratio,
6. PULSE RECOVERY key: Press the key to activate heart rate recovery function.

Program Introduction & Operation:

Manual Program: Manual

P1 is a manual program. User can start exercise by pressing START/STOP key. The default resistance level is 5. Users may exercise in any desirable of resistance level (Adjusting by UP/DOWN keys during the workout) with a period of time or a number of calories or a certain distance.

- Operations:**
1. Use UP/DOWN keys to select the MANUAL (P1) program.
 2. Press the ENTER key to enter MANUAL program.
 3. The TIME will flash and you can press UP or DOWN keys to set your exercise TIME. Press ENTER key to confirm your desired TIME.
 4. The DISTANCE will flash and you can press UP or DOWN keys to set your target DISTANCE. Press ENTER key to confirm your desired DISTANCE.

5. The CALORIES will flash and you can press UP or DOWN keys to set your exercise CALORIES.

Press

ENTER key to confirm your desired CALORIES.

6. The PULSE will flash and then you can press UP or DOWN keys to set your exercise PULSE. Press

ENTER key to confirm your desired Pulse.

7. Press the START/STOP key to begin exercise.

Preset Program: Steps, Hill, Rolling, Valley, Fat Burn, Ramp, Mountain, Intervals, Random, Plateau, Fartlek, Precipice Program

PROGRAM 2 to PROGRAM 13 is the preset programs. Users can exercise with different level of loading in different intervals as the profiles show. Users may exercise in any desirous of resistance level (Adjusting by UP/DOWN keys during the workout) with a period of time or a number of calories or a certain distance.

- Operations:**
1. Use UP/DOWN keys to select one of the above programs from P2 to P13.
 2. Press the ENTER key to enter your workout program.
 3. The TIME will flash and you can press UP or DOWN keys to setting your exercise TIME. Press ENTER key to confirm your desired TIME.
 4. The DISTANCE will flash and you can press UP or DOWN keys to setting your target DISTANCE. Press ENTER key to confirm your desired DISTANCE.
 - 5 The CALORIES will flash and you can press UP or DOWN keys to setting your exercise CALORIES. Press ENTER key to confirm your desired CALORIES.
 6. The PULSE will flash and then you can press UP or DOWN keys to set your exercise PULSE. Press ENTER key to confirm your desired Pulse.
 7. Press the START/STOP key to begin exercise.

User Setting Program: User 1, User 2, User 3, User 4

Program 14 to 17 is the user setting program. Users are free to create the values in the order of TIME, DISTANCE, CALORIES and the resistance level in 10 columns. The values and profiles will be stored in the memory after setup. Users may also change the ongoing loading in each column by UP/DOWN keys, and they will not change the resistance level stored in the memory.

- Operations:**
1. Use UP/DOWN keys to select the USER program from P14 to P17.
 2. Press the ENTER key to enter your workout program.
 - 3.The column 1 will flash, and then use the UP/DOWN keys to create your personal exercise profile. Press ENTER to confirm your first column of exercise profile. The default level is load 1.
 - 4.The column 2 will flash, and then use the UP/DOWN keys to create your personal exercise profile. Press ENTER to confirm your second column of exercise profile.
 5. Follow the above description 5 and 6 to finish your personal exercise profiles. Press ENTER to confirm your desired exercise profile.
 6. The TIME will flash and you can press UP or DOWN keys to setting your exercise TIME.
Press ENTER key to confirm your desired TIME.
 7. The DISTANCE will flash and you can press UP or DOWN keys to setting your target DISTANCE. Press ENTER key to confirm your desired DISTANCE.
 8. The CALORIES will flash and you can press UP or DOWN keys to setting your exercise CALORIES. Press ENTER key to confirm your desired CALORIES.
 9. The PULSE will flash and then you can press UP or DOWN keys to set your exercise PULSE. Press ENTER key to confirm your desired Pulse.
 10. Press the START/STOP key to begin exercise.

Heart Rate Control Program: 55% H.R.C., 65% H.R.C., 75% H.R.C., 85% H.R.C., Target H.R.C.

Program 18 to Program 22 is the Heart Rate Control Programs and Program 22 is the Target Heart Rate Control program.

Program 18 is the 55% Max H.R.C. - - Target H.R. = $(220 - \text{AGE}) \times 55\%$

Program 19 is the 65% Max H.R.C. - - Target H.R. = $(220 - \text{AGE}) \times 65\%$

Program 20 is the 75% Max H.R.C. - - Target H.R. = $(220 - \text{AGE}) \times 75\%$

Program 21 is the 85% Max H.R.C. - - Target H.R. = $(220 - \text{AGE}) \times 85\%$

Program 22 is the Target H.R.C. - - Workout by your target heart rate value.

Users can exercise according to your desired Heart Rate program by setting your AGE, TIME, DISTANCE, CALORIES or TARGET PULSE. In these programs, the computer will adjust the resistance level according to the heart rate detected. For example, the resistance level may increase every 20 seconds while the heart rate detected is lower than the TARGET H.R.C. Also the resistance level may decrease every 20 seconds while the heart rate detected is higher than the TARGET H.R.C.

- Operations:**
1. Use UP/DOWN keys to select one of the heart rate control program from P18 to P22.
 2. Press the ENTER key to enter your workout program
 3. The AGE will flash at P18 to P21 programs and you can press UP or DOWN keys to set your AGE. The default age is 35.
 4. At program 22, the TARGET PULSE will flash and you can press UP or DOWN keys to set your TARGET PULSE between 80 to 180. The default TARGET PULSE is 120.
 5. The TIME will flash and you can press UP or DOWN keys to set your exercise TIME. Press ENTER key to confirm your desired TIME.
 6. The DISTANCE will flash and you can press UP or DOWN keys to set your target DISTANCE. Press ENTER key to confirm your desired DISTANCE.
 7. The CALORIES will flash and you can press UP or DOWN keys to set your exercise CALORIES. Press ENTER key to confirm your desired CALORIES.
8. Press the START/STOP key to begin exercise.

Body Fat Program: Body Fat

Program 23 is a special program design to calculate users' body fat ratio and to offer a specific loading profile for users. There are 3 body types divided according to the FAT% calculated.

Type1: $\text{BODY FAT}\% > 27$

Type2: $27 \geq \text{BODY FAT}\% \geq 20$

Type3: $\text{BODY FAT}\% < 20$

The computer will show the test results of FAT PERCENT, BMI and BMR.

- Operations:**
1. Use UP/DOWN keys to select the BODY FAT (P24) program.
 2. Press the ENTER key to enter your workout program.
 3. The HEIGHT will flash and you can press UP or DOWN keys to set your HEIGHT. Press ENTER key to confirm your HEIGHT. The default HEIGHT is 170cm or 5'07" (5feet 7 inches).
 4. The WEIGHT will flash and you can press UP or DOWN keys to set your WEIGHT. Press ENTER key to confirm your WEIGHT. The default WEIGHT is 70kgs or 155lbs.
 5. The GENDER will flash and you can press UP or DOWN keys to select your sex. Number 1 means man and number 0 means female. Press ENTER key to

- confirm your Gender. The default sex is 1 (MAN).
6. The AGE will flash and you can press UP or DOWN keys to set your AGE. Press ENTER key to confirm your AGE. The default AGE is 35.
 7. Press the START/STOP key to begin body fat measurement. If the window show E on the window, please make sure your hands are attached well on the grips or the chest belt is touch well on your body. Then press the START/STOP key again to begin body fat measurement.
 8. After finished your measurement, the computer will show the values of BMR, BMI and FAT PERCENT on the LCD display. Furthermore, the computer will show your own exercise profile for your body type.
 9. Press START/STOP key to begin exercise.

Operation guide:

1. **Sleep Mode:**

The computer will enter the sleep mode when there is no signal input and no keys be pressed after 4 minutes. You can press any key to wake up the computer.

2. **BMI (Body Mass Index):** BMI is a measure of body fat based on height and weight that applies to both adult men and women.

3. **BMR (Basal Metabolic Rate):** Your Basal Metabolic Rate (BMR) shows the number of calories your body needs to operate. This doesn't account for any activity, it's simply the energy needed to sustain a heartbeat, breathing and normal body temperature. It measures the body at rest, not sleep, at room temperature.

Error Message:

E1 (ERROR 1):

Normal state: During workout, when the monitor did not get the count signal from the gear motor more than 4 seconds and check under successive 3 times then the LCD will show E1.

Power on state: The gear motor will return to zero automatically, when the signal of motor cannot be detected for more than 4 seconds then the gear motor's driver will be cut off immediately and show the E1 on the LCD display. All the other digital and function mark are blank, and the output signals are cut off also.

E2 (ERROR 2): When the monitor read the memory data, if the I.D. code is not correct or the memory IC damages then the monitor will show E2 immediately at power on.

E3 (ERROR 3): After 4 seconds by start mode, the computer detects the faulty motor did not leave the zero point then the LCD bar displays "E3".

Technical data of the current adapter

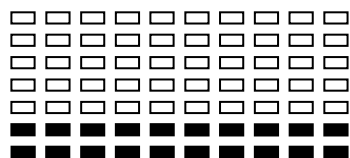
1. Available for Input: 230V/50Hz or 60Hz Output: 6V DC/0.5~1A
2. Available for Input: 110V/50Hz or 60Hz Output: 6V DC/0.5~1A

LCD Workout Graphics

PRESET PROGRAM PROFILES:

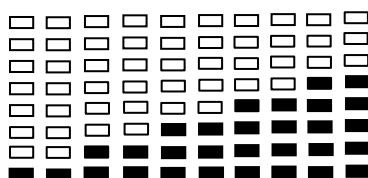
PROGRAM 1

MANUAL



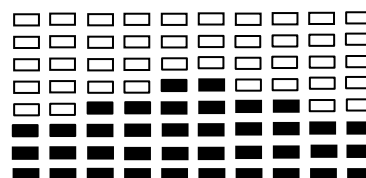
PROGRAM 2

STEPS



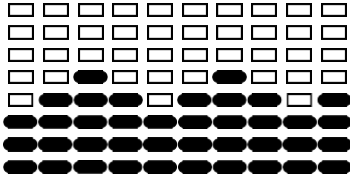
PROGRAM 3

HILL



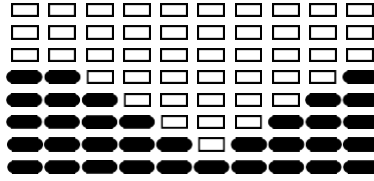
PROGRAM 4

ROLLING



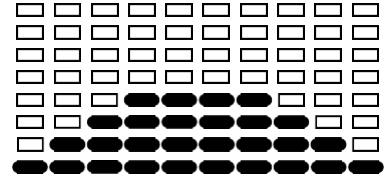
PROGRAM 5

VALLEY



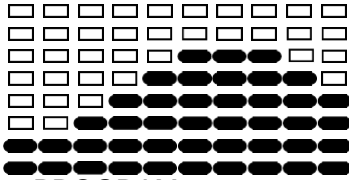
PROGRAM 6

FAT BURN



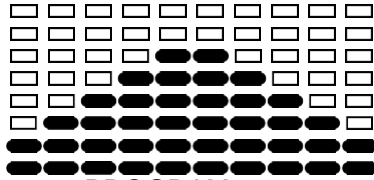
PROGRAM 7

RAMP



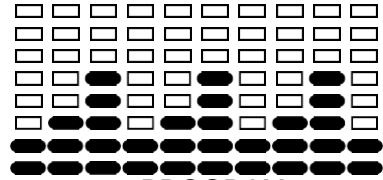
PROGRAM 8

MOUNTAIN



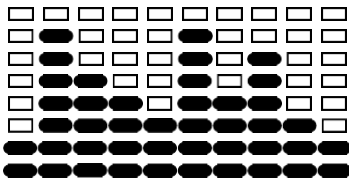
PROGRAM 9

INTERVALS



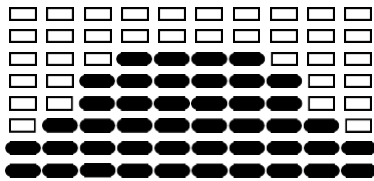
PROGRAM 10

RANDOM



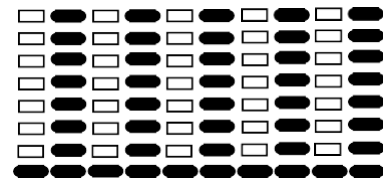
PROGRAM 11

PLATEAU



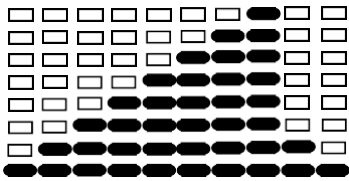
PROGRAM 12

FARTLEK



PROGRAM 13

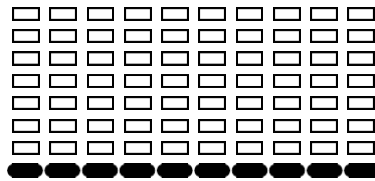
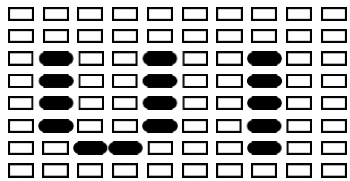
PRECIPICE



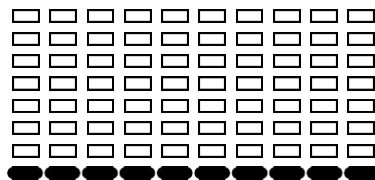
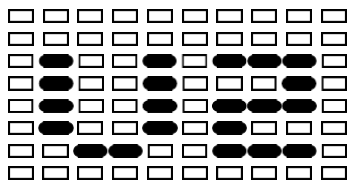
USER SETTING PROGRAM

PROGRAM 14

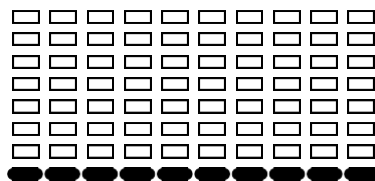
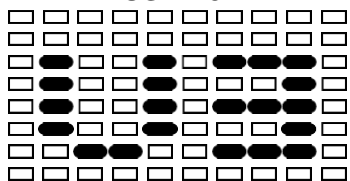
USER 1



USER 2

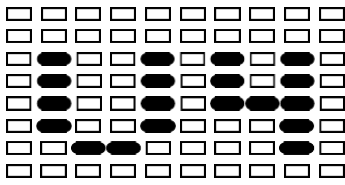


USER 3

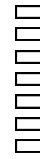


PROGRAM 17

USER 4



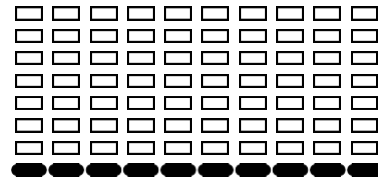
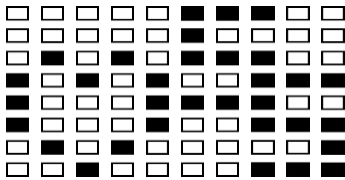
—



HEART RATE PROGRAM PROFILES:

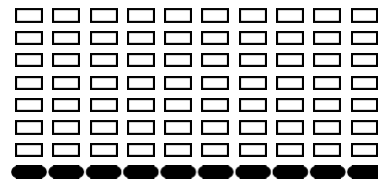
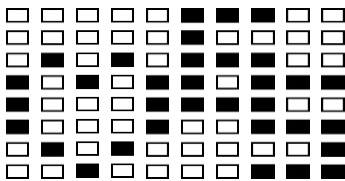
PROGRAM 18

55% H.R.C.



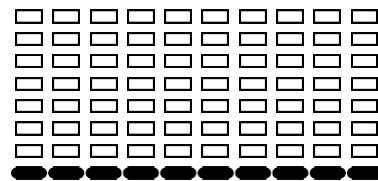
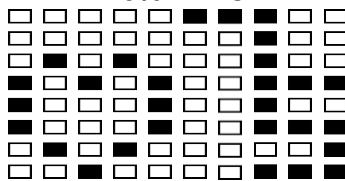
PROGRAM 19

65% H.R.C.



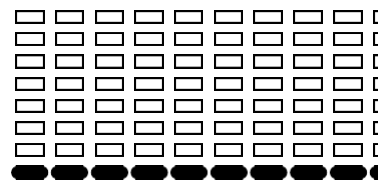
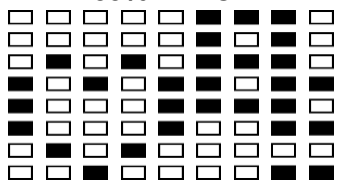
PROGRAM 20

75% H.R.C.



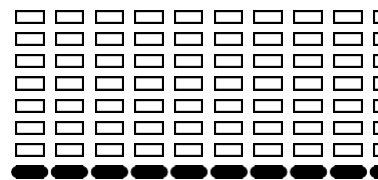
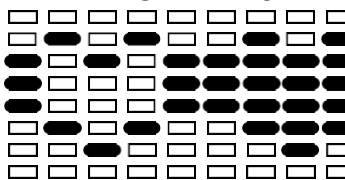
PROGRAM 21

85% H.R.C.



PROGRAM 22

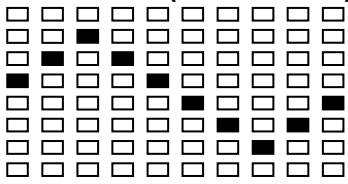
TARGET H.R.C.



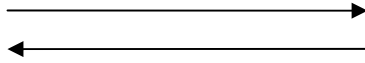
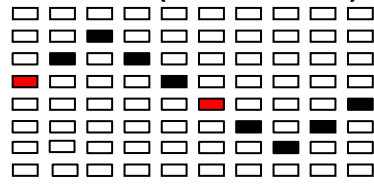
BODY FAT TEST PROGRAMS:

PROGRAM 23

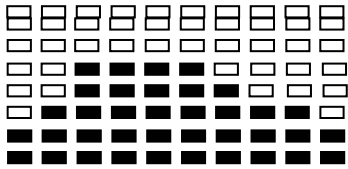
BODY FAT (STOP MODE)



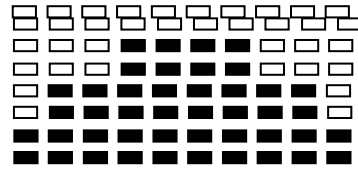
BODY FAT (START MODE)



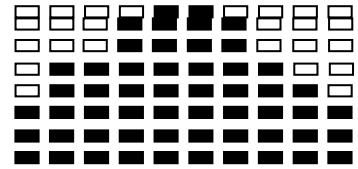
One of the Following Six Profiles Will Display Automatically after Measuring Your BODY FAT:



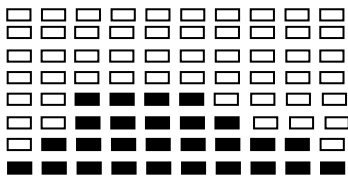
Workout Time: 40 minutes



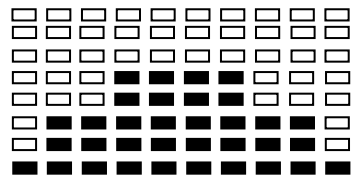
Workout Time: 40 minutes



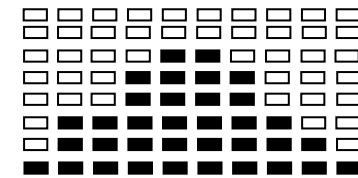
Workout time: 20 minutes



Workout Time: 40 minutes



Workout Time: 40 minutes



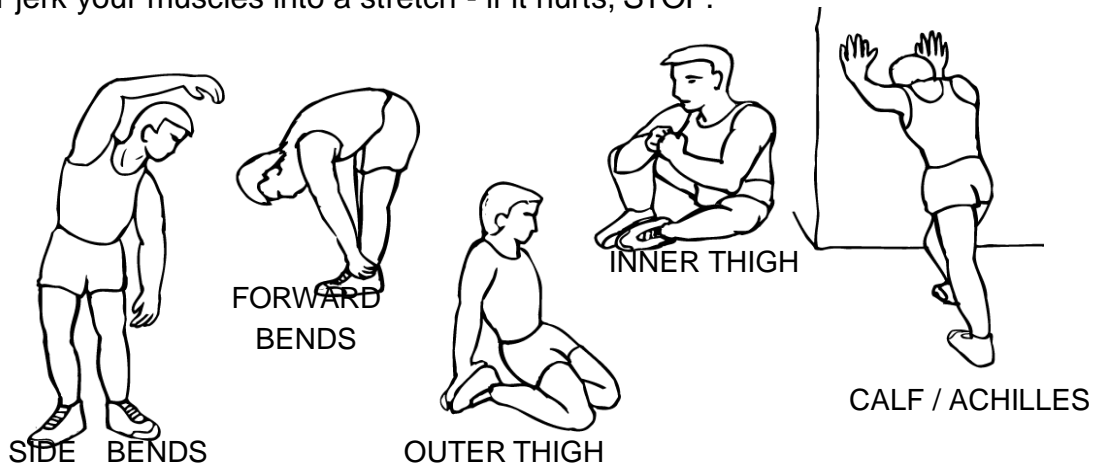
Workout time: 20 minutes

EXERCISE INSTRUCTIONS

Using your **UPRIGHT BIKE** will provide you with several benefits, it will improve your physical fitness, tone muscle and in conjunction with a calorie controlled diet help you lose weight.

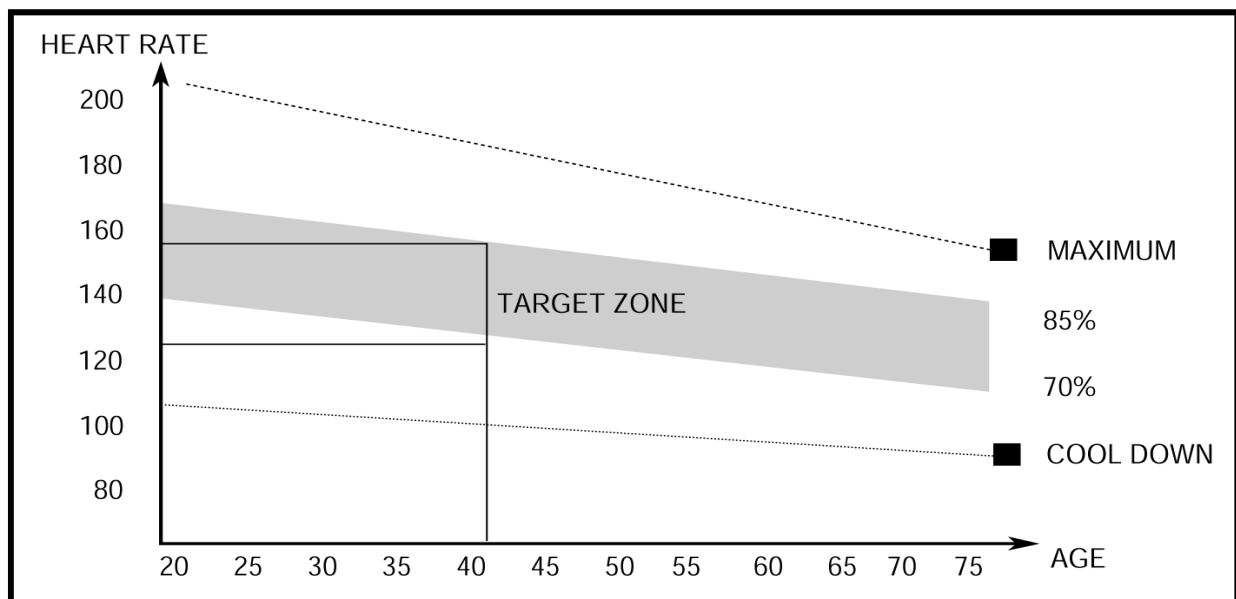
1. The Warm Up Phase

This stage helps get the blood flowing around the body and the muscles working properly. It will also reduce the risk of cramp and muscle injury. It is advisable to do a few stretching exercises as shown below. Each stretch should be held for approximately 30 seconds, do not force or jerk your muscles into a stretch - if it hurts, STOP.



2. The Exercise Phase

This is the stage where you put the effort in. After regular use, the muscles in your legs will become more flexible. Work to your but it is very important to maintain a steady tempo throughout. The rate of work should be sufficient to raise your heart beat into the target zone shown on the graph below.



This stage should last for a minimum of 12 minutes though most people start at about 15-20 minutes

3. The Cool Down Phase

This stage is to let your Cardio-vascular System and muscles wind down. This is a repeat of the warm up exercise e.g. reduce your tempo, continue for approximately 5 minutes. The stretching exercises should now be repeated, again remembering not to force or jerk your muscles into the stretch.

As you get fitter you may need to train longer and harder. It is advisable to train at least three times a week, and if possible space your workouts evenly throughout the week.

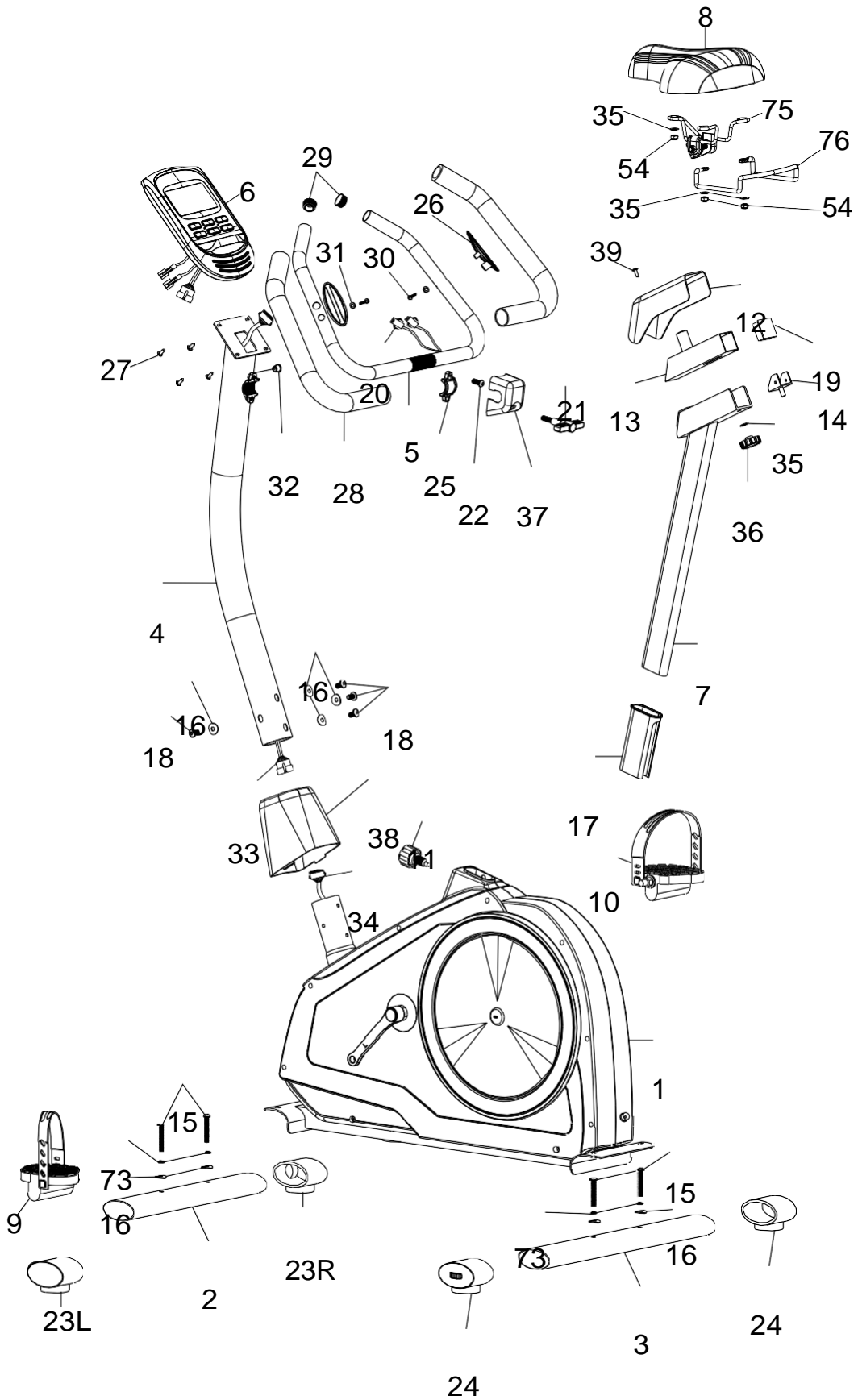
MUSCLE TONING

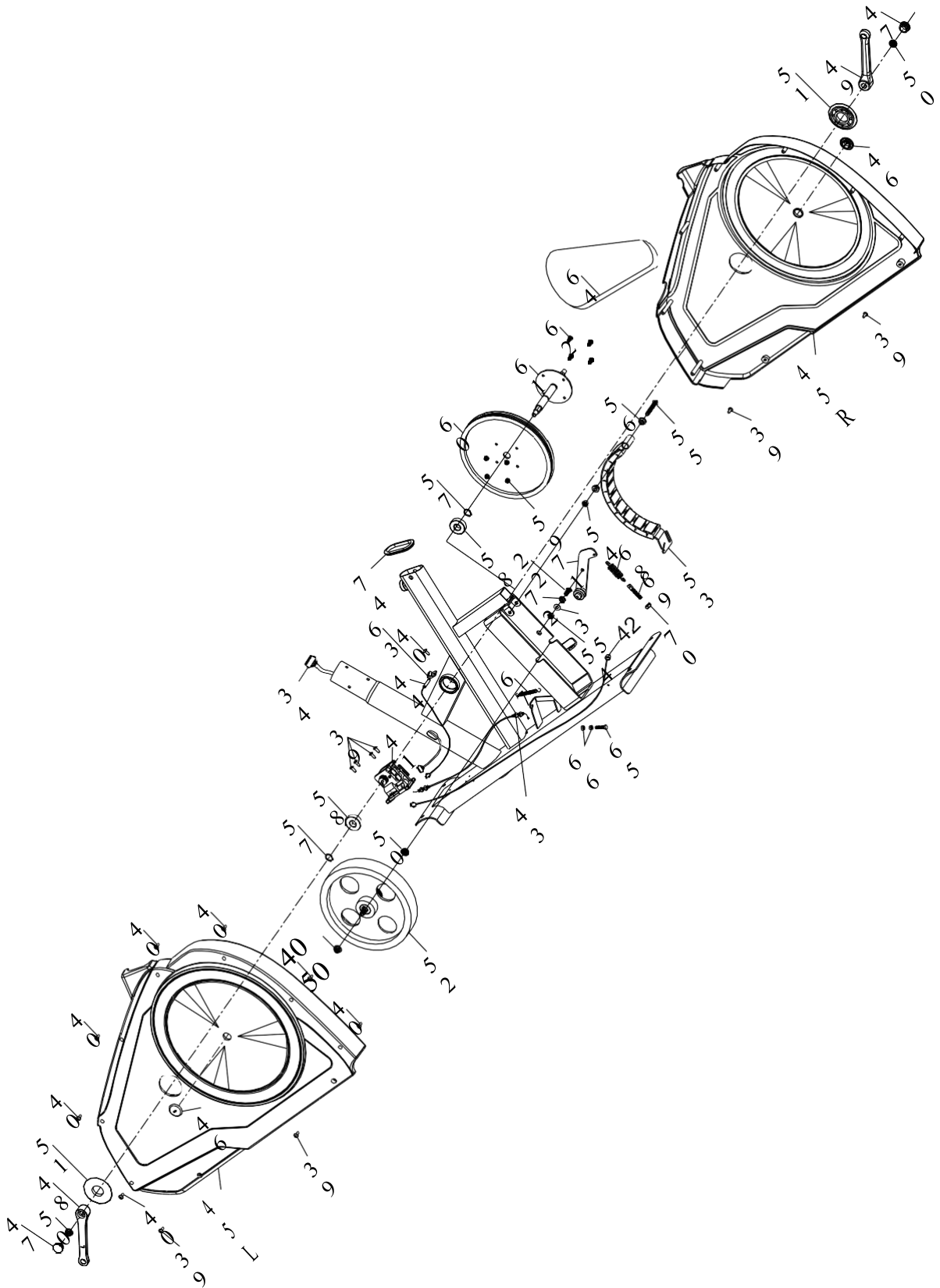
To tone muscle while on your **UPRIGHT BIKE** you will need to have the resistance set quite high. This will put more strain on our leg muscles and may mean you cannot train for as long as you would like. If you are also trying to improve your fitness you need to alter your training program. You should train as normal during the warm up and cool down phases, but towards the end of the exercise phase you should increase resistance making your legs work harder. You will have to reduce your speed to keep your heart rate in the target zone.

WEIGHT LOSS

The important factor here is the amount of effort you put in. The harder and longer you work the more calories you will burn. Effectively this is the same as if you were training to improve your fitness, the difference is the goal.

EXPLODED DIAGRAM





PARTS LIST

PART NO.	DESCRIPTION	Q'TY
1	Main frame	1
2	Front stabilizer	1
3	Rear stabilizer	1
4	Front support	1
5	Handlebar	1
6	Meter	1
7	Seat support	1
8	Seat	1
9	Pedal (L)	1
10	Pedal (R)	1
11	Quick release knob	1
12	Sliding seat cover	1
13	Sliding seat	1
14	U plate	1
15	Allen bolt M8*55	4
16	Curved washer	8
17	Seat bushing	1
18	Allen bolt M8*16	4
19	Square end cap 38*38	1
20	hand pulse wire	2
21	T type knob	1
22	Allen bolt M8*20	2
23	End cap for front stabilizer (L/R)	1/1
24	End cap for rear stabilizer (L/R)	2
25	Clamp	1
26	Hand pulse sensor	2
27	Screw M5*10	4
28	Foam grip	2
29	End cap for handlebar	2
30	Self-tapping screw ST4*20	2
31	Flat washer $\Phi 4.2 \times \Phi 12$	2
32	Grommet	1
33	Upper sensor wire	1
34	Lower sensor wire	1
35	Washer $\Phi 8 \times \Phi 17$	5
36	Club knob	1
37	Clamp cover	1

PARTS LIST

PART NO.	DESCRIPTION	Q'TY
38	front support cover	1
39	Self-tapping screw	9
40	Self-tapping screw ST5*15	8
41	Motor	1
42	Power wire	1
43	Motor wire	1
44	Sensor wire	1
45	Chain cover (L/R)	1/1
46	End cap for chain cover	2
47	End cap for crank	2
48	Crank (L)	1
49	Crank (R)	1
50	Flange nut	4
51	PVC cover	2
52	Flywheel set	1
53	Magnet assembly	1
54	Nylon nut M8	5
55	Bolt M8*55	1
56	Magnet bushing	2
57	C-clip Φ 17	2
58	Bearing 6203	2
59	Nylon nut M6	4
60	Belt pulley	1
61	Axle for belt pulley	1
62	Allen bolt M6*15	4
63	Sensor bracket	1
64	Belt	1
65	Hex head bolt M6*25	1
66	Hex head nut M6	2
67	Spring	1
68	Spring	1
69	Adjusting bolt	1
70	Nut M8	1
71	Idler wheel	1
72	Powder metal	1
73	Spring washer	4
74	Decorative ring	1
75	Seat holder	1
76	Towel holder	1

ADDITIONAL INFORMATION



Packaging Disposal

Government guidelines ask that we reduce the amount of waste material disposed of in land fill sites. We therefore ask that you dispose of all packaging waste responsibly at public recycling centres.

End of Life Disposal



We at Pure-Tec Limited hope you enjoy many years of enjoyable use from your Bike. However, a time will come when your Bike will come to the end of its useful life. Under '**European WEEE Legislation**' you are responsible for the appropriate disposal of your Bike to a recognised public collection facility.

CARE AND MAINTENANCE

1. Inspect and tighten all parts before using the Bike.
2. The Bike can be cleaned using a damp cloth and mild non-abrasive detergent. DO NOT use solvents.
3. Examine the Bike regularly for signs of damage or wear.
4. **Failure to examine the Bike regularly may affect the safety level of the equipment.**
5. Replace any defective components immediately and/or keep the Bike out of use until repair.

LIMITED WARRANTY

Pure-Tec warrants this product to be free from defects in workmanship and material, under normal use and service conditions. Please refer to www.puretecfitness.com for warranty terms. This warranty extends only to the original purchaser and is valid for home use only. Pure-Tec's obligation under this Warranty is limited to replacing damaged or faulty parts at Pure-Tec's option.

All returns must be pre-authorized by Pure-Tec. This warranty does not extend to any product or damage to a product caused by or attributable to freight damage, abuse, misuse, improper or abnormal usage, purchasers own repairs or for products used for commercial or rental purposes. No other warranty beyond that specifically set forth above is authorized by Pure-Tec.

Pure-Tec is not responsible or liable for indirect, special or consequential damages arising out of or in connection with the use or performance of the product or other damages with respect to any economic loss, loss of property, loss of revenues or profits, loss of enjoyments or use, costs of removal, installation or other consequential damages or whatsoever natures.

The warranty extended hereunder is in lieu of any and all other warranties and any implied warranties of merchantability or fitness for a particular purpose is limited in its scope and duration to the terms set forth herein.

Your statutory rights are not affected.

ORDERING REPLACEMENT PARTS

Replacement parts can be ordered by contacting our Customer Solutions Department.

Pure-Tec Limited
www.puretecfitness.com

Email: service@puretecfitness.com

When ordering replacement parts, please give the following information,

1. Model
2. Description of Parts
3. Part Number
4. Date of Purchase

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