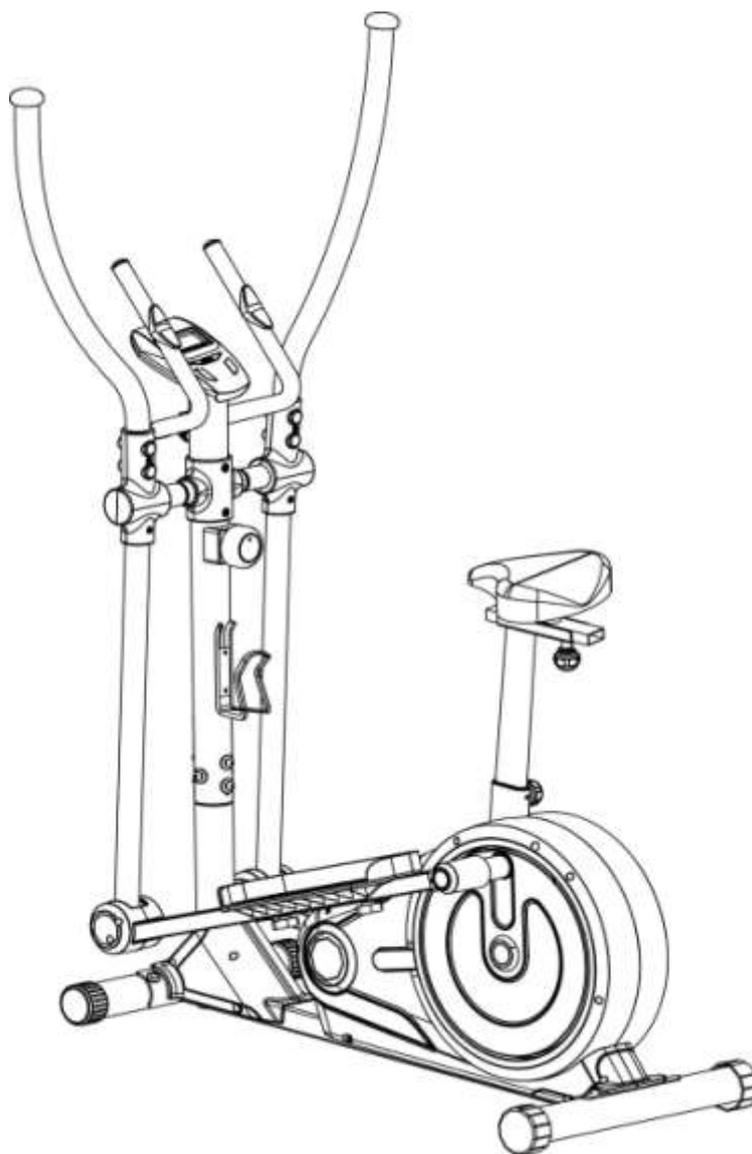


# Silver Medal Two In One Cross Trainer

Assembly & User's Instruction- Please Keep for future reference

335/9071

**ROGERBLACK**  
FITNESS 



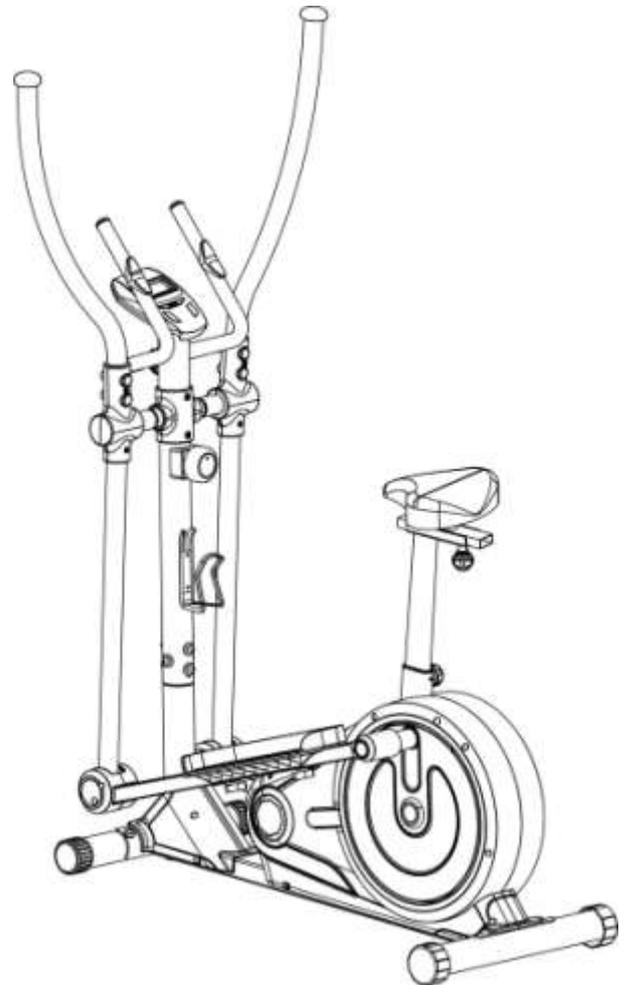
**Important – Please read these instructions fully before assembly or using**

These Instructions contain important information which will help you get best from your equipment and ensure safe and correct assembly, use and maintenance.

If you need help or have damaged or missing parts, call the **Customer Helpline: 0845 6000 464**

# Contents

<b>Safety Information</b>	2
<b>Components - Parts</b>	3
<b>Components – Fixings</b>	4
<b>Assembly Instructions</b>	5-12
<b>Computer Operation</b>	13-14
<b>Exercise Information</b>	15
. Before Starting Exercise	15
. Muscle Chart	16
. Warning up & Cooling Down	17-18
<b>Care and Maintenance</b>	19
<b>Exploded Parts Diagram</b>	20
<b>Exploded Parts List</b>	21-22
<b>Guarantee</b>	





# Safety Information

**Important – Please read fully before assembly or using**

To reduce the risk of serious injury, read the entire manual before you assemble or operate the Roger Black Silver Two In One Cross Trainer, In particular, note the following safety precautions:

## Assembly

- Check you have all the components and tools listed on pages 3 and 4.
- Remove all fittings from the plastic bags and separate them into their groups.
- Keep children and animals away from the work area, small parts can cause choking if swallowed.
- Make sure you have enough space to layout the parts before starting.
- The assembly of this equipment is best carried out by 2 people.
- Assemble the item as close to its final position (in the same room) as possible.
- Position the equipment on a clear, level surface.
- Dispose of all packaging carefully and responsibly.

## Using

- Do not use the equipment near water or outdoors.
- Keep children and pets away from the equipment at all times. **Do not** leave children unattended in the same room with the equipment.
- Before using the equipment to exercise, always warm up with stretching exercise.
- This product is intended for domestic use only.
- If the user experiences dizziness, nausea, chest pain or any other abnormal symptoms **STOP** the workout at once.

### **CONSULT A DOCTOR IMMEDIATELY**

- Only one person at a time should use the equipment.
- Keep hands away from all moving parts.
- Always wear appropriate workout clothing when exercising. **Do not** wear loose flowing clothing that could become caught in the equipment. Running or

aerobic shoes are also required when using the equipment.

- Use the equipment only for intended use, as described in this manual. Do not use attachments not recommended by the manufacturer.
  - **Do not** place any sharp objects on or near the equipment.
  - Disabled persons should not use the equipment without a qualified person or doctor in attendance.
  - Never operate or use the equipment if it is damaged or not functioning properly.
  - Examine the equipment frequently especially the easily damaged parts. The safety level of the equipment can only remain if it is examined regularly. Replace any defective components immediately. **Do not** use the equipment until it has been repaired.
  - Parents and others responsible for children must be aware that playing on the equipment could be dangerous and lead to possible injury. Children must not be left unattended with the equipment.
  - A spotter is recommended during exercise.
  - This product is suitable for a maximum user weight of: **125kgs**.
  - Your product is intended for use in clean dry conditions. You should avoid storage in excessively cold or damp places as this may lead to corrosion and other related problems that are outside our control.
  - This product conforms to: (BS EN957)
    - PARTS 1.5.9 class (H) - Home Use - Class (C).
- This product is not suitable for therapeutic purposes.**
- This exercise product has been designed and manufactured to comply with the latest (BS EN 957) British and European Safety Standards.



**Warning:** Before beginning any exercise programme, consult your doctor. This is especially important for individuals over the age of 35 or persons with pre-existing health problems. You **MUST** read all instructions before using any fitness equipments. Argos assumes no responsibility for personal injury or property damage sustained by or through the use of this product.

# Components - Parts

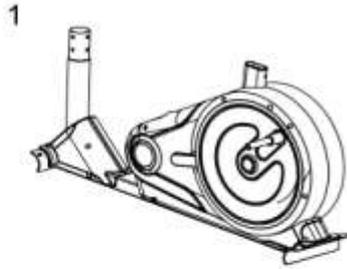
If you have damaged or missing parts, please call the **Customer Helpline: 0845 6000 464.**

Please check you have all parts listing below

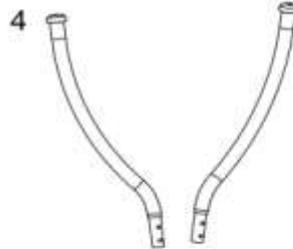
**Note:** Some of the smaller components may be pre-fitted to larger components. Please check carefully before contacting Argos regarding any missing components.



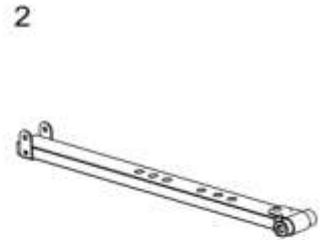
Front Post x1



Main Frame x1



L&R Handle Rail x 1



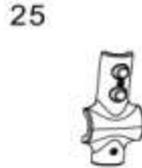
Foot Bar x 2



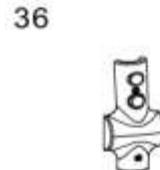
Handle Bar x 1



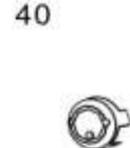
Computer x1



L/Rear Handle Rail Cover x1



L/Front Handle Rail Cover x1



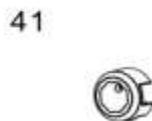
Left Linkage Cover x2



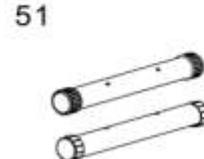
Foot Pedal x2



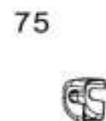
Crank Cover x2



Right Linkage Cover x2



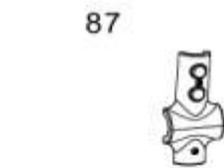
Front / Rear Stabilizer x1



Handle Bar Cover x1



WaterBottleStand x1



R/Front Handle Rail Cover x1



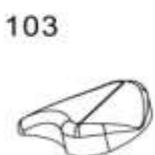
R/Rear Handle Rail Cover x1



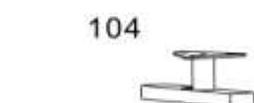
M16 Lock Knob x1



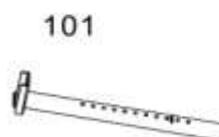
Knob x 1



Saddle x 1



Saddle Adjustable Bracket x1



Saddle Post x 1

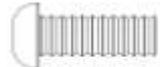


Tension Control Knob x1

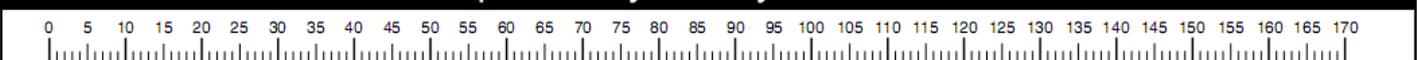
# Components – Fixings

Please check you have all the fixings listed below

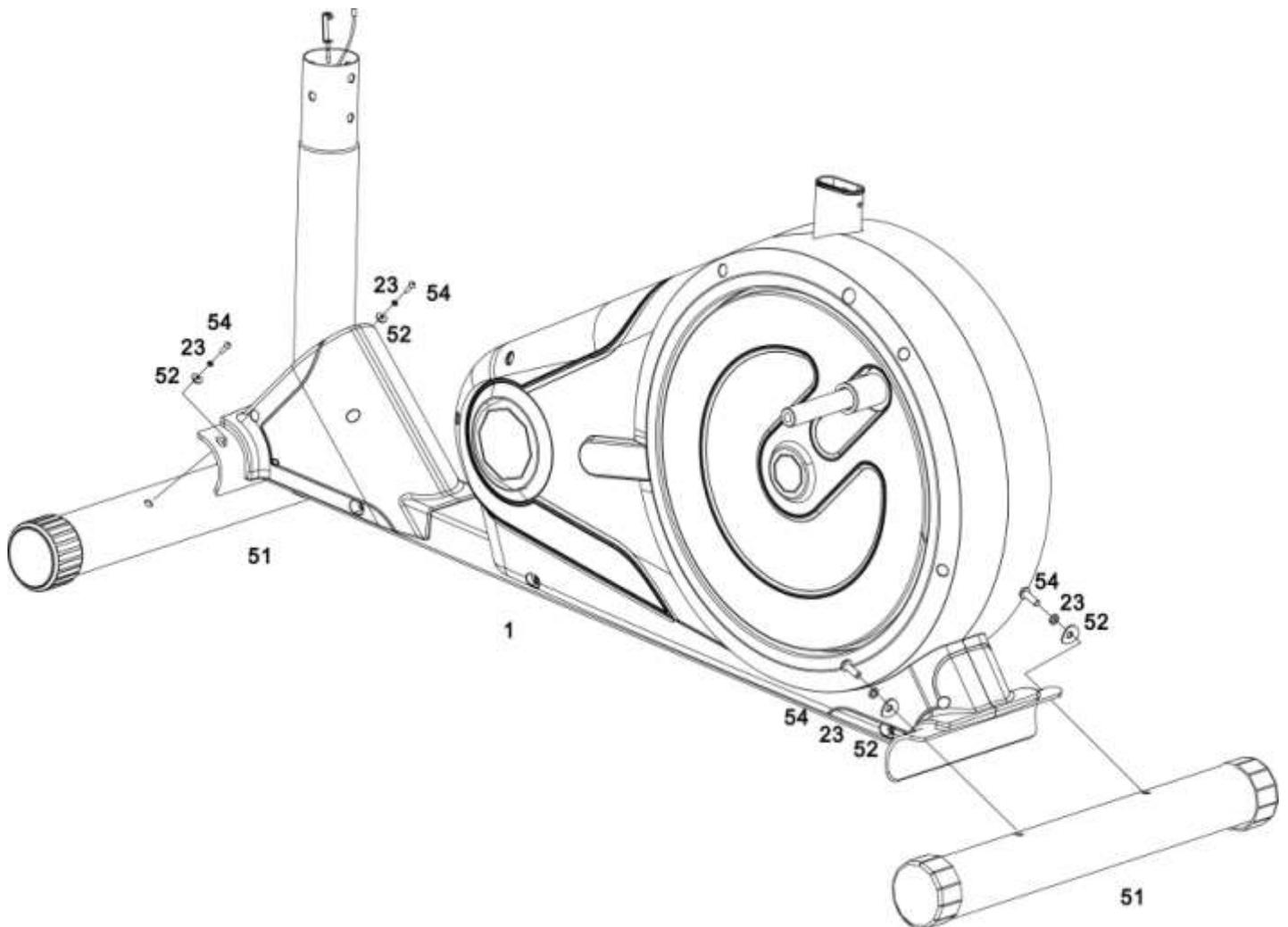
**Note:** Some of the fixings are pre-fitted to the larger components. Please check carefully before contacting Argos regarding any missing fixings.

48  20mm Corrugated Washer x 2	12  40mm Allen Bolt x 1	13  15mm Philips Screw x 12
20  15mm Allen Bolt x 6	21  30mm Arc Washer x 6	22  8mm Spring Washer x 6
23  10mm Spring Washer x 4	27  Aircraft Nut x 6	28  19mm Arc Washer x 4
31  15mm Hex Bolt x 2	33  45mm Carriage Bolt x 4	37  87mm Axle Bolt x 2
39  12mm Philip Screw x 4	45  2mm Big Washer x 2	46  2mm Nylon Washer x 2
95  10mm Allen Bolt x 4	52  34mm Arc Washer x 4	54  20mm Allen Bolt x 4
55  12mm Philips Screw x 2		
 5# Allen Wrench x 1	 6# Allen Wrench x 1	 Multi Wrench x 1

**Ruler - Use this ruler to help correctly identify the hardware**



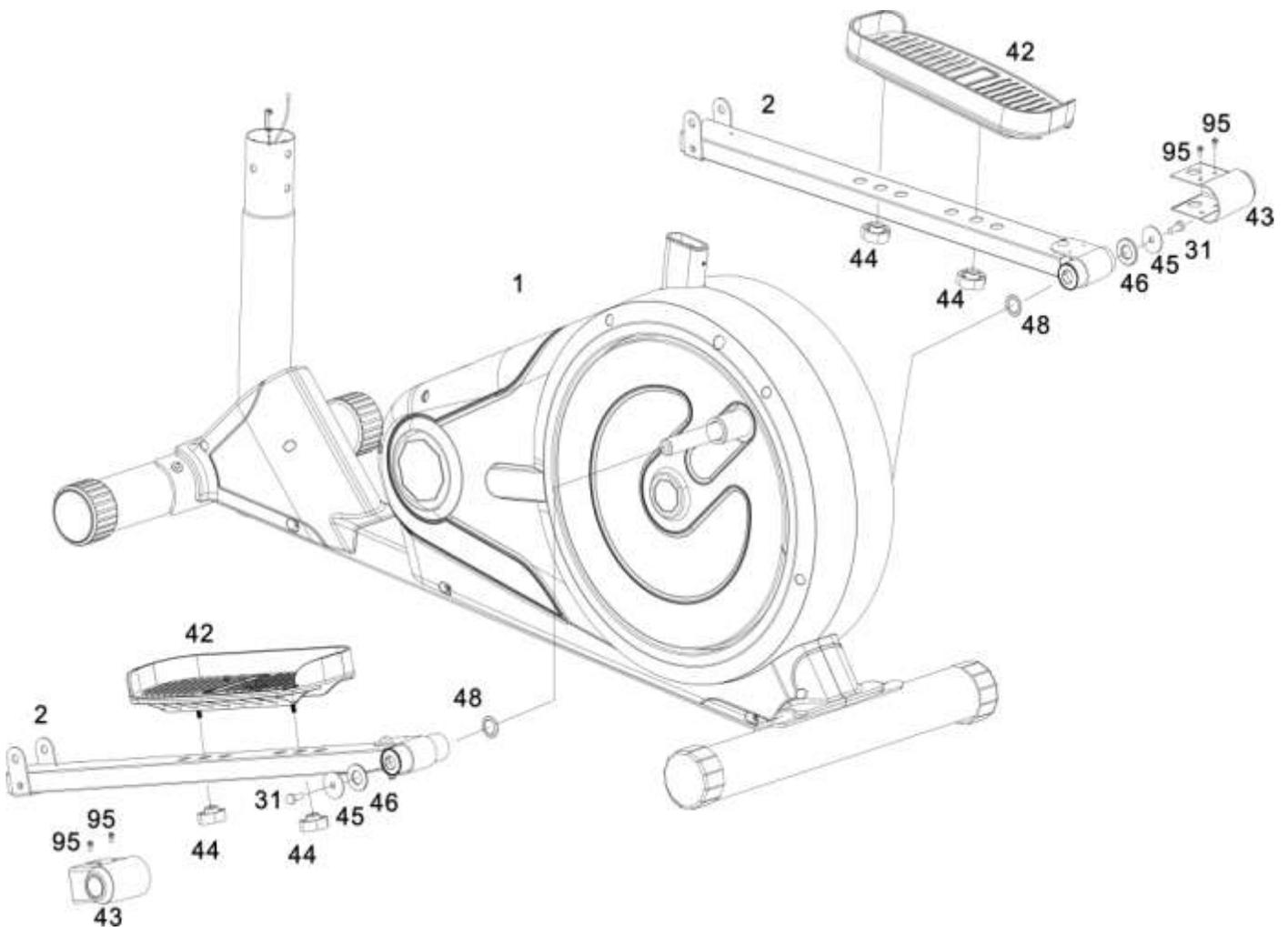
# Assembly Instructions



## Step 1

a. Attach Front Stabilizer (51) to front curve plate of Main Frame (1) using 2 x 20mm Bolts (54), 2 x 34mm Arc Washers (52) and 2x10mm Spring Washers (23).

b. Attach Rear Stabilizer (51) to rear curve plate of Main Frame (1) using 2 x 20mm Bolts (54), 2 x 34mm Arc Washers (52) and 2x10mm Spring Washers (23).



## Step 2

- Attach Foot Pedal (42) to the left Foot Bar (2) using 2 x Knob (44) which are pre-fitted onto (42).
- Attach Foot Bar Assembly (2) to left crank on the Main Frame (1) using, 1 x 19mm Corrugated Washer (48), 1 x 2mm Nylon Washer (46), 1 x 2mm Big Washer (45) and 1 x 15mm Hex Bolt (31).
- Attach Crank Cover (43) to left Foot Bar and left crank assembly using 2 x 10mm Allen Bolt (95)
- Repeat for the Right foot bar assembly.

# Assembly Instructions

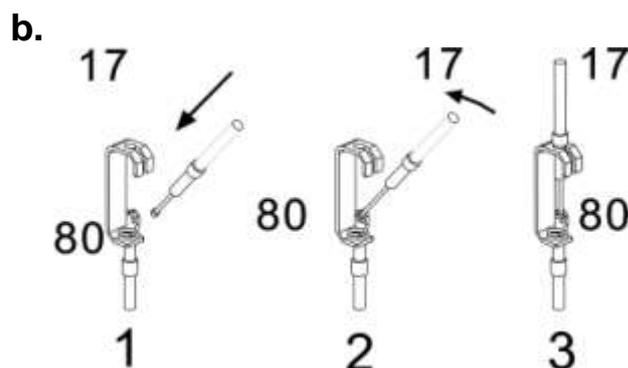
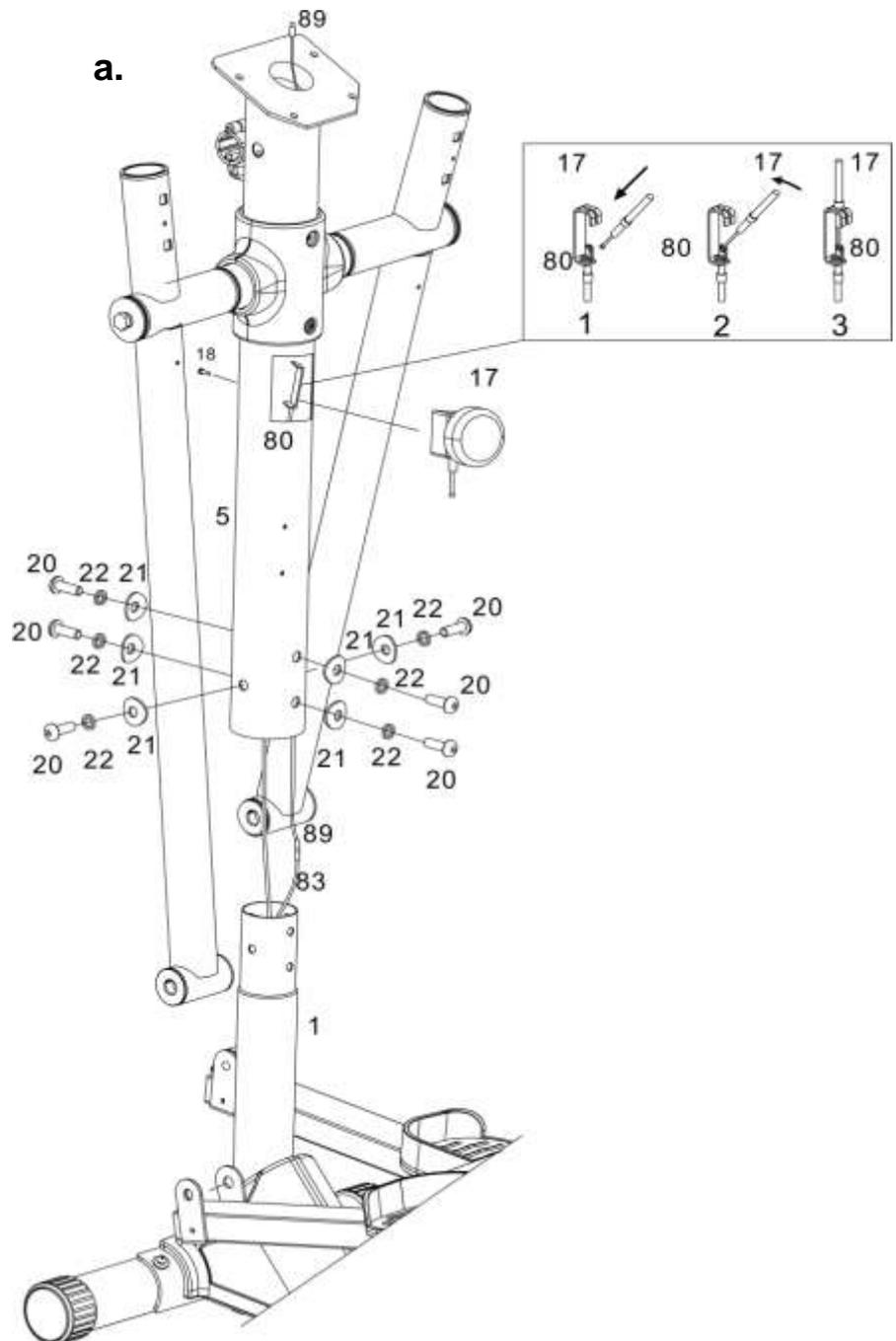
## Step 3

a. Connect Sensor Wire I (83) from the Main Frame (1) to the Sensor Wire II (89) which is pre-assembled inside of the Front Post (5).

b. Turn the Tension control knob (17) on its highest setting, connect the cable end (17) to the spring hook of the Tension Cable (80), and fit the Tension control knob (17) on Front Post (5) with 50mm Screw (18) (18 was pre-fitted on 17). See diagram b.

c. Fit Front Post (5) onto tube of Main Frame and secure with 6 x 15mm Allen Bolts (20), 6 x 8mm Spring Washers (22) and 6 x 30mm Arc Washers (21).

**Note: Please do not tighten Bolts (20) at this step.**



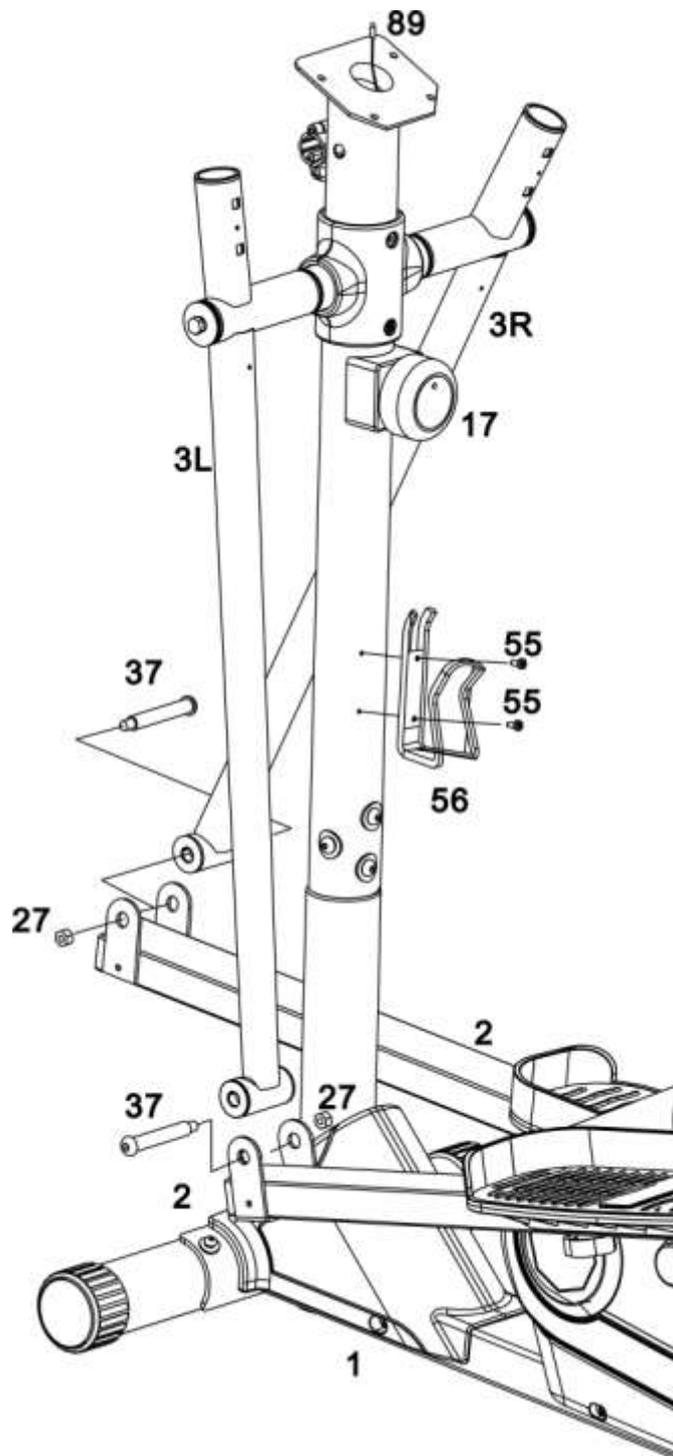
## Step 3-continued

**d.** Attach bottom of the Left Handrail Arm (**3L**) to the bracket on the front of the Left Foot Pedal Assembly (**2**) using 1x Axle Bolt (**37**) and Aircraft Nut (**27**).

**e.** Repeat step “d” to install Right Handle Rail Arm (**3R**) to the Right Foot Pedal Assembly(**2**).

**f.** Tighten all 6 x 15mm Bolts (**20**) fitted in step **3c** (page 7).

**g.** Attach Water Bottle Stand (**56**) using 2 x 12mm Philips Screw (**55**).



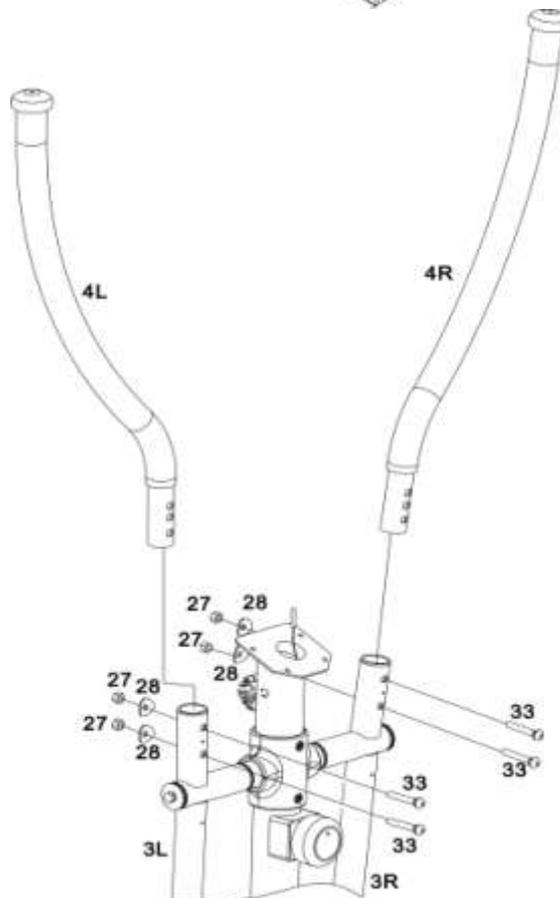
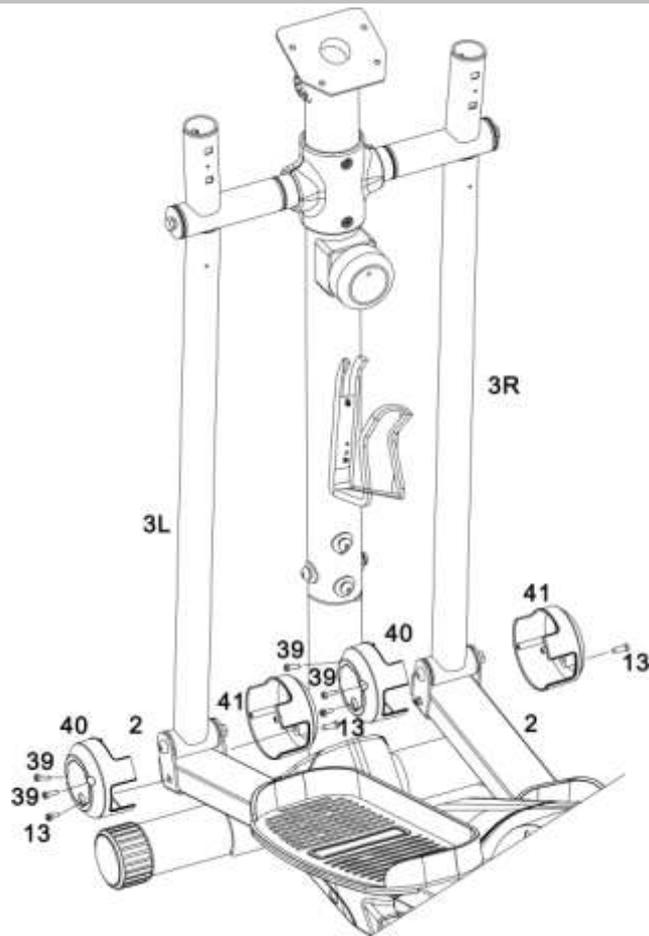
# Assembly Instructions

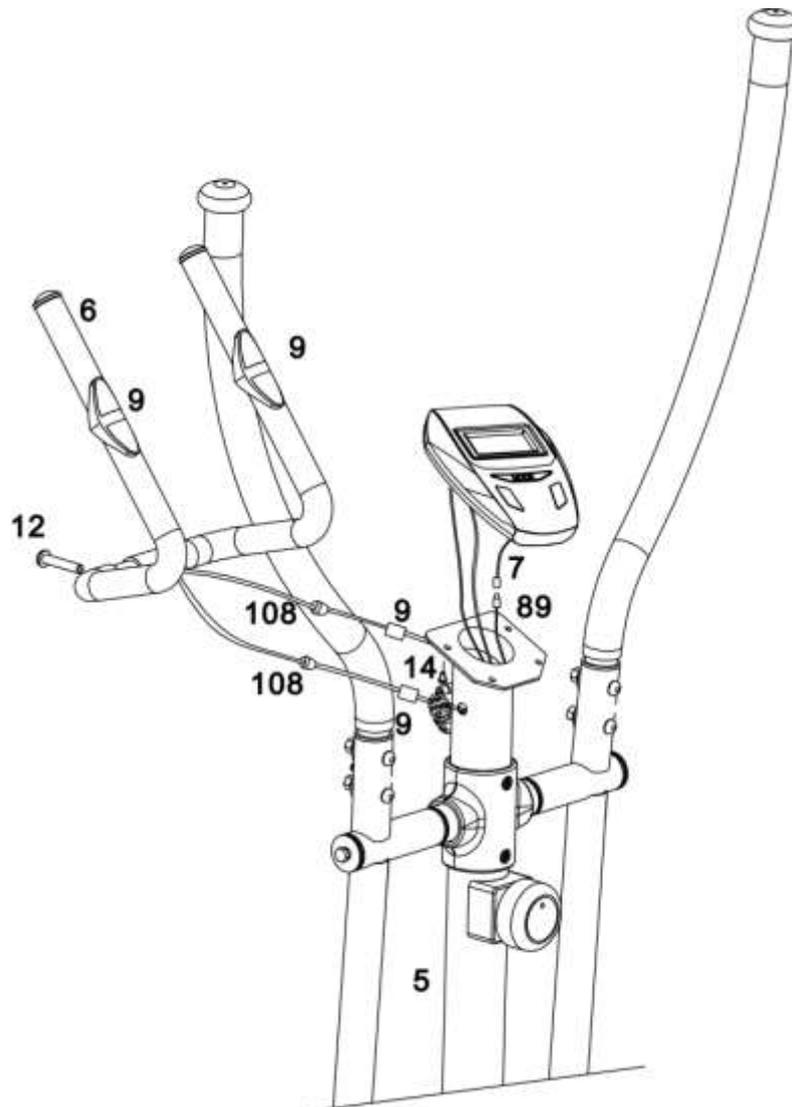
## Step 4

a. Attach Linkage Cover (40/41) to the pivot of the Left Handrail Arm (3L) and Left Foot Pedal Assembly (2) using 2 x 15mm Philips Screws (13) and 2 x 12mm Philips Screw (39).

b. Repeat Step a to install Right side.

c. Attach Left & Right Handrails (4L & 4R) to Left & Right Handrail Arm (3L & 3R) using 4 x 45mm Carriage Bolts (33), 4 x 19 mm Arc Washers (28) and 4 x Aircraft Nuts (27).

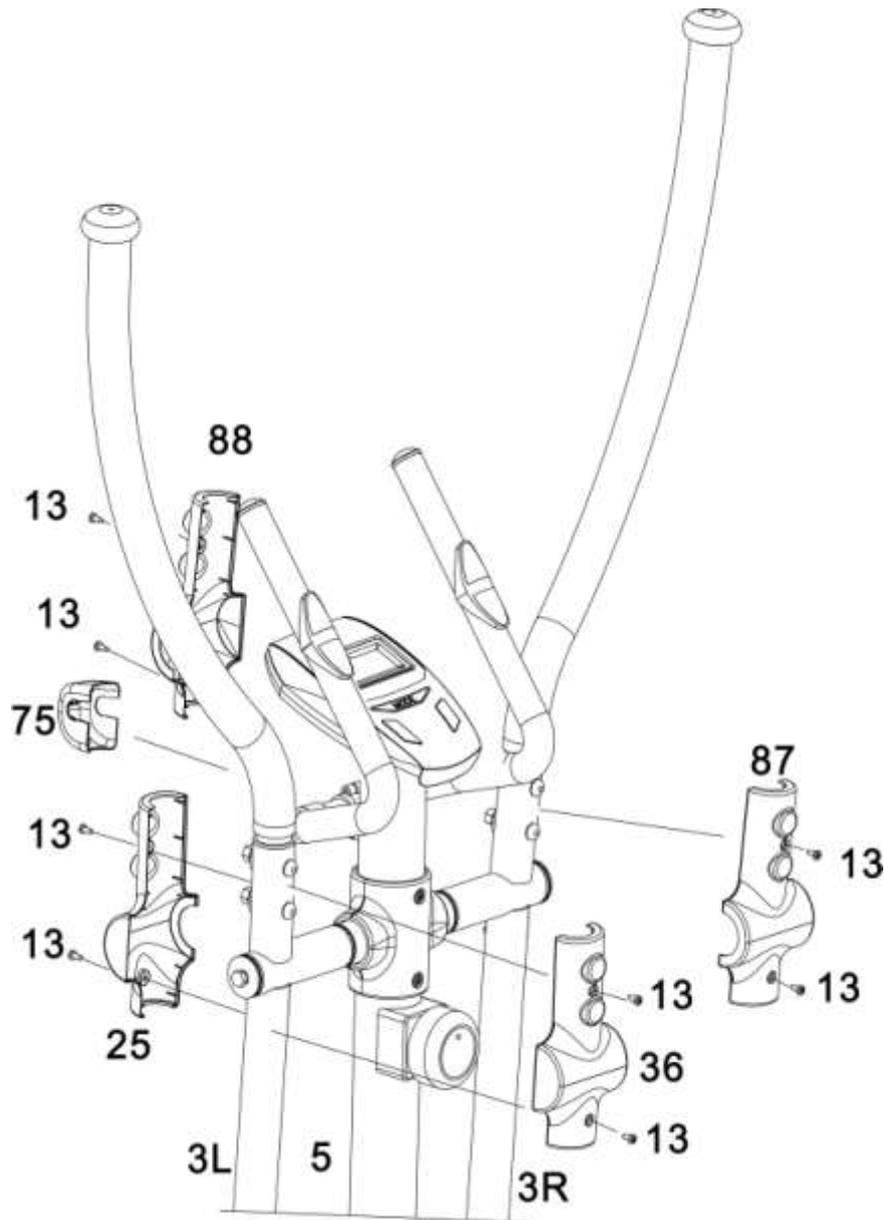




## Step 5

- a. Remove the battery cover from the back of the Computer (7) and insert two AA batteries.
- b. Connect Sensor Wire I (89) to the sensor wire from Computer (7).
- c. Loop two pulse sensor wires (7) through the hole on the top of Front Post (5), then out from the two side holes of the Front Post (5).
- d. Attach the Computer (7) to the bracket on the top of the Front Post (5) using 2 x 10mm Dome Head Philips Bolts (14). **Note:** Two bolts (14) were pre-fixed to the back of the Computer (7).
- e. Attach the Handle Bar (6) to the bracket on the Front Post (5) using 1 x 40mm Allen Bolt (12).
- f. Connect two pulse sensor wires from Computer (7) to pulse sensor wires from two Handle Pulse Sensor (9), feed the redundant wires into the Front Post (5) from two side holes, then cover the two holes by using 2 x Wire Holder Rings (108) pre-fitted.

# Assembly Instructions



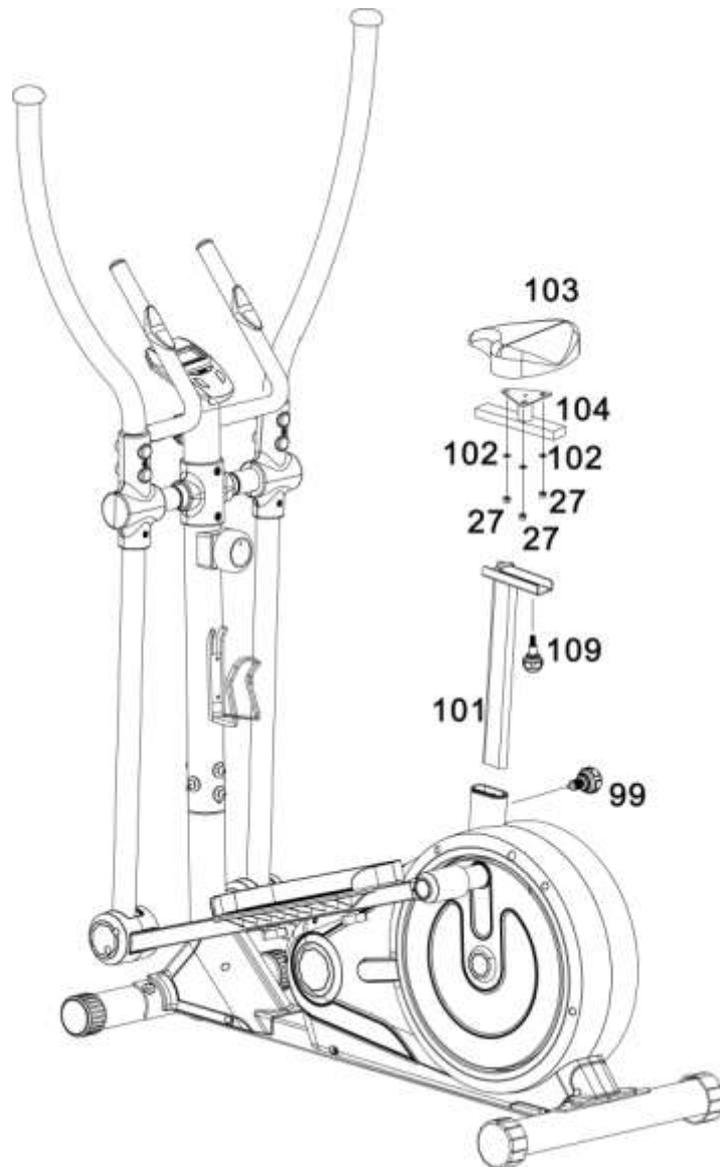
## Step 6

**a.** Attach R/ Front Handrail Rail Cover (**87**) to the Right Handrail Arm (**3R**) using 2 x Philips Screws (**13**).

**b.** Attach R/ Rear Handrail Rail Cover (**88**) to the Right Handrail Arm (**3R**) using 2 x Philips Screws (**13**).

**c.** Repeat Step **a** & **b** to install the L/Front Handrail Cover (**36**) and L/ Rear Handrail Cover (**25**) to the Left Handrail Arm (**3L**)

**d.** Attach the Handle Bar Cover (**75**) to the handle bar fixed bracket on the Front Post (**5**).



## Step 7

a. Attach Saddle (103) onto the Saddle Adjustable Bracket (104) using 3 x Aircraft Nuts (27) and 3 x Washers (102).

**Note:** Hardware (27) and (102) were pre-assembled to the bottom of the saddle (103) in the factory.

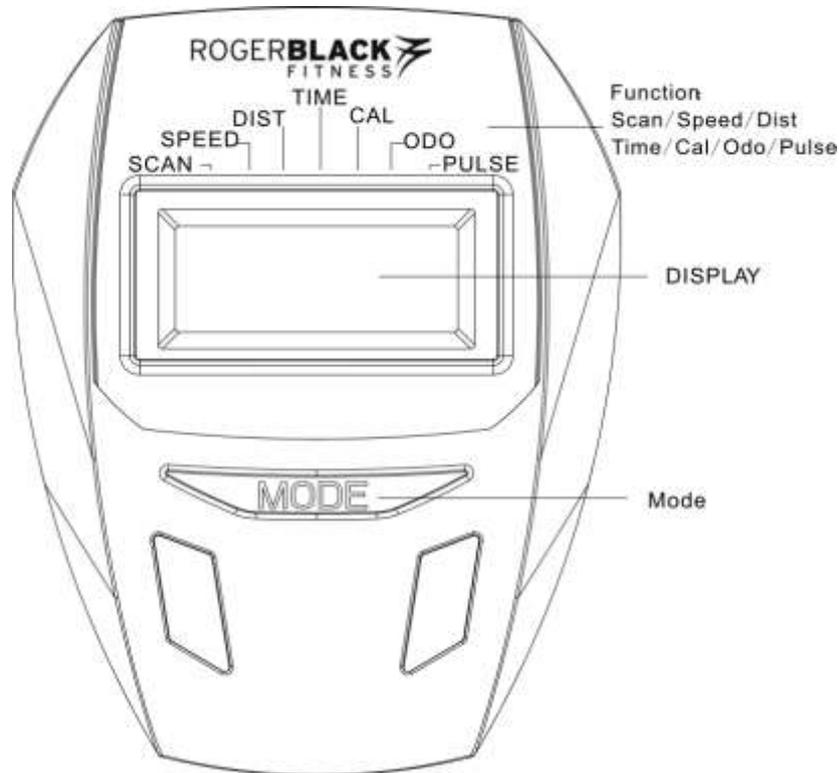
b. Attach Saddle Adjustable Bracket (104) onto the top of the Saddle Post (101), move the Bracket

frontward or backward to get desired position and tighten using 1 x Knob (109).

c. Inset the Saddle Post Assembly (101) into the upper opening of the Main Frame, get your desired height then tighten using 1 x Lock Knob (99).

# Computer Operation

## Functions and operations

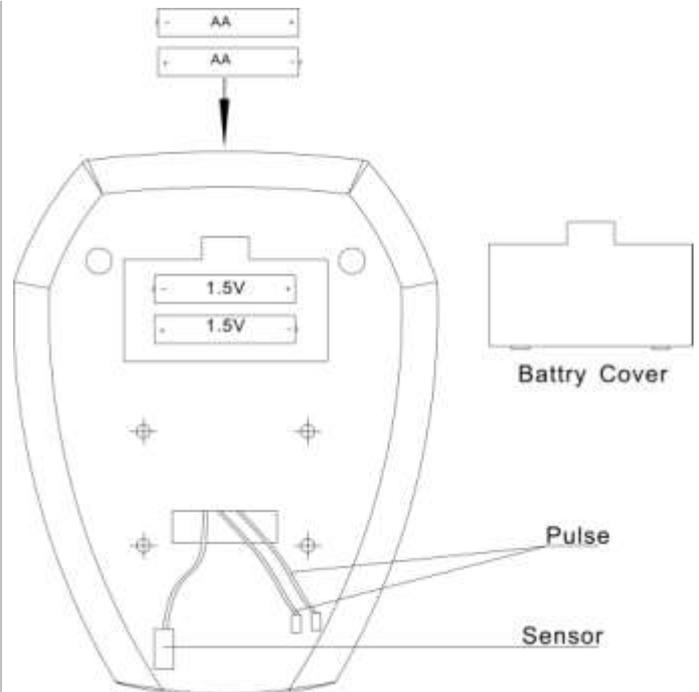


- **MODE:** This key lets you select and lock on to a particular function which you want. Press to Choose **SCAN** or **LOCK**, if you do not want the scan mode, press the **Mode** key when the pointer is on the function you want which begins flashing.
- **AUTO ON /OFF:** The monitor will switch on automatically when the exercise machine is in motion. The monitor will turn off automatically when the speed has no signal input or no keys are pressed for approximately 4 minutes.
- **RESET:** The unit can be reset by either changing the battery or pressing the **MODE** key for 3 seconds.
- **SPEED:** Press Mode key until the pointer advances to SPEED. The Computer will display the current speed.
- **DISTANCE:** Press Mode key until the pointer advances to DIST. The Computer will display each trip distance you have traveled.
- **TIME:** Press Mode key until the pointer advances to TIME. The total working time will be shown when starting exercise.
- **CALORIES:** Press Mode key until the pointer advances to CAL. The Computer will display total calories burns when starting to exercise.
- **ODO:** Press Mode key until the pointer advances to ODO. The Computer will display the total accumulated distance.
- **PULSE:** Press Mode key until the pointer advances to PULSE. Hold hand palms on the two Handle Pulse Sensors. After 5 to 30 seconds, it will display your current heartbeat. (**Note:** It can be used as reference for heart rate while exercising, but not for medical purposes).
- **SCAN:** Press Mode key until the pointer advances to SCAN, the display will automatically rotate between Speed, Distance, Calories, ODO, Pulse, Time, each display will be held for 4 seconds.

Specification		
<b>Function</b>	Auto Scan	Every 4 Seconds
	Speed	0.0 – 99.9Km/h
	Distance	0.0 – 999.9Mile or Km (According to inside setting )
	Time	0:00 – 99:59 (Minute: Second )
	Calories	0.0 – 999.9 Kcal
	Odometer	0.0 – 999.9 Km or Mile (According to inside setting )
	RPM	Circles/Min
	Pulse	40 – 240 BPM
Sensor		No – Contact magnetic type
Battery type		2 x SIZE – AA
Operation Temperature		0°C - +40°C

## Replacement of the batteries

1. Remove the battery cover on the back of the computer.
2. Replace two 1.5V (AA) batteries.
3. Make sure the batteries are installed correctly and the polarities are correct.
4. If the display is not clear or only partial segments appeared, remove the batteries and wait for 15 seconds before re-installing them.
5. The battery life is approx. 10 months under normal usage.
6. When the batteries are removed, all the functional values will reset to zero.



# Exercising Information

## Before starting to exercise

How you begin your exercise programme depends on your physical condition. If you have been inactive for several years or are severely overweight, you must start slowly and increase a few minutes per workout.

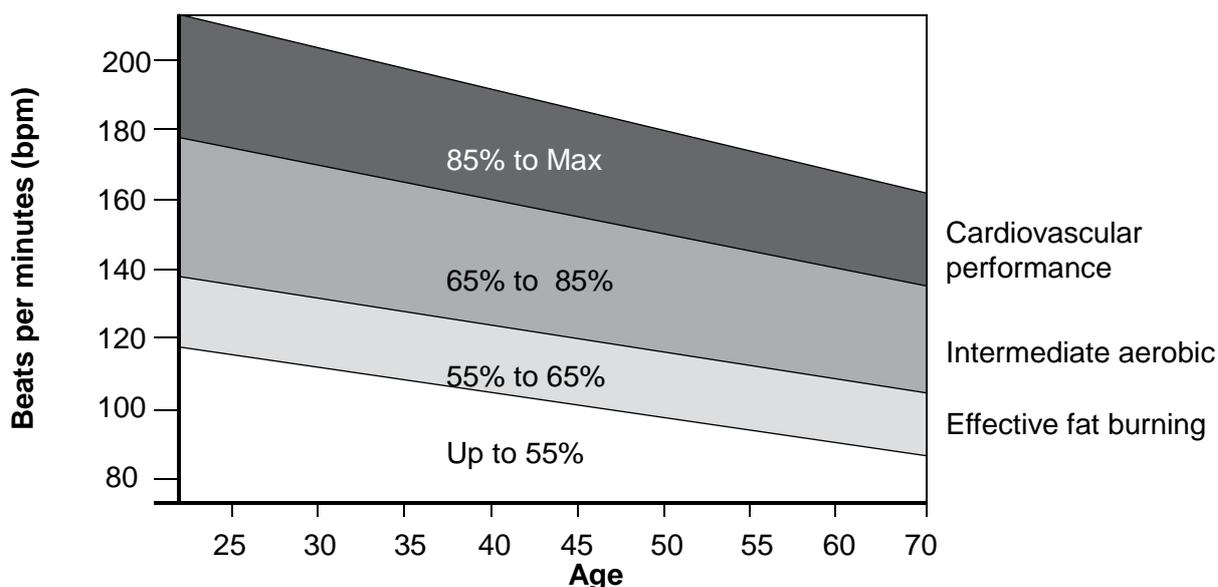
Initially, you may be able to exercise only for a few minutes in your target zone; however, your aerobic fitness will improve over the next six to eight weeks. Don't be discouraged if it takes longer. It's important to work at your own pace. Ultimately, you'll be able to exercise continuously for 30 minutes. The better your aerobic fitness, the harder you will have to work to stay in your target zone.

### Please remember these essentials:

- Have your doctor review your training and diet programme to advise you of a workout routine you should adopt.
- Begin your training programme slowly with realistic goals that have been set by you and your doctor.
- Monitor your pulse frequently. Establish your target heart rate based on your age and condition.
- Set up your equipment on a flat even surface at least 3 feet from walls and furniture.

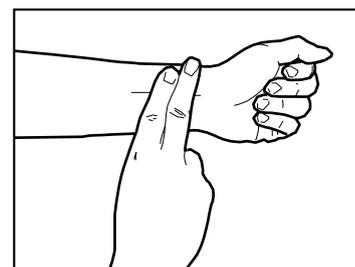
### Exercise intensity

To maximize the benefits of exercising, it is important to exercise with proper intensity. The proper intensity level can be found by using your heart rate as a guide. For effective aerobic exercise, your heart rate should be maintained at a level between 65% and 85% of your maximum heart rate as you exercise. This is known as your target zone. You can find your target zone in the table below.



During the first few months of your exercise programme, keep your heart rate near the low end of your target zone as you exercise. After a few months, your heart rate can be increased gradually until it is near the middle of your target zone as you exercises.

To measure your heart rate, stop exercising but continue moving your legs or walking around and place two fingers on your wrist. Take a six-second heartbeat count and multiply the results by 10 to find your heart rate. For example, if your six - second heartbeat count is 14, your heart rate is 140 beats per minute. (A six-second count is used because your heart rate will drop rapidly when you stop exercising.) Adjust the intensity of your exercise until your heart rate is at the proper level.



## Muscle Chart

### Aerobic Exercise

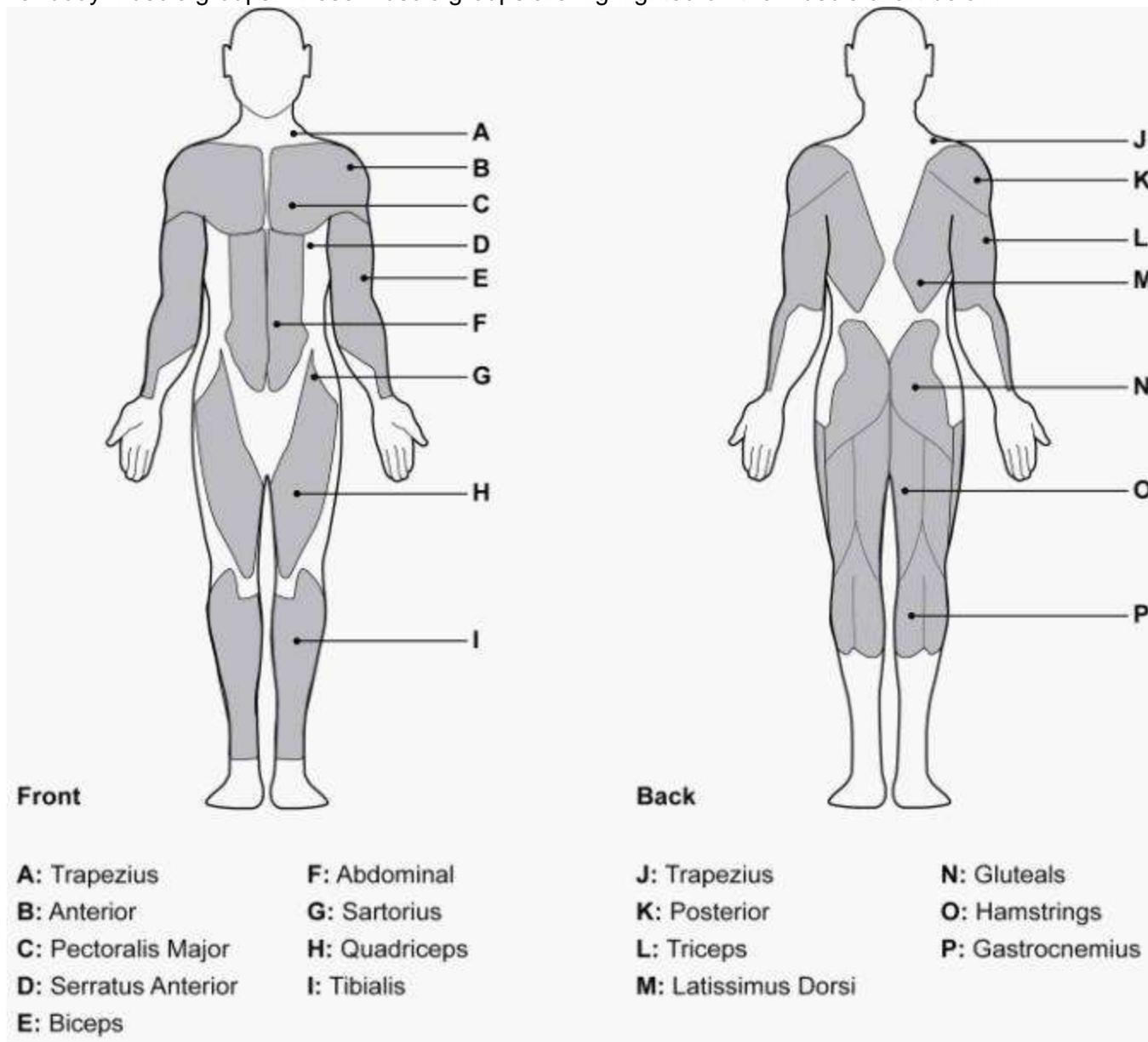
Aerobic exercise improves the fitness of your lungs and heart - your body's most important muscle. Aerobic exercise fitness is promoted by any activity that uses your large muscles (arms, legs, or buttock, for example). Your heart beats quickly and you breathe deeply. An aerobic exercise should be part of your entire exercise routine.

### Weight Training

Along with aerobic exercising which helps get rid of and keep off the excess fat that our bodies can store, weight training is an essential part of the exercise routine process. Weight training helps tone, build and strengthen muscle. If you are working above your target zone, you may want to do a lesser amount of reps. As always, consult your doctor before beginning any exercise program.

### Targeted Muscle Groups

The exercise routine that is performed on the Silver Two In One Cross Trainer will develop the upper and lower body muscle groups. These muscle groups are highlighted on the muscle chart below.



# Exercising Information

## Warming up and Cooling down exercises

### **Each workout should include the following three parts:**

1. A warm-up, consisting of 5 to 10 minutes of stretching and light exercise. A proper warm-up increases your body temperature, heart rate, and circulation in preparation for exercise.
2. Training zone exercise, consisting of 20 to 30 minutes of exercising with your heart rate in your training zone. (**Note:** During the first few weeks of your exercise program, do not keep your heart rate in your training zone for longer than 20 minutes.)
3. A cool-down, with 5 to 10 minutes of stretching. This will increase the flexibility of your muscles and will help to prevent post-exercise problems.

### **Exercise Frequency**

To maintain or improve your condition, plan three workouts each week, with at least one day of rest between workouts. After a few months of regular exercise, you may complete up to five workouts each week, if desired. Remember, the key to success is make exercise a regular and enjoyable part of your everyday life.

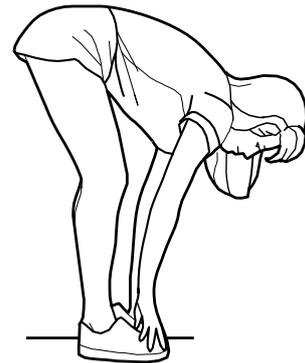
### **Toe touch stretch**

Stand with your knees bent slightly and slowly bend forward from your hips. Allow your back and shoulders to relax as you reach down toward your toes as far as possible.

Hold for 15 counts, then relax

Repeat 3 times.

**Stretches:** Hamstrings, back of knees and back.



### **Hamstring stretch**

Sit with one leg extended. Bring the sole of the opposite foot toward you and rest it against the inner thigh of your extended leg. Reach toward your toes as far as possible.

Hold for 15 counts, then relax

Repeat 3 times for each leg.

**Stretches:** Hamstrings, lower back and groin.



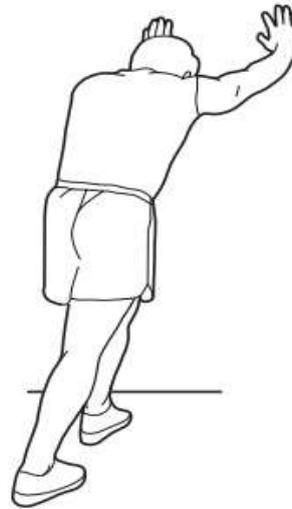
## Calf/achilles stretch

With one leg in front of the other, reach forward and place your hands against a wall. Keep your back leg straight and your back foot flat on the floor. Bend your front leg, lean forward and move your hips toward the wall.

Hold for 15 counts, then relax.

Repeat 3 times for each leg. To cause further stretching of the achilles tendons, bend your back leg as well.

**Stretches:** Calves, achilles tendons and ankles.



## Quadriceps stretch

With one hand against the wall for balance, reach back and grasp one foot with your other hand. Keeping your bent knee pointing directly downward towards the floor, gently pull your heel towards your buttock until you feel a gentle stretch in the target area.

Hold for 15 counts, then relax.

Repeat 3 times for each leg.

**Stretches:** Quadriceps and hip muscles.



## Inner thigh stretch

Sit with the soles of your feet together and your knees outward. Pull your feet toward your groin area as far as possible.

Hold for 15 counts, relax.

Repeat 3 times.

**Stretches:** Quadriceps and hip muscles.



# Care and Maintenance

**1.** Examine the equipment periodically in order to detect any damage or wear which may have been produced.

**2.** Lubricate moving parts with light oil periodically to prevent premature wear.

**3.** Inspect and tighten all parts before using the equipment, replace any defective parts immediately, and do not use

the equipment again until it is in perfect working order.

**4.** The equipment can be cleaned using a damp cloth and mild non-abrasive detergent. **Do not** use solvents.

**5. Do not** attempt to repair this equipment yourself. Should you have any difficulty with assembly, operation or

use of your exercise product or if you think that you may have parts missing, contact the manufacturer, their approved service agent or the **Customer Helpline: 0845 6000 464.**

**Guarantee:**

For guarantee purposes, please retain your purchase receipt.

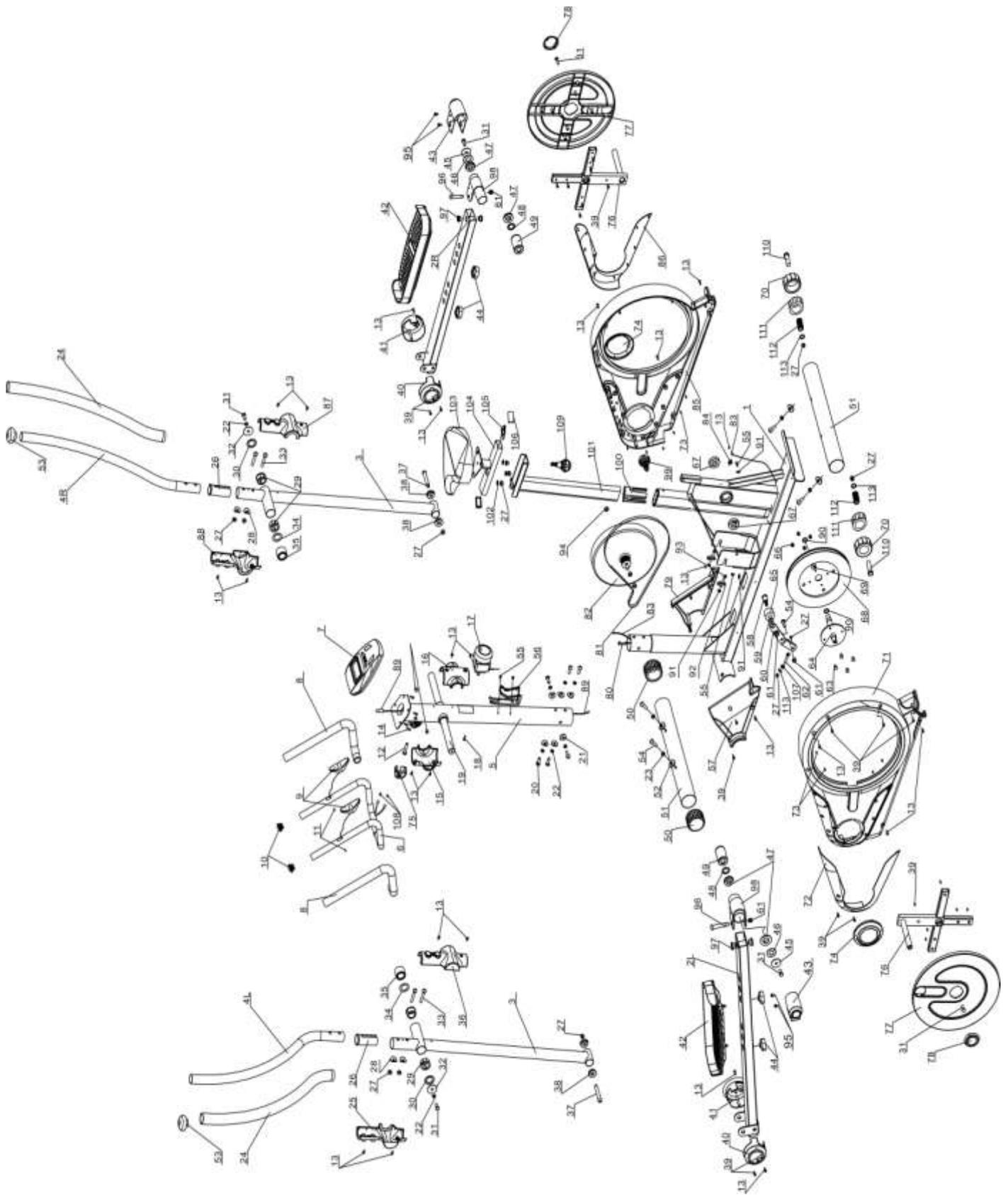
## Information for Users on Disposal of old Equipment and Batteries (European Union only)

These symbols indicate that equipment with these symbols should not be disposed of as general household waste. If you want to dispose of the product or battery, please consider the collection systems or facilities for appropriate recycling.

**Notice:** The sign Pb below the symbol for batteries indicates that this battery contains lead.



# Exploded Parts Diagram



# Exploded Parts List

Part	Description	Qty.	Part	Description	Qty.
1	Main Frame	1	30	Ø38x2mm Nylon Washer	2
2	Foot Bar	2	31	M8 x 25mm Hex Bolt	6
3L	Left Handrail Arm	1	32	Ø8mm Washer	2
3R	Right Handrail Arm	1	33	M8x45mm Carriage Bolt	4
4L	Left Handrail	1	34	Ø25mm Corrugated Washer	2
4R	Right Handrail	1	35	Ø38xØ25mm Nylon Bushing	2
5	Front Post	1	36	L/Front Handle Rail Cover	1
6	Handle Bar	1	37	M8 Axle Bolt	2
7	Computer	1	38	Powder Metallurgy Bushing	4
8	Handle Grip	2	39	ST4.2 x 12mm Dome Head Screw	26
9	Hand Grip Pulse Sensor	2	40	Left Linkage Cover	2
10	Ø22x1.5mm Cone End Cap	2	41	Right Linkage Cover	2
11	ST4.2x20mm Philips Screw	2	42	Foot Pedal	2
12	M8 x 40mm Allen Bolt	1	43	Crank Cover	2
13	ST4.2 x 15mm Philips Screw	19	44	M6 Knob	4
14	M5 x 10mm Dome Head Philips Bolt	4	45	2mm Big Washer 1	2
15	Front Post Rear Cover	1	46	Nylon Washer	2
16	Front Post Front Cover	1	47	Crank Powder Metallurgy Bushing	4
17	Tension Control Knob	1	48	Ø19mm Corrugated Washer	2
18	M5x50mm Bolt	1	49	Inner Crank Nylon Bushing	2
19	Front Linkage Axle	1	50	Ø60mm Front Wheel Foot	2
20	M8x15mm Allen Bolt	6	51	Base Stabilizer	2
21	Ø25xØ9xR30mm Arc Washer	6	52	Ø11xR34mm Arc Washer	4
22	Ø8mm Spring Washer	8	53	Ø38x1.5mm Cone End Cap	2
23	Ø10mm Spring Washer	4	54	M10 x 20mm Allen Bolt	4
24	Handrail Foam Grip	2	55	ST4.8 x 12mm Dome Head Philips Screw	2
25	L/Rear Handrail Cover	1	56	Water Bottle Stand	1
26	Ø38xØ32mm Sleeve	2	57	Left Front Cover	1
27	M8 Aircraft Nut	10	58	Idle Wheel Axle	1
28	Ø25xØ8xR19mm Arc Washer	4	59	Ø10mm Washer	2
29	Bushing	4	60	Idle Wheel Bracket	1

# Exploded Parts List

Part	Description	Qty.	Part	Description	Qty.
61	M10 Aircraft Nut	1	88	R/ Rear Handrail Cover	1
62	M8x70mm Tension Adjustable Bolt	1	89	Sensor Wire II	1
63	M6x12mm Dome Head Philips Screw	4	90	Axle Spring Lock Ring	2
64	Axle	1	91	Wire Holder	2
65	6202—2RS Bearing	2	92	Belt Tension Lock	2
66	M6 Aircraft Nut	4	93	M6n45mm Tension Adjustable Bolt	2
67	6004—2RS Bearing	2	94	M10 Fin Thread Nut	3
68	Φ260mm Belt Pulley	1	95	M4x10mm Allen Bolt	4
69	Sensor Magnetic	1	96	M10x54mm Axle Bolt	2
70	Ø60Level Foot	2	97	Φ22xΦ10x11.7mm Nylon Bushing	4
71	Left Main Plastic Cover	1	98	U Shaped Connector	2
72	Left Small Plastic Cover	1	99	M16 Lock Knob	1
73	ST2.9x12mm Dome Head Philips Screw	20	100	Sleeve	1
74	Decorative Cover	2	101	Seat Post	1
75	Handle Bar Cover	1	102	Ø8mm Washer	3
76	Cross Bracket	2	103	Saddle	1
77	Rolling Cover (1)	2	104	Saddle Adjustable Bracket	1
78	Rolling Decorative Cover	2	105	Locking Bracket	1
79	Right Front Cover	1	106	20X40mm End Cap	2
80	Tension Control Cable	1	107	Compression Spring (1)	1
81	Belt	1	108	Wire Holder Ring	2
82	Fly Wheel	1	109	M10 Knob	1
83	Sensor Wire I	1	110	M8 x 40mm Allen Bolt	2
84	Wire Clip	1	111	Rolling Cover (2)	2
85	Right Main Plastic Cover	1	112	Compression Spring (2)	2
86	Right Small Plastic Cover	1	113	Ø8mm Washer	3
87	R/ Front Handrail Cover	1		Multi Wrench	
	6# Allen Wrench			5# Allen Wrench	

# Guarantee



## Product Guarantee

This product is guaranteed against manufacturing defects from a period of



Year

This product is guaranteed for twelve months from the date of original purchase. Any defect that arises due to faulty materials or workmanship will either be replaced, refunded or repaired free of charge where possible during this period by the dealer from whom you purchased the unit.

The guarantee is subject to the following provisions:

- The guarantee does not cover accidental damage, misuse, cabinet parts, knobs or consumable items.
- The product must be correctly installed and operated in accordance with the instructions contained in this manual.
- It must be used solely for domestic purpose.
- The guarantee will rendered invalid if the products is re-sold or has been damaged by inexpert repair.
- Specifications are subject to change without notice.
- The manufacturer disclaims any liability for the incidental or consequential damages.
- The guarantee is in addition to, and does not diminish your statutory or legal right.
- In the event of problem with the product with in the guarantee period call **Customer Helpline: 0845 600 0464**

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