

HYPERFLEX STRIKE BAG



FEATURE

Design allows for easy movement around target, increasing cardio, leg conditioning and hand-eye coordination.

Dual HYPERFLEX individual locking springs provides three workout settings for comprehensive punching, reflex and cardio workouts.

SPRING LOCKING TECHNOLOGY PROVIDES YOU WITH THREE WORKOUT SETTINGS TO PERFECT YOUR PUNCHING TECHNIQUES.

1. STRAIGHT FLEX

HOW? Unlock Base, Lock Neck

+ Setting is best for punch techniques, agility, footwork, defense, and timing.



2. SPEED FLEX

HOW? Lock Base, Unlock Neck

+ Setting is best for fast punches, combinations, and reflexes.



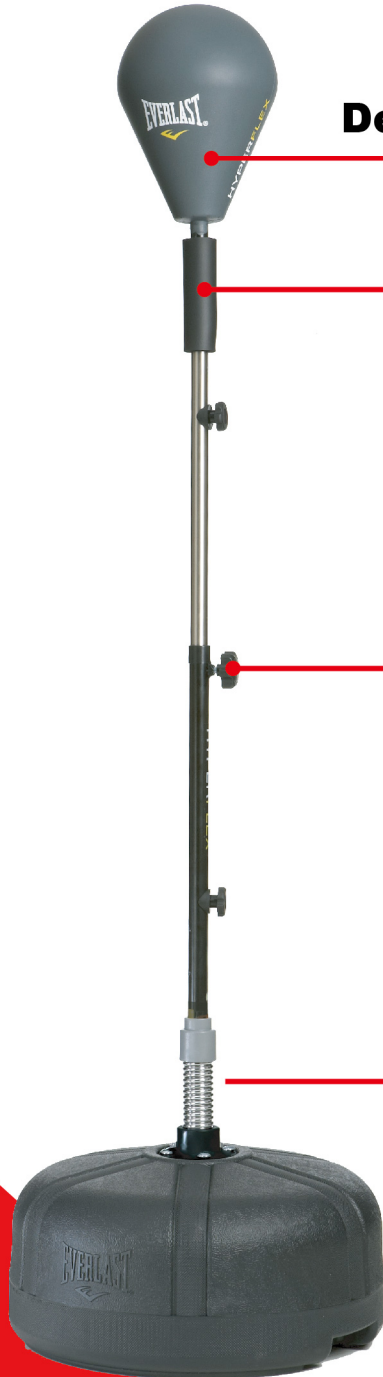
3. HYPERFLEX

HOW? Unlock Base, Unlock Neck

+ Setting is for ultimate accuracy, speed, and agility training.
+ Simulates sparring sessions for striking and defense.



HYPERFLEX STRIKE BAG



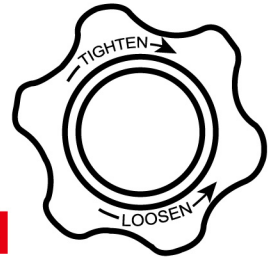
Dense PU foam



**Steel spring
with NBR foam protective cover**



**Height Adjustable:
Approx. 55 - 67in**



**Spring topped with ABS cap
Spring: Steel**

HYPERFLEX STRIKE BAG

SPEED FLEX

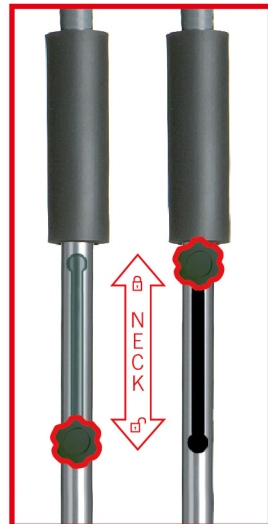
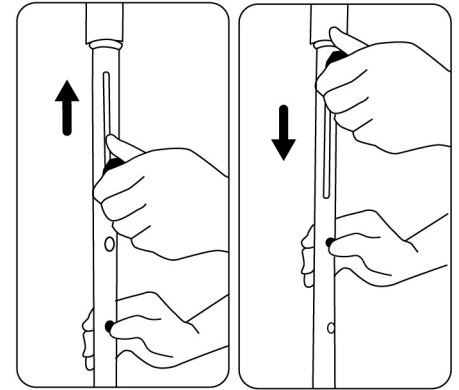
(Lock Base, Unlock Neck)
setting is ideal for fast punches,
combinations and reflexes.

STRAIGHT FLEX

(Unlock Base, Lock Neck)
setting is ideal for punch techniques,
agility, footwork, defense and timing.

HYPERFLEX

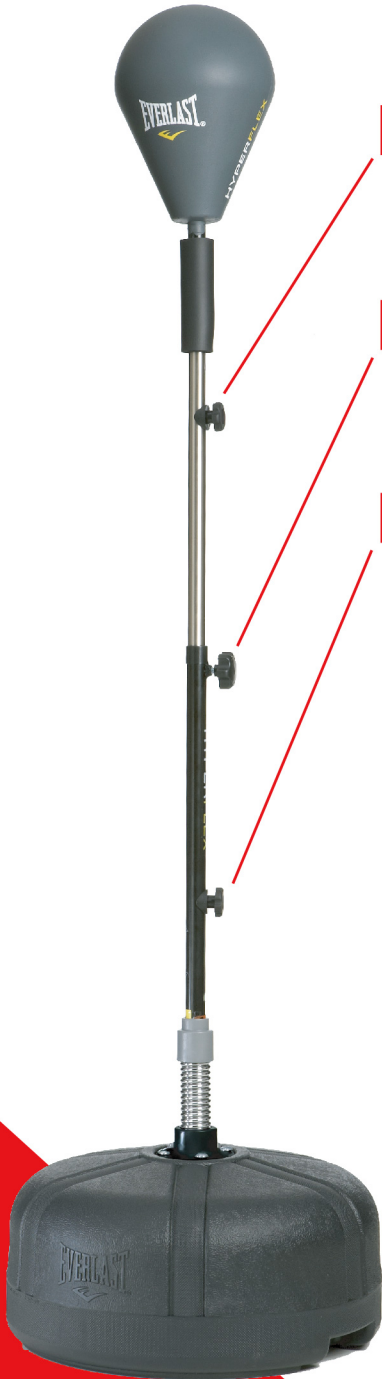
(Unlock Base, Unlock Neck)
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HYPERFLEX

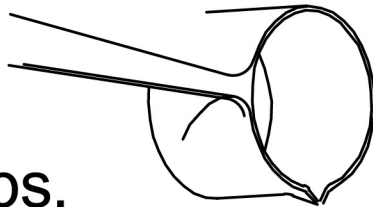
SPRING LOCKING TECHNOLOGY
PROVIDES YOU WITH THREE WORKOUT
SETTINGS TO PERFECT YOUR
PUNCHING TECHNIQUES.

LOOSEN THE ADJUSTMENT KNOB
AND SLIDE FULLY UP OR DOWN TO
CHANGE STRIKE BAG SETTINGS.
TIGHTEN KNOB TO SECURE.

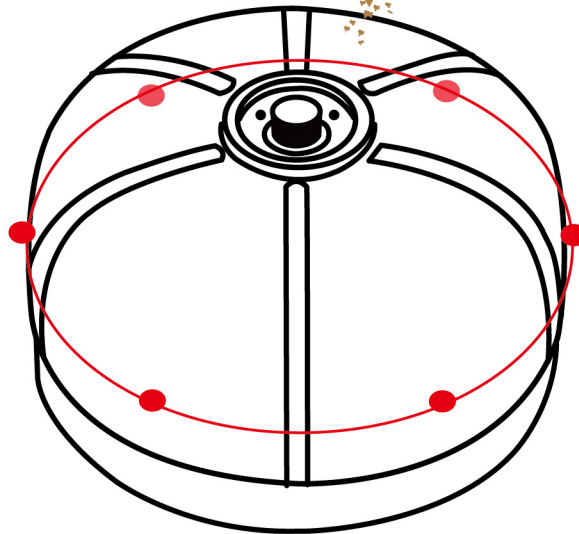


SAND OR WATER FILLED

WATER
approx 70lbs.



SAND
approx 100lbs.



Easy assembly - stable and secure stand