

2328852



World Time	Displays the current time in major cities and specific areas		Press button C until display shows WT. Scroll through the pre-set cities using button D. The Local time will be displayed for each city on the LCD. Home and world time zones can be easily swapped by pressing buttons A and B simultaneously in this mode.
Stop Watch	Elapsed time, split time and final time are meas- ured with 1/1000-sec accuracy. The watch can measure times of up to 24 hrs.		Press button C until you reach STW mode. Start and stop stopwatch using button D, reset stopwatch using button A.
Countdown Timer	A stopwatch that counts backwards: When 0 minutes, 0 seconds is reached, the timer emits a 10-second signal tone.		Press button C until TMR is displayed. Press and hold button A to unlock the watch, Press C to scroll through Hours, minutes and seconds, using button D to alter where required. Lock your settings with button A then start/ stop the timer with button D. When stopped the timer can be reset with button A.
5 Daily Alarms	The daily alarm reminds you about recurring events with an acoustic signal at the time you have set. You can also activate hourly time sig- nals (each hour). This model has 5 independent alarms.		Press button C until the digital displays shows ALM. Choose which of the 5 alarms to set using button D. Once chosen, press and hold button A to unlock the setting function. Press C to chose whether to set the hours or the minutes, and set that section with button D. Press button A lock your settings and then use button A again to turn alarm on or off.
Auto Light		The back light automatically illuminates the watch face each time the watch is tilted 40 degrees. Activate this feature by pressing and holding button B until the A-light indicator turns on.	
Magnetic Resistance		The housing is designed to shield the clock from magnetic fields.	
Lap Timing		The lap time reading will show elapsed time since the last lap reading was taken. Perfect for track racing or training.	
Mineral Glass		Artificially manufactured glass with improved level of hardness and scratch resistance.	
Water resistant 200m		Perfect for free diving without scuba equipment.	