

Product Description	ON OPTI LEAN WHEY CHOCOLATE 810G
Ingredients List	WHEY Protein Blend (67%) (WHEY Protein Isolate, WHEY Protein Concentrate, Emulsifier: SOY Lecithin), MILK Protein Concentrate, Fat-Reduced Cocoa Powder, Safflower Oil with Conjugated Linoleic Acid [MILK], Flavouring, Thickeners (Carrageenan, Cellulose Gum), L-Carnitine, Green Tea Extract (<i>Camellia sinensis</i> , leaf), Sodium Chloride, Sweetener (Sucralose). □ From MILK
Allergen Statement	FOR ALLERGENS SEE INGREDIENTS CAPITALISED AND BOLD. May Contain: Gluten, Egg, Nuts and Peanuts
Net Quantity	810g
Storage Instructions	Store in a cool, dry place.
Instructions for Use	Mix 1 level scoop (27 g) in 250 ml of water.
Origin/Provenance	UK

Nutritional Information	Typical Values / Valeurs Moyennes / Durchschnittswerte / Valores Medios / Valores Médios	Per / Pour / Pro / Por / Por 100 g	Per / Pour / Pro / Por / Por 27 g	% RI* / % A / % IR* / % D
	Energy / Énergie / Energie / Valor Energético / Energia	1527 kJ / 365 kcal	412 kJ / 99 kcal	
	Fat / Matières Grasses / Fett / Grasas / Lípidos	4.1 g	1.1 g	
	Of Which Saturates / Dont : Acides Gras Saturés / Davon: gesättigte Fettsäuren / De Las Cuales: Ácidos Grasos Saturados / Dos Quais: Ácidos Gordos Saturados	1.3 g	0.3 g	
	Carbohydrate / Glucides / Kohlenhydrate / Hidratos de Carbono / Hidratos de Carbono	5.3 g	1.4 g	
	Of Which Sugars / Dont : Sucres / Davon: Zucker / De Los Cuales: Azúcares / Dos Quais: Açúcares	3.7 g	1.0 g	
	Fibre / Fibres Alimentaires / Ballaststoffe / Fibra Alimentaria / Fibra	2.0 g	0.5 g	
	Protein / Protéines / Eiweiß / Proteínas / Proteínas	74 g	20 g	
	Salt / Sel / Salz / Sal / Sal	0.76 g	0.20 g	
	Sodium / Sodium / Natrium / Sodio / Sódio	303 mg	82 mg	
	Conjugated Linoleic Acid / Acide Linoléique Conjugué / konjugierte Linolsäure / Ácido Linoleico Conjugado / Ácido Linolénico Conjugado	870 mg	234 mg	
	L-Carnitine / L-Carnitine / L-Carnitine / L-Carnitin / L-Carnitina / L-Carnitina	480 mg	130 mg	
	Green Tea Extract / Extrait de Thé Vert / Grüntee-Extrakt / Extracto de Té Verde / Extrato de Chá Verde	290 mg	78 mg	

Nutrition Claims	High protein 20 g to support lean muscle growth and maintenance. Low fat 1.1 g 99 Calories
Health Claims	N/A
Marketing Claims	Helps Support lean muscle growth
Warnings	NOTE: To be used in the framework of a varied and balanced diet and a healthy lifestyle. Not for use by those with pre-existing medical conditions or those taking any medications, those under the age of 18 or women that are pregnant or breastfeeding.