

Product Description	ON OPTI LEAN WHEY STRAWBERRY 780G		
Ingredients List	WHEY Protein Blend (67%) (WHEY Protein Isolate, WHEY Protein Concentrate, Emulsifier: SOY Lecithin), MILK Protein Concentrate, Safflower Oil with Conjugated Linoleic Acid [MILK], Flavourings, Thickeners (Carrageenan, Cellulose Gum), L-Carnitine, Green Tea Extract (<i>Camellia sinensis</i> , leaf), Sodium Chloride, Colour (Beetroot Red), Acidity Regulator (Citric Acid), Sweetener (Sucralose). From MILK		
Allergen Statement	FOR ALLERGENS SEE INGREDIENTS CAPITALISED AND BOLD. May Contain: Gluten, Egg, Nuts and Peanuts		
Net Quantity	780g		
Storage Instructions	Store in a cool, dry place.		
Instructions for Use	Mix 1 level scoop (26 g) in 250 ml of water.		
Origin/Provenance	UK		
Nutritional Information	Typical Values / Valeurs Moyennes / Durchschnittswerte / Valores Medios / Valores Médios		
	Per / Pour / Pro / Por / Por 100 g	Per / Pour / Pro / Por / Por 100 g	Per / Pour / Pro / Por / Por 100 g
	Energy / Énergie / Energie / Valor Energético / Energia	1536 kJ / 367 kcal	399 kJ / 95 kcal
	Fat / Matières Grasses / Fett / Grasas / Lípidos	3.7 g	1.0 g
	Of Which Saturates / Dont : Acides Gras Saturés / Davon: gesättigte Fettsäuren / De Las Cuales: Ácidos Grasos Saturados / Dos Quais: Ácidos Gordos Saturados	1.0 g	0.3 g
	Carbohydrate / Glucides / Kohlenhydrate / Hidratos de Carbono / Hidratos de Carbono	5.6 g	1.5 g
	Of Which Sugars / Dont : Sucres / Davon: Zucker / De Los Cuales: Azúcares / Dos Quais: Açúcares	3.9 g	1.0 g
	Fibre / Fibres Alimentaires / Ballaststoffe / Fibra Alimentaria / Fibra	0.4 g	0.1 g
	Protein / Protéines / Eiweiß / Proteínas / Proteínas	77 g	20 g
	Salt / Sel / Salz / Sal / Sal	0.77 g	0.20 g
	Sodium / Sodium / Natrium / Sodio / Sódio	307 mg	80 mg
	Conjugated Linoleic Acid / Acide Linoléique Conjugué / konjugierte Linolsäure / Ácido Linoleico Conjugado / Ácido Linolénico Conjugado	900 mg	234 mg
	L-Carnitine / L-Carnitine / L-Carnitine / L-Carnitin / L-Carnitina / L-Carnitina	500 mg	130 mg

	Green Tea Extract / Extrait de Thé Vert / Grüntee-Extrakt / Extracto de Té Verde / Extrato de Chá Verde	300 mg	78 mg		
Nutrition Claims	High protein 20 g to support lean muscle growth and maintenance. Low fat 1.0 g 95 Calories				
Health Claims	N/A				
Marketing Claims	Helps Support lean muscle growth				
Warnings	NOTE: To be used in the framework of a varied and balanced diet and a healthy lifestyle. Not for use by those with pre-existing medical conditions or those taking any medications, those under the age of 18 or women that are pregnant or breastfeeding.				