# MODEL NO. FM-3838BC BUBBLE FOOT MASSAGER INSTRUCTION MANUAL



Important – Please read these instructions carefully before first using this product and retain for future reference.

# INTRODUCTION

Proper use produces a measurable increase in blood circulation in the skin of the feet, which manifests itself in a pleasant and lasting feeling of warmth (rise in skin temperature). Foot massager baths at regular intervals can produce improved blood circulation in the feet and indirectly in the entire leg area as well.

The temperature-controlled heating system maintains the desired temperature throughout your massager when you set the desirable water temperature on the control panel of the unit. The stimu-nodes act as gentle fingers to make contact with the soles of your feet and give you the most effective and invigorating massage possible. You can easily control their effectiveness by simply pressing down lightly or letting up the pressure with your feet. The air bubble jets provide a relaxing warm bubble bath for your feet.

# **READ INSTRUCTIONS BEFORE USING:**

- 1. Before connecting, check that the voltage indicated on the appliance (bottom of the appliance) corresponds with the main voltage in your home. If this is not the case, consult your dealer and do not use.
- 2. DO NOT attempt to plug in or unplug the unit while feet are in the water.
- 3. Before plugging in or unplugging the unit, be sure the power key is in the OFF position.
- 4. NEVER immerse the unit completely into water or other liquid for cleaning or other purposes.
- 5. DO NOT stand up or place other objects in the unit, use it only when you are in a seated position.
- 6. DO NOT leave the unit in the ON position when the unit is not in use or ready for use.
- 7. DO NOT operate the unit if it has a damaged cord or plug. If it is not working properly, or has been dropped or damaged in any way whatsoever. Take it to the nearest service centre for examination and repair, or for mechanical adjustment.

- 8. DO NOT pull the unit by the cord, or use as a handle.
- 9. CLOSE SUPERVISION is necessary when the unit is used by, or near children, or invalids.
- 10. DO NOT use while sleeping, or if you feel drowsy.
- 11. USE ONLY on a flat level surface indoors, never use outdoors.
- 12. Discontinue use if you feel discomfort, pain or irritation results, never use for swollen or inflamed feet, or if feet have any skin eruptions. First, consult your Doctor.
- 13. The appliance has a hot surface. Persons insensitive to heat must be careful when using the appliance.
- 14. If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or a similarly qualified person in order to avoid a hazard.
- 15 This appliance can be used by children aged from 8 years and above and persons with reduced physical ,sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children without supervision.
- 16. Do not use the appliance if water leakage has occurred. Continuing to use the appliance with water leakage may cause a safety hazard.

TECHNICAL INFORMATION Model: FM3838BC

220-240V ~ 50/60Hz, 90W, Class II, IPX4

## CARE AND MAINTENANCE:

This appliance is for household use only; there are no user serviceable parts inside. Do not try to open or change the parts by yourself. Please refer to qualified electrical service or return to the nearest services centre if servicing is needed. This is a health care unit, not a washing basin. Clean feet before use and use clean and soft water. Deposits will clog air jets and undermine the bubble effectiveness.

**TO CLEAN:** After use, simply rinse out with water. Never immerse the entire unit into water. If you wish, you can wipe off all surfaces with a damp cloth and a mild detergent, then rinse and dry.

**TO STORE:** Be sure the unit is unplugged, cooled and emptied of water. Then store it in a clean and dry place. Before storage wind the whole power cord around the wiring holder. Never hang the unit by the power cord.

#### HOW TO USE THE MASSAGER:

The appliance must be operated with water.

Check the rotary switch is in OFF or "0" position. Then plug the power cord into an AC outlet (regular household current).

# DO NOT CONNECT OR DISCONNECT THE PLUG FROM THE POWER OUTLET WHILE YOUR FEET ARE IN THE WATER.

Seat yourself comfortably, place your feet on the foot rests and select your desired setting for heat only, massage only, or heat and massage.

## USING THE CONTROL SWITCH TO SELECT THE DESIRED APPLICATION:

#### COLD WATER MASSAGE (M)

This setting will massage your feet in cold water.

#### WARMTH AND MASSAGE (W+A+M)

Choose this setting and fill with warm water for a foot massage and bubble bath. The built-in heater delays temperature drop of the warm water while bathing.

#### WARMTH (W+A)

Warm water footbath with bubbles. Ideal for a footbath or for allowing stimulation from previous massage appliances to gradually subside.

#### OFF (O)

Turn the unit off.

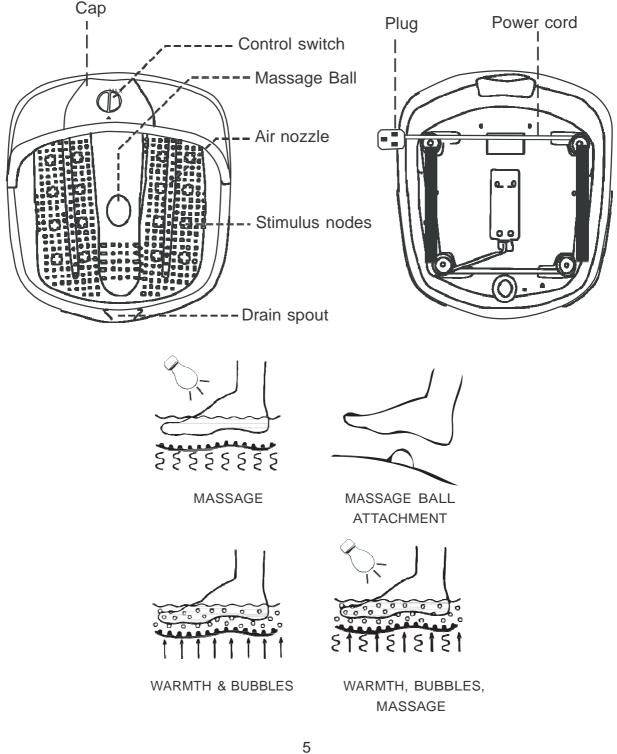
You can place your feet on the massage ball base situated on the central part of the unit or on the detachable massage rollers for partial massage whenever you like.

When you are finished with the massager, just rotate the switch to OFF or "0" position. Then remove your feet and unplug the unit.

REMEMBER NOT TO STAND ON THE UNIT.

TO FILL: Use warm water (at desired temperature), pour into the unit and do not fill over the "MAX" water-level line on the keel. This unit is designed to maintain the water temperature at a comfortable level, not to raise it.

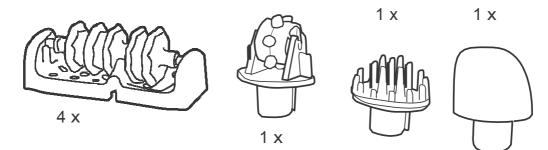
TO EMPTY: tilt the unit over a sink or tub to enable water to flow out through drain spouts. Rinse out and dry the unit. Never immerse the entire unit in water or any other liquid.



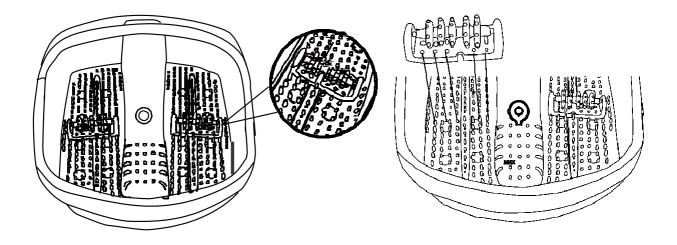
#### **CONTROLS & FUNCTIONS**

# FITTING THE ATTACHMENTS

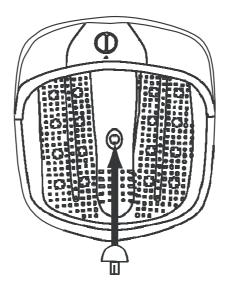
The stimulator attachments consist of:



The 4 wheel attachments are fitted as shown in the diagrams below.



The 3 node attachments are fitted into the hole in the centre of the unit (as shown). NOTE: there are notches on the unit, line the attachments and push to insert.



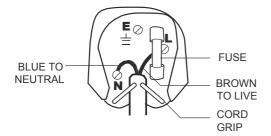
# PLUG REPLACEMENT (UK and Ireland only)

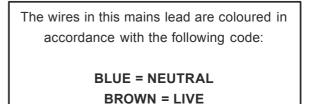
This appliance may be fitted with a non-rewirable plug. If you need to change the fuse in a non-rewirable plug, the fuse cover must be refitted. If the fuse cover is lost or damaged, the plug must not be used until a replacement is obtained (available from the appliance manufacturer).

If the plug has to be changed because it is not suitable for your socket, or becomes damaged, it should be cut off and appropriate plug fitted following the wiring instructions. The plug removed must be disposed of safely as insertion into a mains socket is likely to cause an electrical hazard.

This equipment must be disconnected from the mains when not in use. Do not allow this unit to be exposed to rain or moisture.

For your own safety read the following instructions carefully before attempting to connect this unit to the mains. You should only plug the appliance into a AC220-240V ~50Hz supply. Connecting it to other power sources may damage the appliance.

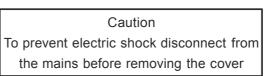




#### IMPORTANT

The colours of the wires in the mains lead of this appliance may not correspond with the coloured markings identifying the terminals in your plug proceed as follows:





The blue wire must be connected to the terminal marked with the letter N or coloured black. The brown wire must be connected to the terminal marked with the letter L or coloured red.

If a 13 Amp (BS1363) fused plug is used it must be fitted with a 3A fuse conforming to BS1362 and be ASTA approved.

#### If in doubt contact a qualified electrician



# DISPOSAL INFORMATION

Waste electrical products should not be disposed of with household waste. Please recycle where facilities exist. Check with your local authority for recycling advice.



# PRODUCT GUARANTEE

This product is guaranteed against manufacturing defects for a period of



This product is guaranteed for twelve months from the date of original purchase.

Any defect that arises due to faulty materials or workmanship will either be replaced, refunded or repaired free of charge where possible during this period by the dealer from whom you purchased the unit.

The guarantee is subject to the following provisions:

- The guarantee does not cover accidental damage, misuse, cabinet parts, knobs or consumable items.
- The product must be correctly installed and operated in accordance with the instructions contained in this manual. A replacement copy of this Instruction Manual can be obtained from www.argos-support.co.uk
- It must be used solely for domestic purpose.
- The guarantee will be rendered invalid if the product is re-sold or has been damaged by inexpert repair.
- Specifications are subject to change without notice.
- The manufacturer disclaims any liability for the incidental or consequential damages.
- The guarantee is in addition to, and does not diminish your statutory or legal rights.

Guarantor: Argos Limited 489 - 499 Avebury Boulevard Central Milton Keynes MK9 2NW www.argos-support.co.uk