

<b>Product Description</b>	HYDRA 6 350G STARWBERRY SIEGE
<b>Ingredients List</b>	Whey (Milk) Protein Isolate, Ultra filtered Micellar Casein (Milk), Cocoa Powder, Creamer (Fractionated Palm Oil), Flavouring, Polydextrose, Resistant Dextrin (Fibersol), Tapioca Starch, Xanthan Gum (Thickener), Sweetener (Sucralose).
<b>Allergen Statement</b>	Milk, may contain Cereals containing gluten, egg and peanuts
<b>Net Quantity</b>	350g
<b>Storage Instructions</b>	To maintain product freshness, store in a cool, dry place and reseal tub after use. This product is sold by weight. Some settling may occur. Shake container before use.
<b>Instructions for Use</b>	Mix 1 serving (2 level scoops) with 200mL cold water or milk in a glass or shaker cup. Use between major meals and after exercise. Drink 8 to 10 glasses of water daily. For maximum results, consume 3-4 servings daily for a minimum of six weeks.
<b>Origin/Provenance</b>	EU
<b>Nutrition Information</b>	TYPICAL VALUES PER 100g PER SERVING (35g) Energy kJ 1540 (539) kcal 369 (129) Fat 5.5 (1.9) - of which saturates 3 (1.1) Carbohydrates 8 (2.8) - of which sugars 3.8 (1.3) Fibre 7.3 (2.6) Protein 68 (24) Salt 0.43 (0.15)
<b>Nutrition Claims</b>	high in protein,
<b>Health Claims</b>	*Protein contributes to the growth and maintenance of muscle mass
<b>Marketing Claims</b>	

**WARNINGS**

Warning: Do not exceed Daily Recommended Dose. This product is a food supplement and should not be used as a substitute for a varied diet and balanced lifestyle. Keep out of the reach of children. Do not use if you are pregnant or lactating. Consult a physician or healthcare professional before starting any diet or exercise programme. Discontinue use and consult a physician or healthcare professional if you experience any unusual symptoms. Do not use if the packaging has been tampered with.