

<b>Product Description</b>	BCAAS 8:1:1 150 CAP
<b>Ingredients List</b>	BCAA Profile: (L-Leucine, L-Isoleucine and L-Valine), Bulking agent (Magnesium Stearate), Gelatine Capsule (Gelatine, Colour: Titanium dioxide)
<b>Allergen Statement</b>	Wheat Free, GMO Free, Gluten Free
<b>Net Quantity</b>	150 caps
<b>Storage Instructions</b>	Store in a cool dry place
<b>Instructions for Use</b>	<p>Training Days: take one (1) serving (5 Capsules) with water 30 minutes prior to exercise. For maximum results an additional serving can be taken post-workout.</p> <p>Non-Training Days: take one (1) serving (5 Capsules) with water upon waking.</p>
<b>Origin/Provenance</b>	UK
<b>Nutrition Information</b>	<p>BCAA PROFILE</p> <p>Per Serving (5 Capsules)</p> <p>L-Leucine 2400mg</p> <p>L-IsoLeucine 300mg</p> <p>L-Valine 300mg</p>
<b>Nutrition Claims</b>	
<b>Health Claims</b>	
<b>Marketing Claims</b>	

<b>WARNINGS</b>	<p>WARNING: DO NOT exceed two servings (10 Capsules) per day. Not to be used by those under 18 years of age. This product is to be used in conjunction with a sensible diet and exercise programme for best results. Grenade® Essentials BCAA 8:1:1 is a food supplement but should not be used as a substitute for a healthy, balanced diet and lifestyle. This product is not intended to diagnose, cure or prevent disease. Store in a cool, dry place away from strong light and odours. Store out of the reach of children.</p>
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